# Onsite Program









**Annual Conference** 

**Higher Education Center** for Alcohol and Drug Misuse Prevention and Recovery

**National Meeting** 



COLUMBUS, OH June 25th -28th, 2023

14th Annual 22nd Annual 7th Annual 7th Annual

**Collegiate Recovery Conference** 

**Recovery Schools Conference** 

**Alternative Peer Groups Conference** 

**Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery National Meeting** 

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#### Dear Conference Attendees,

On behalf of the Association of Recovery in Higher Education (ARHE), welcome to Columbus, Ohio! I sincerely appreciate your attendance, engagement, and contributions to this year's conference. I hope you have time this week to learn and network with your peers and colleagues as you catch up on the happenings in collegiate recovery



over the past year and what a year it has been! I am beyond grateful to now be serving as the full time Executive Director for ARHE and for the many chances I have had over the past year to learn from all of you. We work in an ever-evolving field and while change is often challenging, it has been remarkable to witness us rise to that challenge and work together for our students. Since I attended the very first conference in 2010 at Texas Tech University, I have felt that my purpose in this lifetime is to support the growth of recovery support services on our campuses so that the students who came after me would have access to a peer community that I desperately searched for during my undergraduate years. Watching the growth of collegiate recovery over the last decade+ has been nothing short of amazing.

I encourage you to take time to intentionally connect with the great variety of conference attendees we have from across the US, UK, and Canada. Whether it's after a dynamic session, in the hustle and bustle of the exhibit hall, or at one of our events, the relationships built here can last a lifetime. Our conference committee put in countless hours of volunteer time in order to provide the optimal event experience for every attendee. I am so grateful to work in a field where I feel so much support from my colleagues who are always willing and ready to lend a hand.

This conference and this profession continue to grow with each passing year and there is still much more to come. I envision a world where strong recovery support services are available to every student throughout the world, no matter their chosen path of recovery. I am so excited to have all of you joining us this week, whether you are here in Columbus in person or joining us online.

If you see me throughout your time here at the conference, please don't hesitate to stop me so I can have a moment to connect with you. Trust me, I probably need the break and getting to spend time with you is what makes this conference my favorite time of year.

Sincerely.

Kristina M. Canfield, M.Ed.

**Executive Director** 

KAXM. Comprel



# Dear ARS Community:

On behalf of the board of Directors of the Association of Recovery Schools (ARS), welcome to the 22<sup>nd</sup> annual Recovery Schools Conference. This year's conference is once again co-hosted by our friends at the Association of Recovery in Higher Education (ARHE), the Association of Alternative Peer Groups (AAPG), and this year, the Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery (HECAOD). A Special Thank you to Kristina Canfield and the conference planning committee that have built upon the successes of our previous conferences to create another dynamic, valuable experience for all attendees. A special thank you on behalf of the ARS community to Bea Blackmon for representing ARS on the conference planning committee and working tirelessly to make the conference experience as valuable as possible for all participants.

As we come out of the pandemic and face new challenges, it feels even more important that we sustain the connections and fellowship that forms the foundation of the community that binds us together in our recovery work. We are excited to be able to meet in person once again and are even more excited to be able to provide an online version so we can continue creating spaces for information sharing and support for the recovery high school community

We encourage those who might not have been able to attend in person due to logistics to take advantage of this virtual opportunity to connect with your peers across the country. The exciting growth in the recovery high school movement is due in large part to the strength of the ARS community and we want as many people as possible to participate in this experience so that we can continue this momentum.

Sincerely,

Michael Durchslag

ARS Board President





Letter to the 2023 conference participants,

Rise Recovery would like to welcome you to the 2023 Alternative Peer Groups conference! We are honored to have this opportunity to represent APGs along side the Association of Recovery in Higher Education (ARHE) and the Association of Recovery Schools (ARS) this year. The collaboration of these three organizations truly enhances the quality and continuum of care for recovery support. This brings hope to the fellowship of teens, young adults, and their families. By attending this conference, you are pushing our mission forward to a brighter future in the world of Recovery.

This conference serves as a collaborative effort among organizations and individuals to share knowledge, experience, and new ideas. With the support of everyone in attendance, we strive to move both the APG model and Recovery Support as a whole towards growth, hope, and recovery. our efforts, as a community, will improve the services to the adolescents, young adults, and their families who are battling every day with Substance Use Disorder.

Rise Recovery started services as an APG in 1977 as a branch of the Palmer Drug Abuse Program (PDAP); we changed our name in 2013 to Rise Recovery. We now serve thousands of youth young adults, and their families all across San Antonio Texas and surrounding areas. We are incredibly honored to host the APG portion of this conference. Our hope is to provide the space here for those in attendance to learn, grow, and connect with other APGs across the country. Please, enjoy your time here and we are ecstatic to meet all of you!

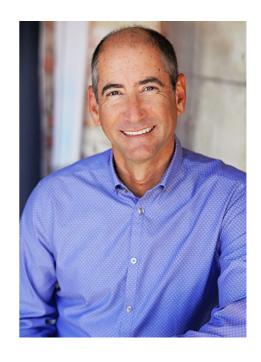
With Sincerity,

Rise Recovery



Dear National Meeting Attendees,

On behalf of HECAOD, I am delighted to welcome you to our annual National Meeting, this time with the exciting collaboration with ARHE, ARS and AAPG. Partnering with these organizations means the breadth of both content and networking opportunities is exponentially expanded. And for those who are familiar with our previous National Meetings, you'll recognize many of the elements we know attendees value, such as our networking neighborhoods, unique virtual content, and a venue that makes it easy to connect with others.



This year's National Meeting theme is "Future Focused Prevention: Building a Deeper Bench to Address the Challenges of Tomorrow." The nature of this conference, including other organizations and perspectives, is just one example of "building a deeper bench." And as for the content, we have assembled a tremendous lineup of speakers and panelists, both for our in person and virtual tracks, who will discuss the latest trends and areas of concern among our nation's campuses.

We hope you will take advantage of all that the conference has to offer. The combined meetings offer opportunities. We have designed this event to be informative, engaging, and fun. We want you to leave the conference feeling inspired and motivated to make a difference in your students, campus and communities.

Sincerely,

Jim Lange

**Executive Director, HECAOD** 

# **Exhibitor / Sponsor List**

## See Pheedloop app for exhibit hall map

\*Please note that sponsors with an asterisk will not have an on-site booth in the exhibit hall

- Augsburg University
- Hazelden Betty Ford Graduate School of Addiction Studies
- Bon Secours\*
- JHW Foundation\*
- UTRGV
- 3rd Millennium Classrooms
- NASPA Student Affairs
   Administrators in Higher Education
- Generation Rx
- SMART Recovery
- Cairn Recovery
- The Phoenix
- Cumberland Heights\*
- Oxford House, Inc.
- Aetna
- Jamie Daniels Foundation
- HECAOD Higher Education Center for Alcohol and Drug Misuse
   Prevention and Recovery

#### **Collegiate Recovery Showcase**

- University of Tennessee at Chattanooga
- Minnesota Hope Dealerz
   Organization
- Elon University
- Heartland High School
- University of Mississippi
- West Virginia University

- RADD Recording Artists Against Drunk Driving
- Sober at Home Inc
- Allen University (AURISE)
- Hikma Community Health
- Texas Tech University Addictive Disorders & Recovery Studies Program
- ERC Pathlight
- ICARE
- Botvin LifeSkills Training
- Ohio Program for Campus Safety and Mental Health
- Full Integration Coaching, Inc.\*
- ADPP Georgetown\*
- Todd Rose Insurance Agency\*
- Cameron Mitchell Food Group\*
- National Foundation for Collegiate Recovery\*
- Susan Packard\*
- Texas Tech University Center for Collegiate Recovery Communities
- Ohio State University
- University of Alabama Birmingham
- Canadian Student Recovery Programs
- Students Recover
- North Carolina Central University

# **Silver Sponsors**



Hazelden Betty Ford



### **Bronze Sponsors**



























# A Special Thanks To...

- Full Integration Coaching, Inc.
- **ADPP Georgetown**
- **Todd Rose Insurance Agency**
- Cameron Mitchell Food Group

- National Foundation for **Collegiate Recovery**
- Susan Packard





#### **About ARHE**

The Association of Recovery in Higher Education (ARHE) is the only association exclusively representing Collegiate Recovery Programs (CRPs) and Communities (CRCs), the faculty and staff who support them, and the students who represent them. ARHE provides the education, resources, and community connection needed to support the unique educational journeys of recovering students. We are a membership-based network of professionals, administrators, faculty, staff, students, parents, and policy makers, serving as a national support system for propagating and supporting the vision of Collegiate Recovery Programs. ARHE offers time-tested, research- and experience-based methods for fostering and supporting students in Recovery and models for developing and integrating CRPs into institutions in ways that best serve Recovering students.

**Our Mission:** To Champion, Develop, and Sustain Excellence in Collegiate Recovery.

**Our Vision**: A collegiate culture which embraces Recovery.

#### What is Collegiate Recovery?

Collegiate Recovery refers to college or university-provided Recovery Support Services for students in or seeking Recovery from a Substance Use Disorder. Collegiate Recovery Programs provide on-campus Recovery supports that enable students seeking to create healthier relationships with Substance Use successful tools for pursuing both Recovery and their college degrees.

#### Membership

With over 150 institutional members and approximately 150 other ARHE members, our organization continues to grow and support the field of Collegiate Recovery. Supporting our members is at the forefront of our work. Through membership, a collective group of individuals lets our communities know that Collegiate Recovery should be present on every college campus in the country, and one day on every college campus across the globe.

To learn more about ARHE membership and to join, please visit www.collegiaterecovery.org

14th Annual ARHE / ARS / AAPG Conference June 25 - 28, 2023 The Ohio State University (OSU) Columbus, OH

Facebook - Association of Recovery in Higher Education (ARHE)
Twitter - @CollegeRecovery
Instagram - @collegiaterecovery
Website - www.collegiaterecovery.org
Email - recovery@collegiaterecovery.org



www.recoveryschools.org

#### ARS Board of Directors

The Association of Recovery Schools supports and inspires recovery high schools for optimum performance, empowering hope and access to every student in recovery

Become a member today: https://recoveryschools.org/membership/

Michael Durchslag, Chair

P.E.A.S.E. Academy

Minneapolis, MN

Bea Blackmon, Vice Chair

Rise Recovery

San Antonio, TX

Julie McElrath, Treasurer

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Sharon Dursi Martin, Treasurer

Harmony Academy

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Roger Oser, Past Chair

William J. Ostoguy High School

Boston, MA

Andrew Finch, Senior Advisor

Vanderbilt University

Nashville, TN

Ahmed Hosni, Board Member

Jeanine Jackson, Board Member

Sobriety High Graduate 2002

The Ohio State University

Columbus, OH

Dan Renaud, Board Member

Membership Chair

River Oak High School,

Jacksonville, FL

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Jennifer Belamu, Board Member

Heartland High School

Columbus, OH

Morgan Thompson,
Board Member

Prevention Links

Roselle, NJ

Rachelle Gardner.

Hope Academy

Indianapolis, IN

Seth Welch, Board Member

Interagency Recovery School

Seattle, WA

GROUP MEETINGS, SOCIAL ACTIVITIES, AND PEER COACHING

# Alternative Peer Groups

Community Recovery

Family Support

The Alternative Peer Group (APG) is a comprehensive recovery support model that integrates recovering peers and prosocial activities into evidence-based clinical practice.

Peer Support
Specialists

Social Events

# **Higher Education Center**

for Alcohol and Drug Misuse Prevention and Recovery

**July 11** 

#### **July Water Cooler Chat**

Join colleagues from across the country for discussion on a timely issue the second Tuesday of every month at 2:00 p.m. ET. Water cooler chats are led by guest facilitators. Join our mailing list to stay up to date on current topics and facilitators.

July 26

#### ScreenU on Campus Webinar

A campus-wide screening initiative has the potential to shift attitudes regarding high risk drinking as students are better able to identify signs of problematic use in their friends and learn the resources for responding. This free webinar will couple an overview of ScreenU, HECAOD's web-based screening tool, ScreenU, with a campus' experience using the tool. Tune into this session to learn more about ScreenU and it applicability on campus.

This Fall

# Grant Writing Learning Collaborative

HECAOD and the Ohio Center of Excellence for Behavioral Health Prevention and Promotion are collaborating to provide our fall learning collaborative. This six part series will deep dive into the skills needed to develop competitive grant applications and grant administration.

Dec 7

### 2023 Cannabis Symposium

Save the date for our upcoming 2023 Cannabis Symposium as we take a deep dive in to various topics related to cannabis. The event will take place from 11:00-4:00PM ET.

Join our mailing list to stay connected.



614.292.5572 hecaod.osu.edu hecaod@osu.edu

# Staff, Boards, & Committees

#### **2022 CONFERENCE PLANNING COMMITTEE**

Kristina Canfield, ARHE Executive Director

Caroline Beidler, ARHE Membership & Outreach Manager

Mack Park, ARHE Conference Fellow

Cindy Clouner, HECAOD

Anthony Gonzalez, HECAOD

Dharma Mirza, Oregon State University

**Jarmichael Harris, ARHE Board of Directors** 

Kristine DeJesus, Students Recover

Susie Mullens, West Virginia Collegiate Recovery Network

Michael Durchslag, P.E.A.S.E. Academy, ARS Board Chair

Jennifer Hall, University of Virginia

Bea Blackmon, RISE Recovery, ARS Board Vice-Chair

Chris Campau, Addiction Professionals of North Carolina

Jenny Damask, University of Wisconsin

Jessica Estok, University of Delaware

Kit Emslie, University of Alabama at Birmingham

Mitzi Averette, Methodist University

Taylor Moran, St. Joseph's University

**Zachary Runge, Towson University** 

Mary Kate Brown, RISE Recovery

Jessie Hinojosa, RISE Recovery

Annette Baldwin, ARHE Southeast Rep

#### **ARHE STAFF & BOARD MEMBERS**

#### **ARHE STAFF:**

Kristina Canfield, Executive Director
Caroline Beidler, Membership & Outreach Manager
Louise Irizarry, Business Manager and Membership Administrator
Mack Park, Conference Fellow
Mandi Vanhoy, Media Intern
Rachel Ruff, Equity and Justice Fellow

#### **ARHE BOARD MEMBERS:**

Jarmichael "Jay" Harris, Co-Chair Valeria Barela, Southwest Region Ahmed Hosni, Co-Chair Representative Dominiquie "CJ" Clemmons James, Board Jonathan Lofgren, Midwest Region Secretary Representative Paula Harrington, Board Treasurer Jessica Boynton, Member-At-Large Lindsay Garcia, Northeast Region Kathleen Gibson, Member-At-Large Representative Nathan Payne, Member-At-Large Annette Newton-Baldwin, Southeast Region **Chelsea Shore, Student Representative** Representative Alex Renkis, Student Representative

#### **ARHE ADVISORY COUNCIL:**

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Jessica Estok, Co-Chair
Bret Frazier, Secretary
Mackenzie Hogan, Midwest Delegate
Sara Fudjack, Canadian Delegate
Dot Smith, UK Delegate
Stephanie Lake, Pacific Delegate
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Lilly Ettinger, Southwest Delegate
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Jernee Montoya, Northeast Delegate
John Alao, Student

Susie Mullens, Member-At-Large
Fidencio Mercado, Member-At-Large
Anna L. Treviño, Member-At-Large
Angie Bryan, Member-At-Large
Willie Thompson, Member-At-Large
Savannah Crippen, Member-At-Large
Andy Valverde, Member-At-Large
Shawn Grygo, Member-At-Large
Jessica Hoffman, Member-At-Large
Santee Ezell, Member-At-Large
Waltrina Defrantz-Dufor, Member-At-Large

### **HECAOD STAFF & BOARD MEMBERS**

#### **HECAOD STAFF:**

Dr. Jim Lange, Executive Director
Cindy Clouner, MPH, LSW, Managing Director
Logan Davis, MA, Outreach & Engagement Manager
Anthony Gonzalez, MSW, Program Coordinator
Ahmed Hosni, MSW, Director of Recovery
Dr. Molly Downing, Liaison to the College of Pharmacy
Re'Nesha Weston, MPH, MCHES, Liaison to the Office of Student Life
MacKenzie Key, Intern

#### **HECAOD TRAINING ADVISORY COMMITTEE:**

**Donald Abels** Dr. Stacey Hust **Chris Campau Chuck Klevgaard** Kristina Canfield Kathleen Koviak Dr. Dolores Cimini Dr. Sally Linowski Dr. Dominiquie Clemmon-James **Bianca Newton** Dr. Jenny Damask Akeya Simeon **Alexis Drakatos Brittany Todd** Jon Hill Jaclyn Webber

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Bea Blackmon, Board Vice Char
Sharon Dursi Martin, Board Secretary
Julie McElrath, Board Treasurer
Roger Oser, Past Board Chair
Andy Finch. Senior Advisor & Co-Founder of ARS
Ahmed Hosni, Board Member & JEDI Chair
Dan Renaud, Board Member & Membership Chair
Morgan Thompson, Board Member & Public Policy Chair
Jennifer Belamu, Board Member
Jeanine Jackson, Board Member
Seth Welch, Board Member

# **Frequently Asked Questions**

#### **HOW DO I CONNECT TO THE INTERNET?**

**Guests** can use WiFi@OSU for basic Internet access after accepting the university acceptable use policy. More information can be found at <a href="https://wireless.osu.edu/">https://wireless.osu.edu/</a>.

# WHERE ARE THE ALL-GENDER WASHROOMS AND LACTATION ROOM?

Gender neutral restrooms are available in the Ohio Union at 1036T, 1058T, 1090T, 2070T, and 3058T. A lactation room is available near the 2nd floor restroom by the elevators.

#### **WILL MEALS BE PROVIDED?**

We will be providing conference breakfasts Monday-Wednesday and lunches Monday and Tuesday. There will also be a cookout Sunday night to kickstart the conference.

#### WHEN DOES THE REGISTRATION DESK OPEN?

The registration desk hours are as follows:

Sunday: 10AM-5PM

Monday: 7:30AM-5:30PM Tuesday: 7:30AM-5:00PM Wednesday: 8:30AM-12:30PM

Registration is in the Great Hall Art Gallery.

#### WHAT IS THE CONFERENCE DRESS CODE?

The average temperature in Columbus in mid-June is in the mid-70s to lower 80s. Dress is casual/business casual. Most conference activities will take place indoors so a light jacket or sweatshirt might be useful due to the AC! We suggest bringing comfortable shoes to get you from room to room throughout the Ohio Union.

#### **HOW DO I ACCESS PHEEDLOOP?**

Access the PheedloopGo mobile app and login using your attendee email / password provided when you registered. From a desktop computer, go to pheedloop.com/2023conference/virtual/.

# CAN IN-PERSON ATTENDEES ACCESS VIRTUAL SESSIONS?

Yes, just log in to Virtual Portal (link above) or Mobile App and click on the zoom link within the virtual session description.

#### **ARE IN-PERSON SESSIONS RECORDED?**

Only sessions listed as 'Virtual' or 'Hybrid' will be recorded. In-person presenters will be given the option to record their session after the conference to be posted on the Pheedloop app at their own discretion, but we are not committing to recording any in-person only sessions.

#### DO YOU ACCOMMODATE SPECIAL NEEDS?

People with disabilities as defined by the Americans with Disabilities Act (ADA) who require conference access and/or reasonable accommodation and access to learning materials that are prepared specifically for the conference should notify ARHE of this need during their registration process so that accommodations may be met. Please make us aware as soon as possible so that appropriate plans can be made. All service animals are welcome at the conference but must have visible indication/work vest and documentation available.

# **Frequently Asked Questions**

# HOW DO I MAKE A GRIEVANCE, COMPLAINT, OR REPORT A CONCERN?

Every effort has been made to make your conference experience a great one! If you have a concern, please bring it to the registration desk or fill out the confidential reporting form on the conference website or in the conference app. Every effort will be made to resolve your concern. You may also provide feedback on the conference evaluation form.

#### WHERE TO PARK?

The nearest parking garage to the Ohio Union is the **Ohio Union South Garage**. The daily rate is \$17.00. See their website for hourly rates. (<a href="https://osu.campusparc.com/find-parking/ohio-union-south-garage/">https://osu.campusparc.com/find-parking/ohio-union-south-garage/</a>). Please note that the Ohio Union North Garage is closed for renovation. Additional parking within walking distance of the Ohio Union include Arps Garage and Gateway Garage.

# IS THERE TRANSPORTATION FROM THE HOTELS?

Transportation will be provided via shuttle from all hotels on **Sunday, June 25** to the Ohio Union.

#### **Monday-Wednesday:**

Attendees are encouraged to use the Buckeye Express (BE) <a href="https://ttm.osu.edu/cabs">https://ttm.osu.edu/cabs</a> from Jones Tower (on-campus residence) or the Blackwell Inn (no cost to board).

Attendees staying at the Springhill Suites or Hyatt House hotels are encouraged to use an Uber for transportation from their hotel to the OSU Ohio Union.

# WHAT HAPPENS TO PHOTOS AND VIDEOS TAKEN AT THE CONFERENCE?

Conference Staff will be taking photos. We encourage social media engagement using the hashtags #ARHE2023, #ARS2023, #AAPG2023, and #NTLMTG2023. Some sessions will also be recorded. Photos & videos may be utilized in promotional materials. Unless specific requests are made in writing all conference participants agree to the use of their likeness. Requests should be made in writing to conference@collegiaterecovery.org.

#### WHAT CAN I DO IN THE EVENINGS?

#### Sunday, June 25:

Welcome Cook-out 6:00pm - 8:00pm

#### Monday, June 26:

ARHE Awards Ceremony 7:00pm - 8:00pm Drag / Talent Show 8:30pm - 10:00pm

#### Tuesday, June 29:

Consider checking out local restaurants and shops in Columbus and continue networking!

# WHAT IS THE REFUND/CANCELLATION POLICY?

Please note that we will fully refund your ticket upon request until Friday, April 28, 2023, less a \$50 administrative fee. Refund requests received between April 29, 2023 – May 26, 2023 will be refunded at 50%, less a \$50 administrative fee. Refunds may not be granted after May 26, 2023. Virtual tickets are non-refundable.

# **CE Information**

Please note that CEs through Amedco will ONLY be available for **3 months** after the conference.

If you are interested in receiving CHES credit, please pick up an instruction sheet at registration and sign in with your Full Name & CHES #. Evaluations must be completed for each session attended within 7 days from engaging in the session content.

Association of Recovery in Higher Education 14th National Collegiate Recovery Conference / 22nd National ARS Conference June 25, 2023 - June 28, 2023 Columbus, OH

#### **Joint Accreditation Statement**



In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Association of Recovery in Higher Education. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### **Social Workers**



#### **ASWB Credit Designation Statement**

As a Jointly Accredited Organization, Amedoo is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State

and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedo maintains responsibility for this course. Social workers completing this course receive up to 23.50 continuing education credits.

The following state boards accept courses offering ASWB ACE credit for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV, WY

 $\hbox{$\star$ WV accepts ASWB ACE unless activity is in live in West Virginia then an application is required.}$ 

The following state boards accept courses offering ASWB ACE credit for Counselors: AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK, PA, TN, TX, UT, VA, WI, WY

The following state boards accept courses offering ASWB ACE credit for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK, PA, RI, TN, TX, UT, VA, WI, WY

 $\textit{MA / MFTs:} \ Participants \ can \ self-submit \ courses \ not \ approved \ by \ the \ MAMFT \ board \ for \ review.$ 

The following state boards accept courses offering ASWB ACE credit for Addictions Professionals: AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

#### **National Association for Addiction Counselors**

14th National Collegiate Recovery Conference / 22nd National ARS Conference has been approved by Association of Recovery in Higher Education, as a NAADAC Approved Educational Provider, for 23.50 CE. NAADAC Provider #169876, Association of Recovery in Higher Education is responsible for all aspects of their programming. Counselor Skill Groups: 1, 2, 3, 4

# **CE Information**

#### **How to Get Your Certificate**

- 1. Go to arhe.cmecertificateonline.com
- 2. Click on the 14th National Collegiate Recovery Conference / 22nd National ARS Conference link.
- 3. Evaluate the meeting.
- 4. Print, download, or save your certificate for your records.
- 5. If you lose your certificate, or need help, go to help.cmecertificateonline.com

#### **CHES and MCHES Credits**

CHES and MCHES credits are available for pre-recorded and live virtual sessions for the 2023 ARHE/ARS/AAPG Annual Conference & HECAOD National Meeting. You may participate in all sessions or select the ones of most interest to you. To receive CHES credits, you must complete the following items:

- · Watch the entire recorded or live session.
- Complete each individual session evaluation, found in Pheedloop. Be sure to provide your name and CHES/MCHES number with each evaluation.
- CHES hours will only be awarded for evaluations received by 11:59 p.m. ET on July 28, 2023.

Although some content will remain available for viewing, no CHES hours will be awarded for sessions completed after that date.



# Agenda

#### **SUNDAY, JUNE 25, 2023**

#### 10:00am - 5:00pm ET: Registration Room Open

Conference Support Great Hall Art Gallery

#### 11:00am - 12:00pm ET: Recovery Meeting

#### **All-Recovery Meeting**

Hybrid

Senate Chamber

#### 1:00pm - 4:00pm ET: Pre-Conference Training

#### **Recovery Ally Training**

In-person

Great Hall Meeting Room

#### 1:00pm - 2:00pm ET: ARHE Sessions

#### **Be The One**

Susie Mullens

Live/Enduring CEs: 1 | CHES: 1 Entry Level In-person
Senate Chambers

"Be The One" is a comprehensive & flexible prevention curriculum that encompasses medication safety, overdose prevention, harm reduction, and stigma reduction. The components of Be The One include: SmartRx University, a medication safety course designed to be implemented by peers; naloxone training, recovery ally training and the newest component, SAFER-U fentanyl education. SAFER-U- Strategies, Awareness, Fentanyl Education and Resources for Universities includes a 15-minute educational module and a fentanyl test strip distribution strategy. This session will provide attendees with tools that are practical, available for free, and easy to implement.

#### 2:30pm - 4:00pm ET: ARHE Sessions

# <u>Recovery on Campus (ROC) – Alberta: A Province-Wide Collegiate Recovery Initiative for Students and Staff</u> Chelsie Graham, Yasmeen Nosshi, Noor Hadad, Victoria Burns

Live/Enduring CEs: 1.5 | CHES: 1.5 Entry Level & Advanced Level In-person Senate Chambers

Although collegiate recovery programs (CRPs) have a long-standing history in the USA, dating back to the 1970s, university-based recovery supports are still largely undeveloped in Canada. Addressing this critical gap, this panel introduces Recovery on Campus (ROC) Alberta—the first province-wide collegiate recovery initiative in Canada that supports and celebrates all pathways of recovery for students and staff across the 26 publicly funded post-secondaries institutions (PSIs) in the province. Funded by Alberta Health, and coordinated by the University of Calgary, ROC's mission is to engage, innovate, and inspire CRPs by offering a seed grant opportunity, mentorship, peer-support, scholarships, and trainings to PSIs that want to make their campuses more inclusive and recovery-friendly for all. This 90-minute panel will discuss the genesis of ROC, priority areas, challenges and opportunities, and plans for scaling and sustainability.

#### 4:30pm - 6:00pm ET: Keynote

#### **An Antiracism Framework for Recovery**

Chacku Mathai

Live/Enduring CEs: 1.5 | CHES: 1.5 Entry Level & Advanced Level

Hybrid

Great Hall Meeting Room

.How might we advance racial equity in our communities and commit to an anti-racism framework and identity? What are the key terms, concepts, and definitions we need to understand together? What are the ways we can talk about race issues and establish shared values? What are our goals and objectives for racial equity and how do we measure progress? How can we assess the impact of our policies on racialized groups? What policies, social norms, and practices might we need to change to reflect racial equity as a process and a set of outcomes? What do we still need to learn about ourselves? This session will address all of these questions.

#### 6:00pm - 8:00pm ET: Entertainment

#### **Welcome Sober Tailgate**

In-person
113 West 12th Ave. at "The South Oval"

Join us for tailgate-style fun with the Ohio State CRC!



#### 6:30pm - 8:00pm ET: ARS Reception

#### **ARS Reception**

In-person

760 East Broad Street Columbus OH 43205

For ARS attendees only. Own transportation is required.

Enjoy appetizers with other recovery high school leaders at Ohio's only recovery high school. We will get to learn about this amazing school, the different programs they have available, and meet their wonderful team. It will also be an excellent opportunity to network with people from across the country who share the same passion as you: adolescent recovery and education.



#### **MONDAY, JUNE 26, 2023**

#### 7:30am - 5:30pm ET: Registration Room Open

Conference Support Great Hall Art Gallery

#### 7:30am - 5:30pm ET: Exhibit Hall Open

Conference Support Archie M. Griffin East Ballroom

#### 7:30am - 8:30am ET: Conference Breakfast

In-person Archie M. Griffin East Ballroom

#### 7:30am - 8:30am ET: Recovery Meeting

#### **All-Recovery Meeting**

Hybrid

Student-Alumni Council Room

#### 7:30am - 8:30am ET: Wellness Activity

#### **Campus Walk**

In-person Suzanne M. Scharer Room

#### 8:30am - 10:00am ET: ARS Welcome Session

#### **ARS Welcome Session**

Michael Durchslag

Live/Enduring CEs: 0

Hybrid Interfaith Prayer & Reflection Room

Recovery High schools are a unique phenomenon in adolescent world. The challenges we face in both opening new schools and sustaining existing schools can be both daunting and incredibly rewarding. The opening session will lay the groundwork for the amazing workshops throughout the conference that will help us continue to grow as professionals. Participants will be able to meet the other participants to begin building those incredibly important relationships with each other while being able to begin the discussion about how the landscape of adolescent drug use and services have changed dramatically. It will be an opportunity for us to become energized to learn how we can continue to work together in order to strengthen our individual schools while creating an environment that strengthens our voice nationally.

#### 8:30am - 10:00am ET: HECAOD Session

#### The College Alcohol Survey: Past, Present and Future

David Anderson, Jim Lange

Live/Enduring CEs: 1.5 | CHES: 1.5 Entry Level & Advanced Level In-person

Great Hall Meeting Room 1

An examination of longitudinal data over four decades provides rich insight regarding areas of progress and concerns about reduced efforts and prioritization. Attention to policies, education, support services, leadership and coordination, and data collection/evaluation provide helpful foundations for future impact. Further helpful are insights and recommendations gathered from long-term professionals and advocates at the campus, local, state and national levels. This session provides grounding, direction, inspiration and enhanced commitment for timely, meaningful, and planned action, all essential for achieving the desired results.



#### 9:00am - 10:00am ET: ARHE Sessions

#### **ARHE Annual Meeting**

Kristina Canfield

Live/Enduring CEs: 0 Hybrid *Archie M. Griffin West Ballroom* 

The ARHE Annual Meeting is open to current ARHE members only. Not sure if you are an active member? Email recovery@collegiaterecovery.org! Agenda items include annual elections, financial updates, remarks from the Executive Director and members of the Board of Directors, and what's up next for the Association. Please note that this session is different from the Town Hall meeting which will be more discussion based and led by collegiate recovery staff.

#### **Is Sobriety Dead?**

David Gerher

Live/Enduring CEs: 1 | CHES: 1 Entry Level In-Person

Rosa M. Ailabouni Room

The substance use disorder (SUD) field seems to always be a step behind in the fight to help those in need. This energetic presentation will look at the latest trends in approaches to helping individuals with SUD, and the benefits and risks of a harm-reduction approach. There are many paths to recovery, but the definition of recovery and/or sobriety is changing. A life free from illicit substances is possible and is open and available to anyone who wants it. Participate in this session to challenge our current thinking on the direction systems are trending in regard to sobriety.

#### **Discovering a New Sense of Self in Recovery: Preliminary Results**

Konul Karimova, Michael Cleveland

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-Person

Hays Cape Room

Discovering a New Sense of Self in Recovery: Preliminary Results from the Validation of Recovery Identity Scales among Young Adults.

#### 9:00am - 10:00am ET: APG Session

#### **APG Opening Session: Love Thy Neighbor Activity**

Live/Enduring CEs: 0 Hybrid Barbie Tootle Room

Agroup activity that is all- inclusive. This is a semi-active activity that promotes connectivity and inclusion. Everyone sits in a circle with one person in the middle. The person in the middle says "I love thy neighbor especially thy neighbor whom..." followed by something that pertains to them. Then, everyone who also relates to the statement stands up and changes chairs. Whoever is left without a chair is the new person in the middle and the process starts all over again.

#### 10:30am - 11:30am ET: ARHE Sessions

#### **ARHE Regional Meet-ups**

Live/Enduring CEs: 0 In-person Archie M. Griffin West Ballroom

Following the Annual Meeting, ARHE Members are invited to network with their Regional Representatives from the Board of Directors as well as other professionals from their region. Locations will be announced at the Annual Meeting and in the conference app.

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## <u>The Interaction Between Eating Disorders and Substance Use Disorders with Special Considerations for Race and Gender</u>

Leah Young

Live/Enduring CEs: 1 | CHES: 1 Entry Level

In-person

Great Hall Meeting Room 1

For a long time ED and SUD were treated separately or in succession. We have learned that this is not an effective path to recovery. A more thorough understanding of these disorders; how they interact with each other; how gender, race, ability and sexual orientation need to be considered in ED and SUD treatment; and how to effectively treat ED and SUD is imperative.

#### 10:30am - 11:30am ET: HECAOD Sessions

#### <u>Leadership for Positive Prevention Outcomes: Blending Frameworks, Evidence, Innovation and Passion</u>

David Anderson

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person

Interfaith Prayer & Reflection Room

Orchestrating quality leadership for comprehensive campus prevention strategies benefits from attention to sound processes and quality organization. Blending strong conceptual frameworks, evidence-informed strategies and innovation as foundational, locally-appropriate approaches with heightened opportunities for impact can be implemented. A nine-step planning model helps organize planful approaches. Pragmatic and grounded approaches and processes help with achieving positive outcomes.

#### Something to Talk About: How a Campus and Community Partnership is "Normalizing" the Conversation

Denise Keary, Libbey Pelaia, Natalie Copeland-Traster

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person

Great Hall Meeting Room 3

This session will review and discuss the components that created an inclusive, comprehensive program to address alcohol and substance use and the intersection with mental health self-care. The partnership between two major icons of the Northeast Ohio Region, Cleveland State University (CSU) and The MetroHealth Medical System, enabled this much needed education for CSU's first year students and empowered them with knowledge that is not in the standard curriculum.

#### 10:30am - 11:30am ET: ARS Session

#### <u>Creating Momentum: Building Community Support to Power Recovery Schools</u>

Brenda Martinek, Sharon Dursi Martin, Tony Mann, Tony Veina

Live/Enduring CEs: 1 | CHES: 1 Entry Level

Hybrid

Ohio Staters, Inc. Traditions Room

Creating a "coalition of the willing" is essential for recovery schools to find solid footing within the context of communities, larger systems, and the legislative landscape. In this session, Harmony Academy and Oregon Recovery High School Initiative founders will discuss how they connected robust, cross-sector partnerships to launch Oregon's first recovery schools, growing pains, and lessons learned. They will also share about upcoming legislation to grow recovery schools across the state

#### 10:30am - 11:30am ET: APG Session

#### A Review of the Peer Support Pathways for Substance Use Disorder Recovery

Mary Beth O'Connor

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level

Hybrid

Barbie Tootle Room

Americans hold a wide variety of religious beliefs and a quarter of the population self-identifies as a religious "None." Thus, Alcoholics Anonymous' higher power mandate is not universally suitable. Luckily, there are multiple peer support options for substance use disorder. In this presentation, Mary Beth O'Connor will explain how she synthesized ideas from several peer support programs and the benefits of self-empowered recovery. She also will present the findings of the Peer Alternatives for Addiction Study, which compared several programs. She then will review the philosophy and meeting format for six peer support groups for substance use disorder. She will provide a technique for determining which program(s) would be the right fit for a specific individual. Mary Beth will include meeting offerings for additional DEI groups, such as the BIPOC and LGBTQIA+ communities.

#### 11:00am - 11:30am ET: Virtual Sessions

#### ARHE/HECAOD Virtual Welcome Session

Kristina Canfield, Jim Lange

Live/Enduring CEs: 0 Virtual Live Conference Portal

Join leadership from ARHE and HECAOD as they welcome you to your virtual conference experience. You will hear from staff from both organizations and they will guide you through what you can expect throughout the conference as a virtual attendee. This is a perfect time to connect and kick things off!

#### 11:30am - 12:30pm ET: Virtual Sessions

#### **Harm Reduction and the Social Work Code of Ethics**

Alex Nail

Live/Enduring CEs: 1 | CHES: 1 Entry Level Virtual Live Conference Portal

This session will discuss the over lap between the Harm Reduction Model and the Social work Code of Ethics and the Person-in-environment model. Both the Harm Reduction model and the Person-in-environment model require looking at a person as more than a single problem. it requires that you look at the person as a collective of systems and issues and working with clients to build working and tailored models of treatment. The presentation will also discuss the importance of harm reduction education and the ways this type of education is fundamental in changing the opinions and stigmas surrounding substance use and substance use disorder. Ending the session will have a Q & A.

#### Helping Students Take the Lead: Involving Students in AOD Research

Ashley Helle, Delaney Logan, Hope Edwards, Andrew Prior

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level Virtual Live Conference Portal

Students are the life blood of the AOD work on our campuses but are often underutilized in programmatic and research efforts. When given the opportunity with proper support, students can help elevate the field in multiple ways. The session will highlight the AOD related research of three graduate students at the University of Missouri and explore how professionals can support successful student involvement in research that moves the field forward.

#### Let the Conversation Begin: Engaging and Retaining Students in SMART Recovery Groups

Corey Monley

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level Virtual Live

Conference Portal

SMART Recovery mutual help groups serve people with chemical and behavioral addictions. Group members learn cognitive-behavioral skills to address motivational challenges, craving, and distressing emotions that contribute to substance use or related behaviors. Some college students may be reluctant to engage in mutual help groups because they do not identify as "in recovery," do not wish to abstain from addictive behaviors, or worry about how peers may react if they reduce involvement in addictive behaviors. Presented by an experienced SMART Recovery facilitator, this presentation describes SMART Recovery groups and how they can be adapted to address the unique concerns of college students. Throughout, the role of recovery-supportive campuses in fostering student engagement with SMART Recovery and other mutual help groups is discussed.

#### 11:30am - 1:00pm ET: Lunch



In-person

Archie M. Griffin East Ballroom

#### **Book Signing with Susan Packard**

In-person Archie M. Griffin East Ballroom

Come meet Susan Packard, author of "The Little Book of College Sobriety" and have an opportunity to have your book signed. Copies of the book will be available for purchase on-site. If you pre-ordered your book, please pick it up at Conference Registration.

#### **National Consortium of State Coalitions Networking Lunch**

In-person
Senate Chamber

Closed session for National Consortium of State Coalitions members

#### 11:30am - 12:30pm ET: Recovery Meeting

#### **All-Recovery Meeting**

Hybrid

Student-Alumni Council Room

#### 11:30am - 12:30pm ET: Wellness Activity

#### **Meditation**

In-person

Suzanne M. Scharer Room

#### 12:00pm - 1:00pm ET: Tour the OSU CRC

Meet at the Brutus the Buckeye Statue near Registration

After you grab your lunch, you can meet-up with the OSU CRC Staff to walk over to the CRC and take a tour. Please note that you may walk over there any time during this hour if you cannot meet at Noon!

#### 1:00pm - 2:30pm ET: Keynote

#### **Policy Keynote**

Dr. Miriam E. Delphin-Rittmon, Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services and the Administrator of the Substance Abuse and Mental Health Services Administration Peter Gaumond, Sr. Policy Analyst / Chief, Recovery Branch, Office of National Drug Control Policy

Live/Enduring CEs: 0 In-person Archie M. Griffin West Ballroom

Join SAMHSA and the ONDCP for this keynote that will address federal policy and projects that support prevention, collegiate recovery, recovery high schools, and alternative peer groups. There will be time for Q&A and discussion after each presentation.

#### 3:00pm - 4:00pm ET: ARHE Sessions

#### **Collegiate Recovery Research Through Collaborative Autoethnography**

Chelsea Shore, Colby Masi, Daniel Campos, Elisabeth Antropova, Michael Gipson

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person

Great Hall Meeting Room 3

This session presents a research project involving four undergraduate research assistants (UGAs) on a dissertation study, Substance Use, Misusing, Recovery Identity Formation Among College Students. Personal interviews between the primary investigator and UGAs were held and transcribed as part of the learning experience and scholarly development of the UGAs. The UGAs participated in a collaborative autoethnography to reflect on their own experiences with substance misuse and recovery, comparing how their identity developed. Aligned with community-based participatory action research, the UGAs were also active members of the Collegiate Recovery Program. Insights contribute towards understanding how community shapes students understanding of complex concepts such as substance misuse and recovery. With this research, we aim to provide meaningful insight into how substance use, and misuse can be internalized amongst college students and how an acquisition of a recovery identity can help redefine previous notions of substance use.

# <u>Harm Reduction, Recovery Coaching, and Infinite Pathways: Building More Inclusive Recovery Communities for Young People</u>

Meghann Perry, Natalie DeLaCruz, Paul Alves

Live/Enduring CEs: 1 | CHES: 1 Entry Level In-person
Ohio Staters, Inc. Traditions Room

Though we are headed in the right direction, could the recovery movement do more to embrace new ideas and adapt with the times? Are some of our young people left in the margins, or even outside of them? How can we be more responsive to our younger generations? This interactive workshop will explore contemporary definitions of addiction and recovery, the principles and practices of Harm Reduction and Recovery Coaching, and the concept of Infinite Pathways of Recovery. We'll see how these approaches allow us to truly meet individuals where they are, honor people's dignity and autonomy, practice authentic inclusion and acceptance, and promote the self-determination an individual needs to make a commitment to change. Participants will leave understanding how these models provide more inclusive, just, and individualized approaches to supporting the many identities, cultures, and communities of young people seeking change, along with several tools that can be implemented immediately.

#### A Body Journey-Addressing and Challenging Diet Culture and Disordered Eating in Collegiate Recovery Spaces

Alex Shrode

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level

Interfaith Prayer & Reflection Room

In the following presentation, Alex will detail and outline the disparity of ED recovery on college campuses. She will explore ways to support wellness in the various contexts of collegiate recovery while also including the social determinants of health for complete wellness. Alex will also speak of the various ways diet culture can sneak into systems and how to address the stigma and popularity of disordered eating patterns. This presentation will challenge CRPs to offer neutral spaces while asking people to lean into their own body and wellness story. This session will include a 3-part model: 1) Identifying potential negative food/body behaviors on collegiate campuses and how to identify in recovery spaces 2) Offering support to individuals navigating their own body journey. 3) Enhancing individual and overall community health and wellness of CRPS.

#### 3:00pm - 4:00pm ET: HECAOD Sessions

#### **Networking Neighborhoods**

In-person

View Room Locations in the Pheedloop App

Continue the important discussions from our afternoon keynote about federal priorities with colleagues from around the country. Conversations will focus on how we can apply the information shared by SAMHSA and ONDCP into our practice.

#### 3:00pm - 4:00pm ET: ARS Sessions

#### What Do I Do With Students Who Have No Recovery Experience Who Want to Come to My School?

Aleesha Bullock, Caroline Vas, Rachelle Gardner

Live/Enduring CEs: 1 | CHES: 1 Entry Level

Hybrid

Senate Chamber

Do you struggle with students wanting to enroll who have no idea about substance use and recovery due to the lack of adolescent treatment? Do you have parents come to you who do not understand why smoking cannabis is affecting their child's academics? How do you protect your current school culture and still help students who need your school? Hope Academy has created a program within it's school that focuses on the onboarding of these students so that the impact to the school culture is positive.

#### <u>Planting the Seed: Building Engaging Communities for Youth</u>

Bea Blackmon, Lloyd Patterson, Mallory Olfers, Paloma Sifuentes

Live/Enduring CEs: 1 | CHES: 1 Entry Level

Hybrid

Great Hall Meeting Room 1

Rise Inspire Academy staff will talk about the nuances of helping youth in recovery. While there are lots of trainings on encouraging recovery, we believe there are unique tools needed to work with youth in recovery. This training will cover those differences, overcoming challenges with youth, and helping youth fit into a recovery community with a much older demographic.

#### 3:00pm - 4:00pm ET: APG Sessions

#### **Supporting LGBTQIA+ Communities in an APG**

Armani Balderas, Jovan Gonzales, Ricky Hill

Live/Enduring CEs: 1 | CHES: 1 Entry Level Hybrid Hays Cape Room

Removing the stigma and barriers of LGBTQIA+ members in an APG through education, inclusion, and support.

#### 3:30pm - 4:30pm ET: Recovery Meeting

#### **All-Recovery Meeting**

Hybrid Student-Alumni Council Room

#### 3:30pm - 4:30pm ET: Wellness Activity

#### Intro to Fitness (Body Weight Exercises)

In-person
Suzanne M. Scharer Room

#### 3:30pm - 4:30pm ET: Virtual Sessions

#### <u>Virtual Roundtable: Imposters Syndrome: Working with Recovery When You Aren't in Recovery</u>

Jarmichael Harris

Live/Enduring CEs: 0 Virtual Live Conference Portal

During this roundtable, participants will explore imposter syndrome in the context of the recovery space and discuss effective strategies for working with students in recovery, even if you haven't personally experienced it. Imposter syndrome can affect anyone, regardless of their background or experience. Through this conversation, attendees will gain insights and tools for recognizing and addressing imposter syndrome in ourselves and our students, as well as strategies for creating supportive and inclusive environments that empower students to thrive in their recovery journey.

## <u>Integrating Overdose Prevention into Collegiate Recovery Programs: A Research-Based Model</u> *Angie Bryan*

Live/Enduring CEs: 0 Virtual Live Conference Portal

Students in recovery as well as students affected by the substance use of loved ones can play an essential role in addressing the opioid crisis on our college campuses. This workshop will cover the importance of centering peer support in campus overdose prevention strategies and interventions. The session will also review the successes and challenges of operating a comprehensive overdose prevention program within an existing CRP.

#### 4:30pm - 5:30pm ET: ARHE Sessions

# <u>Moving Beyond Allyship: Creating a National Coalition of Co-conspirators via Students Recover Campus Chapters</u>

Chelsea Asha Hinson, Kristine De Jesus, Lydia Hamner

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person

Senate Chamber

This session will explore the importance of developing a network of recovery advocates across campuses that are united in their messaging and activism as it relates to supporting students with substance use issues, process addictions, and other mental health issues. Reflecting on how other civil rights movements have organized and developed a national coalition to advocate for rights and resources, presenters will discuss the importance and value of organizing Students Recover chapters across campuses nationally.

#### **<u>Cultural Adaptations of 12 Step Recovery Programs</u>**

Jorja Jamison

Live/Enduring CEs: 1 | CHES: 1 Entry Level In-person Interfaith Prayer & Reflection Room

We know the original creators of the 12 Step recovery program were largely White, Christian, middle-aged, middle-class men. Since its creation, the program has been adapted for many different populations, including different religions (Buddhism, Islam, atheism) and other marginalized identities (race/ethnicity, sexual orientation, gender, age, and socioeconomic class). This talk will discuss the different experiences people from marginalized populations often encounter when working a 12 Step program designed for a privileged population, and several cultural adaptations that have been utilized to address these different experiences. A focus on student populations will be highlighted.

#### **Harm Reduction: A Step Towards Social Justice**

Bruce Reed, Cameron Ortega

Live/Enduring CEs: 1 | CHES: 1 Entry Level In-person

Great Hall Meeting Room 3

The substance use treatment profession started as a group of people who were supporting each other in recovery through abstinence based practices and has developed into a recognized profession with multiple methods of treatment approaches. Abstinence based treatment has been and continues to be the primary method of treatment preferred in the United States. Since the 1980, harm reduction increased in application in the profession, but remains a less popular method of treatment. This presentation examines attitudes towards harm reduction treatment strategies by persons who work in treatment and support services for substance use disorders, discusses the benefits and limitations of harm reduction practices, and explores the social and racial inequality of current drug policies.

# <u>Suitable Sufficient Substitute: Bridging the Divide Between Needs Fulfillment in Active Addiction and Thriving Recovery</u>

Declan Murphy, George Comiskey, Heather Frazier

Live/Enduring CEs: 1 | CHES: 1 Entry Level

In-person

Great Hall Meeting Room 1

What were we looking for in our addiction? Has that need totally gone away? What brought us into recovery and into an educational recovery space? Have we found "a suitable sufficient substitute"? What's involved in locating a healthy substitute? Does it become a positive substitute that allows us to thrive in our recovery and life? Although less harmful, if performed compulsively, the new substitute could fuel up a person in recovery all the same. In light of those characteristics, all habits/behaviors can't be categorized under the suitable substitute label, and we want to explore how identifying and fully engaging suitable substitutes helps lead us into a thriving recovery process.

#### 4:30pm - 5:30pm ET: HECAOD Session

#### **Addressing Student Misperceptions Related to Cannabis Impaired Driving**

Jim Lange

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level

In-person

Ohio Staters, Inc. Traditions Room

Although we, as AOD professionals, know the value of our work, it can sometimes be challenging to make the case to others. Administrators often come to their role from a variety of experiences and may not always understand the responsibilities of AOD professionals and the positive impacts their work can make with students, on campus, and within the community. The session will explore strategies for elevating our prevention and recovery work and successfully engaging campus administrators to move our work forward.

# <u>Practical Use of an Interdisciplinary Team to Support Students with Complex Substance Use and Co-occurring</u> Challenges

Jennifer Hall, Tia Mann

Live/Enduring CEs: 1 | CHES: 1 Entry Level

In-person

Great Hall Meeting Room 2

Substance misuse and substance use disorders can be complex, chronic, accompanied by a co-occurring disorder, and especially difficult for college students to both face and address. An in-house, interdisciplinary treatment and consultation team can provide a creative mechanism for improved coordination of services. By promoting holistic care and individualized support, diverse students are better able to navigate assessment and treatment for their substance use concerns and recovery maintenance. Benefits of an integrated approach along with best practices and a case study will be shared and discussed.

#### 4:30pm - 5:30pm ET: ARS Sessions

# <u>Cultivate and Engage Your Key Stakeholders: How Marketing and Communications Can Elevate Your Fundraising Goals</u>

Jon Shapiro, Ty Spisak

Live/Enduring CEs: 1 | CHES: 1 Entry Level Hybrid

Barbie Tootle Room

In this session, attendees will discuss and learn about the intricate link between marketing & communications and fundraising - and why it cannot be an afterthought! Presenters will share a "case study" of the plans implemented by Hope Academy that both engage stakeholders and drive consistent financial support. Attendees will leave with practical strategies and tools to enhance their communication and engagement.

## <u>Preliminary Findings and Implications for Intervention: Using Ecological Momentary Assessment in a COVID-19 Era</u>

Christina Shin, Devon Hensel, Johnna Belkiewitz, Victoria Wilburn

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level Hybrid Hays Cape Room

Accurately understanding recovery in the context of the daily lived experience would assist in person-centered evaluation and intervention, especially within the context of recovery schools. By using a daily data collection method, ecological momentary assessment (EMA), we assessed barriers to recovery in a more timely manner. Our identified objective is to evaluate how well using EMA as a data collection assessment works in richly understanding the lived experience of adolescents in recovery.

#### 4:30pm - 5:30pm ET: APG Session

# <u>Intergenerational & Historical Trauma; Working with Native American Indians and Understanding the Trauma to Start the Wellness of Healing</u>

Kristina Padilla

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level Hybrid

Rose M. Ailabouni Room

This session delves into the need for Clinicians and Peers understanding of Intergenerational and Historical trauma within Turtle Island (USA). Where does the healing start and when did the trauma begin? Informative information to help Clinicians & Peers to navigate working with the Native American Indians. This session dives into the elements of trauma that affects the Native American Community, Colonization, forced displacement, Trail of tears, treaties being broken, and multi layers of a wounded communities due to the Indian Removal Act in the 1800 hundreds. We will examine ways to promote wellness of healing for Native Communities "The Native Way" and become more informed of how History and Generational Trauma played a HUGE role in how the Native American Indian have been affected and our future 7 generations.

#### 7:00pm - 8:00pm ET: Awards Celebration

#### **Collegiate Recovery Annual Awards Celebration**

In-person

Cartoon Room



Awards banquet and dessert spread. Join us as we honor and recognize all of our award recipients this year. Come celebrate and enjoy dessert, community, and fun!

#### 8:30pm - 10:00pm ET: Entertainment

#### **Drag / Talent Show**

In-person

Cartoon Room

As well as our diverse and unique perspectives, all of us bring varied and exciting talents with us to this year's conference. This is our opportunity to show those off in a variety show of drag, comedy, music, dance, and other performances! There are 8 5-minute slots up for grabs, so bring your best and help us celebrate one another's art. All conference attendees are welcome to sign up at the link below!

Co-hosted by Bonnie Lash and our featured performer, the Season 4 winner of OutTV's Camp Wannakiki, Clinica DePrecious!

Note: Performers to please arrive at 7:30pm

# Seeking Research Participants for a NIH & NIDA funded study of Collegiate Recovery Program Directors

#### **ABOUT THE STUDY**

The purpose of the study is to understand collegiate recovery programs (CRP) from the perspective of collegiate recovery program directors.



# RECOVERY

### WHO CAN PARTICIPATE?

Program directors/coordinators of a CRP affiliated with a college/university in the U.S (must have an .edu email address).

Participants will be compensated with \$50 for one hour of their time.

Please scan this QR code if you are interested:



Link to the study:

https://redcap.link/crp\_director

Questions?
Contact Noel Vest, Ph.D.
vest@bu.edu



#### **TUESDAY, JUNE 27, 2023**

#### 7:30am - 5:00pm ET: Registration Room Open

Conference Support Great Hall Art Gallery

#### 7:30am - 5:00pm ET: Exhibit Hall Open

Conference Support

Archie M. Griffin East Ballroom

#### 7:30am - 8:30am ET: Conference Breakfast

In-person

Archie M. Griffin East Ballroom

#### 7:30am - 8:30am ET: Recovery Meeting

#### **All-Recovery Meeting**

Hybrid

Student-Alumni Council Room

#### 7:30am - 8:30am ET: Wellness Activity

#### **Campus Walk**

In-person
Suzanne M. Scharer Room

#### 8:30am - 9:30am ET: ARHE Sessions

#### To Disclose or Not to Disclose? Exploring The Politics of 'Recovering Out Loud'

Linda Mizejewski, Noor Hadad, Victoria Burns

Live/Enduring CEs: 1 | CHES: 1 Entry Level

In-person

Ohio Staters, Inc. Traditions Room

This breakout session, grounded in Dr. Victoria Burns' research (Burns, 2021, Burns et al., 2021), considers the complicated process of disclosing an addiction-recovery identity in post secondary contexts from three different perspectives: A racialized student applying to graduate schools, a pre-tenured faculty member, and a senior faculty member. By centering their own lived experience, the panelists will consider the following questions: What are the risks and opportunities of disclosing an addiction recovery identity in higher education? What factors play into the decision to disclose? How do various identity markers affect disclosure decisions? What is the link between disclosure, harm reduction and prevention? The panelists conclude with recommendations to ensure that themes of social justice, equity, and inclusion are considered, and that addiction and recovery is recognized as a marginalized identity that requires support and acceptance across all faculties and programs within a university.

#### A Confirmatory Factor Analysis of Recovery Capital: Analyzing the BARC-10

Erik Dolgoff

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level

In-person

Barbie Tootle Room

Recovery capital is a multidimensional construct that has been used to understand the resources and assets that individuals draw upon to achieve and maintain recovery from substance use disorders. Confirmatory factor analysis (CFA) is a statistical technique that can be used to examine the factor structure of recovery capital. The factor structure of recovery capital refers to the underlying dimensions or factors that make up the construct. The aim of this study is to examine the factor structure of recovery capital using CFA and to explore how this factor structure differs among different groups based on age, race, gender, and level of education, with a specific focus on diversity, equity and inclusion.



#### Evaluating the Efficacy of Recovery Ally Programs: Preliminary Evidence From a First Year Pilot

Chelsea Shore, Ben Markham, Kenneth Waller Jr., Kirsten Price, Mia Gomez

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person Interfaith Prayer & Reflection Room

The Recovery Ally Program (RAP) encourages students to think about substance use, misuse, and recovery in different ways. Aligned with department and institutional values, this program defines recovery, or remission from addiction, as merely the absence of problems (Hasin et. al, 2013). The program outlines abstinence as distinctly different from sobriety; sobriety often includes a period of abstinence but is expanded through emotional and spiritual integration. Through the framework of self-authorship (Baxter Magolda, 2008), RAP teaches students to address their relationship to- and with-substances while including them in the campus recovery community. In this way, the program conceptualizes both abstinence and sobriety under the umbrella of recovery and broadens the scope of who gets served by the Collegiate Recovery Program. In learning this, allies aim towards ending stigmas about substance use and recovery within themselves and their communities. Presentation Outline I. Brief overview of RAP II. Explanation of implementation strategy III. Overview of evaluation methods IV. Directions for scaling and future implementation practice

# Not My Student: Bringing Families Into the Conversation on Collegiate Substance Use, Prevention, and Recovery

Carmen Novoa, Kit Emslie, Leslie DeVore, Tyson Lacher

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person

Great Hall Meeting Room 2

The University of Alabama at Birmingham (UAB) adopts a multifaceted approach to engaging students and their families on the topic of collegiate substance use, prevention, and recovery. In addition to providing families with BlazerWell, a comprehensive guide to addressing substance use norms and other community health concerns with students, the department of Off-Campus Student and Family Engagement maintains an open and ongoing dialogue with the families of UAB students as a means of demystifying and preventing potential substance use concerns. Similarly, the UAB Collegiate Recovery Community (CRC) integrates dialogue with students and families into its outreach programs, most notably during Summer Orientations and campus visits. This strategy assures that UAB students and their families are kept informed and engaged at every stage of the continuum of care around substance use concerns, from prevention, through intervention and/or treatment, to recovery support services.

#### Speaking to the 35,000: Narcan Education as a Recovery Outreach Tool

Kat James, Raylyn Garner

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level Hybrid Cartoon Room 2

Direct outreach efforts to recruit students into USC's CRP have shown limited success—in part because identifying the 5% of college students in recovery on a campus of 35,000 is like finding a needle in the proverbial haystack. When the Substance Abuse Prevention and Education office became a community distributor of Narcan in 2022, it provided a unique opportunity for recovery and prevention teams to begin collaborating on outreach and marketing strategies. With a focus on harm reduction, bystander intervention, and allyship, Narcan outreach can contribute to a recovery-ready community culture in which students discuss the reality of substance use openly and compassionately.

#### 8:30am - 9:30am ET: HECAOD Sessions

#### <u>Supporting Student Well-Being Through Recovery-Informed Education</u>

Frankie Berryman, Jessica McDaniel, Katie Brabham, Lindsay Montgomery

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person Cartoon Room 1

The perennial task of providing effective alcohol and other drug (AOD) prevention and education can often be complex and daunting. Process models like the Strategic Prevention Framework (SPF) can help in program development, however more guidance is often necessary to plan effective AOD programming. The STAR Model is a recovery-informed supplement to the SPF that can help campus AOD educators develop sustainable programming that targets their campus needs. This presentation will explicate the role of the STAR Model within the SPF, explore the importance and application of recovery-informed education in university AOD programs, and will provide specific examples of how collegiate recovery programs can play a vital role in the campus AOD climate.

# <u>Understanding and Addressing Illegal and Excessive Drinking in College Students Through the Lens of a Behavioral Model of Prevention</u>

Dan Gittins

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person

Great Hall Meeting Room 3

Why do students in the University setting engage in illegal and excessive alcohol consumption? And how can we address that in a prevention model? This program will introduce the behavioral model: B=MC². While the information in this model may not be new information, it is packaged in a way that is both diagnostic (why did they do that?) and prescriptive (what can we do about it?) The theory postulates that a person's behavior (B) is dependent on Motivation (M) Circumstances (C) and Consequences (real or perceived). Using this model, we will discuss why students engage in this behavior and also what we can do to reduce the risks associated with the behavior of illegal and/or excessive alcohol consumption. This model will help you understand and organize your efforts to mitigate the risks.

#### 8:30am - 9:30am ET: ARS Sessions

### <u>An On-going Systematic Evaluation of Association of Recovery Schools: Lessons Learned and the Path</u> <u>Forward</u>

Andy Finch, Jordan Jurinsky, Sharon Dursi Martin

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level Hybrid
Senate Chamber

Presenters will review current findings and future directions from the Systematic Evaluation of Associations of Recovery Schools (SEARS) project, which is the first project to seek survey responses all recovery high schools and their students. Universal data collection for recovery high schools emerged from the ARS Directors' Meetings along with a Data Subcommittee. The presentation will share preliminary findings from both school and student-level data, including disparate survey engagement, wide ranging addiction severity and recovery capital, and heterogeneous school design and composition. Presenters will further discuss the implications of current findings and potential future research pathways. Attendees will receive information on updates to on-going data collection and how individual recovery schools can participate. They will also have the opportunity to share feedback on how the SEARS project can accommodate the needs of recovery high school administrations and researchers.

#### <u>Supporting Students' Rise: Increasing the Capacity for Learning at San Antonio's 1st Recovery High School</u>

Bridget Maggard

Live/Enduring CEs: 1 | CHES: 1 Entry Level

Hybrid

Great Hall Meeting Room 1

The Association of Recovery schools defines a recovery high school as secondary school designed specifically for students in recovery from substance use disorder or co-occurring disorders. It is a mission of recovery high schools to provides a structured place for teens to continue both their recovery and their education without compromising either. To accomplish this, school administrators and recovery support should work hand in hand to meet the basic needs of students, beginning with a solid recovery foundation and then layering in the quality, relevant, and engaging academic experiences. Rise Inspire Academy, a new recovery high school, seeks to create such a positive and impactful environment that allows students to be safe and sober while living up to the organizations' three imperatives of: Belong, Find Joy, Be Great.

#### 8:30am - 9:30am ET: APG Session

#### **Guide to Suicide Postvention in Your Organization**

Beth Eversole

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level

Hybrid

Hays Cape Room

Suicide Postvention is an organized response in the aftermath of a suicide to promote healing and mitigate the negative effects of exposure to suicide. It is a crisis intervention strategy designed to reduce the risk of suicide contagion, provide the support needed to help survivors cope with a suicide death, address the social stigma associated with suicide, and disseminate factual information. This program's goal is to provide a comprehensive overview of postvention guidance to assist peer support organizations in developing policies and procedures related to suicide loss. Attendees will learn immediate, short-term, and longer-term action steps for postvention implementation in the workplace. They will learn to create a decision-making flow chart for their organization to assist with policy and planning their postvention. Additionally, attendees will receive information about ways to support suicide loss survivors as well as ways to reduce the risk for other vulnerable individuals.

#### 10:00am - 11:30am ET: ARHE Session

#### **Introducing a Socio-Ecological Model of Collegiate Recovery Programs**

Noel Vest

Live/Enduring CEs: 1.5 | CHES: 1.5 Entry Level & Advanced Level

In-person

Great Hall Meeting Room 3

Given the major public health issue of substance use in the college environment and among college students, we must improve our understanding of students attempting to resolve substance related issues. Though much of research and policy attention has focused on individual progress according to personal characteristics and experiences, a much broader, theoretically informed understanding based on interpersonal relationships and contextual conditions of the school and society is warranted. To ground CRPs as an environmental support targeting emerging adults that can improve student health and well-being, we developed a social-ecological model (SEM) that conceptualizes the multifaceted factors that influence them at the individual, interpersonal, organizational/school, and policy levels. Specifically, we aimed to understand factors influencing individuals in CRPs through direct and indirect effects. Our theory-driven framework elucidates the multi-level complexity of CRPs and the importance of individual interventions as well as intervention from multiple stakeholder groups.

#### 10:00am - 11:30am ET: HECAOD Sessions

#### **Connecting the Dots: Working with Fraternities and Sororities**

Logan Davis

Live/Enduring CEs: 1.5 | CHES: 1.5 Entry Level

In-person

Ohio Staters, Inc. Traditions Room

For better or worse, there is nothing like the sorority and fraternity experience. This also means there is nothing like working with fraternities and sororities on the campuses in which they reside. Complex, and often complicated organizations, lead to complex and complicated relationships. The question this session aims to explore is why. Why can working with fraternities and sororities and the professionals and volunteers who work with them be so complicated? Join the conversation aimed at "connecting the dots" and exploring barriers and complexities getting in the way of successful working relationships.

#### 10:00am - 11:30am ET: ARS Session

#### ARS Accreditation Process as a Tool for New School Development and Continuous Program Improvement

Andy Finch, Julie McElrath, Michael Durchslag, Roger Oser

Live/Enduring CEs: 1.5 | CHES: 1.5 Entry Level & Advanced Level Hybrid

Cartoon Room 1

An examination of longitudinal data over four decades provides rich insight regarding areas of progress and concerns about reduced efforts and prioritization. Attention to policies, education, support services, leadership and coordination, and data collection/evaluation provide helpful foundations for future impact. Further helpful are insights and recommendations gathered from long-term professionals and advocates at the campus, local, state and national levels. This session provides grounding, direction, inspiration and enhanced commitment for timely, meaningful, and planned action, all essential for achieving the desired results.

#### 10:00am - 11:30am ET: APG Session

## <u>"Youth Empowered by Sobriety (Y.E.S): A New Approach to Alternative Peer Groups Addressing Substance Use Disorder in Teens."</u>

Jessica Alcala, Valarie McDonald

Live/Enduring CEs: 1.5 | CHES: 1.5 Entry Level & Advanced Level Hybrid

Cartoon Room 2

Substance use disorder is a growing problem among young people, affecting their lives and the lives of those around them. This presentation will introduce the concept of Youth Empowered by Sobriety, an Alternative Peer-Group program aimed at empowering young people to overcome substance use and build positive, sober communities within their school environments. This presentation will explore the development of these programs, including creating supportive communities and practical programming which is adaptable for schools in order to connect with youth and teens who have barriers of access to health, mental health, and recovery support services. We will also discuss the benefits of this approach, such as reduced substance use and improved mental health, as well as its impact on student and faculty staff within the schools. Join us as we explore this innovative solution to substance use disorder and its potential to impact young people and communities positively by bringing APG programming to new environments outside of typical settings for APG meetings.

#### 11:00am - 12:00pm ET: Virtual Sessions

#### <u>Lived Experiences Through PhotoVoice Among College Students in Recovery from Prescription Drug Misuse</u>

Nicole Johnson, Thomas Smith, Yoon Suh Moh, Zumana Noor

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level Virtual Live

Conference Portal

This 60-minute session will be didactic and interactive in nature. The presenters will provide information on preliminary study findings from a grant-funded study that they are conducting using mixed methods (a survey design and photovoice). In particular, the study was focused on in-depth, lived experiences among college students in recovery from prescription drug misuse specifically. Attendees will be invited to co-construct implications of the study findings and discuss potential ways to apply to their accordant context in higher education.

#### <u>All In? Addressing the Connections Between Problem Gambling & Substance Misuse</u>

Dolores Cimini, Jaclyn Webber, Laura Longo, Katherine Spilde

Live/Enduring CEs: 1 | CHES: 1 Entry Level Virtual Live Conference Portal

This panel discussion will explore the challenges and opportunities of addressing problem gambling and substance misuse among college students. Problem gambling and substance misuse are often co-occurring issues that can have serious negative impacts on students' academic, social, and mental health. The panelists will share their insights and experiences, from work on college campuses in the prevention space to working with an international center on responsible gambling, on how to prevent and intervene in these issues on college campuses. They will also discuss the policy and programming strategies that can help create a supportive and safe environment for students who struggle with problem gambling and substance misuse. The panel discussion will provide participants with practical tips and best practices for implementing prevention efforts and overcoming common barriers.

#### 11:30am - 1:00pm ET: Lunch

In-person

Archie M. Griffin East Ballroom



#### 11:30am - 12:30pm ET: Recovery Meeting

#### **All-Recovery Meeting**

Hybrid
Student-Alumni Council Room

#### 11:30am - 12:30pm ET: Wellness Activity

#### **Meditation**

In-person
Suzanne M. Scharer Room

#### 11:30am - 1:00pm ET: Collegiate Recovery Town Hall

#### **Collegiate Recovery Town Hall**

In-person

Great Hall Meeting Room 3

The Collegiate Recovery Town Hall is open to all attendees. This is a time we gather to discuss current events in the profession. This year, ARHE Staff will be introducing and discussing the upcoming soft-launch of the program review/accreditation process.

#### 12:00pm - 1:00pm ET: ARS Session

#### **ARS Community Discussion**

In-person

Cartoon Room 1

The ARS community will meet to have an informal discussion over lunch on trends in the field.

#### 1:00pm - 2:30pm ET: Keynote

#### All Bets Are Off: Addressing Collegiate Problem Gambling

Scott Anderson, Dolores Cimini, Jim Lange

Live/Enduring CEs: 1.5 | CHES: 1.5 Entry Level

Hybrid

Archie M. Griffin West Ballroom

The explosion of online sports betting has led to an increase in problematic gambling behavior on campus. It is estimated that 6% of college students have a gambling disorder, yet few campuses have incorporated gambling prevention initiatives into their portfolio of services. This session will explore the current trends in collegiate gambling behaviors, discuss policy considerations, and review existing resources to address collegiate problem gambling.

#### 2:45pm - 3:30pm ET: Networking Neighborhoods

#### **Networking Sessions**

Live/Enduring CEs: 0 In-person

View Location Information in the Pheedloop App

This Networking Neighborhood will explore how to address the critical issue of problem gambling in the communities we serve. Engage in conversation with colleagues from around the country to discuss the current landscape of problem gambling, how it impacts your population, and ways to apply the keynote to practice. By fostering a multidisciplinary conversation, this networking neighborhood seeks to raise awareness, share insights, and develop effective solutions to promote responsible gambling behavior within our communities.

#### 3:30pm - 4:30pm ET: Virtual Sessions

#### <u>Virtual Roundtable: Addressing Impaired Driving on Campus</u>

Jim Lange

Live/Enduring CEs: 0 Virtual Live Conference Portal

While it has become common knowledge that driving while under the influence of alcohol is dangerous, students continue to hold misperceptions about the safety of driving after using cannabis. Often times student behavior measures that campuses deploy do not capture This session will review the current cannabis impaired driving research, discuss the current guidance related to driving after using cannabis, and explore resources available to address collegiate impaired driving.

#### <u>Virtual Roundtable: ARHE Accreditation Updates and Discussion</u>

Kristina Canfield

Live/Enduring CEs: 0 Virtual Live Conference Portal

An opportunity to continue the conversation from the ARHE Town Hall, and for virtual attendees to hear about the upcoming ARHE Accreditation process. Attendees will have an opportunity to discuss the impacts of this process within the profession.

#### 3:30pm - 4:30pm ET: Recovery Meeting

#### **All-Recovery Meeting**

Hybrid

Student-Alumni Council Room

#### 4:00pm - 5:00pm ET: ARHE Sessions

#### Harm Reduction or Death: How Your Program's Abstinence-only Policies are Killing Us

Dharmakrishna Mirza, Kobe Natachu

Live/Enduring CEs: 1 | CHES: 1 Entry Level In-person Interfaith Prayer & Reflection Room

Our session gifts participants with QTPOC feminist and decolonial perspectives on the war on drugs, substance use, and healing as related to the dominance of abstinence-only approaches to collegiate recovery programs/recovery high-schools) and alternative peer groups. Dharma draws from lived experiences as a BIPOC Trans Femme who uses drugs, an interdisciplinary public health and gender/ethnic studies scholar, and her background as a CRP member/national advocate to reveal how harm reduction resistance is rooted in colonialism, cisheteronormativity, and ableism. Dharma and Kobe use BIPOC feminisms, critical public health, and radical love as anticolonial story methodologies aimed at collective liberation. We help participants redefine drugs as medicine and demonstrate how abstinence-only policies perpetuate systemic violence and deter community healing among those most impacted by drugs. We explore how harm reduction can be a liberatory framework and offer alternative visions for the future of recovery programs.

#### The COLOR of SUDs, Treatment and Recovery

Jonathan Lofgren

Live/Enduring CEs: 1 | CHES: 1 Entry Level In-person

Great Hall Meeting Room 2

This session will examine existing literature and SUD data surrounding the dispairate prevalence of SUDs in diverse USA populations, including use, overdose and death, and culturally diverse treatment delivery models. Participants will explore a diversity of Recovery definitions, and critically examine values and beliefs connected to a growing number of culturally diverse recovery perspectives and Recovery Pathways. Participants will have an opportunity to consider and challenge the grosely-dated construct and belief that 'Addiction Sees No Color'.

#### The Phoenix, a Sober Active Community: Together We Rise

Chelsea Dueitt Burge, Jason Callis

Live/Enduring CEs: 1 | CHES: 1 Entry Level In-person Rosa M. Ailabouni Room

Learn about The Phoenix, a national nonprofit that has reached over 150,000 individuals affected by substance use disorder. We are a volunteer lead organization providing free community building activities for those in or seeking recovery from substance use disorder, those choosing to live a sober life, and all supporters of a sober lifestyle. Join our movement!

#### First Round Data for The Independence Blue Cross Foundation Grant Outcomes Study

Jason Whitney

Live/Enduring CEs: 1 | CHES: 1 Entry Level In-person Hays Cape Room

This session will report on the first round of data for the Independence Blue Cross Grant Outcomes Study. The Independence Blue Cross Foundation awarded grants to help Colleges and Universities in the Philadelphia area build Collegiate Recovery Programs, and commissioned Dr. Whitney to perform an outcomes study. This session will report back on outcomes of the first round of funding.

#### **Eating Disorders and Collegiate Recovery**

Katlyn Duncan

Live/Enduring CEs: 1 | CHES: 1 Entry Level

In-person

Ohio Staters, Inc. Traditions Room

Attendees will learn about the increasing rate of substance abuse and co-occurring eating disorders for college-age people. Attendees will learn about the most common types of eating disorders as well as their signs and symptoms. People in attendance will also learn about the connection between eating disorders and substance use disorders. Lastly, attendees will also learn about common, effective treatment methods.

#### Roll with Advantage: Tips for Using TTRPGs in Collegiate Recovery

Mackenzie Hogan, Roger Perkey

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person *Cartoon Room 2* 

You have traveled far, making your way to the strange lands of Columbus Ohio. Sages of knowledge surround you as you walk through the halls. Navigating the passages, a sound draws you. You approach the door, finding it unlocked. Immediately, you're pulled inside by some unknown force – roll for initiative. This session will explore the use of tabletop role-playing in education, drawing particularly on examples from the use in Collegiate Recovery settings. Participants will learn an approach for utilizing these strategies for their own groups.

#### 4:00pm - 5:00pm ET: HECAOD Sessions

### <u>Building Campus and Community Prevention Capacities: Content and Results from a Digital Strategic Prevention Framework Pilot Course</u>

Daejun Park, Dane Minnick, Danica Fultz

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person

Great Hall Meeting Room 3

This session will describe the content and pilot results of a newly developed, fully online substance use prevention course designed by the Ball State Center for Substance Use Research and Community Initiatives. The pilot study was conducted from January to May of 2023 with 32 learners with educational/experience backgrounds ranging from some college work and PhDs to university administrators, community members, and mental health professionals. Experts from Mental Health America Indiana, ICAADA, the Indiana Department of Mental Health and Addictions, and the New York State Office of Addiction Services and Supports additionally assisted in piloting the course. The purpose of the course is to train individuals with various academic backgrounds and skillsets to utilize the Strategic Prevention Framework, implement evidence-based prevention strategies, and to organize communities, grade schools, and college campuses to engage in high-impact substance misuse prevention activities. Learners who complete the course are eligible to become credentialed as certified prevention specialist-associates (CPS-A) through ICAADA\* (currently only in Indiana).

#### **The Learning Bar: A New Twist on Alcohol Education**

Ashley Gann

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person

Senate Chamber

Let's face it - attending an alcohol education class isn't something students usually look forward to. In 2021 The University of Kentucky developed The Learning Bar, a hands-on, interactive, alcohol education experience that has students saying they gained knowledge, skills, and resources all while having fun. Plus, having fun while learning will help them remember the information. Join us to experience the Drink of the Day and the 16 other drinks on the menu at The Learning Bar.

#### 4:00pm - 5:00pm ET: ARS Sessions

#### Learn More About the Opening and Operating of a Hybrid Virtual Recovery High School

Anna Reed

Live/Enduring CEs: 1 | CHES: 1 Entry Level

Hybrid

Cartoon Room 1

In July 2019 Florida Recovery Schools of Central Florida began working towards opening the next recovery high school in Florida. However, 8 months after incorporation Covid-19 put this development on hold. Don't panic, just pivot became the motto to move forward with launching Freedom Springs High School as a hybrid virtual recovery high school in September 2021. This virtual model serves as a great option for families and students who do not a recovery high school within a reasonable driving distance. Join us as we share the lessons learned during our first two years!

#### A Tiered Approach to School Based Substance Use Supports

Mary Stevens-Krogh

Live/Enduring CEs: 1 | CHES: 1 Entry Level

Hybrid

Great Hall Meeting Room 1

Attendees will learn about Portland Public Schools tiered intervention approach to providing students with education, intervention and supports for substance use. Our district is proud of the unique model approach we have developed and implemented over the last five years. The presentation will cover universal prevention and education strategies for all students, targeted psychoeducational interventions, as well as how we partner with treatment providers and our local Recovery High School to offer a range of individualized supports.

#### 4:00pm - 5:00pm ET: APG Session

## <u>Recovery Support Clubhouses and Alternative Peer Groups to Support Youth Recovery: Comparing Models, Existing Research, and Future Directions</u>

Colleen Smith, Emily Hennessy, Kristal Davidson, Wendy Avila Rodriguez

Live/Enduring CEs: 1 | CHES: 1 Entry Level

Hybrid

Barbie Tootle Room

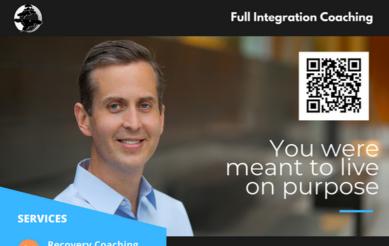
There is a robust history of youth services designed to mobilize social network changes and support recovery through the Alternative Peer Group (APG) model. Similar to the APG model, the Georgia Department of Behavioral Health and Developmental Disabilities Office of Addictive Disease (DBHDD) has implemented and provides funding for nine Recovery Support Clubhouses designed to engage youth and their families in their own recovery. The Recovery Support Clubhouse model seeks to reduce substance use by placing the person at the center and addressing influencing factors including but not limited to social and behavioral. This session will describe the Recovery Support Clubhouse model alongside the Alternative Peer Group model and explore similarities and differences in whom they serve and what is known about their effectiveness to date. Join us for a rich discussion and explore opportunities for the implementation of similar programs across different contexts.

#### 5:00pm - 6:00pm ET: Wellness Activity

#### Social Event - TBA

In-person

Suzanne M. Scharer Room



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### **WEDNESDAY, JUNE 28, 2023**

#### 8:00am - 12:30pm ET: Registration Room Open

Conference Support Great Hall Art Gallery

#### 8:00am - 12:30pm ET: Exhibit Hall Open

Conference Support

Archie M. Griffin East Ballroom

#### 8:00am - 9:00am ET: Conference Breakfast

In-person

Archie M. Griffin East Ballroom



#### 7:30am - 8:30am ET: Recovery Meeting

#### **All-Recovery Meeting**

Hybrid Student-Alumni Council Room

#### 7:30am - 8:30am ET: Wellness Activity

#### **Campus Walk**

In-person
Suzanne M. Scharer Room

#### 9:00am - 10:30am ET: ARS Session

#### **ARS Closing Session**

Bea Blackmon

Live/Enduring CEs: 0 In-person Interfaith Prayer & Reflection Room

Recovery High schools are a unique phenomenon in adolescent world. We, as leaders, don't always find our people in traditional educational conferences, nor do we find our place in traditional substance use disorder and recovery conferences. The closing session will be an opportunity for everyone to gather together one last time to make those lasting connections which we can lean on to sustain us through the upcoming year. Participants will be able to share their takeaways from the conference as well as what supports they need from ARS moving forward. As a community, we will leave inspired to continue to provide the education and recovery supports that our students need.

#### 9:30am - 10:30am ET: ARHE Sessions

#### Letting Students Lead: Lessons Learned From 5 Years of Student-Driven Impact Projects

Kimberly Boulden, Nyeree Boyadjian, Robin Bilodeau

Live/Enduring CEs: 1 | CHES: 1 Entry Level In-person *Cartoon Room 1* 

While collegiate recovery is an impactful and rewarding field, the realities of most university systems and structures have contributed to burnout and turnover in both students and staff. Learning and engagement theories demonstrate that when stakeholders engage in challenging and supportive work that is personally meaningful, systems experience lower turnover, higher stakeholder satisfaction, and increased innovation. The presenters argue that by empowering student leaders through structured student-led impact projects, collegiate recovery spaces can become the sites of transformative learning while reducing staff workload and developing transferable leadership skills in students. In this session, we'll discuss the foundations of project-based learning, review the outcomes of 5-years of structured student projects implemented within collegiate recovery, and hear from students as they reflect on how the process has impacted their growth as leaders.

#### From "Invite" to "Integrate": Embedding Recovery into Health Promotion Programming

Risa Enrique

Live/Enduring CEs: 1 | CHES: 1 Entry Level

In-person

Ohio Staters, Inc. Traditions Room

Our initiative is to embed recovery into health promotion, and the way we execute this is through collaborative programming efforts which can be done on a small, medium or large scale. This goes beyond tabling on campus or being at a health fair; it's about building recovery mindsets into what is already being done. This session will discuss ways in which institutions can embed recovery into all aspects of their health promotion programmatic efforts. Supported by both quantitative and qualitative data, we will examine how health promotion can help increase the reach and visibility of oncampus recovery efforts while fostering recovery-safe spaces across campus. We will share programming methods that have been successful as well as lessons learned when building a recovery inclusive environment.

#### When The Help Is You: Introducing The Remission Index

Bradley Smith

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person

Hays Cape Room

Imagine centering self-determination and recovery literacy within a free, easy-to-use tool that conceptualizes any individual's predicament and places them in charge of their wellness priorities. Compatible with abstinence-based and harm reduction models yet equally useful for stand-alone contemplators, this tool provides a "number" - just like a credit score or GPA - characterizing a persons' recovery status and clarifying conjure of their predicament to prioritize actions and signal their communities. Emphasizing personal agency, embracing peer-to-peer frames and inclusive of concerned significant others, this tool is telehealth-ready and quickly measured for accuracy and modified by the user with fifth grade math. Introducing the "Remission Index: a self-assessment and planning tool identifying ten "categories" within the recovery continuum, providing a mathematical range for each category, "weighing" the wider context within which these categories always occur, and deriving a two digit "score": a Momentary Ecological Assessment propelling recovery literacy and prioritizing individual goals.

## <u>Characterizing Collegiate Recovery Program Students with Legal System Involvement: A Cross-sectional National Survey</u>

Alexa Nieder, Justin Bell, Noel Vest, Rebecca Smith

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person Senate Chamber

The current project aims to better understand legal system involvement in baseline data from the National Longitudinal Collegiate Recovery Survey. We examined 435 participants across four cohorts from CRPs in colleges and universities nationwide. Students with a history of legal system involvement were older, have been abstinent from their primary substance of choice for longer, had made less progress in completing their degree, were younger at use of first alcohol, cannabis, and cocaine. These students also had a greater utilization of certain resources, worked more hours, scored higher in recovery capital and quality of life, and had a greater degree of alcohol problems than students without a history of legal system involvement. Main effects for higher recovery capital scores among students with legal system involvement were found across quality of life, length of abstinence, and number of mental health diagnoses; however, these variables did not moderate the relationship between legal system involvement and recovery capital. Our results can guide CRPs in how to best support students from highly stigmatized justice involved groups.

#### 9:30am - 10:30am ET: HECAOD Session

#### Here's the (Sweet) Tea on Narcan

Aimee Hourigan, Allison Smith, Liz Prince, Santee Ezell

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level In-person *Cartoon Room 2* 

How can we expand our capacity to serve students, save lives, and build a safer campus culture? Naloxone distribution! Naloxone distribution does more than reverse opioid overdoses. In this session, professionals from several Southern states will describe the partnerships we have developed to distribute naloxone on campus within the legal requirements of our states. Strategies for overcoming challenges and using assertive community engagement to reach high-risk students with overdose education will be discussed.

#### 9:30am - 10:30am ET: APG Session

#### **APG Closing Session: Mafia Activity**

Live/Enduring CEs: 0 Hybrid Barbie Tootle Room

A group closing activity. Mafia is a group game of team work and social deception. There are 2 teams: the mafia and the towns people. The goal of the game is to utilize your ability to read non-verbal communication to either figure out who the mafia are or to kick out the towns people.

#### 11:00am - 12:30pm ET: Keynote

#### Northstar: Our Guide to Ensure Diversity, Equity, and Inclusion

Facilitator: Philip Rutherford, Faces & Voices of Recovery Panelists: Kristina Canfield, Roger Oser, Jessie Hinojosa, Ahmed Hosni

Live/Enduring CEs: 1.5 | CHES: 1.5 Entry Level Hybrid Great Hall Meeting Room

All four organizations, ARHE, ARS, AAPG, and HECAOD are committed to diversity, equity, and inclusion both as an umbrella organization as well as the individual organizations that they help support. Philip Rutherford, the Chief Operations Officer for Faces and Voices of Recovery, will be facilitating a panel of Board members from each organization to discuss what they are doing and how they are supporting their members in this important work. Panel members and the audience will be challenged to not settle but to continue this essential work in each of the institutions we are a part of.

#### 1:00pm - 2:00pm ET: Virtual Sessions

#### **The Harm Reduction Model**

Alex Nail

Live/Enduring CEs: 1 | CHES: 1 Entry Level Virtual Live Conference Portal

This is a discussion about the Harm reduction model as a path to long term treatment and recovery. it will cover the the definition and foundation of the Harm reduction model, its history in the US and world Wide, Implications for treatment, and applications of the harm reduction model in treatment and every day life.

#### Are We Asking the Right Questions? A Conversation on Using Data to Help Capture the Whole Picture

Kayleigh Greenwood, Karen Moses, Reonda Washington, Jim Lange

Live/Enduring CEs: 1 | CHES: 1 Entry Level & Advanced Level Virtual Live Conference Portal

This panel discussion will focus on the role of data informing prevention efforts on college campuses. The panelists will share their insights and experiences on how to collect and analyze data that captures a representative picture of the entire campus culture. They will also discuss the importance of involving diverse stakeholders from the start to ensure that data is truly representative of the entire campus culture. Finally, they will offer some tips and strategies on how to ask the right questions when collecting data to ensure that the information collected is relevant and meaningful.

#### 3:30pm - 4:30pm ET: Virtual Sessions

#### <u>Virtual Roundtables: Addressing the Question Gap</u>

Kayleigh Greenwood, Karen Moses, Reonda Washington

Live/Enduring CEs: 0 Virtual Live Conference Portal

Join our virtual closing panelists to continue the conversation on how to improve our data collection and utilization on campus.

#### Virtual Roundtables: Where Do We Go From Here?

TBA

Live/Enduring CEs: 0 Virtual Live Conference Portal

Wrapping up the conference and reflecting on the multitude of discussions around DEI work in recovery spaces.

#### **Pre-Recorded Sessions**

# <u>Body Acceptance & Self-Love: Helping Students Overcome Conflicts With Their Bodies to Lead Healthier, Happier Lives</u>

Allison Borwell Insunza, Angela Conte

Live/Enduring CEs: 1 | CHES: 0

Virtual

Conference Portal

At CSULB, we have implemented an eight-week series that helps students overcome conflicts with their bodies. Not only have we seen immediate improvements in self-compassion, self-judgement, isolation, mindfulness, and preoccupation with their body image; this impact has been sustained three years later. In this presentation, we will share the results of our program, discuss how to bring a similar program to your campus, and sustain positive effects for years to come.

#### <u>Designing Substance Abuse Prevention Messages: Lessons Learned for Focused Prevention</u>

Tavis Glassman

Live/Enduring CEs: 1 | CHES: 0 Virtual

Conference Portal

Looking for cost-effective strategies to address substance abuse on your campus? Come to this session and learn how to design evidence-based prevention messages and how to assess them. Numerous messages will be shared on a variety of topics. Participants will learn strategies on how to create and evaluate messages. The presentation will include tips for designing messages, suggestions for properly utilizing college students when designing an intervention, and how to assess the impact of the messages.

#### Integrated Care: Accommodating College Students with Substance Use and Cognitive Deficits

Teranda Knight

Live/Enduring CEs: 1 | CHES: 0

Virtual

Conference Portal

The current presentation discusses three core factors: economic stability, educational and healthcare access, and quality in regards to college students with substance use histories and cognitive deficits. The presentation seeks to educate faculty, staff, professionals in healthcare, and students on the accommodations inclusive of the Collegiate Recovery Program and Communities, afforded to college students of this population to aid in sustaining abstinence while obtaining their higher education degree. There is an impact to their success academically, socially, and emotionally that can aid in reducing on-campus risk factors (theft, suicide, sexual crimes, et cetera) that are costly in time and financially for institutions. The presentation seeks to congregate more professionals to drive the initiative to provide a mixed approach for this population.

#### The Eight Professional Competencies for Prevention Professionals: Promoting Enhanced Skills

David Anderson

Live/Enduring CEs: 1 | CHES: 0

Virtual

Conference Portal

Helpful for campus prevention professionals seeking enhanced positive outcomes with their prevention efforts are broadened and actionable competencies. The recently-released Guide to the Eight Professional Competencies for Higher Education Substance Misuse Prevention is designed to increase professional capacity to improve results. Each of eight core areas contain knowledge, skills and applications helpful for further grounding campus professionals; each core area also has topic-specific resources. This free on-line resource also helps campus leaders, and state and national leaders, understand the nature and scope of the requisite skills essential for helping make prevention successful.

## <u>Cross-Cultural Interpretations of Gambling Addiction and Responsible Gaming: What Do College Students Want and Need to Know?</u>

Katherine Spilde

Live/Enduring CEs: 1 | CHES: 0

Virtual

Conference Portal

This session provides an introduction and overview of the politics of gambling addiction with an emphasis on the science and practice of responsible gaming. Responsible gaming describes a range of casino operations practices designed to minimize disordered gambling behavior. This session addresses the larger project of translating the latest addiction science into casino industry "best practices" and explores the need for future collaboration among multiple stakeholders. Attendees will also learn about the ways that disordered gambling is incorporated into a public health model that includes prevention and treatment. The session will discuss the need for undergraduate education related to behavioral addiction, gambling policy, public health, the history and culture of gambling behavior and the larger gambling industry.

#### Substance Using, Misusing, and Recovery Identity Formation of College Students

Chelsea Shore, Madison Mason

Live/Enduring CEs: 1 | CHES: 0

Virtual

Conference Portal

Collegiate Recovery Programs can offer important insight into how college students shape their substance use, misuse, and recovery identities. Our session presents research expanding upon current literature in higher education as a field of study, specifically focusing on college students with a widened range of recovery and substance use/misuse identities. Through the conceptual framework of Recovery Informed Theory (McDaniel et al., 2020), this project explores identity formation, specifically considering the role of CRPs. Data were generated through three methods: intake interviews, concept maps, and walking interviews. Analyses aimed to depict college students' stages of recovery, building upon the six-stage recovery identity transformation model (Watkins et al., 2021) to move beyond a linearly depicted model and include: students who do not yet adopt recovery identities, non-abstinent/non-treatment/natural recovery students, and minoritized populations. Preliminary results and implications for future research and practice will be discussed.

## **Contests**

### **EXHIBITOR SCAVENGER HUNT**

Be sure to interact with all of our amazing sponsors and exhibitors both in-person and in the conference app. Scan the QR codes or enter the codes from each Exhibitor into the app in order to earn points. We will do a drawing for **two attendees** to receive a gift card of their choice.



Sponsored by:



#### **NETWORKING CONTEST**

Earn points for getting active in the PheedLoop App, the official app of the conference. Earn points for the following actions:

- Posting in the Event Feed
- Asking Questions
- Downloading Session Files
- Leaving Session Feedback

The **attendee with the highest score** will receive a gift card of their choice.



Sponsored by:





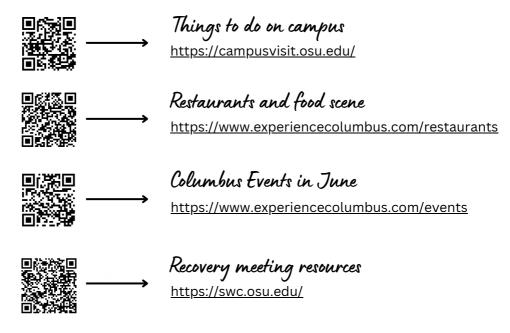
### **GIFT CARD PRIZES!**

Winners of each contest will receive a \$50 gift card of their choosing!

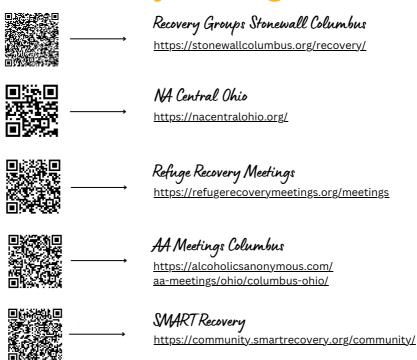
# **Entertainment & Meetings**

# June 25-28, 2023 in Columbus, OH

### **Resources and Links to Join!**



### **More Recovery Meeting Resources**



## There are lots of ways to connect during the conference!

# **Award Winners**



**Jordan Jurinsky**Collegiate Recovery Student of the Year Award

"This award humbles and inspires me to continue my personal recovery journey and research on recovery, using my lived experiences and expertise to make a meaningful difference in the lives of individuals and communities."



Syd Danzinger
Collegiate Recovery Student of the Year Award

"It's an honor to do the work that has saved my life and changed the way I see the world. It's an honor to give to others the love and care and guidance that I have been given."



Mitzi Averette
Collegiate Recovery Staff of the Year Award

"I am so grateful to ARHE – and how everyone (staff/members) helps me, help students."



**Tre'Sean Cooks**Collegiate Recovery Staff of the Year Award

"The future has Several Names. For the Weak, it is the impossible, For the Fainthearted, it is the unknown. For the Thoughtful and Valiant, it is the ideal."- Victor Hugo



**Dr. Allison Smith**ARHE Community Member of the Year Award

"I am so grateful to be part of a community that is committed to creating intentional spaces to support students in recovery. Know that not only will I keep working to expand collegiate recovery in Louisiana but I will continue working collectively with each of you as we create access across the nation!"



Susan Packard

Collegiate Recovery Advocate of the Year Award

"I've met hundreds of high school and college students in recovery this past year as I've travelled. These are our future leaders. They walk their own path when all around them are the pressures of partying and fitting in. Each young person I've met has graced me with gifts I take with me today in the recovery and leadership work I do."



**Dr. Evelyn Vázquez**ARHE Equity, Diversity & Inclusion Award

"Our students are eager to have access to campus recovery programs that center on the unique lived experiences and challenges of marginalized communities. Campus recovery programs must promote culturally and structurally relevant behavioral health interventions for students from marginalized backgrounds, including racial/ethnic minorities, sexual and gender minority populations, low-income, and/or first-generation college status. It is imperative to intentionally co-create a new campus culture about collegiate recovery, one that is not centered on stigma and fear but on collective healing and liberation."



Mack Park
ARHE Cornerstone of Student Support Award

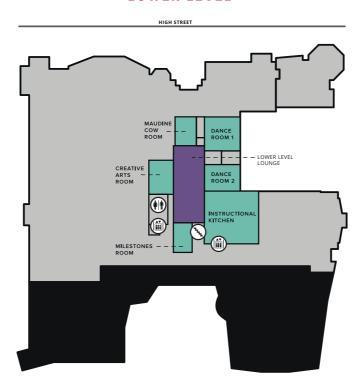
"Early in my own recovery, opportunities to get involved and give back to others presented themselves through work in student recovery at various levels. I continue to do this work because I've watched students transform and thrive in their recovery journeys as a direct result of student recovery programs and the community of people within or adjacent to them. This award celebrates an individual who goes 'above and beyond' to support students in recovery, but everything I do is merely an extension of what's been given to me by so many others. I am honoured to be part of an amazing network of people who selflessly give of themselves to support students each day, and who also challenge and empower me to grow every step of the way."



**Thomas D. Shaffner Charitable Foundation**Collegiate Recovery Philanthropist of the Year Award

# **Map of the OSU Union**

#### **LOWER LEVEL**



#### **FIRST FLOOR**

THE OHIO STATE
UNIVERSITY BOOKSTORE
PUBLIC
SAFETY

GREAT HALL
MEETING ROOM
THE OHIO STATE
UNIVERSITY ALUMNI
ASSOCIATION

GREAT HALL
WOODY'S TAVERN

GREAT HALL
WOODY'S TAVERN

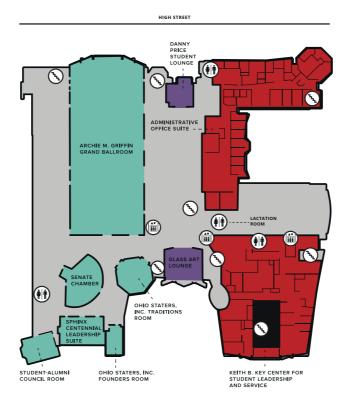
WEST PLAZA

SLOOPY'S DINER

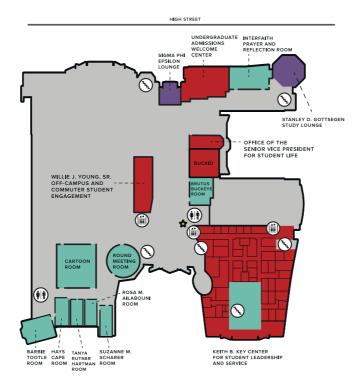
53

# **Map of the OSU Union**

#### **SECOND FLOOR**



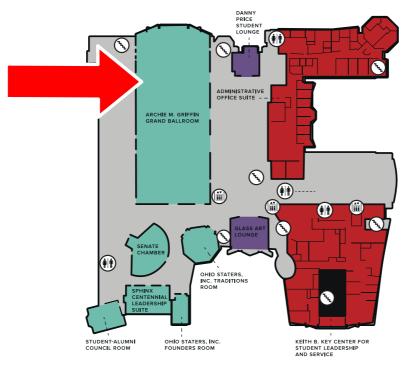
#### THIRD FLOOR



https://ohiounion.osu.edu/whats\_inside/building\_maps/

# **Exhibitor Hall Layout**

#### The Exhibit Hall is located on the Second Floor in the Archie M. Griffin East Ballroom



### Please check the conference app for the most updated version of the **Exhibit Hall layout!**

- 1 Augsburg University
- 2 Oxford House, Inc.
- 3 Generation Rx
- 4 Aetna
- 5 UTRGV
- 6 Texas Tech University Addictive Disorders & Recovery Studies Program
- 7 WVSU, BridgeValley, and Concord
- 8 OSU Collegiate Recovery Community
- 9 University of Alabama Birmingham
- 10 Texas Tech University Center for
- Collegiate Recovery Communities
- 11 University of Mississippi
- 12 Elon University
- 13 University of Tennessee at

#### Chattanooga

- 14 Heartland High School
- 15 West Virginia University
- 16 Canadian/International Programs

- 17 North Carolina Central University
- 18 Minnesota Hope Dealerz Organization
- 19 Ohio Program for Campus Safety and

#### Mental Health

- 20 ERC Pathlight
- 21 Students Recover
- 22 Allen University (AURISE)
- 23 ICARE
- 24 SMART Recovery
- 25 Hazelden Betty Ford Graduate School of

#### **Addiction Studies**

- 26 Botvin LifeSkills Training
- 27 NASPA
- 28 Sober at Home Inc
- 29 Hikma Community Health
- 30- 3rd Millennium Classrooms
- 31 Cairn Recovery
- 32 RADD
- 32 The Phoenix
- 33 HECAOD

# **Notes**


### **ISSUES REPORTING FORM:**

Please scan the QR Code and let us know if any issues arise before, during, or after the conference! (Can be submitted anonymously)









