



IMPACT REPORT

2024

collegiaterecovery.org



Mission & Vision

Our mission is to champion, develop, and sustain excellence in collegiate recovery. Our vision is a collegiate culture that embraces recovery.

Purpose Statement: With recovering students at the heart of what we do, ARHE fosters the growth of collegiate recovery through the provision of institutional standards, support, and professional development.

ARHE Responsibilities

Support and advocate for the continued growth, expansion and accessibility of collegiate recovery.

Act as the accrediting body for collegiate recovery.

Provide professional community and development opportunities for collegiate recovery leadership and staff.



Letter from the Executive Director



Dear ARHE Members and Supporters,

It is with great excitement that we share an update on the progress of our ever-evolving work in 2024. This past year has proven to be filled with excitement, largely attributed to the invaluable support and active participation of all our esteemed Members, Stakeholders, and Supporters.

This Impact Report serves as our annual report to keep you informed about the progress of ARHE's various programs, projects, and strategic goals and objectives.

Achievements and Updates from 2024:

- In January 2024, we welcomed Bret Frazier as the new Technical Assistance Coordinator, bringing our full-time staff to three people. This position was funded by the Peer Recovery Center of Excellence (PRCoE), a grant-funded program through SAMHSA, and allowed us to formalize Technical Assistance (TA) as a standard part of ARHE services.
- With the addition of the TA Coordinator position, ARHE was able to complete 578.75 hours of TA (both direct and indirect), resolving 75 unique TA requests. 26 resources were also developed, in addition to webinars and professional development, monthly newsletters, and continued effort on ongoing projects to improve the field
- We continued our work with the Independence Blue Cross Foundation in Southeastern Pennsylvania, providing Technical Assistance to new and developing collegiate recovery programs that are grantees of the Foundation's investment in the expansion of collegiate recovery in that region.
- Partnered with Faces and Voices of Recovery (FAVOR) on a project in South Carolina to expand collegiate recovery to more schools in the State.
- Contracted with JBS International & ARS to draft a new guide for SAMHSA regarding youth educational recovery supports for publication in 2025 (The document is still in final approval processes for publication).
- Launched a Community Colleges Working Group with a focus on revising the Getting Started Guide to be more inclusive of community and technical colleges.
- Launched the Privacy Considerations Working Group to focus on development of a document addressing privacy and confidentiality in collegiate recovery programs set for publication in 2025.
- The ARHE Board and Staff continued work to develop policies and procedures in order to increase internal structure and accountability within the organization itself. In 2024, we continued reviewing and revising the Fiscal Policies and began work on the Board Handbook, both set for publication in 2025..
- Launched a new study to better understand salaries in the collegiate recovery profession. Preliminary data will be presented at the 2025 Annual Conference.
- Published a Guide for Planning an Event at your State Capitol.
- Signed a contract with the Center for Addiction Recovery Support (CARS), a SAMHSA funded organization, for funding that will continue to support and grow TA efforts for the next four years.

- There was ongoing and extensive planning and development of the revised website and new membership portal for launch in early 2025.
- Finally, there was a lot of focus on building a new Strategic Plan from input from members, staff, the Board, and various stakeholders. This new Strategic Plan is included in this report and will be presented on during both Collegiate Recovery Week and the Annual Conference.

And all of this truly just scratches the surface! You can read more throughout this report and [on our Blog](#). Now we shift our focus to 2025 which has already proven to be a challenging time, requiring all of us to come together and support one another.

If you have any questions or feedback, please never hesitate to reach out to me at kristina.canfield@collegiaterecovery.org.

Sincerely,



Kristina M. Canfield, M.Ed.
Executive Director



CORE VALUES



ARHE
ASSOCIATION OF RECOVERY IN HIGHER EDUCATION

In support of our mission and responsibilities, the ARHE will model the following values:

Integrity: As individuals and as an Association, we are honest, trustworthy, transparent and responsible. We adhere to the highest professional standards, and we advance the values and ethical obligations associated with our work with students.

Inclusion: As individuals and as an Association, we value diversity and the worth of all people, respecting individual differences that bring richness to the students and constituents we serve.

Student-Centered: As individuals and as an Association, we recognize our role in supporting student success and strive to act in the best interests of the students we serve in all decisions.

Service Excellence: As individuals and as an Association, we utilize our knowledge and skills to improve our programs, services, facilities and activities in ways that demonstrate our commitment to student success.



2024 - 2028 ARHE Strategic Plan

Summary

The 2024-2028 Strategic Plan outlines ARHE's commitment to advancing collegiate recovery through focused priorities, actionable goals, and measurable objectives. This plan strengthens professional development, organizational growth, membership engagement, and resource sustainability.

Introduction

The Association of Recovery in Higher Education (ARHE) strives to empower students in recovery and their support systems through excellence in collegiate recovery. This strategic plan provides a roadmap for ARHE's mission: **To Champion, Develop, and Sustain Excellence in Collegiate Recovery.**

Building on our successes, this plan organizes efforts into four strategic priorities:

1. Supporting the Collegiate Recovery Profession
2. ARHE Board & Staff Development
3. Membership Support
4. Strengthening Resources & Programs

Each priority includes goals with clearly defined objectives and timelines to ensure actionable progress.

Strategic Priorities, Goals, and Objectives

Strategic Priority 1: Supporting the Collegiate Recovery Profession

- **Goal 1: Establish ARHE as the unified voice for advocacy.**

- Rationale: Ensuring the profession's needs are represented at high levels is critical for securing necessary funds and support.
- Objectives:
 - ARHE will represent the collective needs of the collegiate recovery profession to decision-makers at all levels.
 - Form a committee to identify key advocacy issues and prepare a comprehensive case for support by Q3 of FY25.
 - Present advocacy priorities and recommendations to stakeholders by Q2 of FY26 to be included in the Impact Report published in April 2026.

- **Goal 2: Enhance workforce development.**

- Rationale: Enhancing professional credibility and standardization across the collegiate recovery profession will strengthen its overall impact.
- Objectives:
 - Launch a professional certification program by 2027.
 - Develop a working group for this project by Q3 of FY25. Partner with subject matter experts to develop certification criteria, study materials, initial training process, and an ongoing education plan.
 - Recruit members to participate in a pilot program of the certification by Q4 of FY26.
 - Complete the pilot program by Q3 of FY27 and publish results by Q4 FY27.
 - Certify 50 professionals in the first year of implementation (FY28).

- **Goal 3: Implement and evaluate the Standardized Review for Collegiate Recovery Advancement (SRCRA).**
 - Rationale: Proper implementation of SRCRA improves program alignment with standards and recommendations.
 - Objectives:
 - Educate programs on integrating SRCRA with current institutional review tools and how to advocate to administrators accordingly by Q3 of FY25.
 - Develop evaluation metrics by Q4 of FY26.
- **Goal 4: Facilitate networking and collaboration.**
 - Rationale: Strengthening the professional community encourages collaboration and shared growth.
 - Objectives:
 - Utilize online platforms to facilitate regional meetups and foster connections.
 - Organize monthly regional networking events by FY26.

Strategic Priority 2: ARHE Board & Staff Development

- **Goal 1: Refine ARHE Board of Directors roles and practices.**
 - Rationale: Ensuring bylaws and practices reflect current organizational needs is critical for effective governance.
 - Objectives:
 - Conduct a comprehensive review of bylaws, focusing on term overlap, additional reps, and regional boundaries by Q2 of FY25. Present proposed changes to the board at the 2025 Board Retreat in June 2025.
 - Clearly define and document the concept of a “working board” in organizational guidelines.
 - Clearly define and document roles and responsibilities for all board positions.
 - Develop and implement a comprehensive transitional plan for board and staff positions by Q3 of FY25.
- **Goal 2: Refine and Improve ARHE Board of Directors Onboarding Practices**
 - Rationale: Providing a go-to resource for board members improves efficiency and understanding.
 - Objectives:
 - Develop and distribute a comprehensive board handbook for approval by the 2025 Board Retreat.
- **Goal 3: Develop a fundraising strategy.**
 - Rationale: Strategic and effective development strategies ensure financial sustainability.
 - Objectives:
 - Draft a development plan that outlines ARHE's goals, strategies, and actions for raising funds, building relationships, and achieving financial sustainability.
 - Document will be ready for publication by August 2025.
- **Goal 4: Enhance ARHE staff development.**
 - Rationale: Enhancing team cohesion and providing valuable training benefits organizational effectiveness.
 - Objectives:
 - Organize an annual training and retreat for ARHE staff members and execute prior to the end of FY25.
 - Develop a plan for ongoing annual training/retreats for ARHE Staff by Q4 of FY25.

Strategic Priority 3: Membership Support

- **Goal 1: Improve communication systems.**

- Rationale: Enhancing member experience and engagement strengthens connections and support.
- Objectives:
 - Improve membership communication systems for better engagement and increase member engagement metrics by 20% (email open rates, event participation, membership portal engagement).
 - Complete development of the new membership portal by the end of Q1 of FY25.
 - Develop a communication plan and train all ARHE staff to utilize the updated software and processes by the end of FY24.

- **Goal 2: Streamline membership processes.**

- Rationale: Increasing efficiency and member satisfaction builds long-term relationships.
- Objectives:
 - Review current processes and identify areas for improvement by Q3 FY25.
 - Reduce application processing time by 50% by Q4 FY26.
 - Implement a streamlined communication strategy by Q3 of FY25.

Strategic Priority 4: Strengthening Resources & Programs

- **Goal 1: Support the sustainability of collegiate recovery programs (CRPs).**

- Rationale: Providing mature CRPs with resources ensures long-term impact.
- Objectives:
 - Create a working group to develop a Sustainability and Growth Toolkit for CRPs, including standards of funding for CRPs by Q2 of FY25.
 - Pilot the toolkit with at least 10 programs and receive feedback from 80% of them by the end of Q1 of FY26.
 - Publish the toolkit and launch in April 2026 as part of the Impact Report.

- **Goal 2: Disseminate best practices.**

- Rationale: Promoting excellence and consistency enhances the quality of recovery programs.
- Objectives:
 - Inventory resources developed by ARHE and compile resources ready for publication in one accessible folder in the ARHE Dropbox by the end of Q2 of FY25.
 - Develop a communications strategy for ensuring all ARHE members have knowledge of the resources available to them by June 2025.
 - Complete work on the revised ARHE Resource Hub by the end of FY25.
 - Create resource guides or organize current resources tailored to program growth stages (years 1-3, year 5, etc.) and types (4-year university, community college, etc.) by Q2 of FY26.
 - Develop a video library for member reference by the end of FY25 and measure member engagement for reporting by April 2026.

- **Goal 3: Evaluate ARHE programs and resources.**

- Rationale: Ensures ARHE is consistently measuring and improving the impact of available programs and resources.
- Objectives:
 - Create an evaluation toolkit to help measure effectiveness of resources and programs produced by ARHE by Q4 of FY25.

Project Timeline Chart

| Strategic Priority | Goal | Timeline | Objective | Completion |
|---|--|-------------------|---|------------|
| Supporting the Collegiate Recovery Profession | Establish ARHE as the unified voice for advocacy | Q3 FY25 - Q2 FY26 | Form committee and prepare a case for support | Q3 FY25 |
| | | | Recommendations to stakeholders | Q2 FY26 |
| | | | Publish in Impact Report | Q2 FY26 |
| | Enhance workforce development | Q3 FY25 - Q4 FY28 | Develop working group | Q3 FY25 |
| | | | Recruit members for pilot program | Q4 FY26 |
| | | | Complete the pilot program | Q3 FY27 |
| | | | Publish pilot program results | Q4 FY27 |
| | | | Certify 50 professionals | Q4 FY28 |
| | Implement & Evaluate SRCRA | Q3 FY25 - Q4 FY26 | Educate programs | Q3 FY25 |
| | | | Develop evaluation metrics | Q4 FY26 |
| | Facilitate networking and collaboration | FY26 | Organize regional meetups and online tools | Q4 FY26 |
| ARHE Board & Staff Development | Refine board roles and practices | Q2 FY25 - Q3 FY25 | Bylaw review | Q2 FY25 |
| | | | Transition plan | Q3 FY25 |
| | Improve board onboarding | Q2 FY25 - Q3 FY25 | Develop handbook by 2025 Board Retreat | Q2 FY25 |

| | | | | |
|------------------------------------|--------------------------------------|-------------------|---|---------|
| | Develop a fundraising strategy | Q1 FY25 - Q3 FY25 | Initial draft of development plan | Q1 FY25 |
| | | | Publish development plan | Q3 FY25 |
| | Enhance staff development | Q1 FY25 - Q4 FY25 | Organize annual retreat | Q2 FY25 |
| | | | Plan for ongoing training | Q4 FY25 |
| Membership Support | Improve communication systems | Q3 FY24 - Q2 FY25 | Membership portal launch | Q1 FY25 |
| | Streamline membership processes | Q2 FY25 - Q4 FY26 | Identify needed improvements | Q3 FY25 |
| | | | Reduce processing time by 50% | Q4 FY26 |
| Strengthening Resources & Programs | Support CRP sustainability | Q2 FY25 - Q2 FY26 | Create a working group to develop toolkit | Q2 FY25 |
| | | | Pilot the toolkit | Q1 FY26 |
| | | | Publish and launch | Q2 FY26 |
| | Disseminate best practices | Q3 FY24 - Q2 FY26 | Resource inventory and hub update | Q2 FY25 |
| | | | Communications Strategy | Q2 FY25 |
| | | | Resource guides/organization | Q2 FY26 |
| | Evaluate ARHE programs and resources | Q1 FY25 - Q4 FY25 | Develop evaluation toolkit | Q4 FY25 |

Board of Directors

Senior Co-Chair: Lindsay Garcia

Junior Co-Chair: Keith Murphy

Secretary: Dominique "CJ" Clemmons-James

Treasurer: Paula Harrington

Incoming Treasurer: Buddy Gerber

Member at Large: Kathleen Gibson

Regional Rep, Northeast: Taylor Moran

Regional Rep, Mid-Atlantic: Marbeth Holmes

Regional Rep, Southeast: Santee Ezell

Regional Rep, Midwest: Jessica Miller

Regional Rep, Southwest: John Shiflet

Regional Rep, Mountain: Vacant

Regional Rep, Pacific: Corey Lamb

International Rep: Victoria Burns

Student Rep: Christina Reardon-Harrah

Student Rep: Tammy Bradford

Board Member Spotlight

Christina Reardon-Harrah *Student Representative*



Christina is a person in recovery, pursuing a major in Classical Studies and a minor in Chemistry at UNCG. She holds an associate degree in Automotive Systems Technology and has over 11 years of experience as a certified Automotive Technician. Christina found a profound sense of belonging and community at UNCG's Spartan Recovery, where she serves as an undergraduate assistant, supporting other students in recovery. She was a fellow for SAFE Project's Collegiate Recovery Leadership Academy and is currently a working group leader. She is committed to breaking the stigma surrounding addiction. Driven by a passion for making a difference, Christina aspires to become a medical doctor, combining her diverse background and lived experiences to make a meaningful impact.

Advisory Council

Co-Chair: Bryan Sadler

Co-Chair: Jennifer Hall

Secretary: Bret Frazier

Dot Smith

Victoria Menz

Samantha Reitz

Patrick McElwaine

Taylor Moran

Dominic Ciccimaro

Laini Sporbert

Jernee Montoya

Advisory Council Spotlight

Samantha Reitz



Samantha Reitz, IUB Collegiate Recovery Coordinator, MA, CADAC IV is the Coordinator for Indiana University's Collegiate Recovery Community and has been since December 2021. Samantha received her Bachelor's (2015) and Master's (2017) degrees in Criminal Justice at the University at Albany, SUNY. Since finishing her education in 2017 she has worked in SUD treatment and recovery in Indiana. Samantha is a on the board of directors for Centerstone Health Services and a state organizer for Indiana's Recovery Advocacy Project where she further advocates for change and support of the recovery community.

ARHE Staff

Kristina Canfield, Executive Director

Mack Park, Membership & Outreach Manager

Bret Frazier, Technical Assistance Coordinator

Louise Irizarry, Business Manager and Membership Administrator

Mandi Vanhoy, Social Media Intern

Ayesha Al-Akdhar, Access, Belonging, & Connection (ABC) Fellow

Isabella Irizarry, Administrative Intern

ARHE Staff Spotlight

Bret Frazier



In 2024, we welcomed our third official full-time staff member, Bret Frazier!

Bret Frazier (he/him), MBA, steps into the role of Technical Assistance and Outreach Manager at the Association of Recovery in Higher Education (ARHE), leveraging a rich background in collegiate recovery initiatives. Formerly a driving force at Georgia Southern University's Center for Addiction Recovery, Bret pioneered impactful programs for over 5 years while serving as the program coordinator and interim director.

Bret has been a steadfast member of ARHE's Advisory Council, where he served as Secretary, contributing to strategic discussions and advancing the organization's mission. Beyond his advisory role, Bret's collaborative spirit was evident in his work on the Standardized Review Pilot and Partnership to Expand Collegiate Recovery, emphasizing his commitment to elevating collegiate recovery practices. With an MBA reinforcing his strategic acumen, Bret is dedicated to extending the impact of collegiate recovery programs nationwide. Off duty, he relishes precious moments with his two children, Riley and Jackson, embodying his commitment to both family and the transformative power of recovery.

2024 Events & Highlights

Technical Assistance

ARHE was approached by the Peer Recovery Center of Excellence (PRCoE) in 2023 about subcontracting to provide TA and develop resources for institutions of higher education. The funding agreement was for September 2023 - August 2024 and the original goals for funding encompassed a comprehensive support system for both new and developing CRPs. This included assessing readiness and identifying barriers, providing tangible next steps, and offering implementation support and guidance. For existing programs, the focus was on increasing sustainability through creating sustainable programming and developing resources such as policy and procedure manuals, programming plans, and program evaluations.

Initial Goals for TA (September 2023 - August 2024)

The initial agreement with the PRCoE established specific metrics for TA. It included providing 25 hours of Universal TA, 110 hours of Targeted TA, and 50 hours of Intensive TA, for a total of 185 hours, for up to 50 schools. Since September 2023, ARHE has surpassed these initial goals with a cumulative 578.75 hours of TA with 58 institutions of higher education, 5 system- or state-wide initiatives, 3 regional initiatives, 2 coalitions/consortiums, 5 treatment-focused programs, and 1 identity-based network. The majority of this work occurred in the 6 month period between January to early July after a full-time Technical Assistance Coordinator was hired.

Additional TA Resource Development

- a. Active Intoxication Agreement
- b. Advocacy Strategies for Establishing a Collegiate Recovery Program (CRP) on Campus (General)
- c. Advocating for a Collegiate Recovery Program (CRP) on Campus Wellness and Financial Impact
- d. ARHE General Resources Document
- e. Comprehensive Funding Guide for Collegiate Recovery Programs (CRPs)
- f. Course Implementation Plan
- g. Crisis Recovery Contract
- h. Creating Student Buy-In within Collegiate Recovery Programs
 - i. Data Analytics Enhancement Plan for Collegiate Recovery Programs (CRPs)
 - j. Data Collection and Advocacy within Collegiate Recovery Programs
- k. Developing Relationships with Diverse Affinity Groups
- l. Elevator Pitch Examples for CRPs
- m. Environmental Scan Outline
- n. Enhancing Family Engagement
- o. Fundraising Plan Worksheet for Collegiate Recovery Programs (CRPs)
- p. Generating Administrative Buy-In to Support Collegiate Recovery Programs
- q. Generating Buy-In within Collegiate Recovery Programs
- r. Needs Assessment and Evaluation for Collegiate Recovery Programs (CRP)
- s. Organizational Growth Strategies for Collegiate Recovery Programs (CRPs)
- t. Organizational Leadership Development Plan for Collegiate Recovery Programs (CRPs)
- u. Outreach and Recruitment for Collegiate Recovery Programs (CRPs)
- v. Outreach Poster Ideas - Online Meetings
- w. Proposal for Increased Budget for the CRP
- x. Seminar Topics
- y. Strategic Planning Worksheet for Collegiate Recovery Programs (CRPs)
- z. The Importance of Policy Making for Collegiate Recovery Programs

Annual Conference

- ARHE hosted the Annual Collegiate Recovery Conference in conjunction with the Association of Recovery Schools and the Association of Alternative Peer Groups in San Diego, CA in June 2024. This was the first Annual Conference ever hosted on the West Coast of the US. The conference attracted 421 attendees from the US, the UK, and Canada and 89 sessions were delivered by 142 speakers over the course of three days. Over 75 hours of professionally recorded content with 15.5 enduring continuing education credits were made available and may be purchased through June 2025!

2024 Events & Highlights

January:

- Staff attended and exhibited at the NASPA Strategies Conference in San Francisco, CA
- A new Strategic Planning Cycle began with open sessions for gathering input and feedback from key stakeholders
- Staff attended the Peer Recovery Centre of Excellence (PRCoE) Retreat in Kansas City, MO

February & March:

- Began work with JBS International & ARS to draft a new guide for SAMHSA regarding youth educational recovery supports for publication in 2025
- Launched the Community Colleges Working Group & the Resource Hub Working Group to focus on updates to the ARHE member resource hub
- Staff attended, exhibited, and presented at the Louisiana Recovery Capital Conference at Southeastern Louisiana University
- Staff attended and presented a 3 hours session at the ASADS Conference in Tuscaloosa, AL to help educate the peer workforce about collegiate recovery
- Staff attended, presented, and exhibited at a recovery event hosted by Western University in London, Ontario to promote collegiate recovery expansion within Canadian institutions

April:

- Collegiate Recovery Week Highlights
 - Theme: Threads of Transformation: Celebrating Individual Journeys, Weaving a Collective Movement
 - The official launch of SRCRA, the new accreditation process for collegiate recovery programs
 - Launched the Collegiate Recovery Quilt campaign, with a call to action to contribute program t-shirts or custom-made quilt squares that will be sewn together and presented at the annual conference each year
 - Throwback Photo Thursday
 - Announced the 2024 Collegiate Recovery Award winners
 - Supported the HECAOD presentation on “The Impact of Justice System Involvement on College Students in Recovery” with Dr. Noel Vest
 - Hosted an International Expansion Panel
- Staff attended and sponsored the 2024 National Conference on Addiction Recovery Science (NCARS), hosted virtually

May:

- ARHE supported the Recovery Research Collaborative Retreat at Virginia Commonwealth University in Richmond, VA
- Staff attended and presented at the Louisiana Board of Regents Conference in Baton Rouge, LA
- Staff attended and supported the Southeast Summit at Kennesaw State University

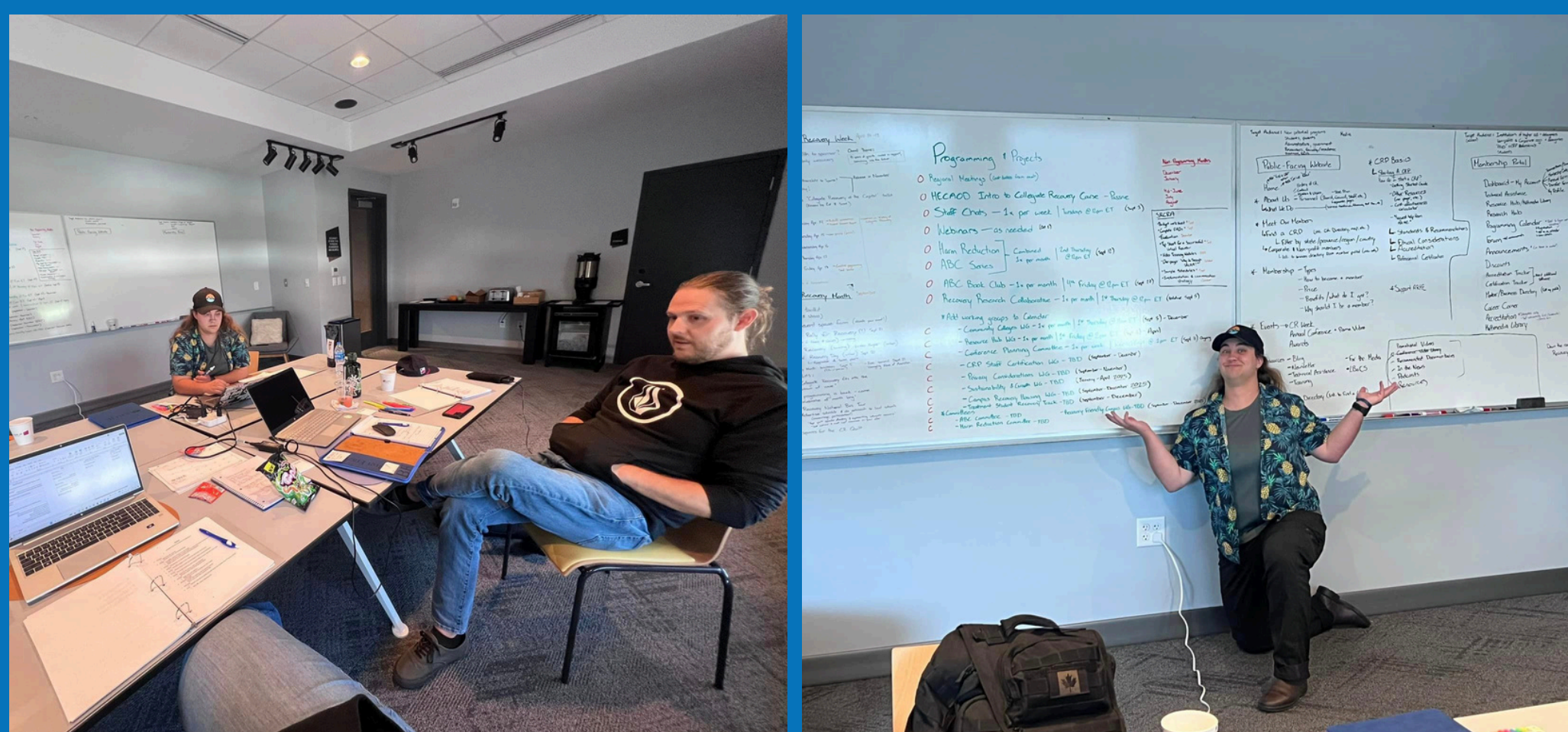
2024 Events & Highlights

June:

- Staff attended and exhibited at the FAVOR Recovery Leadership Summit in Denver, CO
- ARHE participated in the SAMHSA Harm Reduction Summit in Denver, CO
- Hosted the 2024 ARHE/ARS/AAPG Annual Conference in San Diego, CA
 - First time that the conference has ever been hosted on the West Coast!
 - 421 registered attendees
 - 142 speakers
 - 89 sessions
 - 26 sponsors / exhibitors
 - 11 on-site recovery meetings
 - 4 entertainment and wellness activities
 - 4 networking events
 - 3 countries represented
 - A wellness room, sensory lounge, and nursing room available all day
 - Over 75 hours of professionally recorded content with 15.5 enduring continuing education credits available, available for purchase through June 2025!
- Welcomed new ARHE Board of Directors members at the annual Board Retreat

July & August:

- Staff presented multiple sessions at the WVAAP Conference in partnership with the ORN
- ARHE Executive Director met with Dr. Gupta from the ONDCP in Charleston, WV
- Staff presented two sessions at the HECAOD National Meeting in Columbus, OH
- Staff presented a keynote at the St. Joseph's Recovery Conference in Philadelphia, PA



2024 Events & Highlights

September:

- Virtual presentations to the Ogle and DeKalb County ROSC Council in Illinois to provide an introduction to collegiate recovery programs
- ARHE participated in the SAMHSA Virtual Harm Reduction Summit, a follow-up to the Summit hosted in June
- ARHE attended and supported the SAMHSA Awards in Washington, DC
- ARHE presented to a group of CCAFL members across Florida
- Strengthening Collegiate Recovery: ARHE Membership, Resources, and Technical Assistance
- Supported a presentation on Ethics and the Collegiate Recovery Professional hosted by HECAOD

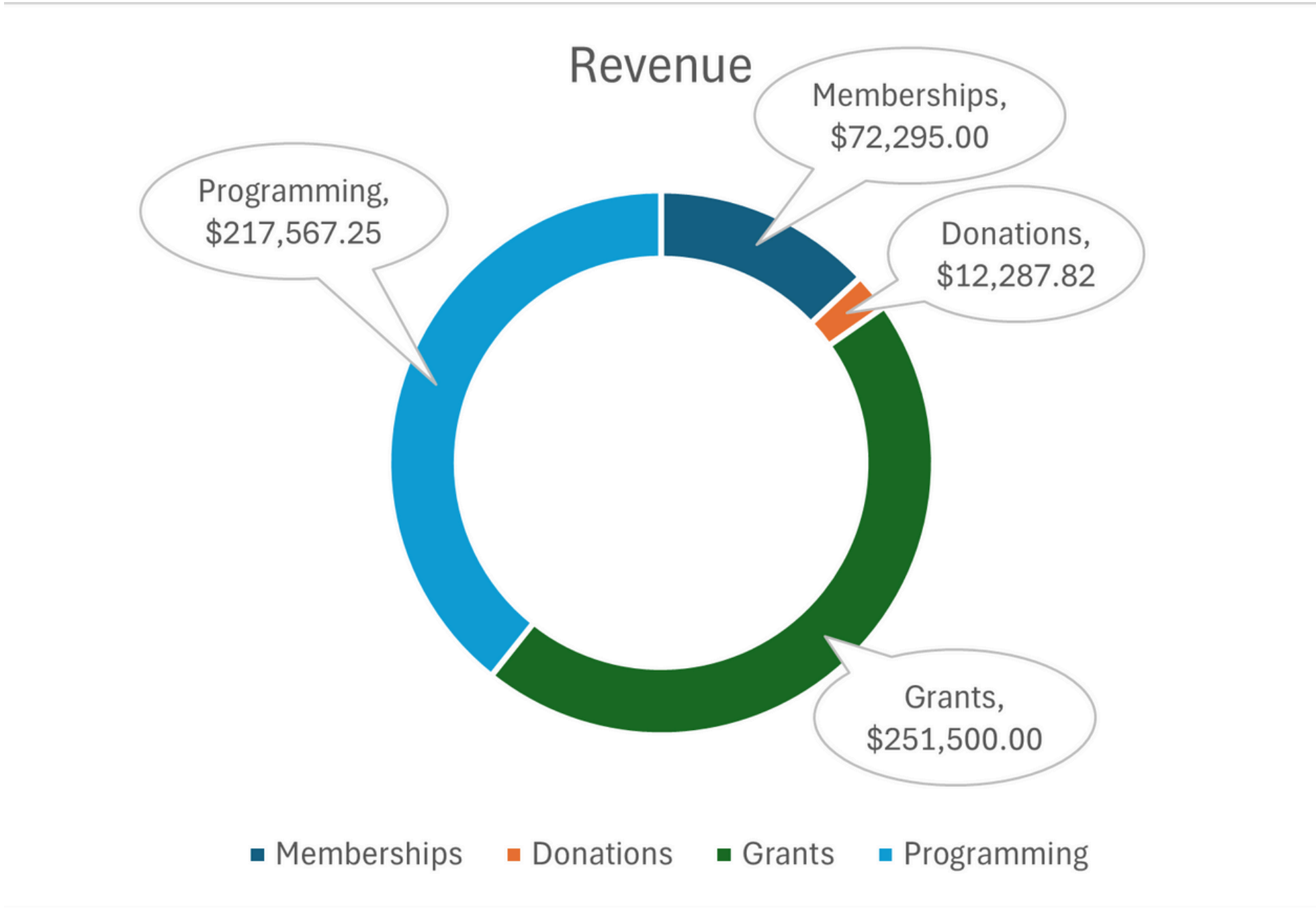
October:

- ARHE attended and presented at the Oxford House World Convention in Orlando, FL
- ARHE hosts a presentation on collegiate recovery at RecoverCon in Illinois
- Staff presented two sessions at the Mississippi Student Nurses Association Conference in Biloxi, MS in partnership with the ORN
- ARHE supported the Tulane Ribbon Cutting Event for their new space on-campus in New Orleans, LA
- Launched the Privacy Considerations Working Group to focus on development of a document addressing privacy and confidentiality in collegiate recovery programs

November & December:

- Launched a new study to better understand salaries in the collegiate recovery profession
- Published a Guide for Planning an Event at your State Capitol
 - Included contributions from a large working group of professionals
- ARHE Executive Director participated in the SPARK Virtual Roundtables – Understanding Recovery Models
- Presentation for the Centre in Innovation in Campus Mental Health Ontario
- ARHE signed a contract with the Center for Addiction Recovery Support (CARS), a SAMHSA funded organization, for funding that will continue to support and grow TA efforts for the next four years

Our Financials



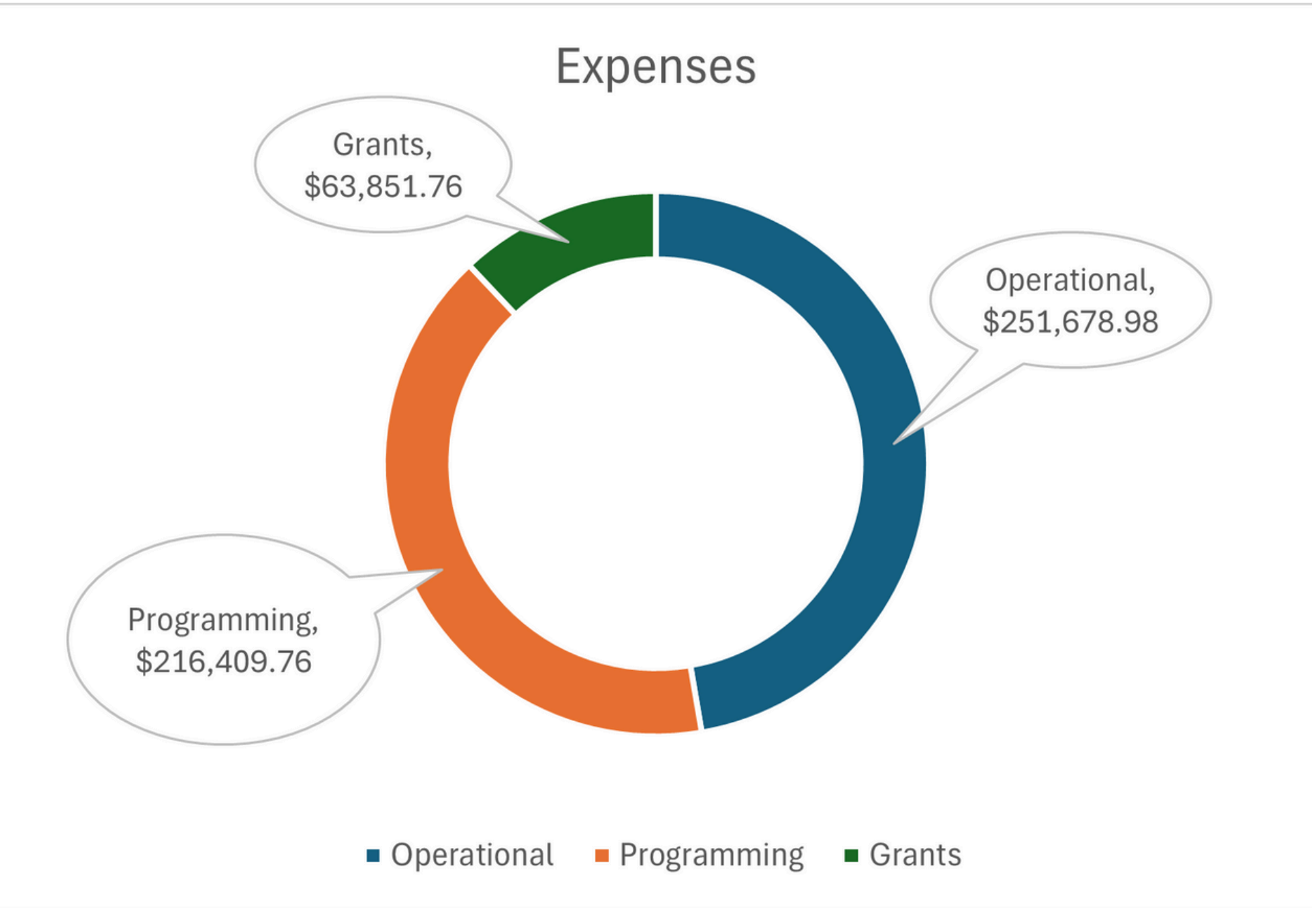
Revenue

Membership:
\$72,295.00

Donations:
\$12,287.82

Grants:
\$251,500.00

Programming:
\$217,567.25



Expenses

Operational:
\$251,678.98

Programming:
\$216,409.76

Grants:
\$63,851.76

Building Collegiate Recovery

Membership Numbers



| Year | Accumulated Memberships | New Member joined |
|------|-------------------------|-------------------|
| 2012 | 3 | |
| 2013 | 52 | 49 |
| 2014 | 97 | 62 |
| 2015 | 112 | 54 |
| 2016 | 162 | 77 |
| 2017 | 251 | 135 |
| 2018 | 276 | 95 |
| 2019 | 298 | 117 |
| 2020 | 266 | 64 |
| 2021 | 287 | 96 |
| 2022 | 295 | 81 |
| 2023 | 358 | 90 |
| 2024 | 352 | 85 |

Institutional Members

Allen University
Appalachian State University
Arizona State University
Auburn University
Augsburg College
Auraria Recovery Community
Baylor University
Benedict College
Berkshire Community College
Binghamton University
Boise State University
Boston College
BridgeValley Community & Technical College
Brown University
Bucks County Community College
California Polytechnic State University - San Luis Obispo
California State University at Fresno
Cape Cod Community College
Central Michigan University
Central Washington University
Cincinnati State Technical and Community College
Coastal Carolina University
College of Charleston
Community College of Philadelphia
Delta College
Drexel University
East Carolina University
Eastern Washington University
Edison State Community College
Elon University
Fairfield University
Fayetteville State University
Ferris State University
Florida International University
Florida State University
George Mason University
Georgetown University
Georgia Southern University
Gonzaga University
Grambling State University
Greenville Technical College
Harcum College
Hazelden Betty Ford Graduate School of Addiction Studies

High Point University
Holy Family University
Indiana University - Bloomington
Indiana University - Indianapolis
Iowa State University
Kennesaw State University
Kent State University
Louisiana State University
Loyola Marymount University
Marquette University
Metropolitan State University
Michigan State University
Minneapolis Community and Technical College
Mississippi State University
Montgomery County Community College - Power Program
New River Community College
New York University
North Carolina Central University
North Carolina State University
Northampton Community College
Northshore Technical Community College
Oakland University
Ocean County College
Ohio University
Olympic College
Oregon State University
Penn State University
Penn State University - Abington College
Pratt Institute
Ramapo College of New Jersey
Rice University

Corporate & Non-Profit Members

| | |
|-------------------------------|-----------------------------|
| 4D Recovery | Recovery Connections on |
| Community Coalition Alliance, | Campus |
| Inc. | Refine Recovery |
| Jamie Daniels Foundation | Safe Project |
| Louisiana Board of Regents | Scioto Valley Mental Health |
| Oxford House, Inc | Center |
| Prevention Network | Students Recover |
| Recover All SC. | We Can Be Heroes Doc |

Institutional Members

| | |
|---|--|
| Rowan University | University of Houston - Downtown |
| Rutgers University - New Brunswick | University of Mary Washington |
| Rutgers University - Newark | University of Michigan - Univ Hlth Srvc Wolverine Wellness |
| Sacred Heart University | University of Minnesota - ROC |
| Saint Joseph's University | University of Mississippi |
| San Diego State University | University of Nebraska at Omaha |
| Santa Clara University | University of Nebraska Lincoln |
| Skagit Valley College | University of Nevada at Las Vegas |
| Southeastern Louisiana University | University of Nevada at Reno |
| Southern Oregon University | University of New Hampshire - Inst of Disability |
| Spokane Falls Community College | University of New Mexico |
| Stanford University | University of North Carolina at Asheville |
| Temple University | University of North Carolina at Chapel Hill |
| Texas A&M University | University of North Carolina at Charlotte |
| Texas Christian University | University of North Carolina at Greensboro |
| Texas Tech University | University of North Carolina at Wilmington |
| The College of New Jersey | University of North Texas |
| The Ohio State University | University of Oregon |
| The University of Alabama | University of Pennsylvania |
| The University of Iowa | University of Richmond |
| The University of Olivet | University of South Carolina |
| The University of Texas at Austin | University of Tennessee - Knoxville |
| The University of Texas at Dallas | University of Tennessee at Chattanooga |
| The University of Texas at San Antonio | University of Texas Rio Grande Valley |
| The University of Texas Permian Basin | University of Utah - College of Social Work |
| Thomas Jefferson University | University of Vermont |
| Tompkins Cortland Community College | University of Virginia |
| Towson University | University of Windsor |
| Tulane University | University of Wisconsin at Madison |
| University at Albany SUNY | Ursinus College |
| University of Akron | Vanderbilt University |
| University of Alabama at Birmingham | Villanova University |
| University of Alaska - Fairbanks | Virginia Commonwealth University Wellness Resource Center |
| University of Arkansas | Washington and Lee University |
| University of Birmingham | Washington County Community College |
| University of British Columbia | Washington State University |
| University of Calgary | Wayne State University |
| University of California at Berkeley | West Texas A&M University |
| University of California at Santa Barbara | West Virginia University |
| University of Central Florida | Wytheville Community College |
| University of Colorado at Boulder | |
| University of Delaware | |
| University of Denver - Health & Counseling Center | |
| University of Georgia | |
| University of Houston | |

Collegiate Recovery Champions

Donors who contribute \$1000 or more are considered foundational members and champions for collegiate recovery. As a thank you for their support, ARHE waives their membership fees for the year following their contribution as a thank you for their support.

A HUGE thank you and shoutout goes out to our Collegiate Recovery Champions for 2024-2025, who donated \$1000 or more to support our ongoing initiatives and programming:

Susan and Bill Packard

Garcia Family Foundation

Maureen Roden

Kathleen Gibson

And a special mention to HungryFriend for accepting ARHE as the first non-profit organization outside of San Diego to receive donations from users who sign up on the app every time they eat out at participating restaurants!

Supporting ARHE

The Association of Recovery in Higher Education is a membership-based non-profit organization that relies on your generous support to continue supporting collegiate recovery programs (CRPs). There are many ways to give back to ARHE to ensure that we can continue offering programming, resources, trainings, webinars, technical assistance, and more!

Donate Year Round

Giving to the Association of Recovery in Higher Education (ARHE) is an investment in the future. It gives faculty, staff, professionals, and leaders in the field of Collegiate Recovery, the freedom to support initiatives that they believe in and change the trajectory of the lives of students in recovery from addiction.

Your donation will support the following strategic initiatives:

- Advancing student leadership in the collegiate recovery community.
- Providing a network and educational opportunities for Collegiate Recovery Professionals
- Providing Collegiate Recovery Program resources
- Advancing national policy as it relates to Collegiate Recovery Programs and Students in recovery from addiction in Higher Education.
- Encouraging and promoting recovery research

[Click here to support ARHE!](#)

Download HungryFriend!

SUPPORT OUR CAUSE WITH HUNGRYFRIEND, DOING WHAT YOU ALREADY DO!



Scan the QR code and create an account to earn donations at 16,000+ restaurants nationally. Each time you swipe your card at a participating restaurant, you'll earn a percentage back to support us! It's that easy! Do Good. Eat Well.

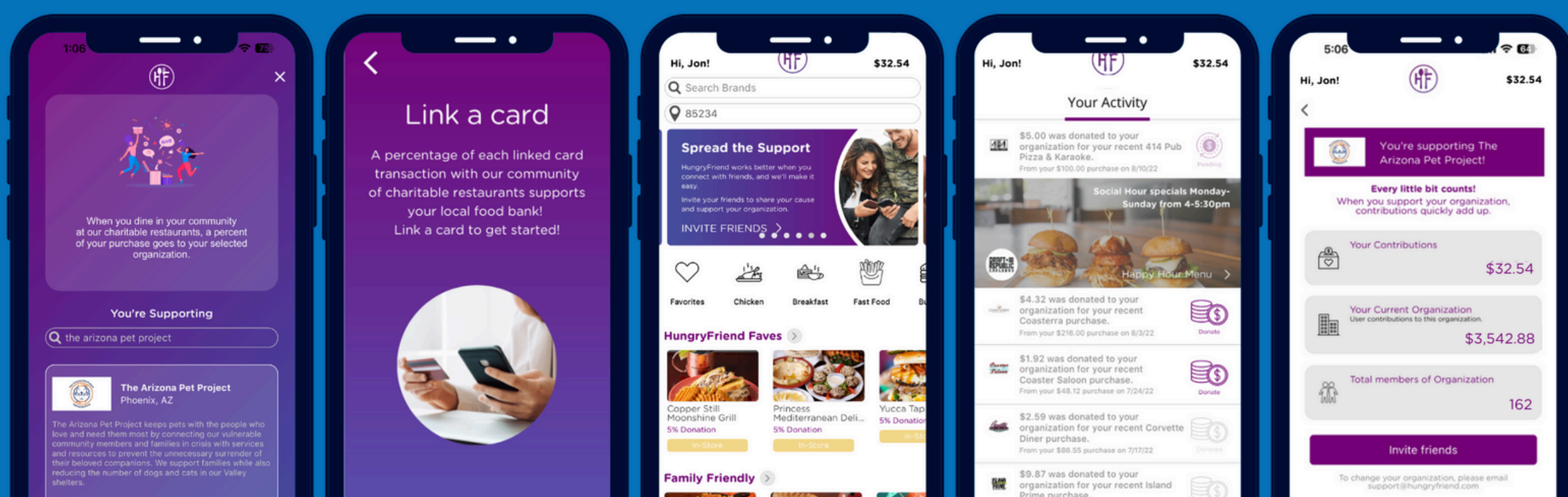
Download the HungryFriend app and select our organization to support.

Link your Visa, Mastercard or American Express credit or debit cards.

Each time you swipe your card at a participating restaurant you'll earn 5%-20% donation to your organization!

See your qualified transactions and claim your donations.

See your impact and total donations your community of supporters have raised!

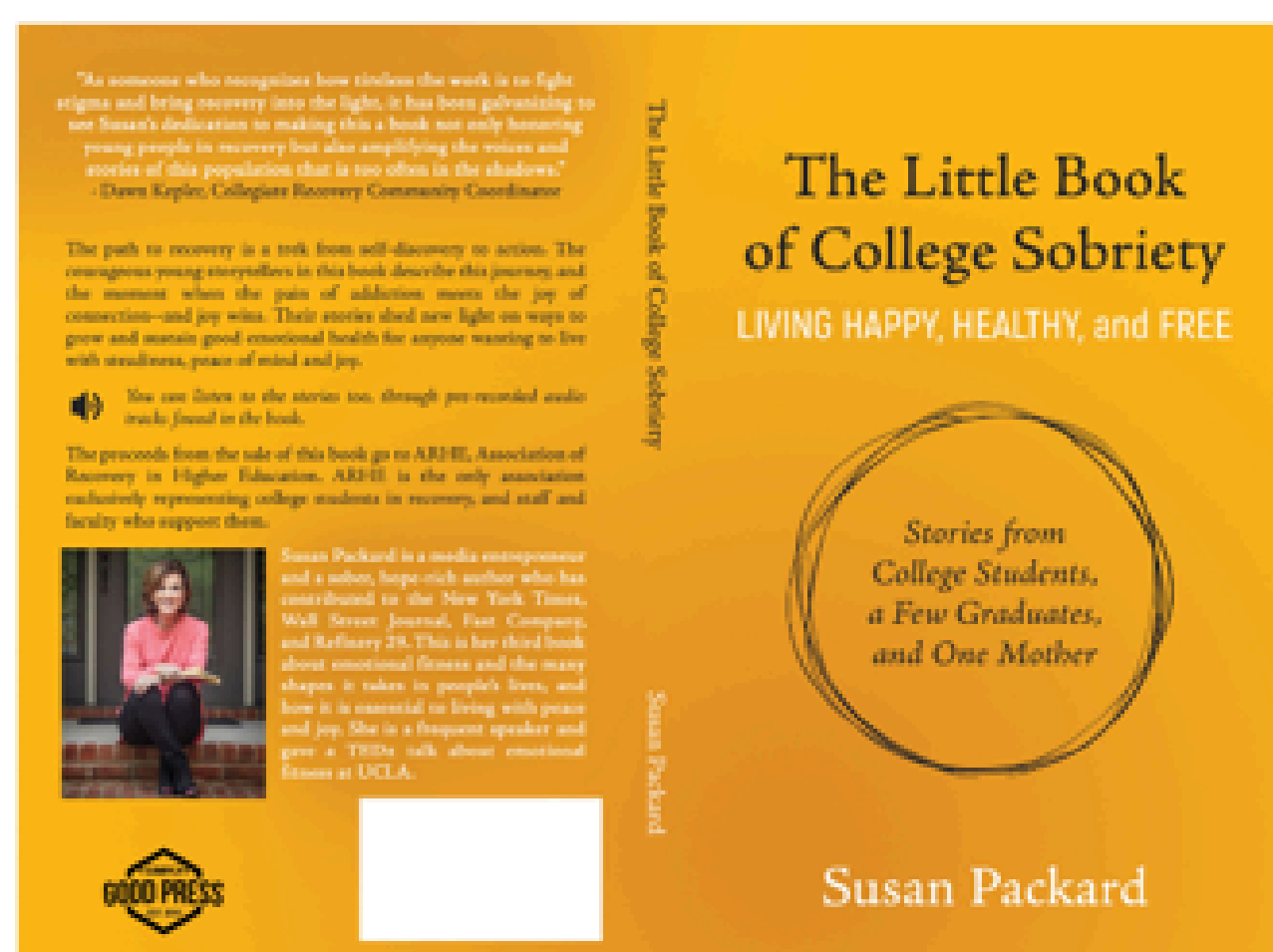


Supporting ARHE

Purchase the Little Book of College Sobriety.

[Click here to purchase the book!](#)

The Little Book of College Sobriety



The path to recovery is a trek from self-discovery to action. The courageous young storytellers in this book describe this journey, and the moment when the pain of addiction meets the joy of connection--and joy wins. Their stories shed new light on ways to grow and sustain good emotional health for anyone wanting to live with steadiness, peace of mind and joy.

You can listen to the stories too, through pre-recorded audio tracks found in the book.

The proceeds from the sale of this book go to ARHE, Association of Recovery in Higher Education.



About the Author

Susan Packard is a media entrepreneur and a sober, hope-rich author who has contributed to the New York Times, Wall Street Journal, Fast Company, and Refinery 29. This is her third book about emotional fitness and the many shapes it takes in people's lives, and how it is essential to living with peace and joy. She is a frequent speaker and gave a TEDx talk about emotional fitness at UCLA.

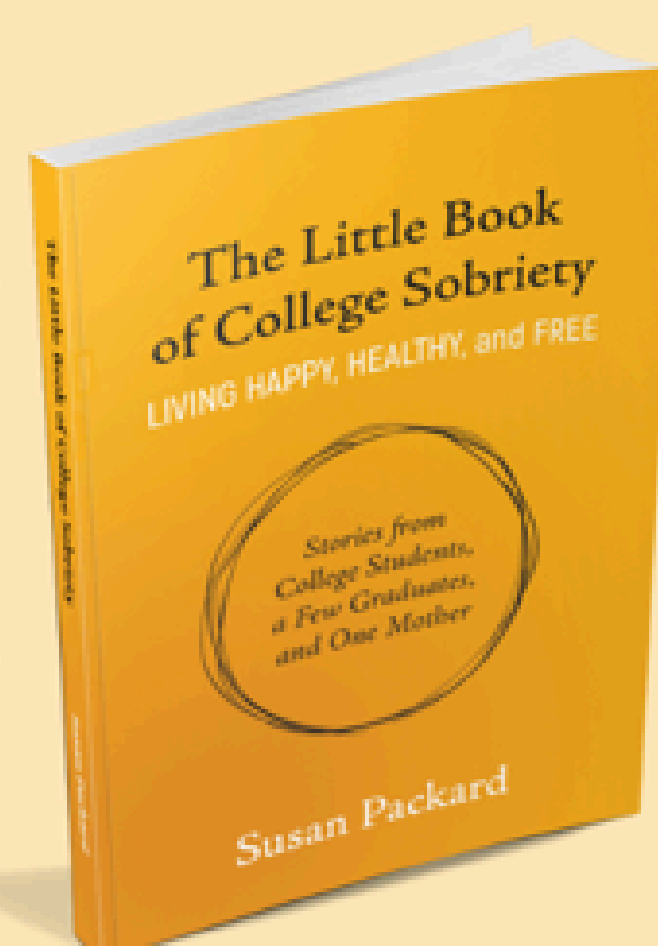
Your Trek to Recovery:

As I listened to each of the storytellers, a shape came together for this book. Their words show the trek that we all take as we journey from actively using into recovery. The stories here, including my own, lay out three parts to our recovery trek:

First, recognizing how we're made, and how our growing-up years have formed us.

Second, offering tools to gain and grow your sobriety – like sober friends, honesty, openness to spirituality, and starting and ending each day believing in yourself.

Third, living your recovery as you stride out into the world, so that you're ready to embrace life, fully alert to its gifts—waiting just for you.





IMPACT REPORT

2024

collegiaterecovery.org