

ONSITE PROGRAM



ARHE ARS AAPG 2024 Annual Conference



**Hyatt Regency
La Jolla at Aventine**
3777 La Jolla Village Drive,
San Diego, CA 92122-1070

15th Annual Collegiate Recovery Conference
23rd Annual Recovery Schools Conference
8th Annual Alternative Peer Groups Conference

 collegiaterecovery.org/2024conference/

#ARHE2024 #ARS2024 #AAPG2024



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2024 Annual Conference ARHE Welcome

Dear Conference Attendees,

On behalf of the Association of Recovery in Higher Education (ARHE), welcome to beautiful San Diego, California! I sincerely appreciate your attendance, engagement, and contributions to this year's conference. While every conference is special to me, this particular year holds a very dear place in my heart. You may or not be aware that we were scheduled to host our annual conference right here in San Diego, in this very hotel, in June 2020, but the universe appeared to have other plans. When the news of COVID broke in March 2020, our conference team at the time worked hard to convert our conference to a virtual space. On top of the whirlwind of emotions we were all feeling at the time, it was bittersweet to move the conference online knowing that we had big plans for San Diego, but taking comfort that we would still be able to host a space for all of us to gather online.



When the time came to choose the location for this year's conference, there was no doubt in my mind: it was time for a redemption conference! I am so grateful to the staff at the Hyatt Regency La Jolla at Aventine who were willing to work with us to bring back our original contract from 2020, with only a few minor changes. And I am so grateful for each and every one of YOU! I know that many of you have traveled wide and far to be here this week, which means so much to all of us. It was high time to bring this event to the West Coast and I am excited to see so many friends and colleagues from the Pacific Region joining us.

I hope you have time this week to learn and network with your peers and colleagues as you catch up on the happenings in collegiate recovery over the past year. Everyday I get to serve as Executive Director is a day filled with gratitude, no matter the challenges. Thank you for the opportunities to not only continue learning here at the conference, but throughout the year as well. I am in awe of what we have accomplished in just 12 months and I can't wait to experience what is next.

I encourage you to take time to intentionally connect with the many conference attendees we have from across the US, UK, and Canada. Whether it's after a dynamic session, in the hustle and bustle of the exhibit hall, or at one of our events, the relationships built here can last a lifetime. Our conference committee put in countless hours of volunteer time in order to provide the optimal event experience for every attendee. I am so grateful to work in a field where I feel so much support from my colleagues who are always willing and ready to lend a hand.

I am so excited to have all of you joining us this week. If you see me throughout your time here at the conference, please don't hesitate to stop me so I can have a moment to connect with you. Trust me, I probably need the break and getting to spend time with you is what makes this conference my favorite time of year.

Sincerely,
Kristina M. Canfield, M.Ed.
Executive Director
Association of Recovery in Higher Education (ARHE)





Become a member today!



The Association of Recovery in Higher Education (ARHE) is the only association exclusively representing Collegiate Recovery Programs (CRPs) and Communities (CRCs), the faculty and staff who support them, and the students who represent them.

ARHE provides the education, resources, and community connection needed to support the unique educational journeys of recovering students.

We are a membership-based network of professionals, administrators, faculty, staff, students, parents, and policy makers, serving as a national support system for propagating and supporting the vision of Collegiate Recovery Programs.

ARHE offers time-tested, research- and experience-based methods for fostering and supporting students in Recovery and models for developing and integrating CRPs into institutions in ways that best serve Recovering students.

To learn more about ARHE membership and to join, please visit www.collegiaterecovery.org



Mission: To Champion, Develop, and Sustain Excellence in Collegiate Recovery.

Vision: A collegiate culture which embraces Recovery.

2024 Annual Conference ARS Welcome

Dear ARS Community:

On behalf of the board of Directors of the Association of Recovery Schools (ARS), welcome to the 23rd annual Recovery Schools Conference. This year's conference is once again co-hosted by our friends at the Association of Recovery in Higher Education (ARHE), the Association of Alternative Peer Groups (AAPG). A Special Thank you to Kristina Canfield and the conference planning committee that have built upon the successes of our previous conferences to create another dynamic, valuable experience for all attendees. A special thank you on behalf of the ARS community to Bea Blackmon for representing ARS on the conference planning committee and working tirelessly to make the conference experience as valuable as possible for all participants.



This year, we gather under the transformative theme: “The Future of Scholastic Recovery: Advancing Recovery-Readiness.” As we embark on this journey together, we are united by a shared vision to adapt, innovate, and elevate recovery programs within educational settings, ensuring they are accessible, equitable, and supportive for all students navigating their unique recovery journeys.

Our theme signifies a comprehensive approach that calls for a multifaceted commitment to reducing stigma, implementing robust educational and recovery programs, securing unwavering administrative support, and fostering forward-thinking initiatives. These elements are not mere aspirations but essential components of a recovery-ready educational environment. By embracing these pillars, we create a solid foundation upon which students can thrive academically, socially, and personally.

Throughout this conference, we encourage you to engage with the various sessions, workshops, and networking opportunities designed to inspire and challenge us all. Let us take this opportunity to learn from one another, celebrate our successes, and confront the challenges that lie ahead with determination and hope. Our conference is a platform to exchange ideas, share best practices, and collaboratively explore innovative strategies that propel our mission forward.

Together, we can shape a future where recovery-readiness is at the forefront of educational excellence. Let us commit to advancing our efforts, breaking down barriers, and fostering a community that supports the diverse recovery needs of every student. Thank you for joining us in this vital work. Your dedication and passion are the driving forces behind our collective success.

Welcome to the 2024 ARHE Conference. Let's make this a milestone year in our ongoing journey toward scholastic recovery and thriving educational environments.

Sincerely,
Michael Durchslag
ARS Board President





www.recoveryschools.org

ARS Board of Directors

The Association of Recovery Schools supports and inspires recovery high schools for optimum performance, empowering hope and access to every student in recovery

Become a member today: <https://recoveryschools.org/membership/>

Michael Durchslag, Chair
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Boston, MA

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Sharon Dursi Martin, Treasurer
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Lake Oswego, OR

Ahmed Hosni, Board Member
The Ohio State University
Columbus, OH

2024 Annual Conference AAPG Welcome

Welcome, AAPG conference participants!

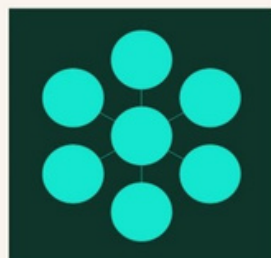
On behalf of the Association of Alternative Peer Groups, I am thrilled to extend a warm welcome as we partner once again with the Association of Recovery in Higher Education (ARHE) and the Association of Recovery Schools (ARS) to co-host this year's conference. Together, our three organizations form an exceptional continuum of recovery support and fellowship for teens, young adults, and their families.

By attending this conference, you are joining us in our dedicated pursuit of excellence and openness to new ideas. This event represents a collaborative effort among organizations and individuals, each bringing unique experiences and innovative approaches that continuously enhance our ability to support adolescents, young adults, and families facing the challenges of addiction.

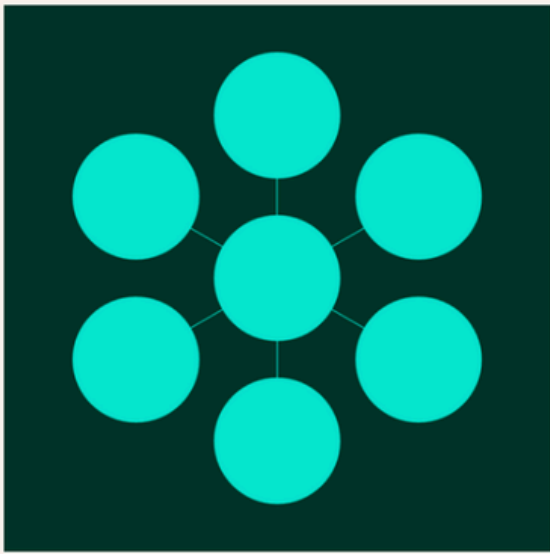
We are excited to share with you the collective wisdom gained over 50 years of developing and refining Alternative Peer Group (APG) treatment and support. Many thousands of young people and their family members have been helped through this powerful model of recovery! My own family was transformed through the support we received through our participation in an APG, and therefore, I have dedicated my life to spreading that kind of hope to other families by starting an APG in Oregon and serving on the board of the AAPG to help support other APG leaders as we strive to make a difference in this world. Our mission is to help families regain hope, and while our work has been impactful, the need for support is ever-growing, particularly in the wake of the Covid-19 pandemic and the deadly Fentanyl crisis sweeping the nation, which have left us with a constellation of issues for struggling young people.

We are immensely grateful to gather in person once again. This conference is an opportunity to attend insightful presentations and connect with others who are passionate about this vital work. Together, we inspire each other to create thriving groups that have a profound and positive impact on our society. Come check out the presentations and connect with other APG leaders and supporters. We look forward to meeting you and embarking on this journey of learning and growth together.

Sincerely,
Robin Bergeron
AAPG Board Chair, on behalf of The AAPG Board of Directors



**Association
of Alternative
Peer Groups**



Association of Alternative Peer Groups

BRINGING HOPE TO RECOVERY, ONE GROUP AT A TIME

OUR MISSION

We offer a supportive network for those following the APG Model to foster comprehensive and enthusiastic recovery from addiction.



CONTACT US



aapg-recovery.org



info@aapg-recovery.org

WE PROVIDE

- EDUCATION
- TRAINING
- RESEARCH
- NETWORKING
- & MORE!



2024 Annual Conference Exhibitors / Sponsors

Gold Sponsor



Silver Sponsors



Higher Education Center
for Alcohol and Drug Misuse Prevention and Recovery



Movies Make Meetings Memorable
www.recoverymoviemeeetups.com

Bronze Sponsors



Exhibitors

- ERC Pathlight
- Hikma Specialty
- Newport Healthcare
- R1 Learning
- Refine Recovery
- Shatterproof
- Texas Tech ADRS Program
- The Haven at College

Exhibitors / Sponsors

Gold Sponsor

- Indivior

Silver Sponsors

- Augsburg University's StepUp Program
- Clean Cause
- Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery (HECAOD)
- Meadows Behavioral Health
- Project Rebirth
- Recovery Movie Meetups

Bronze Sponsors

- Cumberland Heights
- Faces and Voices of Recovery
- Oxford House
- Peer Recovery Center of Excellence
- SAFE Project
- San Diego State University
- SMART Recovery
- Summit Behavioral Healthcare
- The Phoenix
- University of Texas Rio Grande Valley
- We Can Be Heroes

Exhibitors

- ERC Pathlight
- Hikma Specialty
- Newport Healthcare
- R1 Learning
- Refine Recovery
- Shatterproof
- Texas Tech ADRS Program
- The Haven at College



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EMOTIONAL TRAUMA, ADDICTION, AND CO-OCCURRING TREATMENT DESIGNED EXCLUSIVELY FOR 18- TO 26-YEAR-OLDS

The Claudia Black Young Adult Center honors and accepts young adults right where they are in life and provides for them a peer-based community that enhances accountability and commitment to recovery.

What We Offer

- Detox
- Psychological assessment
- On-site, 24-hour nursing staff
- Nutrition consultation
- Integrated trauma services
- Weekly psychiatry consult
- Peer-based community
- Phase-based programming
- 12-Step approach
- Brain Center with neurofeedback
- Treatment-specific breakout groups
- Gender-specific process groups
- Individual weekly sessions
- Family programming
- Aftercare planning



Staff, Boards, Committees

2024 Conference Planning Committee

Kristina Canfield, Association of Recovery in Higher Education
Mack Park, Association of Recovery in Higher Education
Taylor Moran, St. Joseph's University
Susie Mullens, Marshall/West Virginia Collegiate Recovery Network
Jarmichael Harris, Addiction Professionals of North Carolina
Richie King, University of Texas at Austin
Jessica Estok, University of Delaware
Kit Emslie, The University of Alabama at Birmingham
Mark Edward Mills, Texas Tech University
Ayesha Al-Akhdar, The University of Georgia
Bea Blackmon, Rise Recovery
Kristine De Jesus, Students Recover
Dharma Mirza, Oregon State University
Lindsay Garcia, Brown University
Hugh Cook, University of California Santa Barbara
Mary Kate Brown, Rise Recovery
Anette Edens, Association of Alternative Peer Groups
Robin Bergeron, Collective Roots APG
Heidi Cloutier, University of New Hampshire

ARHE Staff

Kristina Canfield, Executive Director
Louise Irizarry, Business Manager and Membership Administrator
Mack Park, Membership & Outreach Manager
Bret Frazier, Technical Assistance Coordinator
Mandi Vanhoy, Media Intern
Ayesha Al-Akhdar, Equity and Justice Fellow
Isabella Irizarry, Administrative Intern

ARHE Board Members

Lindsay Garcia, Senior Co-Chair
Keith Murphy, Junior Co-Chair
Dominique Clemmons-James, Secretary
Paula Harrington, Treasurer
Buddy Gerber, Incoming Treasurer
Marbeth Holmes, Mid-Atlantic Rep
Santee Ezell, Southeast Rep
John Shiflet, Southwest Rep
Jessica Miller, Midwest Rep
Kelly Aaronson, Mountain Rep
Brad Rondeau, Pacific Rep
Victoria Burns, International Rep
Kathleen Gibson, Member-At-Large
Tammy Bradford, Student Rep
Christina Reardon-Harrah, Student Rep

ARHE Advisory Council

Lilly Ettinger, Co-Chair
Jennifer Hall, Co-Chair
Bret Frazier, Secretary
Dot Smith, Member-At-Large
Mackenzie Hogan, Member-At-Large
Anna L. Treviño, Member-At-Large
Angie Bryan, Member-At-Large
Santee Ezell, Member-At-Large
Waltrina Defrantz-Dufor, Member-At-Large
Jernee Montoya, Member-At-Large
Taylor Moran, Member-At-Large
Patrick McElwaine, Member-At-Large
William (Bryan) Sadler, Member-At-Large
Laini Sporbert, Member-At-Large
Victoria Cooper, Member-At-Large
Samantha Reitz, Member-At-Large
Dominic Ciccimaro, Member-At-Large

Staff, Boards, Committees

ARS Board

- Michael Durchslag, Board Chair
- Bea Blackmon, Board Vice Char
- Sharon Dursi Martin, Board Secretary
- Julie McElrath, Board Treasurer
- Roger Oser, Past Board Chair
- Andy Finch, Senior Advisor & Co-Founder of ARS
- Ahmed Hosni, Board Member & JEDI Chair
- Morgan Thompson, Board Member & Public Policy Chair
- Rachelle Gardner, Board Member
- Seth Welch, Board Member

AAPG Board

- Robin Bergeron, Chair
- Anette Edens, Co-Chair
- Heidi Cloutier, Vice Chair
- Ripp Motion, Treasurer
- Mike Wilkerson, Secretary
- John Cates, Board Member
- Hannah Milne, Board Member
- Steve Marckley, Board Member
- Josh Azevedo, Board Member
- Kate Brown, Board Member

Become a member of the Higher Education Center today!

Campus Membership includes:

- **ScreenU Package:** Web-based tool that administers screening, brief intervention, referral to treatment (SBIRT) to an unlimited number of students for alcohol, prescription drugs and cannabis.
- **Past & Current Learning Collaboratives:** Participate in one of our twice a year learning collaboratives to develop your skills and gain access to archived learning collaboratives on topics such as cannabis, harm reduction, environmental prevention, and grant writing through your member portal.
- **Recovery Ally Training:** Access the *Recovery is Spoken Here* Recovery Ally curriculum that prepares participants with the knowledge, skills, and tools to act as recovery allies for individuals in or seeking recovery from a substance use disorder on a college campus.
- **Exclusive Event Discounts:** Attend the National Meeting, Cannabis Symposium, and other trainings at a discounted rate.
- **Webinars:** Each live and recorded webinar hosted by HECAOD will be available to members at no cost.

JOIN TODAY!
VISIT HECAOD.OSU.EDU

Higher Education Center
for Alcohol and Drug Misuse Prevention and Recovery

2024 Annual Conference

General Information

We're excited to announce that you can access the 2024 ARHE/ARS/AAPG Annual Conference event webapp and conference mobile app to get updated conference information, view the full agenda and customize your own schedule, connect with other attendees, check your score on the leaderboard, and more!

Install the free 'eventScribe' app, available in the Apple [App Store](#) and the [Google Play Store](#). Open it and search for 'ARHE/ARS/AAPG Annual Conference 2024'. You will be prompted to log in with your email and password (access key) provided to you by email. Come by the registration desk if you need help accessing the conference app!

Conference Spaces

Registration Desk: The registration and information desk can be found on the first floor, in the Regency Foyer.

Volunteer Check-in: The volunteer check-in space will be located on the first floor, in the Regency Foyer.

Wellness Lounge: The wellness room is located in the Cardiff room on the first floor and is sponsored by San Diego State University. Stop by the space to decompress and engage in self-care anytime during conference hours!



Sensory Room: The sensory room is located in Encinitas 1 on the first floor. It is a designated quiet space, intended to provide calm escape from the noise, lights, and stimuli of the conference. Attendees are welcome to utilize this space for relaxation, meditation, and prayers, but we ask that all use of the space is respectful of others. This space is not available for conversations, phone calls, or meetings.

Nursing Lounge: The nursing lounge is located in Encinitas 2 on the first floor. It is available for conference attendees in need of a nursing area.

Each of the above conference spaces are available during the following times:

- Saturday, June 29: 10:00 AM - 5:00 PM
- Sunday, June 30: 7:30 AM - 5:00 PM
- Monday, July 1: 7:30 AM - 5:00 PM
- Tuesday, July 2: 7:30 AM - 5:00 PM
- Wednesday, July 3: 7:30 AM - 12:00 PM

Conference Hotel

All conference activities will be held at the Hyatt Regency La Jolla At Aventine and are open to registered conference participants only.
3777 La Jolla Village Drive
San Diego, California 92122

Accessibility/Dietary Needs

An accommodations form has been posted on the ARHE conference website for the past year in order to accommodate needs in advance. Please inform ARHE staff at the registration desk of any accessibility or dietary requests that have not yet been communicated so that we can work to ensure your needs are met.

Exhibitors and Scheduled Exhibit Hall Breaks

Please be sure to visit the Exhibit Hall in the La Jolla Ballroom on the first floor. Intentional coffee breaks with exhibitors are provided Sunday-Tuesday from 12:30PM-1:00PM.

Conference Badges

Conference badges are required to participate in conference sessions and any event where food is provided by the conference. Your badge not only indicates that you are fully registered, but serves to build community among attendees.

Conference Evaluation

A 2024 Conference Evaluation will be sent via email to all registered attendees after the conference. Please consider providing your feedback to ensure next year's experience can continue to be improved! An immediate issues reporting form is provided at the back of the program.

General Information

General Certification of Attendance

A general certification of attendance can be provided upon request by emailing conference@collegiaterecovery.org

Hotel Map

A map of the meeting spaces can be found at the back of the program book and in the conference app.

Lost and Found

Please bring lost items to the Registration Desk.

Onsite Breakfast

A Chef's Choice Breakfast buffet will be provided Sunday-Wednesday, inclusive of water, tea, coffee, juice, fruits, pastries, oats/yogurt, and protein. Lunch and dinner are NOT provided with registration. Sponsored each day:

Sunday

- Sponsored by Indivior



Monday

- Sponsored by Meadows



Behavioral Healthcare

Tuesday

- Sponsored by HECAOD



Wednesday

- Sponsored by Oxford House



Coffee Breaks

Coffee Breaks will be provided Sunday-Tuesday from 12:30-1:00pm in the La Jolla Ballroom.

Sunday

- Sponsored by Augsburg University



Monday

- Sponsored by SMART Recovery



Tuesday

- Sponsored by Peer Recovery Center of Excellence



Wi-fi

There is complimentary wi-fi in all common areas of the hotel. There is no wi-fi in session rooms; only presentation laptops will have wired Internet connection.

Onsite Lunch Options

- The Market La Jolla: Pick up morning coffee, snacks and fresh hot and cold grab-n-go options including breakfast fare, sandwiches and salads. Located on the lobby level, across from the front desk. The Market is located on the first floor of the hotel.
- Drift: Seasonal menus at DRIFT highlight regional ingredients and healthful food served artfully. Featuring indoor seating and an outdoor patio with firepits, enjoy a range of dynamic dishes in a modern setting. Drift is located on the first floor of the hotel.
- Cove: Seasonal pool bar and grill. The menu at Cove features summertime staples like our ahi poke bowl, veggie wraps, and so much more! Cove is located outdoors by the hotel pool.
- *Check out local restaurants in the HungryFriend app!* Explore local cuisine by dining-in, or order food to-go and have it delivered to the hotel!

All Gender Restrooms

All gender restrooms will be provided between Encinitas 2 and Del Mar 1 on the first floor. Please remember that gender expression takes many forms. We affirm the right of each person to choose and use the restroom best suited to their needs and to do so free from scrutiny and judgement.

Conference Contests

Check out the conference contests in the app; the attendee with the highest points will receive a \$100 gift card of their choice. All participating attendees will also be entered into a draw for a second \$100 gift card, to be drawn at the end of the conference.



Downloading the HungryFriend app, selecting ARHE as your non-profit organization, and connecting at least one payment card will also enter you into a draw for one of three \$50 gift cards to a local restaurant!



Recovery Meetings

Onsite recovery meetings are included in the conference agenda. A list of local recovery meetings can also be found in the app.

2024 Annual Conference General Information

Attire

The average temperature in San Diego in late-June to early-July is in the low- to mid- 70s (Fahrenheit) with lows in low- to mid-60s (Fahrenheit). Dress for the conference is casual/business casual so please plan to be comfortable. The majority of conference activities will take place indoors so a light jacket, sweater, or sweatshirt might be useful due to the air conditioning in the hotel.

Hotel Parking

The hotel has both onsite and valet parking available. Self-parking at the hotel in a secure indoor garage, with in-and-out privileges for your convenience, is available at a discounted rate of \$25/car. Valet parking is available at the hotel for \$45/day with in-and-out privileges. Please check with hotel staff to receive the discounted rate.

Continuing Education

See the p. 16-17 of the program for all continuing education information. CEs are evaluated through Amedco and CE certificates must be submitted through their portal. CEs are enduring and available for one year post-conference. A general certificate of attendance can be provided upon request.

Download the Conference Mobile App to learn more about the conference contests, entertainment, recovery meetings, places to eat, things to do, etc.!



Download the Social Media Toolkit for example session, attendee, or sponsor graphics!



Social Media

Conference photos and updates will be posted on ARHE socials. Please join the conversation by posting with the hashtags #ARHE2024, #ARS2024, #AAPG2024. Use the Social Media Toolkit (p.18) for more info!

Frequently Asked Questions

For answers to a list of frequently asked questions, check the conference app. If you still have a question that is not included in our FAQs, please don't hesitate to reach out to our conference planning committee at conference@collegiaterecovery.org before the conference, or stop by the registration desk during the conference!

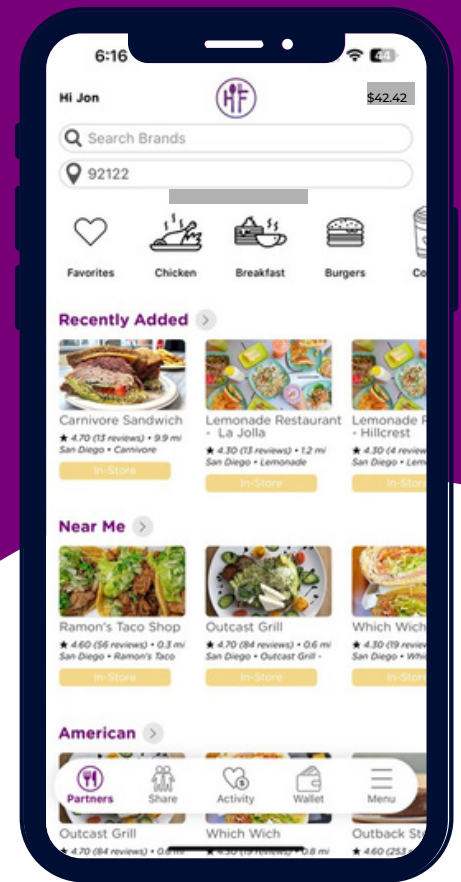
Entertainment

Recovery happens in community - and so every year we strive to offer entertainment options in the evenings for conference attendees to hang out, have fun, and relax while building relationships. This years entertainment options include:

- Saturday: Welcome & Collegiate Recovery Awards
 - Emceed by John Lehr
- Sunday: DJ and Dance Party
 - Sponsored by the Phoenix
- Monday: Drag and Talent Show
 - Sponsored by Summit Behavioral Healthcare
- Tuesday: Film Screening
 - Sponsored by We Can Be Heroes



Install the free 'eventScribe' app, available in the [Apple App Store](#) and the [Google Play Store](#). Open it and search for 'ARHE/ARS/AAPG Annual Conference 2024'. Log in using your email address and password (Registration ID) provided to you by email when you registered. Please contact conference@collegiaterecovery.org before the conference, or stop by the registration desk during the conference to get support!



HUNGRYFRIEND PROMOTION

Over 20,000 restaurants in the US are contributing back to organizations and nonprofits with each purchase! Why limit restaurant fundraising to a specific date and time? Earn donations EVERY TIME you swipe at contributing restaurants! Do Good. Eat Well.



How It Works



Connect

Download the HungryFriend app, select ARHE as your org, and link your cards.



Dine

Use your card at our charitable restaurants, earn donations.



Donate

Your earned donations support ARHE!



Download now to win a \$50 gift card to one of these local restaurants!



Lemonade
Open Everyday
10AM-8PM
1.1 Miles



Which Which
M-Th 10AM-7PM
S-S 10AM-7PM
1.4 Miles



Outcast Grill
T-S 4PM-8:30PM
Sun 11AM-8:30PM
4.5 Miles

HungryFriend is a new app that brings together passionate people and conscientious restaurants to support the causes you care about. Simply create an account and link a credit or debit card, and you can start unlocking donations for your favorite groups just by dining out, and it's completely free!

Get started:



Learner Notification

Association of Recovery in Higher Education 15th National Collegiate Recovery Conference / 23rd National ARS Conference June 30, 2024 - July 3, 2024 San Diego, CA

Acknowledgement of Financial Commercial Support

No financial commercial support was received for this educational activity.

Acknowledgement of In-Kind Commercial Support

No in-kind commercial support was received for this educational activity.

Satisfactory Completion

Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

Joint Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Association of Recovery in Higher Education. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Professions in scope for this activity are listed below.

Amedco Joint Accreditation Provider Number: 4008163

Psychologists



AMERICAN
PSYCHOLOGICAL
ASSOCIATION

This course is co-sponsored by Amedco and Association of Recovery in Higher Education. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and content. Maximum of 15.50 hours.

The following state boards accept courses from APA providers for Counselors: AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY **MI:** No CE requirements. ***OK:** Accepts APA credit for live, in-person activities but not for ethics and/or online courses. **The following state boards accept courses from APA providers for MFTs:** AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WDC, WI, WY **AL MFTs:** Credits authorized by NBCC or any other state licensing agency will be accepted. **MA MFTs:** Participants can self-submit courses not approved by the MAMFT board for review. **The following state boards accept courses from APA providers for Addictions Professionals:** AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (held outside NY ONLY), OK*, OR, SC, UT, WA, WI, WY **The following state boards accept courses from APA providers for Social Workers:** AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

Social Workers



As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. ASWB Content Level: Intermediate. Social workers completing this course receive up to 15.50 continuing education credits.

The following state boards accept courses offering ASWB ACE credit for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV*, WY ***OK:** Accepts ASWB ACE for live, in-person activities but not for ethics and/or online courses. ***WV:** Accepts ASWB ACE unless activity is held live in West Virginia. **The following state boards accept courses offering ASWB ACE credit for Counselors:** AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK*, OR, PA, TN, TX, UT, VA, WI, WY **MI:** No CE requirement

The following state boards accept courses offering ASWB ACE credit for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK*, OR, PA, RI, TN, TX, UT, VA, WI, WY

AL MFTs: Credits authorized by NBCC or any other state licensing agency will be accepted.

MA MFTs: Participants can self-submit courses not approved by the MAMFT board for review. **MI:** No CE requirement. **The following state boards accept ASWB ACE credit for Addictions Professionals:** AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

2024 Annual Conference

CE Information

#ARHE2024, #ARS2024, #AAPG2024

National Association for Addiction Counselors



15th National Collegiate Recovery Conference / 23rd National ARS Conference has been approved by Association of Recovery in Higher Education, as a NAADAC Approved Educational Provider, for 15.50 CE. NAADAC Provider #169876, Association of Recovery in Higher Education is responsible for all aspects of their programming. Counselor Skill Groups: [1, 2, 3, 4]

NAADAC covers all states except: CA, IL, OH, PA HI: No CE requirements The following state boards accept courses from NAADAC providers for Counselors: AL, AR, AZ, CO, DE, GA, IN, KS, MD, ME, NE, NC, NM, ND, NJ, NV, SC, TN, TX, UT, VA, WI, WY The following state boards accept courses from NAADAC providers for MFTs: AR, AZ, DE, IN, KS, LA, MD, NC, NE, NJ, NM, NV, SC, TN, TX, UT, VA, WI, WY **MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review. The following state boards accept courses from NAADAC providers for Social Workers:** AR, AZ, CO, DE, GA, ID, IN, KY, ME, MN, ND, NE, NM, OR, VT, WI, WY

Objectives - After Attending This Program You Should Be Able To

1. Demonstrate the continuum of care of recovery support services through the implementation of collegiate recovery programs, recovery high schools, and alternative peer groups.
2. Analyze the latest in addiction and recovery research as it relates to the emerging adult populations.
3. Convene key stakeholders from the collegiate recovery, recovery high school, and alternative peer group communities to share best practices and strategize for further growth.

Disclosure of Conflict of Interest

The following table of disclosure information is provided to learners and contains the relevant financial relationships that each individual in a position to control the content disclosed to Amedco. All of these relationships were treated as a conflict of interest, and have been resolved. (C7 SCS 6.1-6.2, 6.5)

All individuals in a position to control the content of CE are listed below.

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		Aniya De Riggs	NA	Rommel Johnson	NA	Brian Newsome	NA	Colton Watson	NA	Ginny Chadwick	NA
		Waltrina DeFrantz-Dufor	NA	Kenneth Jordan	NA	Angela O'Malley	NA	Jaclyn Webber	NA	Sydney Cheifetz	NA
Sreelatha Akkala	NA	Leslie DeVore	NA	Daniel Jordana	NA	Nick Overbeck	NA	Jason Whitney	NA	M. Dolores Cimini	NA
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Danielle Beale	NA	Hunter Ernstberger	NA	James Lange	NA	Christina Reardon-Harrah	NA	Niesha Conley	NA	Douglas Smith	NA
Alexandrea Behler	NA	Jessica Estok	NA	Kenny Lange	NA	Jackie Recktenwald	NA	Angela Conte	NA	Mary Tabit	NA
Stephanie Behuniak	NA	Lilly Ettinger	NA	Dan Loffredo	NA	Bruce Reed	NA	Hugh Cook	NA	Luke Trainor	NA
Robin Bergeron	NA	Mary Fererri	NA	Trainer Macrone	NA	Zane Reese	NA	Karli Coombes	NA	Simon Treffa	NA
Bea Blackmon	Rise Recovery: Employee	Andy Finch	NA	Bridget Maggard	NA	Roxie Richbourg	NA	Ann Highet	NA	Michael Vela	NA
		Nakia Francis	NA	Tony Mann	NA	Caroline Sahba	NA	Ricky Hill	NA	Christina Bugna	NA
Kimberly Boulden	NA	Bret Frazier	NA	Annie Marquardt	NA	Blake Schneider	NA	Lori Holleran Steiker	NA	Victoria Burns	NA
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How to Get Your Certificate

1. Go to arhe.cmecertificateonline.com
2. Click on the **15th National Collegiate Recovery Conference / 23rd National ARS Conference** link.
3. Evaluate the meeting.
4. Print, download, or save your certificate for your records.
5. If you lose your certificate, or need help, go to help.cmecertificateonline.com

2024 Annual Conference Agenda

Saturday, June 29, 2024

8:00 AM - 5:00 PM

ARHE Board Meetings | *Mission Beach*
ARS Board Meetings | *Imperial Beach*

10:00 AM - 5:00 PM

Registration Open | *La Jolla Ballroom*
Exhibit Hall Set Up | *La Jolla Ballroom*

7:30 PM - 8:30 PM

Recovery Meeting | *Pacific Beach*

8:00 PM - 10:00 PM

Welcome Event / Collegiate Recovery Awards | *Torrey Pines Beach*
Event Emceed by John Lehr



Sunday, June 30, 2024

7:30 AM - 5:00 PM

Registration Open | *Regency Foyer*
Exhibit Hall Open | *La Jolla Ballroom*
Wellness Lounge Open | *Cardiff*
Sensory Room Open | *Encinitas 2*
Mother's Room Open | *Encinitas 1*

7:30 AM - 8:30 AM

Conference Breakfast | *La Jolla Ballroom*
Recovery Meeting | *Windansea Beach*

8:30 AM - 10:00 AM

ARS Welcome Session and Member Meeting | *Regency AB*
AAPG Welcome Session and Member Meeting | *Mission Beach*

9:00 AM - 10:30 AM

ARHE Member's Meeting | *Regency DEFG*



Download the Social Media Toolkit for example
session, attendee, or sponsor graphics!



Agenda

10:30 AM - 11:30 AM

ARHE Regional Meet-Ups - International Region | *Imperial Beach*

ARHE Regional Meet-Ups - Mid-Atlantic Region | *Solana Beach*

ARHE Regional Meet-Ups - Midwest Region | *Ocean Beach*

ARHE Regional Meet-Ups - Mountain Region | *Torrey Pines Beach*

ARHE Regional Meet-Ups - Northeast Region | *Del Mar*

ARHE Regional Meet-Ups - Pacific Region | *Regency DEFG*

ARHE Regional Meet-Ups - Southeast Region | *Regency C*

ARHE Regional Meet-Ups - Southwest Region | *Pacific Beach*

ARS BREAKOUT SESSIONS

The Systematic Evaluation of the Association of Recovery School Annual Report

Andy Finch, PhD, Jordan Jurinsky, MEd, PhD

Regency AB | 1 CE

Presenters will review current findings and future directions from the Systematic Evaluation of Associations of Recovery Schools (SEARS) project, which is the first project to seek survey responses all recovery high schools and their students. The presentation will share findings from both school and student-level data, including disparate survey engagement, wide ranging addiction severity and recovery capital, and heterogeneous school design and composition. Presenters will further discuss the implications of current findings and potential future research pathways. Attendees will receive information on updates to on-going data collection and how individual recovery schools can participate.

AAPG BREAKOUT SESSIONS

History of Alternative Peer Group Programs...The Development of Enthusiastic Recovery

John C. Cates, MA, LCDC

Mission Beach | 1 CE

Alternative Peer Group Programs (APGs) have been shown to be one of the best ways to reach out to youth in both preventative and curative efforts. Spotlighted by the movie, GENERATION FOUND, and coming from 50 years of development and research they are now performing in dozens of communities in the United States. Mr. Cates, one of the earliest of the developers and author of Recovering Our Children, will share the strengths and processes for building and maintaining these in a community.

11:30 AM - 12:30 PM

Lunch Break (On your own)

12:30 PM - 1:00 PM

Coffee With Exhibitors | *La Jolla Ballroom*



1:00 PM - 2:30 PM

KEYNOTE

Unveiling Federal and State Systems

Kristen K. Harper, M.Ed., Rachele Gardner, LCAC, Susie Mullens, MS, LPC, ALPS, Licensed Psychologist, AADC-CCS, Allison Smith, Ph.D., Morgan Thompson, MSW, David M. Awadalla, MSW, BSHP

Regency DEFG | 1.5 CE

We get it-- navigating government is complicated. The Substance Abuse and Mental Health Services Administration (SAMHSA) has a myriad of resources designed to support and advance recovery from mental health and/or substance use, both interpersonally for students and youth and professionals in education. States have also begun to fund recovery supports in a variety of settings by leveraging various mechanisms, but there are only a small handful of scholastic programs accessing these resources. During this session, a representative(s) from SAMHSA's Office of Recovery, along with recovery high school and collegiate recovery leaders will walk participants through a few examples of State and/or federally funded innovative programs and initiatives that will assist with the field embracing, "The Future of Scholastic Recovery," and help to, "Advance Recovery-Readiness." Panelists will engage in a discussion-style presentation that delves into various training, technical assistance, and funding-related resources that can help advance recovery in scholastic settings.

3:00 PM - 4:00 PM

ARHE BREAKOUT SESSIONS

Building Bridges: Realizing Sustained CRP Participation and Momentum with the Power of Allies and Partnerships

Corey E. Lamb

Regency AB | 1 CE

Struggling to get your students to show up to anything? Losing students to graduation? Worried about whether you'll have a program next year? At Cardinal Recovery, we try to tell ourselves it's about creating the spaces, not filling them. Still, as many CRP coordinators know, program justification never stops. At Stanford, the solutions to these issues were not immediately obvious. Now, three years in, our program has the momentum to keep itself running even without a single student in recovery present. We achieved this by building bridges with allies, alumni, and partners.

Developing a Healthy Therapeutic Community - Rebuild, Revitalize, and Retain

Kelly L. Miller, LFMT, Vincent Wiggins, M.A., Savannah L. Kiesel, M.A., ALC, NCC

Del Mar | 1 CE

Research indicates that psychologically safe environments foster therapeutic success. Therefore, our goal is to help other CRPs be able to identify or modify changes they can make to their CRPs to increase psychologically safety in the community. At the University of Alabama, we have created changes that are increasing our engagement and student satisfaction that we would like to share in hopes it will inspire other programs to think of ways they can also improve.

Agenda

Collegiate Recovery at Historically Black Colleges and Universities: Preliminary Findings

Dominique Clemmons-James, PhD, LCMHCS, LCAS, CRC, MAC, CCS, BCB, Aniya De Riggs

Regency C | 1 CE

Despite the small number of Historically Black Colleges and Universities (HBCUs) facilitating collegiate recovery, success at engaging students of color in addiction and recovery support is high. A research study is underway to identify effective components of HBCU CRC/Ps that lead to successful engagement of Black/African American students in addiction and recovery support services. Key themes and components identified so far during data collection will be explored. Attendees are offered an opportunity to explore potential differences in program facilitation and highlights that may lead to engaging more Black/African American students in collegiate recovery. Future research directions will also be discussed.

How We Think About Substance Use Matters: Transformative Reflections for Student Support

Kimberly Boulden, PhD, Dylan Dunn, Sydney Cheifetz, MPH

Torrey Pines Beach | 1 CE

As reflective practitioners, it's critical to grapple with underlying frameworks that shape our understanding of student identities and experiences. One place where biases often go unchecked is in our approaches to student substance use, addiction, and recovery. This session will engage participants in a survey tool to guide a review of assumptions and beliefs that develop our professional and personal approaches to student drug use. Themes and takeaways will also be shared from implementing this tool with professionals around the country.

Ethics and the Collegiate Recovery Professional

Jessica Estok, LCDP, CADC, CCTP, MA, Lilly Ettinger, MDIV

Pacific Beach | 1 CE

With the release of Ethical Considerations for the Collegiate Recovery Professional in 2023, this presentation will take a look at understanding and applying ARHE's Ethical Principles to professionals in a collegiate recovery program. This presentation will be discussion based and an opportunity to discuss common ethical dilemmas and ways in which we resolve them. We are in the business of people and need to prioritize our student's well-being.

ARS BREAKOUT SESSIONS

How to Engage Your Board to Support Your School or Program?

Rachelle Gardner, LCAC, Jon Shapiro, Janine Shopp

Ocean Beach | 1 CE

Boards are a very important component to a school and the overall school accountability and success. By having a diverse board that offers varying expertise is allows the school to grow. Part of the role of a board is financial oversight, overall academic development and accountability therefore having processes for them to participate in regarding the promotion and building the financial sustainability are crucial.

Enacting a Literacy Pedagogy of Recovery: Connecting Principles of Recovery to Teaching Practices

Daniel Moore, PhD

Solana Beach | 1 CE

Exploring ways to incorporate the principles of recovery into curriculum and pedagogical practice is paramount. Doing so marks an effort to provide an equitable, culturally responsive education to youth in recovery. This breakout session invites RHS faculty to engage with a Literacy Pedagogy of Recovery (LPOR; Moore, 2022). A LPOR is a set of pedagogical stances and practices that (1) are explicitly critical of social stigmas of SUDs; (2) seek the assets of people who experience SUDs and who are in recovery; and (3) looks to teaching practices that are based in culturally responsive pedagogies (Gay 2018; 2023). To bring this pedagogy to life, we will collaboratively consider what the culture of recovery looks like, sounds like, and feels like; explicitly draw assets for student learning from recovery culture, and co-design learning strategies that will support students. This is a hands-on learning workshop!

Rise Beyond: A Paradigm Shift in Academic and Recovery Education at Rise Inspire Academy

Bridget D. Maggard

Imperial Beach | 1 CE

Rise Inspire Academy is committed to providing a safe, supportive, and innovative educational environment that recognizes and addresses the multifaceted needs of students on their journey to recovery and academic success. This presentation will explore the school's unique and comprehensive model for providing dedicated academic and recovery support to students facing challenges with alcohol and drug use. Participants in the presentation will engage in the exploration of a school that goes beyond traditional education, focusing on the complete development of its students through a collaborative approach between academic and recovery programming. This presentation emphasizes that understanding and recognizing the interconnectedness of these aspects in a student's life is an essential component of their high school success. From onboarding and retention support to the quality academic and recovery curriculum, there is a commitment to fostering a positive school culture through the implementation of Restorative Practices and a strong peer-to-peer accountability system.

AAPG BREAKOUT SESSIONS

Characteristics of Alternative Peer Groups: Results From a Survey of APG Organizations

J. Michael M. Wilkerson, PhD, Sreelatha Akkala, MPH

Mission Beach | 1 CE

Background: Alternative Peer Groups (APGs) are a promising new approach to recovery support for adolescents, incorporating recovery peers and prosocial activities into evidence-based clinical practice. Methods: An online survey was conducted to understand key features integral to an APGs. One person from each APG was invited to complete the survey. Respondents included program directors, CEOs, and recovery coaches from 36 APGs. Results: All respondents perceived staffed adolescent support groups, peer role modeling, supervised social activities, and linkages to psychological services as important/very important (n=21). However, there was a gap in perceived importance and service provision; only 64% of them offer SUD screening, 55% offer mental health screening, Narcan training/distribution, and linkages to recovery high schools, and 41% offer mental health/psychological counseling. Conclusion: There is a need to increase funding for practitioners, conduct additional research to substantiate effectiveness of APGs, and take steps to list APGs into SAMHSA's evidence-based practice directory.

Agenda

3:30 PM - 4:30 PM

Recovery Meeting | *Windansea Beach*

4:30 PM - 5:30 PM

ARHE BREAKOUT SESSIONS

Collegiate Recovery Program Assessment and Evaluation Practices: A Comprehensive Review of Assessment and Evaluation Data Collection, Analysis and Reporting

John A. Shiflet, Ph.D. Student, MSW, Lilly Ettinger, MDIV

Regency AB | 1 CE

Collegiate recovery programs (CRPs) play a pivotal role in supporting students in their journey towards recovery from substance use disorders while pursuing higher education. However, ensuring the effectiveness and sustainability of these programs requires ongoing assessment and evaluation. This is a comprehensive plan for assessing and evaluating a collegiate recovery program to enhance its impact and meet the evolving needs of students in recovery, higher education administrator, foundations, and private donors. Effective assessment and evaluation are essential for enhancing the impact and sustainability of collegiate recovery programs. By systematically collecting and analyzing data, engaging stakeholders, and prioritizing continuous improvement, we can ensure that our program meets the diverse needs of students in recovery and empowers them to thrive academically, personally, and professionally.

Harm Reduction and Overdose Prevention Education for Students (HOPES) Project

Natasha Mendoza, MSW, PhD, Terra Hamblin, Michael Shafer

Regency C | 1 CE

This workshop, based on the findings of the Harm Reduction & Overdose Prevention Education for Students (HOPES) Project, will address the critical need for enhanced harm reduction and substance use prevention strategies within community colleges across HHS Region IX. Through a detailed content analysis of 155 college websites, the HOPES Project uncovered significant gaps in substance use resources, a notable lack of harm reduction content, and a prevalence of stigmatizing language. This session will focus on empowering educators, administrators, and health professionals to critically evaluate existing resources and advocate for reforms. Participants will gain insights into the landscape of substance use prevention efforts, identify challenges in current approaches, and explore avenues for fostering a more supportive educational environment. The ultimate goal is to equip attendees with the knowledge and tools to champion harm reduction initiatives that are both effective and compassionate, ensuring community colleges can better serve their students' needs.

Dismantling the Disconnect: Shifting the Paradigm of Multiple Minority Participation in Collegiate Recovery Centers

Alexandrea C. Behler

Torrey Pines Beach | 1 CE

Background: Collegiate Recovery Centers (CRCs) have demonstrated benefits to college students in recovery. Yet, CRCs are typically dominated by oppressive and culturally misinformed practices that exclude racial, sexual, and gender minorities. These practices have greatly perpetuated barriers around sustained recovery for multiple minoritized college students. Purpose: This article seeks to substantiate the need for inclusive, anti-oppressive, culturally- and trauma-informed recovery spaces and pathways on a collegiate level. Translation to Practice: Professionals working in collegiate recovery spaces can utilize this knowledge to reduce barriers to participation for diverse college students in recovery.

Descriptive Database of Research in the Field of Collegiate Recovery Programs

Zane M. Reese, Vivian Gobler, Sydney Mock, Roxie Richbourg, Daniel Jordana, Annie Marquardt, Adam Singer, LMSW, LAC, AADC, Erik Dolgoff, MEd, MCAP, RCP, Chelsea Shore, PhD

Del Mar | 1 CE

The lack of available evidence on Collegiate Recovery Programs (CRPs) and research focusing on this unique demographic was identified through a scoping literature review conducted by N. Vest et al. (2021) and further updated through google scholar. Dr. Shore and a team of undergraduate-graduate research assistants developed an online database sponsored by the Association of Recovery in Higher Education (ARHE) where recovery-care providers and higher education administrators could access scientific articles focusing on college student recovery to assist in creating and/or advising their own CRPs. At the time of this unveiling, the database includes over 150 articles pertaining to collegiate recovery, college student recovery, and CRP programming. Articles were meticulously analyzed, categorized, and summarized by two sets of reviewers to ensure inter-coder reliability. This presentation will review the database and how it can be accessed, as well as provide a brief summary of article findings from 1972.

'I took a semester or two off because it was too much': Lessons from a campus without a collegiate recovery program

Mike Broman, PhD, MSW, MBA, Emily Pasman, PhD, MSW

Pacific Beach | 1 CE

Relatively few colleges have programs to support students who are in recovery from substance use disorders. In the absence of such programming, students face numerous barriers to recovery. Students may find it difficult to juggle recovery activities (e.g., mutual aid meetings, substance-free activities) with academics and other priorities. They are also challenged to find adequate support in the recovery-hostile campus environment. This presentation will highlight findings from a qualitative study including students in recovery without access to a collegiate recovery program. Attendees will learn about strategies these students have implemented to overcome barriers to recovery, and how students may be assisted to initiate and maintain their recovery.

ARS BREAKOUT SESSIONS

Educational Practices in a Recovery High School

Michael F. Durchslag, B.A.; M.A.T., Niesha Conley, M.Ed.

Solana Beach | 1 CE

P.E.A.S.E. Academy is the longest running recovery high school and is accredited through the Association of Recovery Schools. Learn how P.E.A.S.E. Academy met the accreditation standards in the 4th Domain and how they continue to grow to best meet their students academic needs. This presentation will provide emerging schools a framework to create their educational program as well as provide useful ideas to existing schools about best practices.

Agenda

Student Perseverance: Enhancing the Likelihood Students Remain Enrolled Once They Begin Their Journey as an RHS Student

Tony Mann, Co-Founder / Superintendent

Imperial Beach | 1 CE

We know students attending an RHS for 6+ months are more likely to experience abstinence and other school-related success than non-RHS peers after treatment (Finch et al., 2018).

Recent mixed methods research sheds light on student experiences statistically significantly associated with sustained enrollment. You will be introduced to these variables along with two proposed constructs associated with Recovery Capital Adolescent Model (RCAM) first introduced by Hennessy et al. (2019). Questions explored in this session:

- What might increase the likelihood our students remain enrolled?
- What do we know about the experience of students who remain enrolled 6+ months versus those who don't?
- What can we do to increase the likelihood students stay persevere 6+ months?
- What specific practices can teachers, support staff, recovery coaches and administrators consider using that might inspire greater student perseverance through graduation?

Answers to these questions and more explored in this session.

AAPG BREAKOUT SESSIONS

APG Start-up Strategies - Where to Begin

Josh Azevedo, LISAC, ICADC

Mission Beach | 1 CE

This workshop will cover the basics of forming an APG: How to pick a starting point, create a parent support group, develop community support and lay groundwork for a successful teen APG.

7:00 PM - 8:30 PM

Syndemic Approaches Listening Session

The Peer Recovery Center of Excellence (PRCoE)

Regency C

The Collaborative Center to Advance Health Services, located at the University of Missouri Kansas City, invites individuals who provide health and social services, representatives from community-based organizations, and individuals with lived and living experience to attend a 1.5-hour listening session on syndemic approaches. A syndemic occurs when two or more diseases, such as HIV, sexually transmitted infections, viral hepatitis, or substance use/mental health challenges, cluster and interact due to social and structural determinants of health, resulting in an increased disease burden. Our goal is to foster a timely and vital dialogue among professionals to garner your unique and important perspectives and contributions. The primary focus is a discussion on sharing successes, noting challenges, and identifying essential collaborations for syndemic approaches. This collaborative effort is crucial for addressing and resolving the clustering of social and health problems at the population level.

7:30 PM - 8:30 PM

Recovery Meeting | Windansea Beach

7:00 PM - 9:00 PM

DJ & Dance Hosted by the Phoenix | The Terrace



THE PHOENIX

Monday, July 1, 2024

7:30 AM - 5:00 PM

Registration Open | *Regency Foyer*
Exhibit Hall Open | *La Jolla Ballroom*
Wellness Lounge Open | *Cardiff*
Sensory Room Open | *Encinitas 2*
Mother's Room Open | *Encinitas 1*

7:30 AM - 8:30 AM

Conference Breakfast | *La Jolla Ballroom*
Recovery Meeting | *Windansea Beach*



ARHE BREAKOUT SESSIONS

Love Your Liver! What You Need to Know About Hepatitis C

Susie Mullens, MS, LPC, ALPS, Licensed Psychologist, AADC-CCS, Kenneth Jordan

Regency AB | 1 CE

HCV Education, Testing, and Treatment Program (Love Your Liver) is a peer navigator/peer support delivered model to address health disparities in Appalachia among PWUD/PWID and those in recovery. The program includes an education component to assist with increasing awareness of HCV to a wide audience. The project has a focus on individuals who are or have been system/justice-involved.

In 2018, 15,713 deaths were reported related to HCV. In West Virginia, the incidence rate of hepatitis C was about 9 times the national average as of 2020.

The PRSS staff with WV Collegiate Recovery Network are cross trained as community health workers. They connect with individuals in the community, on college campuses, treatment/sober living programs, and at probation/parole offices to provide HCV education & offer access to testing & treatment and provide a warm handoff to HCV providers, and follow them through the treatment process. Join us to learn more!

Body Acceptance & Self-Love: Helping Students Overcome Conflicts with Their Physical Bodies to Increase Feelings of Self-worth, To Improve Mental Health Outcomes, and Guide Them in Leading Healthier, More Purposeful Lives

Allison B. Insunza, MPH, CHES, Angela Conte, RN, M.A.Ed.

Regency C | 1 CE

At CSULB, we have implemented an eight-week series that helps students overcome conflicts with their bodies. Not only have we seen immediate improvements in self-compassion, self-judgement, isolation, mindfulness, and preoccupation with their body image; this impact has been sustained several years later. In this presentation, we will share the results of our program, discuss how to bring a similar program to your students, and sustain positive effects for years to come.

Agenda

A "Choose-Your-Own-Adventure" Approach to Harm Reduction Education: How Allowing Students to Role Play a "Night Out" Effectively Engages Students in Conversations About Substance Use and Harm Reduction **Trainer Macrone, Jackie Recktenwald, M.S.Ed.**

Del Mar | 1 CE

At the University of Pennsylvania, our SUPER (Substance Use, Prevention, Education, and Recovery) Initiative has introduced a dynamic workshop titled "A SUPER Night Out." This innovative program adopts a "choose-your-own-adventure" format, empowering students to tailor their evening experience to their preferences. Through this workshop, participants engage in lively discussions around substance use that prompt students to reflect on their substance use and walk away with harm reduction strategies, recovery resources, and an understanding of University policies.

Rooted in a recovery-oriented approach, the workshop is inclusive, welcoming all students regardless of their recovery status or engagement in harm reduction practices. It serves as a platform for students to cultivate valuable skills and knowledge, fostering a supportive environment for personal growth and well-being.

Collegiate Recovery in an International Context: Challenges and Opportunities

Victoria Burns, MSW, PhD, Luke Trainor, MSc, Tabitha Pruden, Chelsie Graham, BSW

Torrey Pines Beach | 1 CE

The collegiate recovery movement has long been established in the United States (U.S.), and has inspired international collegiate recovery programs (CRPs) in Canada and the U.K. The U.S. experience of CRPs has been a rich source of inspiration, research and data in aid of the growth of these international endeavors. However, it is clear the cultural, social, economic and political dimensions of these international programs can differ, often significantly. In recognizing these differences and opportunities for growth, the ARHE recently created an international representative on their board of directors. In this presentation, we will share this experience and learning, presenting on the unique attributes and dimensions of our cohorts and programs as they relate to our international environments and identity. This will include the lived experience of students as well as program leaders and staff.

Serving the Whole Student in Recovery through a Campus Culture of Blue Love and a Trauma-informed Success Network

Marbeth H. Holmes, LCSW, LCAS, CCTP

Pacific Beach | 1 CE

This presentation will demonstrate how rural Nash Community College strengthened its campus culture of Blue Love; integrated data-informed holistic supports including an on-site full service Student Wellness Center with licensed mental health services, a collegiate recovery program, basic needs helping services with Success Coaching and the creation of a Success Network to improve overall wellness and success for students in recovery; and created multimodal, trauma-informed, resiliency-building strategies to buttress equity and inclusion, connection and belonging among students in recovery.

Additionally, the presentation will explore the intrinsic and unique value of a collegiate recovery program on the community college campus and the challenges faced honoring all pathways in rural North Carolina. Building upon SAMHSA's Eight Dimension of Wellness model and integrating both of SAMHSA's definitions of Recovery and Harm Reduction, the Nighthawks Collegiate Recovery Program has generated academic success and professional opportunities for students in recovery.

ARS Breakout Sessions

Supporting Mental Health in Recovery High Schools

Mary SO Ferreri, Gabby Wohlford, Stephanie Behuniak

Solana Beach | 1 CE

It can be challenging to support both substance use and co-occurring disorders in Recovery High Schools. It is important to establish high standards of accountability and proper policies and procedures in order to support each student and their family in a fair manner. At Emerald, we have found ways to balance procedures and a customized experience of support for each student who is enrolled at Emerald.

Emotional Attachment Behavioral Therapy: An Innovative Approach to Working with Young People in Recovery

Douglas B. Smith, Sharon Dursi Martin, MAT

Ocean Beach | 1 CE

Research shows a strong correlation between attachment styles and behavioral health. Assessing and addressing insecure attachment styles as early as possible supports people in recovery to find belonging, connection, and purpose. Emotional Attachment Behavioral Therapy (EABT) is a promising approach to helping people become aware of their attachment styles and empowered to shift their thoughts, feelings, and behaviors so they can stay rooted in recovery and powerfully engaged in the process of change. This presentation will show the connection between insecure attachment styles, substance use and mental health. It will identify the primary objectives of EABT, and its role in increasing positive recovery outcomes. Finally, we will look at a simple way to offer EABT in psychoeducational groups in scholastic recovery spaces. Attendees may also gain some personal insight as they explore what this unique model has to offer.

Empowering Recovery High School Students Through a Circle of Support

Meredith Meurer, LPC-S, LCDC, PSS, Sally Nava, RSPS

Imperial Beach | 1 CE

This session focuses on how to create a safe recovery school structure that supports all pathways of recovery, while also helping students apply basic themes of recovery that can be applicable to daily living. Through our 'Showing Up' assessments and 5 pillars of recovery, we achieve an environment that naturally results in less power struggles between staff and students, while also fostering a sense of ownership in individuals and the student milieu. Strategic non-intervention is a helpful lens to be mindful of how we interact with our students and choosing what is worth addressing in the moment and what is worth bringing up at the end of the day. We will review the tools created, give several example of how the tools have worked for us and share feedback from students and staff.

AAPG BREAKOUT SESSIONS

Parent-Driven Recovery Tools

Anette T. Edens, PhD

Mission Beach | 1 CE

We typically rely on our own experience of being parented to drive what could be our most important life-role, raising a child. This presentation provides an overview of the concepts addressed in Dr. Edens' book, "From Monsters to Miracles: Parent-driven recovery tools that work." Content of the presentation includes misconceptions about adolescent thinking, the development of an entitled attitude, and our own misguided assumptions about parenting. The session will be as interactive as the participants want.

Agenda

10:00 AM - 11:30 AM

ARHE BREAKOUT SESSIONS

Collegiate Recovery Town Hall: Introduction to the Standardized Review for Collegiate Recovery Advancement (SRCRA)

Kristina M. Canfield, MEd

Regency DEFG | 1.5 CE

This session will introduce attendees to the new accreditation process for collegiate recovery programs (CRPs). The session will cover the history of how the process was developed, an overview of the process for applying and completing accreditation, a review of the manual and expectations, and an interactive experience with the unique tool designed for accreditation. The session will also address how this process can support the continued growth and sustainability of a CRP and how to leverage what is learned through the various accreditation processes to advocate for their CRP.

The White Colonial Savior Complex: Moving scholastic recovery beyond the CRP

Dharmakrishna L. Mirza, BS, MA

Regency AB | 1.5 CE

We'll start the session by exploring some of the data that's out there. That helps to substantiate the lack of inclusive spaces for BIPOC, LGBTQ+, and other marginalized student health populations in collegiate recovery. We will then explore different kinds of feminist, anti colonial and anti racist critiques of mainstream recovery systems, mainstream health systems, Higher Ed spaces and then collegiate recovery spaces. We will also look at advocacy that has pointed to the need for expanding our notion of collegiate recovery to include community based or culturally based locations or other kinds of community partners that could be more suitable fits for providing culturally specific and/or linguistically appropriate services to diverse student populations. This presentation will help Folks to better understand the ways that White supremacy as heteropatriarchy and settler colonialism are embedded into the design of our CRP systems and the ways that this design disallows for alternatives to be sought out or constructively empowered by our agencies.

Supporting Collegiate Recovery Through Student-only IOP on Campus

Caroline Sahba, M.Ed., MBA, LPC-S, Danny Andino, Nicholas Overbeck, LPC, LCDC, EMDR Trained

Regency C | 1.5 CE

While traditionally students with needs for higher level of SUD care are referred off campus, this presentation will describe the successes and challenges of collaborating with a third party SUD outpatient treatment facility to host on-campus outpatient groups limited to college students only who are needing more care than what is offered by the University's Counseling Center. Topics shared include how the current program is operated, positive impacts on students' recovery, logistics of mitigating risks for the university and the treatment center, creative solutions for financially supporting students, and other successes and challenges of the partnership.

Virginia Collegiate Recovery Scholars: Healing in a Statewide Hybrid Community

Lauren J. de Treville Powell, M.Ed., CPRS, Doctoral Scholar-Practitioner, Danielle Beale, CPRS, Sarah King, CPRS

Torrey Pines Beach | 1.5 CE

The Virginia Collegiate Recovery Scholar Seminar Program began in 2019 and now serves over 90 students across 14 different community colleges and four-year universities in Virginia. Collaborative efforts are changing students' lives by building micro-communities of students in recovery who are showing signs of increased recovery capital and emotional regulation skills. The presenters will share their success stories and the many growth opportunities they have experienced along the way. Through intersectionality theory, brave space models, and harm reduction inclusive practices, the presenters will highlight the benefits of statewide programming that increases recovery readiness and connection between students.

All Bets Are Off: Our Role in Addressing Collegiate Problem Gambling

**Cindy Clouner, MPH, LSW, OCPS, Jim Lange, PhD, Dolores Cimini, PhD, Jaclyn Webber, MA, LGPC
Pacific Beach | 1.5 CE**

The explosion of online sports betting has led to an increase in problematic gambling behavior on campus. While 6% of college students have a gambling disorder, few campuses collect data on this issue or incorporate gambling-focused initiatives into their portfolio of services. This session will explore the current trends in collegiate gambling behaviors, identify existing resources across the continuum of care, and discover strategies to integrate problem gambling work into existing efforts on campus.

ARS BREAKOUT SESSIONS

Leading with Impact: The Power of Servant Leadership in Putting Others First

Amy L. Scott, BS/MBA

Del Mar | 1.5 CE

In this dynamic presentation on servant leadership, attendees will discover the transformative power of shifting focus from oneself to others. Through engaging anecdotes and practical insights, I'll explore how adopting a servant leadership mindset can enhance team dynamics, foster collaboration, and drive organizational success. Attendees will learn strategies for cultivating empathy, building trust, and empowering others to thrive. By embracing the principle that leadership is about serving those we lead, attendees will gain valuable tools to inspire positive change, foster a culture of accountability, and achieve sustainable results. Whether you're a seasoned leader or aspiring to enhance your leadership skills, this session will equip you with actionable techniques to create meaningful impact and cultivate a culture of service within your organization.

Accreditation 201: Aligning Policy into Practice

Starre Helm

Imperial Beach | 1.5 CE

Becoming an Association of Recovery Schools (ARS) accredited recovery high school is not just about meeting data metrics and perfection. It's about creating educational environments with recovery ready resources that can provide students with enough challenge and support along their recovery journey. We at Harmony Academy, Oregon's first recovery high school, have completed the accreditation process and aim to provide such supports for students' recovery. Harmony's internal accreditation team will share promising practices, lessons learned, and resources to make the accreditation process adaptable to your program and students' needs.

Anchoring Positive Change while Navigating the C's Through the Adolescent Recovery Journey!

Travita Godfrey, DPH, Nakia Francis

Ocean Beach | 1.5 CE

Educators working in adolescent recovery settings often encounter at risk youth who enter with a lack of trust, a lack of guidance, and overwhelming feelings of insecurity due to traumatic experiences. This norm can be positively transformed by engaging in meaningful encounters with these students. These deliberate encounters cultivate resilience and a growth mindset by allowing students the space to embrace challenges, learn from failures, and persist in the face of setbacks. The growth mindset is nurtured by using a restorative approach to emphasize effort, perseverance, and the belief that abilities can be developed through practice and hard work. Positive changes happen when adolescents are taught how to use a restorative process to resolve conflict, make decisions and problem solve.

Agenda

From one beautifully successful school to a statewide network: How Oregon leaders inspired an entire state to begin revolutionizing the way we serve adolescents in recovery

Tony Mann, Ann Hight, Sharon Dursi Martin

Solana Beach | 1.5 CE

In 2017, Oregon was ranked 47th in the nation when considering the frequency of adolescent substance use disorder and the availability of services for treatment and recovery support. Oregon Recovery High School Initiative led the way to opening Harmony Academy in the Fall of 2019 as a public charter school. In the years that followed, Harmony graduated class after class of adolescents in recovery, and the Oregon Secretary of State even spoke at the 2021 commencement. From there, Oregon Recovery High School Initiative leveraged influence across sectors, resulting in the Oregon Legislature approving House Bill 2767 in 2023. The law provides for a statewide governance and funding structure to ensure recovery high school access for students located geographically across the state. We believe this work can be a model for other states. We are grateful for our journey and eager to share our experience, strength and hope with conference attendees.

AAPG BREAKOUT SESSIONS

Transformative Habits for Effective Leadership Teams: A Blueprint for Success in Your Recovery Organization

Evita Morin, LMSW, Kenny Lange

Mission Beach | 1 CE

Discover the foundational strategies behind our nonprofit peer support program's remarkable tripling in size, offerings, and revenue. This presentation unveils a blueprint for advancing growth and success in recovery service agencies, highlighting our journey of fostering aligned leadership and cultivating a culture of accountability, cohesion, and productivity. We'll delve into practical tools and methodologies that have empowered us to effectively align vision, strategize, and execute with confidence, including organizational road mapping and strategic planning. Our session is a roadmap for agencies aiming to enhance their culture, build trust among stakeholders, and seize new opportunities in the recovery sector.

11:30 AM - 12:30 PM

Lunch Break (On your own)

12:30 PM - 1:00 PM

Coffee With Exhibitors | La Jolla Ballroom

1:30 PM - 3:00 PM

KEYNOTE

The ABCs: Transformational Leadership in Shifting Political Times

Ayesha Al-Akdhar, CPS-AD, Keith Murphy, LPC, LCADC, Marbeth H. Holmes, LCSW, LCAS, CCTP, Dominique Clemmons-James, PhD, LCMHCS, LCAS, CRC, MAC, CCS, BCB, Lilly Ettinger, MDIV, Michael Vela, LCSW-S, LCDC

Regency DEFG | 1.5 CE

Psychological safety is a culture or shared belief that risks can be taken, ideas challenged, and questions asked in a workplace without fear of shame or negative consequences. Scholastic recovery programs exist across a variety of institutions and in diverse political landscapes. Regardless of specific elements, scholastic recovery shares a foundation of theories of support, best practices, and principles that blend hope and human potential. Shifting political climates are creating varying barriers to psychological safety, limiting access and resources, and ultimately changing what it means to take on the work of a scholastic recovery professional. This panel will outline policy changes that limit or prohibit the health equity work necessary to scholastic recovery, the toll this is taking on the profession, and the need for transformational leadership in the wake of these changes.



3:15 PM - 4:00 PM

Keynote Discussion & Networking - [See app for rooms]

3:30 PM - 4:30 PM

Recovery Meeting | *Windansea Beach*

4:30 PM - 5:30 PM

ARHE BREAKOUT SESSIONS

Findings from a National Survey of Collegiate Recovery Program Directors

Noel Vest, PhD

Regency AB | 1 CE

This research project delves into the critical role of program directors within Collegiate Recovery Programs (CRPs) across the United States. The project recruited 70 program directors in 32 states across the US. Employing a mixed methods approach we focused on the characteristics, challenges, and successes of these directors. Through surveys and open-ended questions, the research explores the diverse strategies employed by program directors to support students in recovery on college campuses. Key areas of investigation include program development, resource allocation, harm reduction, and collaboration with academic institutions. By comprehensively examining the experiences and perspectives of program directors, this research aims to inform best practices, challenges, and opportunities for improvement within CRPs. The insights gained from this presentation hold the potential to enhance the efficacy of collegiate recovery support systems and contribute to the broader landscape of addiction recovery in educational settings.

Integrating Tobacco Policy, Prevention, and Cessation into Higher Education Collegiate Recovery Programs to Advance Recovery-Readiness

Ginny Chadwick, MPH, MA, Jennifer Cofer, DrPH, MPH, CHES

Del Mar | 1 CE

The collegiate time-period is the most common time when those who have tried tobacco transition to daily users. Tobacco use increases the urge to use and can trigger relapse of other substances. When considering collegiate recovery, tobacco cessation is a significant predictor of the likelihood of long-term abstinence. Stopping tobacco use is also associated with significant reductions in depression, anxiety, and stress. The Eliminate Tobacco Use Initiative (ETU) is a national program that works to support college campuses on tobacco policy, prevention, and cessation. This session will allow attendees to hear from those with experience assisting campuses in the tobacco control space, engaging in discussion on successes and lessons learned, and ways that tobacco cessation can be incorporated into existing collegiate recovery programs. Audience will consider what challenges may be encountered in incorporating services into their existing recovery programs and the benefits of tobacco cessation in recovery readiness for students.

Service-related Question - Can You Tell Your Story?

Blake Schneider, MA, Jessica McDaniel, MA

Torrey Pines Beach | 1 CE

As collegiate recovery programs continue to emerge and grow, they require greater resources to support their development. Yet, fundraising and resource development are frequently challenges for CRP professionals. Many efforts have been made to help people in recovery tell their stories, but CRP professionals must learn to tell the story of their programs. In this session, attendees will learn how to use their CRP's unique story in order to leverage a variety of resources, including money, volunteers, space, collaborators, and various stakeholders as a means to creating a sustainable and wide-reaching CRP.

Agenda

Family: A Paradox of Protective and Risk Factors Harmonized Through 12-step Recovery

Declan P. Murphy, BA MA MA Doctoral student

Pacific Beach | 1 CE

Research shows that family systems act as both risk and protective factors in the addiction and recovery process, therefore being paradoxical in nature. The aim of the study was to explore the role of family dynamics on CRP students' addiction and recovery journey and assess how 12-step recovery improved individual and family outcomes. Participants (N=7) were interviewed, and transcripts analyzed using grounded theory methods. Risk and protective factors were found within the results, risk factors identified were lack of family connection and family conflict, while protective factors included economic and emotional support. Crucially further protective factors were acquired through 12 step recovery that improved the family system including the ability to set and respect boundaries, self-awareness and relationship with a higher power and peers. This study provides evidence of specific skills acquired and applied in personal and family contexts and demonstrates the importance of developing relationship skills in addiction recovery.

CravAlert: Next-Gen Solutions Redefining Recovery with Wearable Technology and Peer Empowerment

Justin D. Holmes, MA, C-MHC, C-TIC, Rachel Thanxton, MA, Raj Masih, MD, MPH, FRSPH, FICA, ICPS

Solana Beach | 1 CE

Exploring the complexities of substance use disorders become imperative, particularly within the demographic of individuals aged 25 and under, where distinctive obstacles exist in dealing with addiction and pain. This presentation introduces a groundbreaking study investigating the viability and impact of wearable technology coupled with real-time interventions to notably enhance recovery outcomes for this specific age group. By harnessing the benefits of wearable devices, remote monitoring, and tailored peer recovery support, our study seeks to empower young adults in discreetly managing cravings and pain. The seamless integration of technology into their daily routines offers a pragmatic and inconspicuous solution, providing insights and timely interventions without disruption. We underscore the significance of evaluating feasibility and effectiveness, emphasizing engagement and adherence among young adults. The discoveries hold promise for transforming approaches to addiction and pain management for young adults, influencing forthcoming interventions and support systems to ensure optimal care and outcomes.

Turning the Tide on Overdose: Updates to US Opioid Overdose Response and Campus Prevention

Kimberly Boulden, PhD, Dylan Dunn, Sydney Cheifetz, MPH

Imperial Beach | 1 CE

Higher education's relationship with the opioid overdose crisis is complex and individual campus approaches vary widely. Some campuses model overdose response for their communities, other campuses stand firm in distancing themselves from risky student substance use. Either way, we all struggle with the same problem - once we come to conclusions, the landscape of risk and resources shifts beneath our feet at an increasing pace. In this session presenters will share key updates and resources to help navigate the overdose crisis throughout 2024.

ARS BREAKOUT SESSIONS

ARS Networking - Oregon State | Regency C

ARS Closing Session: Salvaging a Teenage Wasteland: The Origin of Recovery High Schools

Andy Finch, PhD

Ocean Beach | 1 CE

This book provides the first book-length account of the RHS movement from its beginnings in alternative schools of the 1970s that overlapped with the first adolescent treatment programs. This work explores the development of programs in South Carolina, Texas, Maryland, and Minnesota, which served as roots for later growth. The author interviewed dozens of pioneers, including administrators, teachers, and students, and reviewed hundreds of artifacts to trace the creation and expansion of RHSs. The emerging story connected to some of the major events of the times, from the counterculture movement of the 1960s, to the Drug War and advent of adolescent treatment in the 1970s, to the anti-drug campaigns of the 1980s. Cultural touchstones such as Woodstock, school desegregation, drug raids, and fear of cults and teenage drug use figured prominently in the creation of recovery high schools, all in an effort to create sober school spaces for teenagers.

AAPG BREAKOUT SESSIONS

Establishing Ethical Practices in Alternative Peer Groups

Heidi Cloutier, MSW

Mission Beach | 1 CE

Working with youth is often fraught with ethical dilemmas. Managing conflicts of interests, issues related to conduct and privacy in working with youth, and not exceeding competence areas are just a few challenges that alternative peer groups must address. APG facilitators must develop trusting relationships with youth, understand their limits and maintain boundaries to ensure successful programs. Program effectiveness is dependent upon training, supervision and problem solving using the code of ethics. This session will explore common ethical dilemmas, a framework for addressing ethical considerations and facilitate a discussion about ethical concerns.

AAPG BREAKOUT SESSIONS

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7:30 PM - 8:30 PM

Recovery Meeting | Windansea Beach

8:00 PM - 10:00 PM

Drag and Talent Show | Regency AB



Agenda

Tuesday, July 2, 2024

7:30 AM - 5:00 PM

Registration Open | *Regency Foyer*
Exhibit Hall Open | *La Jolla Ballroom*
Wellness Lounge Open | *Cardiff*
Sensory Room Open | *Encinitas 2*
Mother's Room Open | *Encinitas 1*

7:30 AM - 8:30 AM

Conference Breakfast | *La Jolla Ballroom*
Recovery Meeting | *Windansea Beach*

Higher Education Center
for Alcohol and Drug Misuse Prevention and Recovery

8:30 AM - 9:30 AM

ARHE BREAKOUT SESSIONS

The ARHE SRCRA Pilot: What We Learned About Accreditation in Collegiate Recovery

Yahya Alnashri, MD, MPH, DrPH candidate, Kristina M. Canfield, MEd, Mack Park

Regency AB | 1 CE

In August 2023, the Association of Recovery in Higher Education (ARHE) launched a pilot study for the proposed accreditation process: the Standardized Review for Collegiate Recovery Advancement (SRCRA). A research team was included in the project to study the process and outcomes of this pilot in order to best inform the development of the accreditation process for collegiate recovery programs. This session, led by the lead researcher, Dr. Yahya Alnashri, will share with attendees the design and outcomes of this pilot study and how the findings informed the ARHE team in the final revisions to SRCRA.

Assessing the Effectiveness and Impact of a Recovery Support Clubhouse Program for Youth

Ahmad Ahnaf Amin

Regency C | 1 CE

This research abstract explores the intricate relationship between the length of stay in a youth-based recovery support clubhouse program and the corresponding changes in the Child and Adolescent Needs and Strength (CANS) assessment. Utilizing a robust regression model, the study aims to uncover insights into how the duration of participation influences the evolving severity of substance use for youth engaged in the program. Multiple explanatory variables such as frequency of attendance, and youth's core strengths will also be used in the analysis. By examining these correlations, the research seeks to contribute valuable empirical evidence to the understanding of program effectiveness-how the program works and for whom?

Walking With Warriors - How to Serve Military Veterans Seeking a Pathway of Recovery Enrolled in Higher Education

Brian Sims, CRPS-V, VSR, CEI

Ocean Beach | 0 CEs

Beyond Recovery: Nurturing Student Leadership in Collegiate Programs for Lasting Impact

CJ Bugna, Christina Reardon-Harrah, Trinity A. Mustico, Brian Newsome, Logan R. Nance

Del Mar | 1 CE

The students at the University of North Carolina Greensboro's Spartan Recovery Program will discuss the importance of elevating student voices and leadership as collegiate recovery programs continue to evolve. They will talk about the history of CRP's, important components of their premier collegiate recovery program and ways to involve students to take the lead in building and developing their programs on campus. It is important for people with lived experience and the impacted community to have a voice in how their program serves them. When given support and opportunity, students can rise to assess and meet the needs of their community and program.

Where Do We Even Start? Early Lessons Learned From Developing a New Collegiate Recovery Program

Mary Tabit, PsyD, Jessica Estok, LCDP, CADC, CCTP, MA

Torrey Pines Beach | 1 CE

Establishing a CRP is a multifaceted task; it requires developing a strategy to meet the immediate needs of students in recovery, while balancing the need for long-term sustainability, all within the unique cultural context of the institution in which the CRP is housed. This breakout session will support faculty, staff, and students who are interested in starting, or in the early stages of developing, a CRP. We will provide an overview of the approach utilized in developing our CRP with an emphasis on the following areas: 1. leveraging technical assistance and expertise from established CRP programs; 2. developing tools to better understand the immediate and ongoing needs of the student recovery community on your campus; 3. utilizing survey findings and other indicators to establish programmatic goals and inform program development; and 4. building relationships with campus partners.

Predict and Prevent: A Closer Look at the West Virginia overdose Prediction Model

Jostin D. Holmes, MA, C-MHC, C-TIC, Rachel Thanxton, MA, Raj Masih, MD, MPH, FRSPH, FICA, ICPS

Pacific Beach | 1 CE

"In 2020, the West Virginia Office of Drug Control Policy (ODCP) pinpointed eight counties, accounting for 60% of the state's overdose burden, as Action Counties. By 2021, ODCP Regional Coordinators were strategically deployed to target these areas. In 2022, two ODCP Regional Coordinators in the Eastern Panhandle developed a regression analysis model to prevent overdoses, now expanding across all eight action counties. This model introduces a vital time window before spike alerts, enabling the creation of targeted outreach plans at the community level.

This scope has expanded to collegiate recovery programs throughout the state. Supporting prevention and outreach programming. The model now facilitates the distribution of Naloxone by overdose survivors and individuals with lived experiences. Peer Recovery Support Specialists (PRSS) teams offer telehealth linkage to Medication-Assisted Treatment (MAT), while digital messaging through geofencing disseminates information on harm reduction and overdose prevention in identified 'hot spot' communities on college campuses."

Agenda

Creating Collegiate Recovery UK: Building the future of CRPs for a UK audience

Dot Smith, CEO, Simon George Trelfa, Declan P. Murphy, BA MA MA Doctoral student

Solana Beach | 1 CE

From October '23 to May '24, a group of Collegiate Recovery academics from North America and the UK developed a new platform for hosting CRP knowledge, expertise and advice for a UK audience. Creating a set of guidelines, in the form of a free-to-access toolkit, an extensive knowledge hub of information based on the Texas Tech Curriculum, and content library, the platform will be launched this summer. This presentation will look at the status of Collegiate Recovery in the UK, and the different trends in substance and alcohol consumption within UK higher education. These key findings highlight where this new platform fits in and why it's so important to the future and advancement of recovery within UK higher education. The presentation will be led by leads of the project, including figures with a long history of promoting Collegiate Recovery growth in the United Kingdom.

AAPG BREAKOUT SESSIONS

Bridging the Gap Towards Secondary Enrollment and Collegiate Recovery

Ricky Hill, RSPS

Imperial Beach | 1 CE

In a day and age, where developing adolescent recovery is already difficult, implementing collegiate recovery adds another difficult step. Now more than ever, youth in recovery are expressing desires to receive a higher education, but may or may not have limited resources in regards to secondary recovery. A college lifestyle is not conducive to one's recovery, but if given the resources and safe environment, it can make the journey manageable.

Adolescent Social Functions: Value, Planning, and Implementation.

Josh Azevedo, LISAC, ICADC

Mission Beach | 1 CE

Integrating fun social functions into the culture of an APG helps to foster connection with positive peers and reinforce that sobriety can be fun. Social functions are a simple and effective way to offer teens something positive to look forward to.

10:00 AM - 11:30 AM

ARHE BREAKOUT SESSIONS

Meeting the Diverse Need: Multiple Pathways of Recovery

Sydney Cheifetz, MPH, Dylan Dunn, Kimberly Boulden, PhD

Regency C | 1.5 CE

While 2.5% of university students identify as in recovery, no two recovery journeys will look the same. With an increasingly diverse student population, comes the need for diverse recovery and healing support. This session will review both commonly used and less commonly utilized modalities for recovery on college campuses. We'll examine the current collegiate recovery support landscape and explore options universities can adopt to create more diverse and equitable recovery opportunities, such as spiritual recovery pathways, abstinence focused pathways, reduced use pathways, and others. Practitioners will leave this session with tangible ways they can support their diverse student population in or exploring recovery, while maintaining and strengthening existing support.

Learn more about OPVEE® (nalmefene) Nasal Spray**Ronald Carter****Del Mar | 0 CEs**

OPVEE nasal spray is an opioid antagonist indicated for the emergency treatment of known or suspected overdose induced by natural or synthetic opioids in adults and pediatric patients aged 12 years and older, as manifested by respiratory and/or central nervous system depression.

Preliminary Results from a Collegiate Recovery Family Needs Assessment**Leah Pylate, Marlon Boyd, Blake Schneider, MA, Kelly L. Miller, LFMT, Bret Frazier, Colton Watson, Emma Bryant****Torrey Pines Beach | 1.5 CE**

The presentation will include the report of data captured by family members and students in recovery. The following institutions participated in the survey collection, including Georgia Southern University, Kennesaw State University, Mississippi State University, and the University of Alabama. The project was approved by the Mississippi State University IRB as exempt under Protocol ID: IRB-21-523. Recovery support for families and students in recovery from alcohol, other drugs, and other behaviors continues. The presenters will share the findings of the family assessment data. Generally, the information and services are needed by the family, supported by students, and are perceived to be utilized should the services be available.

Growing the Collegiate Recovery Movement in Community Colleges: Listening, Adapting, and Building Capital**Eric S. Klein, LSW, MSS, Ph.D Candidate****Pacific Beach | 1.5 CE**

The community college was designed to be an open-enrollment, accessible institution which grew productivity neighborhood by neighborhood, while providing direct service to the “public good” specifically defined by an individual community’s needs. One such population that can benefit from this framework is people in recovery from substance use disorder yet, community colleges are only slowly beginning to implement collegiate recovery programs to support their recovery and intersectional needs. Community colleges are often part of a personalized recovery plan when a person desires a degree or certificate to further their life’s goals. Plus, this pathway may be the most feasible option, at first, for myriad reasons. This session will present a potential template for the creation of recovery supports at the community college level with suggestions on how to engage stakeholders in the faculty/staff/board of the college or state system, workforce development partners, and students who deserve equitable access and support.

What's in a Story: Efficacy of Narrative Therapy in Treating Black Youth with Substance Use and Behavioral Disorders**Rommel Johnson, PhD, LPC, CAADC, CRC, NCC****Solana Beach | 1.5 CE**

Narrative approaches to counseling have been well established in the profession, but very little research has demonstrated its suitability with the Black experience in America. Specifically, storytelling has historical significance for Black culture, having been used historically as a form of shared and individual emotional healing. From the use of Negro Spirituals, folklores, and myths to cope with and challenge the forced narrative of slavery to the liberating orations of Dr. Martin Luther King, and the demands of the Black Lives Matter and “Me too” movements, storytelling in the Black community has served the purposes of healing and taking control of the narrative. Therefore, this presentation will discuss how counselors working with Black youth with problematic substance use, SUDs or behavioral addictions, can effectively use Narrative therapy to address their problematic substance use or SUDs.

Agenda

AAPG BREAKOUT SESSIONS

Current State of APG Research and Future Directions for APG Research-Readiness

Emily A. Hennessy, MPhil; PhD

Ocean Beach | 1.5 CE

This presentation will first situate the APG model and programming elements within a recovery-oriented system of care and recovery capital framework. It will then review the current state of the APG evidence, which is primarily qualitative in nature, from a recovery capital lens to demonstrate how the model could build different forms of recovery capital for its participants and communities. It will also provide examples from my own research on how programs have adapted to meet the needs of their unique recovery ecosystem. The presentation will then describe opportunities for building a rigorous evidence base and potential strategies for doing so, including how to handle the challenge of measuring adolescent recovery beyond abstinence goals and behaviors within the APG. The overall objective is to use this presentation to enable continued necessary evidence-building and advocacy for expanding access to APGs in our communities through dedicated funding streams and vital infrastructure.

Family Recovery Program Structure & Strategies

Anette T. Edens, PhD

Imperial Beach | 1.5 CE

The family member returning from treatment for substance misuse is often disappointed to find that while they have done their work, the family has not changed. Family commitments to their own recoveries (from their own substance misuse, codependent behaviors, or other compulsive coping styles), are primary determinants of success for the returning person. Family education and recovery weekends typically do not generalize to home and cannot create the intensity or consistency needed for behavior change. The inclusion of a parallel parent/family program in an Alternative Peer Group program improves the successful integration of a person into the recovery world and healing the family. Engaging and keeping family members involved is difficult, and the staff of APG's find it stressful and frustrating to address the family's resistance to their own change. This presentation addresses the pitfalls and successful strategies used to engage family members in long-term recovery programs of their own.

We Are Here; Addressing Barriers to Advance Recovery & Improve Readiness

Heidi Cloutier, MSW

Mission Beach | 1.5 CE

According to the 2019 Youth Risk Behavior Survey, youth who identify as part of a marginalized population experience a greater need for behavioral health services yet access behavioral health services less than the general population. Additionally, organizational & provider implicit biases negatively impact the quality of services among those in underserved communities. Bias's, lack of a diverse workforce, cultural stigma, lack of quality services, and other barriers impact service access. Culture is important in mental health & substance abuse treatment & supports because one's experiences of culture precede & influence how, where, & whether they will seek help. Efforts that encourage reduction in stigma & equitable access of mental health and substance use supports improve systems, organizations, and individuals' ability to work effectively to serve diverse populations.

11:30 AM - 12:30 PM

Lunch Break (On your own)

12:30 PM - 1:00 PM

Coffee With Exhibitors | *La Jolla Ballroom*



PEER RECOVERY
CENTER OF EXCELLENCE

1:30 PM - 3:00 PM

KEYNOTE

The Interaction Between Eating Disorders and Substance Use Disorders with Special Considerations for Race and Gender

Leah Young, LCPC

Regency DEFG | 1.5 CE

Because they often occur together we have learned that treating eating disorders and substance use disorders separately does not typically lead to sustained recovery. Gain a more thorough understanding of these disorders, how they interact, and how effectively identifying and treating them is imperative while addressing special considerations for race and gender by exploring systemic and individual factors that increase the vulnerability to substance use disorders and eating disorders.

3:15 PM - 4:00 PM

Networking Event with Stickers! | Regency DEFG

3:30 PM - 4:30 PM

Recovery Meeting | Windansea Beach

4:30 PM - 5:30 PM

ARHE Breakout Sessions

SRCRA Pilot: Participant Experiences & the Value of Accreditation

Bruce Reed, PhD, CRC, LCDC, Waltrina DeFrantz-Dufor, PhD, Jessica Estok, LCDP, CADC, CCTP, MA, Michael Vela, LCSW-S, LCDC, Jessica McDaniel, MA, Lindsay Garcia, MFA, PhD

Regency AB | 1 CE

In August 2023, the Association of Recovery in Higher Education (ARHE) launched a pilot study for the proposed accreditation process: the Standardized Review for Collegiate Recovery Advancement (SRCRA). 10 schools completed the pilot program and 12 reviewers engaged schools in the external review process. This session engages both collegiate recovery staff from those 10 schools as well as members of the review team in a discussion about their experiences throughout the pilot and explores the outcome of the pilot study as it relates to the value of accreditation as an advocacy tool for CRPs.

Why and How to Measure in Support of Your Program

James E. Lange, Ph.D.

Solana Beach | 1 CE

By matching the goal of obtaining data with the particular methods and measurement tools, those working to improve programs and systems may more quickly assess the needs and effectiveness of change-ideas. This presentation will explore both common and newly developing approaches and grounded in the science of improvement. The Well-being Improvement Survey for Higher Education Settings (WISHES) will serve as a prime example of how campuses are learning to iterate change ideas and more quickly assess utility.

Agenda

Recovery is Complicated”: A Qualitative Exploration of Canadian University Students’ Diverse Recovery Experiences

Victoria Burns, MSW, PhD, Karli Coombes

Del Mar | 1 CE

While the field of recovery science has burgeoned over the past two decades, little research has considered the experiences of university students in recovery from addiction, particularly in Canada. Addressing this gap, using a recovery capital framework, 16 qualitative interviews were conducted to explore students’ meanings, experiences, and barriers/facilitators to recovery from problematic substance use and/or behaviors. Reflexive thematic analysis revealed three main themes: 1. multiple recovery pathways and identities; 2. stigma and disclosure; and 3. proximity to campus community and resources. Recommendations to create more recovery-friendly campuses are provided.

Building Capacity to Combat Stigma: Integrating Collegiate Recovery with Student Counseling Services

Kit Emslie, Leslie DeVore

Regency C | 1 CE

Having a Collegiate Recovery Community housed within Student Counseling Services creates unique opportunities to connect recovery services with broader mental health programming on campus. At the University of Alabama at Birmingham, these programs are supported by a team of AmeriCorps members, appointed as part of a statewide opioid use prevention initiative. Through co-created programming which tackles the stigma around mental health concerns and substance use, this team engages in regular campus and community outreach. This presentation highlights the value of a collaborative approach to student health and wellbeing, addressing points of concern on a continuum from “upstream” (mental health advocacy) to “downstream” (substance use and recovery). We present these programs for collegiate recovery professionals to adapt for their own institutional settings, and discuss the logistics of expanding recovery services through a variety of campus connections.

Roles of Allies in Collegiate Recovery Programs – Exploring Participation as a Social and Structural Determinant of Health

Josephine Appiah, PhD, MPH

Torrey Pines Beach | 1 CE

Culturally diverse college students often have high rates of addictive disorders yet tend to have lower rates of treatment participation and completion. Much of this is due to the lack of culturally relevant practices. Recovery allies are becoming more prevalent as a collegiate recovery program staple. Recovery allies provide support during the recovering individual’s behavior change to reinforce treatment navigation and support harm reduction approaches (Leonard et al, 2021). During a comparison of Historically Black Colleges/ Universities (HBCUs) and Predominantly White Universities (PWIs) a mixed-methods approach was used to determine similarities and differences among structural and programmatic methods across universities. An exemplary university, an HBCU, documented the widespread presence of allies which contributed to overall satisfaction with recovery programs and lessened stigma across the campus community. In the future, these findings will help further inform the development of culturally appropriate and competent services for Collegiate Recovery Programs.

2024 Annual Conference Agenda

A Little Play Goes a Long Way! Five Principles of Facilitating Fun, Inclusive, and Dynamic Groups for Any Setting

Meghann Perry, CARC, RCPF, B.S., Theatre Education

Pacific Beach | 1 CE

This session will help you learn to tap into creative energy and playfulness and implement five essential facilitation principles for safe and inclusive groups in this interactive workshop. Through exercises based in theatre, storytelling, and recovery coaching, participants gain an understanding of the role of embodiment and playfulness in achieving goals with groups, along with insight into several facilitation concepts that foster inclusion and centering group member voices: Culture, Boundaries, Attunement, Regulation and Play. Originally created for residential SUD treatment settings for 13-26-year-olds, the Embodied Storytelling curriculum will be used to introduce these concepts for both new and seasoned facilitators. Participants leave with three new games to implement in any setting and a new awareness of the essential ingredients that ensure groups are safe, inclusive, and meet the needs of their group members. Facilitate more impactful student and peer groups with these dynamic, fun, and educational techniques!

AAPG BREAKOUT SESSIONS

Building Healthy Relationships

Mary Kate Brown, PSS, MHPS, RSPS, LPN-TR

Mission Beach | 1 CE

It is well known that healthy relationships are a key component in the development of youth and young adults. So, what does it mean to have a healthy relationship on a peer to peer level? In this training we are going to dive into the 5 components of healthy relationships. We will see where we all stand in terms of strengths with the 5 components and see where we can improve. You will also leave with several activities that are geared to improve specific components with the people we serve.

7:30 PM - 8:30 PM

Recovery Meeting | Windansea Beach

7:00 PM - 9:30 PM

"We Can Be Heroes" | Regency AB



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Wednesday, July 3, 2024

7:30 AM - 12:00 PM

Registration Open | Regency Foyer
Exhibit Hall Open | La Jolla Ballroom
Wellness Lounge Open | Cardiff
Sensory Room Open | Encinitas 2
Mother's Room Open | Encinitas 1

7:30 AM - 8:30 AM

Conference Breakfast | La Jolla Ballroom
Recovery Meeting | Windansea Beach



Agenda

9:00 AM - 10:00 AM

ARHE BREAKOUT SESSIONS

Leadership Styles & Challenges

Bruce Reed, PhD, CRC, LCDC

Regency AB | 1 CE

All organizations and enterprises need effective leadership and management to accomplish their goals. How this is done can vary greatly. Some leaders lead by use of their authority, others by example, and still others by building consensus. Leadership is situational - meaning that the needs of leadership can depend upon the situation - for example, the ideal leadership skills and style at a time of crisis is very different than skills needed to implement long-term strategies for growth. This presentation will provide the audience with information on organizational factors such as the role of mission, vision, and values, leadership models and styles, common leadership traits, and critical leadership tasks.

Hollywood Helps Heal: Leveraging the Power of Movies to Help Teens & Young Adults Avoid or Recover from Alcohol/Substance Use Challenges

Ted Perkins, MA

Del Mar | 1 CE

RECOVERY MOVIE MEET-UPS is a program rapidly being introduced in treatment facilities and recovery community organizations across the country that uses films about addiction and recovery as jumping off points for substantive discussions about the risks of addiction. Its therapeutic benefits are well documented in adults who already have alcohol or substance use problems and are seeking treatment. The program has now been adapted for use with teens and young adults at a stage when possible addictive problems can be avoided or mitigated. With its TEEN & YOUNG ADULT MOVIE GUIDE TO SUCCESSFUL SOBRIETY workbook as a guide, individuals can turn the simple and routine act of watching movies for entertainment—something they do all the time anyway—into a way to look at alcohol and drug use in a radical new light, free of scare tactics or stigma.

What's Your Number? Revisiting the Remission Index

Angela O'Malley, M.S., RADT-II, Jack Shain, CADC-II

Torrey Pines Beach | 1 CE

Imagine centering self-determination, recovery literacy, and community building within a free, easy-to-use tool that conceptualizes any individual's predicament and places them in collaborative control of their wellness priorities.

This tool must flexibly integrate within existing abstinence-based systems and harm reduction frames yet be equally useful for stand-alone contemplators with no intention of long-term abstinence or behavior modification. A tool that provides a snapshot "number" that characterizes a persons' current recovery status, allowing them to conjure their predicament, prioritize urgencies and responses, and signal their communities. For novices and clinicians alike, a tool that:

- Broadens access to Early Intervention, Prevention, Psychoeducation, Harm Reduction approaches and clarifies recovery capital, regardless of socio-cultural, economic, or geographic location.
- Emphasizes personal agency, acknowledges complex environments, embraces peer-to-peer frames, is inclusive of family/significant others, enhances treatment engagement, propels continuum of care planning, telehealth-ready, research based, quickly measured for accuracy and modified by the user.

Results of the 2nd Round of the ARHE/ Independence Blue Cross Foundation Grantee Outcomes Study

Jason Whitney, PhD

Regency C | 1 CE

In its first two funding cycles, Independence Blue Cross Foundation provided grants to 14 colleges and universities in the Philadelphia region with the goal of establishing Collegiate Recovery Programs. ARHE provided ongoing technical assistance to these grantee colleges and universities. The primary goal of this mixed-methods study is to evaluate the impact of IBC Grant Funding and technical assistance in supporting colleges and universities' efforts to establish Collegiate Recovery Programs, measuring various ways in which these programs increased the support they were able to provide to students in recovery from substance use disorders, providing insights into best practices while also identifying roadblocks and constraints.

Empowering Our Recovery: The Impact of Certified Peers on Collegiate Recovery

K Williams, Brigid Sieke, Hunter Ernstberger, Rutgers Recovery House

Pacific Beach | 1 CE

We aim to demonstrate the community significance of incorporating a Certified Peer Recovery Specialist into Collegiate Recovery Communities. Our presentation will involve assessing the process of becoming certified as a peer recovery specialist at both state and national levels. Additionally, we'll explore strategies for securing funding to support a certified peer recovery specialist. Personal narratives will be shared to illustrate how CRPS has played a pivotal role in individual recovery journeys. Furthermore, we will analyze and compare the roles of CRPS and clinical staff to highlight their distinctive features.

Exploring Recovery Dharma: An Informative Session on a Buddhist-Inspired Recovery Program

Onawa LaBelle, Ph.D., Maurissa Hastings, M.S.W., R.S.W.

Solana Beach | 1 CE

In this presentation, we introduce Recovery Dharma (RD), a Buddhist-inspired mutual-aid program for addiction recovery, highlighting its relevance and potential application in collegiate recovery settings. Based on a research study with 209 RD members, the session will delve into the core aspects of RD, including its focus on mindfulness, meditation, and emotional regulation. Attendees will learn about RD's unique approach to addiction recovery, catering to a diverse range of addictions and not limited to specific substances like traditional mutual help organizations (MHOs; e.g., AA or NA). We will discuss RD's demographics, with significant representation from the LGBTQ2S+ community, and its practices encompassing meditation, mindfulness, and emotion regulation. In this session, we aim to equip students, educators, counselors, and program facilitators with comprehensive knowledge about RD, empowering them to consider it as a support option for students navigating recovery.

No such thing as tough love? Examining Strengths-based approaches to issues in collegiate recovery

Kimberly Boulden, PhD, Dylan Dunn, Sydney Cheifetz, MPH

Ocean Beach | 1 CE

Over the past decade, there has been a movement within higher education to promote educational programming that capitalizes on student strengths as opposed to focusing on "problem areas." In this session, we'll apply the principles of strengths-based learning to case studies one might encounter in the field of collegiate recovery. Join your peers for an in-depth discussion of how we might approach complex community issues while honoring the strengths of our students.

Agenda

AAPG BREAKOUT SESSIONS

Keeping the Alternative Peer Group Healthy: Hard-won lessons from APG leaders

Anette T. Edens, PhD

Mission Beach | 1 CE

The APG is a family-centered recovery support model that originated in 1971 and has been transforming with advances in treatment and professional improvements through the years. The goal of the APG is to improve the individual's ability to maintain a healthy lifestyle in recovery. The cultural norms in the group include experiencing recovery in a fun social environment, feeling unconditionally accepted, authenticity in relationships, giving and receiving accountability in a loving and supportive way, and taking personal responsibility to live a life in integrity. Any or all of these norms can become out of balance and potentially damage the group. The ability to detect group malfunction and redirect it towards a healthy balance is critical to the sustainability of the group. Staff leaders from 7 cities in 5 states were interviewed and their responses are described in this publication.

10:30 PM - 12:00 PM

KEYNOTE

Advocacy Into Action

Kristina M. Canfield, MEd, Susie Mullens, MS, LPC, ALPS, Licensed Psychologist, AADC-CCS, Allison Smith, PhD, Eric S. Klein, LSW, MSS, Ph.D Candidate, Dot Smith, CEO, Victoria Burns, MSW, PhD, Dan Loffredo, MDiv, FRC

Regency DEFG | 0 CEs

The closing keynote for this year's conference serves as a bookend session to the opening keynote: Unveiling State and Federal Systems. What are the strategies for taking all that is learned this week and turning it into tangible action steps to enhance your program and the collegiate recovery profession? This session brings together advocates from the US, Canada, and the UK representing various advocacy projects at the State/Provincial/Regional/National levels as well as 4-year and 2-year institutions that are already demonstrating success in the expansion of collegiate recovery.

Limited conference Scholarships provided by sponsors.



ARHE Award Winners



Vincent Sanchez
ARHE Lifetime
Achievement Award



Dawn Kepler
Collegiate Recovery Staff
Member of the Year



Jessica Estok
Collegiate Recovery Award
for Outstanding Service



Ayesha Al-Akhdar
Access, Belonging, &
Connection Award



Ellie Morris
Collegiate Recovery
Student of the Year



Andrew Chiala
Collegiate Recovery
Student of the Year



Angie Bryan
Collegiate Recovery
Champion Award



Marci Berney
Collegiate Recovery
Advocate of the Year



Aaron Blankenship
ARHE Cornerstone Award
for Student Support



**Chris Perry & The Jamie
Daniels Foundation**
Visionary Award for the
Advancement of Collegiate
Recovery



**Anna Trevino &
P.O.W.E.R.**
ARHE Community
Organization of the Year



**Michael Ervin & Coal
River Coffee**
Collegiate Recovery
Philanthropist of the Year



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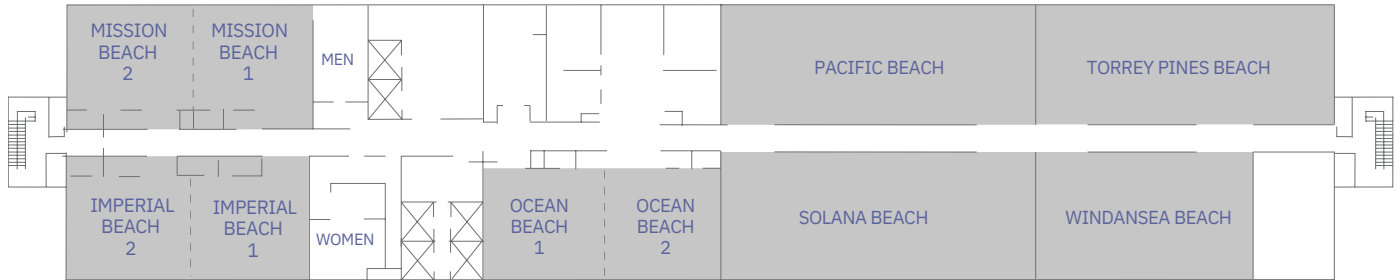
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2024 Annual Conference Conference Floorplan

FLOOR PLAN
Second Floor—Beach Level



First Floor—Ballroom Level



ISSUES REPORTING FORM:

Please scan the QR Code and let us know if any issues arise before, during, or after the conference! *(Can be submitted anonymously)*

