

ONSITE PROGRAM



ARHE ARS AAPG 2025

Annual Conference

Hilton New Orleans Riverside

Two Poydras St,
New Orleans, LA 70130

16th Annual Collegiate Recovery Conference

24th Annual Recovery Schools Conference

9th Annual Alternative Peer Groups Conference



collegiaterecovery.org/2025conference/

#ARHE2025 #ARS2025 #AAPG2025



As we gather for the 2025 annual ARHE/ARS/AAPG conference in the city that is now known as New Orleans, we acknowledge the rich history of this land. Prior to European colonization, this land was an important Indigenous trade hub on the Mississippi River for thousands of years, known as “Bulbancha,” or “place of many tongues,” and was an epicenter of diversity and commerce. It is the traditional homelands of the Houma, Choctaw, and Chitimacha peoples, and has been a gathering place for many others over the centuries, including the Atakapa, Caddo, Natchez, and Tunica peoples.

We acknowledge that this city, like many others, was largely built by forcibly removing Indigenous peoples from the land and constructed using stolen African labor and resources. This painful history continues to impact our Black and Indigenous neighbors today, and it is only through this acknowledgement that we can begin taking the first steps towards respecting and honoring those who have come before us; those who have cultivated relationships with and been caring stewards of this land that gives us life.

We gather from many places to exchange knowledge and resources, just as Indigenous peoples have done so on this land since time immemorial. As we do, it is with deep gratitude that we are given the opportunity to learn, to laugh, and to celebrate scholastic recovery in this space.

Notes

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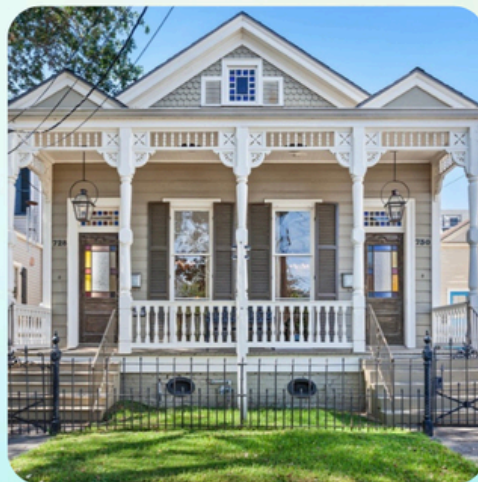
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Dear Conference Attendees,

On behalf of the Association of Recovery in Higher Education (ARHE), welcome to the 2025 ARHE/ARS/AAPG Annual Conference in vibrant, soulful New Orleans! Whether this is your first time joining us or your tenth, I'm so glad you're here. It means more than I can express that you've chosen to be in this space, in this community, at this time.

The truth is, we are gathering during a time of immense transition—and in many ways, uncertainty. The landscapes of both higher education and recovery are shifting rapidly, and many of us are navigating new challenges we couldn't have imagined even one year ago. Whether it's institutional change, policy shifts, or the personal toll of ongoing crises, it's a lot. And yet—we're here. Together.

That's what makes this conference so important. It's more than just a collection of sessions and keynotes (though we're excited about those, too!). My deepest hope is that this week offers something we all need: a moment to breathe, to learn, to be inspired, and to remember that we are not in this work alone. This is a time to show up for one another, to listen deeply, to share authentically, and to connect across campuses, states, and countries. No matter what role you play—student, professional, advocate, researcher, ally—your presence here strengthens the fabric of this movement.

I truly believe that collegiate recovery is one of the most beautiful examples of community in action. When things feel uncertain, we come together. When systems falter, we build new ones. When people feel isolated, we reach out. This community reminds me every day why hope is not just a feeling, but something we create with and for each other.

Please take time this week to connect, explore, and allow yourself to be present. Whether in a session, a hallway conversation, or just sitting with someone new at lunch, I hope you leave this conference reminded that you are part of something much larger than any one of us or any one institution.

If you see me during the week, I hope you'll say hello. I always welcome a hug, a handshake, or a few stolen minutes of conversation—it's truly the best part of the job.

With gratitude and hope,

Kristina M. Canfield, M.Ed.
Executive Director
Association of Recovery in Higher Education (ARHE)





Become a member today!



The Association of Recovery in Higher Education (ARHE) is the only association exclusively representing Collegiate Recovery Programs (CRPs) and Communities (CRCs), the faculty and staff who support them, and the students who represent them.

ARHE provides the education, resources, and community connection needed to support the unique educational journeys of recovering students.

We are a membership-based network of professionals, administrators, faculty, staff, students, parents, and policy makers, serving as a national support system for propagating and supporting the vision of Collegiate Recovery Programs.

ARHE offers time-tested, research- and experience-based methods for fostering and supporting students in Recovery and models for developing and integrating CRPs into institutions in ways that best serve Recovering students.

To learn more about ARHE membership and to join, please visit www.collegiaterecovery.org



Mission: To Champion, Develop, and Sustain Excellence in Collegiate Recovery.

Vision: A collegiate culture which embraces Recovery.

2025 Annual Conference ARS Welcome

Dear ARS Community:

On behalf of the board of Directors of the Association of Recovery Schools (ARS), welcome to the 24th annual Recovery Schools Conference. This year's conference is once again co-hosted by our friends at the Association of Recovery in Higher Education (ARHE), and the Association of Alternative Peer Groups (AAPG). A Special Thank you to Kristina Canfield, Mack Park, and the conference planning committee that have built upon the successes of our previous conferences to create another dynamic, valuable experience for all attendees. A special thank you on behalf of the ARS community to Bea Blackmon for representing ARS on the conference planning committee before she had to step away from both the Conference Committee and our Board. Your impact will on our community will be felt for a long time.



As we move through these uncertain times and face new challenges, it feels even more important that we sustain the connections and fellowship that forms the foundation of the community that binds us together in our recovery work. We are excited to be able to meet in person once again and are even more excited to be able to meet new people who share the same passion. Together, we can continue creating spaces for information sharing and support for the recovery high school community.

Lastly, we would like to thank Center of Addiction Recovery Support (CARS) and SAHMSA. The exciting growth in the recovery high school movement is due in large part to their support. Their support has helped strengthen the ARS community and we want as many people as possible to participate in this experience so that we can continue this momentum.

Sincerely,
Michael Durchslag
ARS Board President





www.recoveryschools.org

ARS Board of Directors

The Association of Recovery Schools supports and inspires recovery high schools for optimum performance, empowering hope and access to every student in recovery

In Memory of Brent Canode

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*Fortis Academy
Houston, TX*

2025 Annual Conference

AAPG Welcome

Welcome, AAPG conference participants

On behalf of the Association of Alternative Peer Groups (AAPG), I am honored to welcome you to our 2025 Annual Conference! We are proud to once again partner with the Association of Recovery in Higher Education (ARHE) and the Association of Recovery Schools (ARS) to co-host this inspiring event. Together, our three organizations represent a powerful continuum of care — offering recovery support and community for teens, young adults, and families across all stages of their journey.

This year's theme, "Finding Our Rhythm: Strengthening Communities, Empowering Recovery," reflects our shared commitment to building a more connected and compassionate system of care. By joining us at this conference, you are part of a growing movement that understands recovery is not a solo endeavor — it takes collective effort, collaboration, and creativity to sustain meaningful, long-term support.

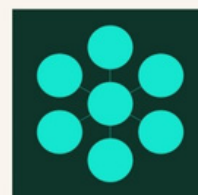
Alternative Peer Groups have been helping youth and families for over 50 years through a dynamic model that blends clinical care, peer connection, and family involvement. I know firsthand the transformational power of this work. My own family's recovery was made possible through the support of an APG, and that experience inspired me to found Collective Roots APG in Oregon and serve on the AAPG Board to uplift others doing this work across the country.

While the need for support continues to grow, we believe deeply in our capacity to meet that need — together. Whether you're here to present, learn, network, or dream up your next big idea, this conference is a place to find your rhythm within the larger harmony of our recovery movement.

We're so glad you're here. Thank you for bringing your passion, wisdom, and heart to this community. Let's make the most of our time together and keep building a future where recovery is not just possible — it's supported, celebrated, and sustained.

Sincerely,
Robin Bergeron
AAPG Board Chair, on behalf of The AAPG Board of Directors

P.S. We know New Orleans in the summer brings the heat — so we've included a cooling towel in your welcome bag to help you keep your cool while soaking up all the learning, connection, and humidity this week has to offer!



Association
of Alternative
Peer Groups



Assoc. of Alternative Peer Groups

Bringing Hope to Recovery, One Group at a Time

Join AAPG

Whether you're an individual expert eager to share your journey or an organization looking to intertwine with the fabric of our mission, AAPG is your gateway to a future where every recovery story is heard and every professional's potential is realized.

Get your Membership Today

Visit
www.AAPG-Recovery.org
For More Information

Individual:
\$150 annual
Fee

Organizational:
\$250 annual
Fee

2025 Annual Conference Exhibitors / Sponsors

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- Imagine Recovery & Imagine House

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- Augsburg University's StepUp Program
- Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery (HECAOD)

Exhibitors

- SMART Recovery
- Pine Grove Behavioral Health & Addiction Services
- SAFE Project
- One World Recovery Network
- Opioid Response Network (ORN)
- Center for Students in Addiction Recovery
- 4D Recovery

Non-Exhibiting Supporters

- Pain Intervention Center
- Twin Seas Media Productions
- Cumberland Heights

Bronze Sponsors

- University of Texas Rio Grande Valley
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- Sandstone Care
- Faces and Voices of Recovery
- Oxford House
- Advantages School International
- R1 Learning

- Emergent Biosolutions
- Botvin LifeSkills Training
- ECU Addictions and Rehabilitation Studies
- SteelCityHxCxRecovery
- St. Christopher's Addiction Wellness Center
- Addiction Technology Transfer Center (ATTC) Network Coordinating Office
- Students Recover

- The Clinton Global Initiative Overdose Response Network
- Stann Smith

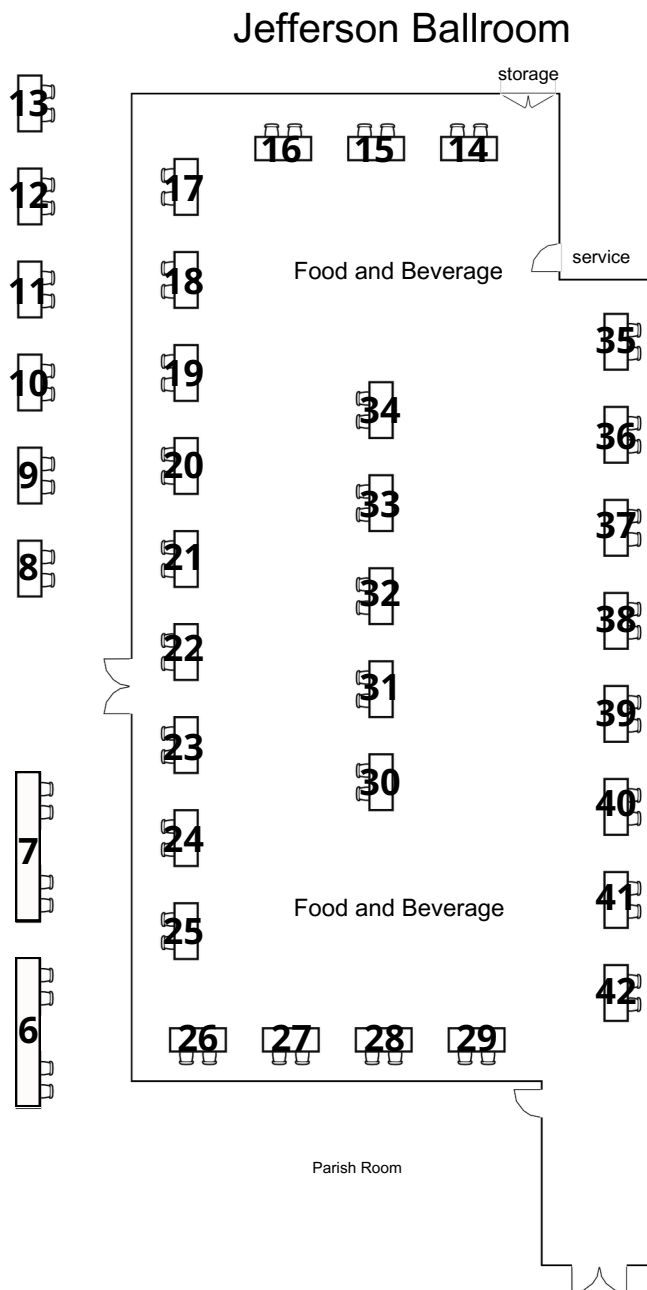
Exhibit Hall sponsored by:



2025 Annual Conference

Exhibitors / Sponsors

- 1-5. Registration and Volunteer Support (not visible on the map)**
6. Imagine Recovery & Imagine House
7. Indivior
8. One World Recovery Network
9. Addiction Technology Transfer Center (ATTC) Network Coordinating Office
10. Botvin LifeSkills Training
11. R1 Learning
12. SMART Recovery
13. Stann Smith
14. University System of New Hampshire CRP
15. University of New Hampshire APG
16. StepUp at Augsburg University
17. The University of Texas Rio Grande Valley - School of Rehabilitation Services & Counseling
18. Loyola Marymount University CRP
19. Virginia Commonwealth University CRP
20. Pine Grove Behavioral Health & Addiction Services
21. Advantages School International
22. Students Recover
23. Opioid Response Network
24. 4D Recovery
25. Meadows Behavioral Health
26. ECU Addictions and Rehabilitation Studies
27. Spartan Recovery @ UNCG
28. Collective Roots APG
29. Faces and Voices of Recovery
30. The Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery
31. Clinton Global Initiative, Overdose Response Network
32. SAFE Project
33. Sandstone Care
34. Emergent Biosolutions
35. SteelCityHxCxRecovery



36. Northshore Technical Community College CRP
37. Southeastern Louisiana University CRP
38. Louisiana State University CRP
39. Tulane University CRP
40. Center for Students in Addiction Recovery
41. St. Christopher's Addiction Wellness Center
42. Oxford House, Inc.

***Tables 1-5 are on the other side of The District, across from 6-13*

Staff, Boards, Committees

2025 Conference Planning Committee

Kristina Canfield, Association of Recovery in Higher Education
Mack Park, Association of Recovery in Higher Education
Michael Durchslag, P.E.A.S.E. Academy
Robin Bergeron, Collective Roots APG
Jacob Goldberg, Tulane University
Keith Murphy, Rutgers University
Allison Smith, Louisiana Board of Regents
Patrick Bibza, University of Pittsburgh
Susie Mullens, West Virginia Collegiate Recovery Network
Mark Mills, Texas Tech University
Kit Emslie, University of Alabama at Birmingham
Jason Parete, University of Windsor
Jarmichael Harris, Addiction Professionals of North Carolina
Chelsea Rushbrook, Virginia Commonwealth University
Annette Baldwin, Southeastern Louisiana University
Dharmakrishna Mirza, Oregon State University
Bryan Sadler, Southeastern Louisiana University
Kim Cassell-Gibson, Grambling State University
Ayesha Al-Akhdar, University of Georgia
Willie Thompson, RecoverAll SC

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Keith Murphy, Junior Co-Chair
Dominique Clemmons-James, Secretary
Paula Harrington, Treasurer
Buddy Gerber, Incoming Treasurer
Marbeth Holmes, Mid-Atlantic Rep
Taylor Moran, Northeast Rep
Santee Ezell, Southeast Rep
John Shiflet, Southwest Rep
Jessica Miller, Midwest Rep
Corey Lamb, West Rep
Victoria Burns, International Rep
Kathleen Gibson, Member-At-Large
Tammy Bradford, Student Rep
Christina Reardon-Harrah, Student Rep

ARHE Staff

Kristina Canfield, Executive Director
Louise Irizarry, Assistant Controller
Mack Park, Assistant Director
Bret Frazier, Technical Assistance and Outreach Manager
Ayesha Al-Akhdar, Access, Belonging & Connection Fellow
Mandi Vanhoy, Media Intern

ARHE Advisory Council

Bryan Sadler, Co-Chair
Bret Frazier, Secretary
Jernee Montoya, Member-At-Large
Laini Sporbett, Member-At-Large
Victoria Cooper, Member-At-Large
Samantha Reitz, Member-At-Large
Dot Smith, Member-At-Large
Patrick McElwaine, Member-At-Large

Staff, Boards, Committees

ARS Board

Michael Durchslag, Board Chair
Sharon Dursi Martin, Board Vice Chair
Ahmed Hosni, Board Secretary
Julie McElrath, Board Treasurer
Andy Finch, Senior Advisor & Co-Founder of ARS
Mary Ferreri, Board Member
Rachelle Gardner, Board Member
Travita Godfrey, Board Member
Cody Nagle, Board Member
Morgan Thompson, Board Member
Seth Welch, Board Member

AAPG Board

Robin Bergeron, Chair
Anette Edens, Co-Chair
Heidi Cloutier, Vice Chair
Ripp Motion, Treasurer
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2025 Annual Conference

General Information

We're excited to announce that you can access the 2025 ARHE/ARS/AAPG Annual Conference webapp and mobile app to get updated conference information, view the full agenda and customize your own schedule, connect with other attendees, check your score on the leaderboard, and more!

Install the free 'eventScribe' app, available in the Apple [App Store](#) and the [Google Play Store](#). Open it and search for 'ARHE/ARS/AAPG Annual Conference 2025'. You will be prompted to log in with your email and password (access key) provided to you by email. Come by the registration desk if you need help accessing the conference app!

Conference Spaces

Registration Desk: The registration and information desk can be found on the third floor in the District.

Volunteer Check-in: The volunteer check-in space will be located on the third floor in the District.

Social Lounge: The social lounge is located in Commerce on the third floor. Stop by the space to engage in self-care anytime during conference hours! The social lounge has crafts and activities to keep you entertained while you just hang out and de-compress on your own or chat with fellow attendees and get to know one another!

Relaxation and Quiet Lounge: The relaxation and quiet lounge is located in Norwich on the third floor. It is a designated quiet space, intended to provide calm escape from the noise, lights, and stimuli of the conference. Attendees are welcome to utilize this space for relaxation, meditation, and prayers, but we ask that all use of the space is respectful of others. This space is tech FREE and not available for conversations, phone calls, or meetings.

Nursing Lounge: The nursing lounge is located in Durham on the third floor. It is available for conference attendees in need of a nursing area.

Each of the above conference spaces are available during the following times:

- Thursday, June 26: 7:30 AM - 5:00 PM
- Friday, June 27: 7:30 AM - 5:00 PM
- Saturday, June 28: 7:30 AM - 5:00 PM
- Sunday, June 29: 7:30 AM - 12:00 PM

Conference Hotel

All conference activities will be held at the Hilton Riverside New Orleans and are open to registered conference participants only.
Two Poydras St, New Orleans, LA 70130

Accessibility/Dietary Needs

An accommodations form has been posted on the ARHE conference website for the past year in order to accommodate needs in advance. Dietary restrictions were requested during the registration process. Please inform ARHE staff at the registration desk of any accessibility or dietary requests that have not yet been communicated so that we can work to ensure your needs are met.

Exhibitors and Scheduled Exhibit Hall Breaks

Please be sure to visit the Exhibit Hall in the Jefferson Ballroom on the third floor. Intentional coffee breaks with exhibitors are provided Thursday-Saturday from 2:15PM - 2:45PM. Breakfast is also served in the exhibit hall.

Conference Badges

Conference badges are required to participate in conference sessions and any event where food is provided by the conference. Your badge not only indicates that you are fully registered, but serves to build community among attendees.

Attendee Badges sponsored by:

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A COLLEGE RECOVERY PROGRAM

General Information

Onsite Breakfast

A Hot Breakfast buffet will be provided Thursday-Sunday. We are taking care to ensure that there are a variety of options, including vegetarian, vegan, gluten-free and pork-free options. Lunch and dinner are NOT provided with registration. Other meals or snacks will be the responsibility of the attendee.

Co-sponsored each day by:



Coffee Breaks

Coffee Breaks will be provided Thursday-Saturday from 2:15-2:45pm in the Jefferson Ballroom.

Sponsored each day by:



All Gender Restrooms

All gender restrooms will be provided between the elevators and the escalators on the third floor. Please remember that gender expression takes many forms. We affirm the right of each person to choose and use the restroom best suited to their needs and to do so free from scrutiny and judgment.

General Certification of Attendance

A general certification of attendance can be provided upon request by emailing conference@collegiaterecovery.org

Onsite Lunch Options

- Fast Food & Quick Bites:
 - River Blends Café: Located within the hotel, this café offers quick-service options for breakfast and lunch.
 - The Outlet Collection at Riverwalk: Adjacent to the hotel, this shopping center features a food court with various fast-food options, including Subway and Raising Cane's.
- Sit-Down & Local Fare:
 - Drago's Seafood Restaurant: Famous for its charbroiled oysters, Drago's is located within the hotel and offers a full seafood menu.
 - Legacy Kitchen's Craft Tavern: A short walk away, this restaurant serves American fare with a Southern twist in a casual setting.
 - Cochon: Located in the Warehouse District, Cochon offers Cajun Southern cooking with locally sourced pork, fresh produce, and seafood.
- Vegan, Vegetarian & Gluten-Free Options:
 - Sweet Soul Food: A vegan restaurant offering a rotating menu of soul food classics like mac & cheese, jambalaya, and cornbread. Many dishes are gluten-free.
 - I-tal Garden: Specializes in vegan and gluten-free dishes, including fried oyster mushrooms and raw tacos. Note: Open Friday through Sunday.
 - Bearcat Café: Offers a balanced menu with both vegan and non-vegan options, including gluten-free dishes. Known for its ranchero bowl and breakfast potatoes.
 - Breads on Oak: A 100% vegan bakery and café serving organic breads, pastries, and lunch items like sandwiches and salads. They also offer gluten-free options.
 - True Food Kitchen: Focuses on health-driven, seasonal food with a variety of vegan, vegetarian, and gluten-free options.
- *Check out local restaurants in the HungryFriend app!* Explore local cuisine by dining-in, or order food to-go and have it delivered to the hotel - all while supporting ARHE when you select your preferred non-profit to receive a percentage of your meal purchase (with no added cost to you)!

2025 Annual Conference

General Information

Lost and Found

Please bring lost items to the Registration Desk.

Conference Contests

Check out more detailed instructions for the conference contests in the app.

Scavenger Hunt:

- Scan QR codes and answer multiple choice questions to score points. The attendee with the highest points will receive a \$100 gift card of their choice. All participating attendees will also be entered into a draw for an additional \$50 gift card, to be drawn at the end of the conference. (Hint: be sure to check the exhibit hall for QR codes!)



Photo Bingo:

- Take photos and complete the bingo card in your welcome bag to be entered into a raffle for some donated prizes. Upload photos to: <https://bit.ly/photobingo2025>



Resource Hub Raffle:

- Upload resources to the ARHE resource hub, gather raffle tickets, and drop them in the bags for the items you hope to win! Upload resources to: <https://bit.ly/2025resource>



All draws will be done the morning of Sunday, June 29, 2025. Participants will be notified before 10am if they won and winners will be asked to pick up their prize by 12pm at the Registration desk.

Download the session graphics which can be shared on Social Media accounts!



Social Media

Conference photos and updates will be posted on ARHE socials. Please join the conversation by posting with the hashtags #ARHE2025, #ARS2025, #AAPG2025. Conference presenters can download their session graphics to share!

Frequently Asked Questions

For answers to a list of frequently asked questions, check the conference app. If you still have a question that is not included in our FAQs, please don't hesitate to reach out to our conference planning committee at conference@collegiaterecovery.org before the conference, or stop by the registration desk during the conference!

Photos and Videos

We will be taking photos and encouraging social media engagement using the hashtags #ARHE2025 and #ARS2025 and #AAPG2025. Many sessions will also be recorded with the presenter's permission, though the recordings will be done in-house and will take additional time before they can be made available. Photos may be utilized in future promotional materials. Unless specific requests are made in writing, all conference participants agree to the use of their likeness. Requests should be made in writing to conference@collegiaterecovery.org. All session videos will be made available post-conference for registrants to access and instructions for accessing this video library will be emailed to all conference registrants in July.

Install the free 'eventScribe' app, available in the [Apple App Store](#) and the [Google Play Store](#). Open it and search for 'ARHE/ARS/AAPG Annual Conference 2025'. Log in using your email address and password (Registration ID) provided to you by email when you registered. Your registration ID is also printed on your badge. Please contact conference@collegiaterecovery.org before the conference, or stop by the registration desk during the conference to get support!

General Information

Attire

Dress for the conference is casual to business casual—comfort is key! New Orleans in late June is hot and humid, with average daytime temperatures in the mid-to upper-80s°F and high humidity. Evenings typically remain warm, with lows in the mid-70s°F.

Most conference activities will take place indoors at the Hilton New Orleans Riverside, where air conditioning can be quite cool, so we recommend bringing a light jacket, sweater, or sweatshirt for your comfort. Breathable fabrics, comfortable shoes, and layers will help you stay comfortable both inside and while enjoying the city.

Hotel Map

A map of the meeting spaces can be found at the back of the program book and in the conference app.

Conference Evaluation

A session feedback form is available to provide immediate session feedback. This form can be accessed on the conference app and website, and can be found by scanning the QR code outside any breakout room on the room signage.

An overall 2025 Conference Evaluation will be sent via email to all registered attendees after the conference. Please consider providing your feedback to ensure next year's experience can continue to be improved!

An immediate issues reporting form is provided on all breakout room signs, at the back of the program, and on the mobile app and website. Use this form to report any urgent needs. The form can be completed anonymously.

Become a member of the Higher Education Center today!

Membership Options includes:

ScreenU Package: Web-based tool that administers screening, brief intervention, and referral to treatment (SBIRT) to an unlimited number of students for alcohol, prescription drugs, and cannabis.

Past & Current Learning Collaboratives: Participate in one of our twice a year learning collaboratives to develop your skills and gain access to archived learning collaboratives on topics such as cannabis, harm reduction, the biennial review, and grant writing through your member portal.

Recovery Ally Training: Access the *Recovery is Spoken Here* Recovery Ally curriculum that prepares participants with the knowledge, skills, and tools to act as recovery allies for individuals in or seeking recovery from a substance use disorder on a college campus.

Exclusive Event Discounts: Attend the National Meeting, Cannabis Symposium, and other live events at a discounted rate.

Webinars: Each live and recorded webinar hosted by HECAOD are available to members at no cost.

JOIN TODAY!
VISIT **HECAOD.OSU.EDU**

Higher Education Center
for Alcohol and Drug Misuse Prevention and Recovery

General Information

Parking

- Parking is available onsite at the Hilton New Orleans Riverside, where the conference is being held. Here are the details:
 - Self-Parking:
 - Located in the hotel's connected parking garage (Poydras Garage) for \$44/day (subject to change). Enter via Convention Center Blvd or Poydras Street.
 - Valet Parking:
 - Available at the hotel's main entrance for approximately \$49/day and includes in/out privileges.
 - Note: Parking rates are set by the hotel and are subject to change. Attendees staying at the Hilton are encouraged to check with the front desk for the most up-to-date pricing and in/out policies.
- Nearby Alternative Parking Options:
 - Harrah's Casino Parking Garage (500 Poydras St)
 - Located a few blocks away and often offers lower daily rates (check restrictions).
 - Premium Parking – P296 or P194
 - Several lots nearby with mobile pay and daily max rates around \$20–30. The Outlet Mall lot is one option and is adjacent to the host hotel.

Wi-fi

Hotel guests may enjoy free internet access in the common areas of the conference. For those staying at the Hilton New Orleans Riverside, your room comes with internet access for up to 5 devices; please follow the instructions you receive at check-in for the hotel.

There is guest wi-fi in all common areas of the hotel. There is no wi-fi in session rooms; only presentation laptops will have secured Internet connection.

Getting Around Without a Car

New Orleans is a very walkable city, and the Hilton is centrally located near streetcars, the French Quarter, and many restaurants. If you're staying nearby, you may not need a car during the conference.

- Rideshare Services:
 - Uber and Lyft both operate extensively throughout New Orleans. Pick-up and drop-off zones are available directly outside the hotel. Ideal for quick trips to the French Quarter, Garden District, or anywhere beyond walking distance.
- Streetcar Lines
 - New Orleans' historic streetcars are a scenic and budget-friendly way to explore the city.
 - Nearest Line: The Riverfront Streetcar stops right outside the hotel. Fares: \$1.25 per ride or \$3 for a Jazzy Pass (unlimited rides for 24 hours).
 - Where to Buy: On board with exact change, or via the Le Pass app.
 - Popular Routes Nearby:
 - Riverfront Line – Along the Mississippi, great for reaching the French Market and Aquarium.
 - St. Charles Line – Classic green streetcars head uptown past mansions and oak-lined streets.
 - Canal Street Line – Runs toward Mid-City and City Park.
- Public Bus System (RTA)
 - Extensive bus network throughout the city
 - Same fare as the streetcar system: \$1.25 per ride
 - Download the Le Pass app for schedules, routes, and mobile payments
- Walking
 - The Hilton is centrally located:
 - ~5 min to the French Quarter
 - ~10 min to Canal Street
 - ~15 min to the Warehouse Arts District
- Bikes and Scooters
 - Blue Bikes: NOLA offers short-term rentals through an app
 - Electric scooters are not currently available due to city regulations

General Information

Getting to the Hotel from the Airport

The Louis Armstrong New Orleans International Airport (MSY) is approximately 13 miles from the Hilton New Orleans Riverside. While the hotel does not offer a complimentary airport shuttle, there are several reliable transportation options:

- **Airport Shuttle**
 - Airport Shuttle New Orleans is the official shuttle service from MSY.
 - Cost: ~\$28 one-way / ~\$50 round-trip (subject to change)
 - Travel Time: 30–45 minutes depending on traffic
 - A reservation is highly recommended. Visit airportshuttleneworleans.com or book at the airport kiosk.
- **Taxi Service**
 - Flat rate to/from downtown (including Hilton): \$36 for up to 2 passengers and \$15 per additional person (subject to change).
 - Available 24/7 outside airport baggage claim
- **Rideshare (Uber & Lyft)**
 - Pick-up area: Level 3 of the MSY Parking Garage
 - Cost: ~\$35–\$45 depending on demand
 - Tip: Check both apps for pricing and availability at time of arrival
- **Car Rentals**
 - Available at the MSY Consolidated Rental Car Facility
 - Note: Parking at the Hilton is limited and relatively expensive (see “Where do I park?” FAQ)
- **Public Transit****
 - JeT Bus E-2 from the airport to downtown New Orleans via RTA:
 - Budget-friendly (~\$1.25), but may take 60–90 minutes and involves transfers
 - Note: Best for those familiar with the city or traveling light

Most attendees find rideshare or the Airport Shuttle to be the most convenient options. If you have additional mobility needs or are arriving in a group, reach out to the Hilton concierge in advance for support.

Recovery Meetings

Onsite recovery meetings are included in the conference agenda. A list of local recovery meetings can also be found in the app.

Entertainment

Recovery happens in community - and so every year we strive to offer entertainment options in the evenings for conference attendees to hang out, have fun, and relax while building relationships. This years entertainment options include:

- Wednesday: Second Line band to kick-start the conference. Awards celebration to follow!
- Thursday: No evening event - built-in time to explore the city!
- Friday: Music event and concert featuring Stann Smith!
- Saturday: Film screening of the documentary ‘Inheritance’

There are also three wellness / entertainment events per day with fitness, craft, and meditation options! View the full conference schedule to learn more!

Continuing Education

See the next two pages of the program for all continuing education information. CEs are evaluated through Amedco and CE certificates must be submitted through their portal. A general certificate of attendance can be provided upon request. There are no enduring CEs this year; CEs must be requested for in-person sessions only.

Download the Conference Mobile App to learn more about the conference contests, entertainment, recovery meetings, places to eat, things to do, etc.!



2025 Annual Conference

CE Information

Learner Notification

Association of Recovery in Higher Education 16th National Collegiate Recovery Conference / 24th National ARS Conference June 25, 2025 - June 29, 2025 New Orleans, LA

Acknowledgement of Financial Commercial Support

No financial commercial support was received for this educational activity.

Acknowledgement of In-Kind Commercial Support

No in-kind commercial support was received for this educational activity.

Satisfactory Completion

Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

Joint Accreditation Statement



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Association of Recovery in Higher Education. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Professions in scope for this activity are listed below.

Amedco Joint Accreditation Provider Number: 4008163

Psychologists



AMERICAN
PSYCHOLOGICAL
ASSOCIATION

This course is co-sponsored by Amedco and Association of Recovery in Higher Education. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and content. Maximum of 21.50 hours.

This course is co-sponsored by Amedco and Association of Recovery in Higher Education. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and content. Maximum of 21.50 hours. The following state boards accept courses from APA providers for Psychologists/Counselors: AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MA (LEP ONLY), MD, ME, MN, MO, NC, ND, NH, NE, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY; **MI**: Accepts courses from APA for Psychologists. No general CE requirement for Counselors; **OK**: Accepts APA credit for live, in-person activities but not for ethics and/or online courses. **The following state boards accept courses from APA providers for MFTs**: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WDC, WI, WY; **AL MFTs**: Credits authorized by NBCC or any other state licensing agency will be accepted. **MA MFTs**: Participants can self-submit courses not approved by the MAMFT board for review. **MI MFTs**: There are no CE requirements for MFTs in MI. **The following state boards accept courses from APA providers for Addictions Professionals**: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (held outside NY ONLY), OK*, OR, SC, UT, WA, WI, WY **The following state boards accept courses from APA providers for Social Workers**: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY*

Social Workers



ASWB approved continuing education

As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are

approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. ASWB Content Level: Intermediate. Social workers completing this course receive up to 21.50 continuing education credits.

The following state boards accept courses offering ASWB ACE credit for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV*, WY

OK: Accepts ASWB ACE for live, in-person activities but not for ethics and/or online courses; **WV**: Accepts ASWB ACE unless activity is held live in West Virginia; **The following state boards accept courses offering ASWB ACE credit for Counselors**: AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA (LEP ONLY), MD, ME, MO, ND, NE, NM, NH, NV, OK*, OR, PA, TN, TX, UT, VA, WI, WY **MI**: No CE requirement for licensed counselors; **The following state boards accept courses offering ASWB ACE credit for MFTs**: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK*, OR, PA, RI, TN, TX, UT, VA, WI, WY; **AL MFTs**: Credits authorized by NBCC or any other state licensing agency will be accepted; **MA MFTs**: Participants can self-submit courses not approved by the MAMFT board for review; **MI**: No CE for requirement for licensed MFTs; **The following state boards accept ASWB ACE credit for Addictions Professionals**: AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

CE Information

National Association for Addiction Counselors



16th National Collegiate Recovery Conference / 24th National ARS Conference has been approved by Association of Recovery in Higher Education, as a NAADAC Approved Educational Provider, for 21.50 CE. NAADAC Provider #169876, Association of Recovery in Higher Education is responsible for all aspects of their programming. Counselor Skill Groups: [1, 2, 3, 4]

NAADAC covers all states except: CA, IL, OH, PA HI: No CE requirements; **The following state boards accept courses from NAADAC providers for Counselors:** AL, AR, AZ, CO, DE, GA, IN, KS, MD, ME, NE, NC, NM, ND, NJ, NV, SC, TN, TX, UT, VA, WI, WY; **The following state boards accept courses from NAADAC providers for MFTs:** AR, AZ, DE, IN, KS, LA, MD, NC, NE, NJ, NM, NV, SC, TN, TX, UT, VA, WI, WY; **MA / MFTs:** Participants can self-submit courses not approved by the MAMFT board for review; **The following state boards accept courses from NAADAC providers for Social Workers:** AR, AZ, CO, DE, GA, ID, IN, KY, ME, MN, ND, NE, NM, OR, VT, WI, WY

Objectives - After Attending This Program You Should Be Able To

1. Demonstrate the continuum of care of recovery support services through the implementation of collegiate recovery programs, recovery high schools, and alternative peer groups.
2. Analyze the latest in addiction and recovery research as it relates to the emerging adult populations.
3. Convene key stakeholders from the collegiate recovery, recovery high school, and alternative peer group communities to share best practices and strategize for further growth.

How to Get Your Certificate

1. Go to arhe.cmecertificateonline.com
2. Click on the **16th National Collegiate Recovery Conference / 24th National ARS Conference** link.
3. Evaluate the meeting.
4. Print, download, or save your certificate for your records.
5. If you lose your certificate, or need help, go to help.cmecertificateonline.com

The poster features a background image of a modern interior with a long, low fireplace and a glass coffee table. Text is overlaid on the image.

DENVER, CO | JUNE 26-30, 2026
Denver Marriott Tech Center
4900 South Syracuse Street, Denver, CO 80237

REGISTER TODAY:
collegiaterecovery.org/conference

ARHE ARS Association of Alternative Peer Groups

2026 ARHE/ARS/AAPG ANNUAL CONFERENCE

SAVE THE DATE

2025 Annual Conference Agenda

June 25 & 26, 2025

Wednesday, June 25, 2025

8:00 AM - 5:00 PM

ARHE Board Meetings | *Bridge*

ARS Board Meetings | *Steering*

10:00 AM - 5:00 PM

Registration Open | *The District*

Exhibit Hall Set Up | *Jefferson Ballroom*

7:00 PM - 10:00 PM

Second Line and ARHE/ARS/AAPG Awards | *St. James*

Meet in the hotel lobby at 6:45 PM to begin the second line. The second line procession will move from the lobby to the St. James Ballroom precisely at 7:00 PM. The awards ceremony will include the the ARHE, ARS and AAPG award recipients.

Thursday, June 26, 2025

7:00 AM - 8:00 AM

Recovery Meeting | *Bridge*

Wellness Activity: Flex & Flow: Total Body Warm-Up & Cool-Down | *Steering*

Patrick Bibza, LSW

A low-stress movement session, designed to activate and refresh various muscle groups. Includes a total-body stretch warmup, and a cooldown period for recovery and relaxation.

7:30 AM - 5:00 PM

Registration Open | *The District*

Exhibit Hall Open | *Jefferson Ballroom*

Social Lounge Open | *Commerce*

Relaxation and Quiet Lounge Open | *Norwich*

Nursing Lounge Open | *Durham*

7:30 AM - 8:30 AM

Conference Breakfast | *Jefferson Ballroom*

8:30 AM - 10:00 AM

ARHE Annual Member's Meeting | *St. Charles*

ARS Welcome Session and Member Meeting: Innovation from Across the Country | *St. James*

AAPG Welcome Session and Member Meeting | *Magazine*

**SESSION
FEEDBACK FORM:**



Agenda

June 26, 2025

10:15 AM - 10:30 AMOpening Remarks | *St. Charles***10:30 AM - 12:00 PM****KEYNOTE SESSION****Yes, And: Recovery, Connection, and the Power of Authenticity****Tom Farley*****St. Charles* | 1.5 CE**

Tom Farley takes attendees on an engaging and deeply personal journey through his own recovery and the lessons learned from his brother, comedian Chris Farley. This TED-style keynote blends storytelling, comedy, and interactive improv to explore how addiction affects individuals and families, how humor can both heal and harm, and how connection is the key to sustained recovery. Attendees will learn how to recognize the hidden struggles and fear behind laughter, the importance of honest communication, and the transformative power of ensemble thinking. The session culminates in an interactive improv segment where Tom demonstrates how recovery is possible on the other side of fear through the power of "Yes, And," the golden rule of improv, as a tool to foster trust, break stigmas, and strengthen communities.

11:30 AM - 12:30 PMRecovery Meeting | *Bridge***Wellness Activity: Painting on Perspectives | *Steering*****Ayesha Al-Akhdar, CPS-AD**

A guided painting exercise, followed by a reflective discussion. The session will engage with ideas of perspective and autonomy, and how those relate to participants' various recovery processes.

1:15 PM - 2:15 PM**ARHE BREAKOUT SESSIONS****Philanthropy in Action: Unlocking Private Foundations to Advance Scholastic Recovery****Kristen Harper, M.Ed.*****St. James* | 1 CE**

Private foundations play a crucial role in funding and sustaining recovery support efforts in educational settings. However, securing and maintaining foundation funding requires a strategic approach. This session will provide participants with a comprehensive understanding of how to identify and engage private foundations, craft compelling funding proposals, and establish long-term partnerships to support students in recovery. Through real-world examples and practical guidance, attendees will leave equipped with the tools needed to enhance recovery support programs and secure the necessary resources to foster student success.

June 26, 2025

2025 Annual Conference Agenda

Exploring Harm Reduction in Collegiate Recovery Programs: Beliefs and Practices in Supporting Student Recovery

Cameron Ortega, PhD, LPC-S, LCDC, CRC, Fidenco Mercado, MS, LPC, LCDC

Quarterdeck BC | 1 CE

Collegiate Recovery Programs (CRPs) are crucial in creating supportive environments for students recovering from substance use disorders. This presentation examines how harm reduction principles are integrated into CRPs, focusing on the beliefs and practices of program administrators and how these factors affect recovery outcomes.

Harm reduction is a compassionate approach emphasizing safety, inclusion, and risk minimization. It is increasingly relevant to meeting students' diverse needs. This session will review qualitative and quantitative data to highlight how CRPs implement harm-reduction strategies to establish accessible, stigma-free recovery pathways.

Attendees will learn about the challenges and benefits of harm reduction, practical implementation strategies, and implications for policy and practice in higher education.

From Abstinence to Acceptance: Exploring Harm Reduction in Campus Recovery

Noel A. Vest, PhD

Parish | 1 CE

Collegiate Recovery Programs (CRPs) have historically emphasized abstinence-based recovery, often excluding harm reduction approaches that focus on minimizing substance use consequences without requiring complete cessation. This roundtable will share findings from a qualitative study at five universities, highlighting barriers to integrating harm reduction within CRPs, including stigma, institutional resistance, and funding challenges. Despite these obstacles, participants identified opportunities for education, policy change, and creating distinct spaces for harm reduction and abstinence-based recovery.

The session will explore tensions between harm reduction and abstinence, addressing cultural attitudes, financial incentives, and contrasting views on behavioral versus traditional harm reduction. Key findings emphasize the role of stigma and practical strategies for integration. Attendees will engage in dialogue on adapting CRPs to support diverse recovery pathways while upholding abstinence goals. The discussion aims to inspire actionable strategies to foster inclusivity and meet the needs of all students in recovery.

1:15 PM - 2:15 PM

ARS BREAKOUT SESSIONS

Three Years Strong! Operating a Recovery High School for New Administrators

Justin Savoy, MBA, M.Ed., MS

Jackson | 1 CE

An introduction to operating a new recovery high school for administrators. Learn about the challenges and successes of a new administrator after completing their first three years. Words of wisdom, opportunities for advice, and an open dialogue to assist new recovery administrators as they embark on their journeys.

Agenda

June 26, 2025

AAPG BREAKOUT SESSIONS

The Ethics of ER Diversion: Balancing Duty to Warn with Client Best Practice

Sherrard Crespo, LCSW

Magazine | 1 CE

We have an ethical “duty to warn” for clients at imminent risk of harm to themselves or others. Yet, many clinicians do not understand imminent risk or factors that leave an individual vulnerable to risk of suicidal ideation. Theories of suicide, attitudes and values associated with suicide, ethical conundrums in suicide prevention, and ethical principles that guide our work will be discussed. The importance of professional clarity and understanding emergency diversion tactics that can protect our clients in the long-term will be presented, in addition to local resources that can be part of a continuum of care for a client with suicidal ideation.

2:15 PM - 2:45 PM

Coffee With Exhibitors | *Jefferson Ballroom*

3:00 PM - 4:30 PM

ARHE BREAKOUT SESSIONS

Substance Use and Young People: Emerging Trends, Complex Challenges, and the Harm Reduction Care Continuum

Benjamin Kalayjian, MD, MAS

Parish | 0 CEs

In this talk, I will outline the major trends in substance use across the United States, with particular attention to changes in opioid overdose deaths, and changes in patterns of use amongst young people, including adolescents and young adults. I will then call attention to the rising crisis of overdose deaths in adolescents, particularly in context of more general declines in substance use overall. We will identify major implicated components of this crisis, notably the rise in illicitly manufactured Fentanyl and counterfeit medications, often targeted to youth. Finally, I will describe a holistic approach to care for people in recovery and confronting substance use, along the substance use care continuum. Specific attention will be paid to informative frameworks, including syndemics, adverse childhood and community experiences, and the fundamentals of harm reduction, as it emerges as a valuable philosophy for both advocacy, and in the medical clinic.

Immersion & Transformational Leadership Series and How to Support Students and CRP Employees Part 1

Ayesha Al-Akhdar, CPS-AD, Keith Murphy, LPC, LCADC, Marbeth H. Holmes, LCSW, LCAS, CCTP, Dominique Clemmons-James, PhD, LCMHCS, CRC, LCAS, MAC, BCB, CCS

St. Charles | 1 CE

This workshop consists of three sessions. The focus of the first session is exposure. It will cover the landscape of policy changes and their effects on the students and workforce of Collegiate Recovery. The focus of the second session is immersion. Scenarios developed from case studies and lived experiences of facilitators will be offered for attendees to discuss in small groups. The scenarios will vary in represented affinity groups and institution types. The focus of the third session is emersion. How can coalition building and transformational leadership skills- help us navigate policy changes in higher education? What can emerge from our shared experience and the support we offer each other as collegiate recovery participants and professionals?

When the Frying Pan Hits the Fire: The Intersection of Substance Use Disorder and Grief**David Chastain, PhD****Jackson | 1 CE**

This presentation addresses valuable interpersonal skills and perceptions regarding the intersection between SUD's and grief, loss, and death. The presentation addresses how these issues can complicate both the onset and maintenance of addiction recovery. In addition, the presentation also discusses how these issues can present challenges for a coach, counselor, faculty member, peer leader or concerned friend due to the presence of unexpressed grief. The intersection of grief and recovery presents challenges for nearly everyone. Grief is certainly universal, and a healthy life in recovery can be prevented by unexpressed grief. This goes beyond the notions of targeted groups, focus areas, and even content areas.

Unlearning Hatred: Challenging the Politics of Domination and Carceral Norms in Scholastic Recovery**Dharma L. Mirza, BS, MA****Camp | 1.5 CEs**

In this presentation Dharma Mirza (She/her) will explore the role of hatred in how it has manifested in oppressive norms, institutions, and social discourses surrounding people who use drugs. By exploring the racist, colonial and cisheteropatriarchal assumptions that underlie our approach to recovery and harm reduction, Dharma seeks to challenge our internalized hatred and implicit bias and to offer a QTIBIPOC feminist critique of mainstream recovery's constructions of drug use, drug users, and harm reduction. Dharma will contextualize her analysis in to the field of scholastic recovery for the inclusion of multiply marginalized students, empowerment of professionals across CRCs and recovery school and transformation of our harmful socialization in to a commitment to care.

Overdose Awareness Insights from Student Advisory Board**Ronald Carter, MHA****St. James | 0 CEs**

This talk presents key insights from two virtual Student Advisory Board sessions held in early 2025, comprising 17 undergraduate and graduate students from diverse institutions across six U.S. states. The initiative aimed to understand student perspectives on opioid use, overdose risks, and access to overdose reversal agents on college campuses. Through structured discussions, students identified critical barriers to accessing life-saving resources, highlighted the importance of peer-led engagement, and proposed culturally relevant communication strategies.



Findings revealed varying levels of awareness across campuses, underscoring the need for targeted, relatable campaigns. Students emphasized the power of authentic storytelling, social media integration, and campus visibility to reduce stigma and promote recovery. Recommendations included embedding opioid education in curricula, leveraging student organizations, and designing campaigns that avoid alienating imagery or data overload.

This session will explore how student-driven insights can shape effective overdose prevention strategies, foster inclusive recovery support, and drive institutional change through empathy, education, and empowerment.

Agenda

June 26, 2025

Harmonizing Across State, University and Community: Braiding Resources to Develop a Continuum of Substance Use and Recovery Supports for Youth

Heidi Cloutier, MSW, Kandyce Mohan, MA, Heather Morris, MSW

Quarterdeck BC | 1 CE

The value & effectiveness of youth peer support for substance use are becoming more widely recognized (de Beer, Nooteboom, van Domburgh, et. al. (2022) however, embedding peer support services into mainstream care remains challenging. The research indicates that youth peer supporters help to better engage youth in services, mitigate the perception of stigma, & are highly dedicated to the work given their lived experience. Effective collaborations across systems in NH at the State, University level and across various community organizations is helping to leverage funding, utilize strengths across various systems and put critical resources in place to support youth and young adults in 4 Collegiate Recovery programs and 10 Youth Alternative Peer Groups with promising results.

Case studies of collaborations will be shared including a 2024 student utilizing their college's "shark tank" style entrepreneurial competition to propose starting a collegiate recovery program in their community. Spoiler alert: they swept the community programs category and won three cash prizes to start their program!

We will explore collaborations to support a continuum of support across prevention, treatment and recovery services, explore how other organizations use blended funding to more efficiently meet the needs of students and facilitate small group discussions to learn from one another to take our collaborations to the next level.

ARS BREAKOUT SESSION

The Phenomenal Power of YOUR Presence

Tina Miller, BA

Magazine | 1.5 CEs

Audiences will be captivated to learn how our Emotional Intelligence (EQ) plays a vital role in establishing and sustaining meaningful relationships. Did you know that just being present for your family and friends can save a life? Tina Miller, a woman in long term recovery from substances, not only takes you on a journey from how she felt pitiful from a traumatic childhood to now becoming a principal of 3 Recovery High Schools. She will keep you on a roller coaster ride of emotions throughout this keynote. Tina provides an opportunity for her audiences to feel special and appreciated.

3:30 PM - 4:30 PM

Wellness Activity: Stability Break: Chair Yoga & the Grounding Breath | *Steering*

Jason Parete, MSW

A seated yoga session focused on gentleness and letting go of stress. The exercises will explore how breath work and intentional movement can improve focus and reduce tension.

4:45 PM - 5:45 PM

ARHE REGIONAL MEET UPS

International Region | *Windsor*

Midwest Region | *Magazine*

Mid-Atlantic Region | *Jackson*

Southeast Region | *Quarterdeck BC*

Southwest Region | *Royal*

West Region | *Camp*

Northeast Region | *Canal*

June 26, 2025

2025 Annual Conference Agenda

ARS BREAKOUT SESSIONS

Emotional Attachment Behavior Therapy for Young People in Recovery

Sharon Dursi Martin, MAT, Doug Smith**St. James | 1 CE**

Research shows a strong correlation between attachment disorder and substance use. Implications for treatment show that assessing insecure attachment styles can lead to increased awareness around thoughts, feelings and behaviors connected to unhealthy outcomes. Emotional Attachment Behavioral Therapy (EABT) is a ground-breaking therapy model, gaining notoriety in the SUD field for its foundational theories. This presentation will explore how EABT might be adapted to support collegiate recovery programs and other recovery spaces. It will also review the primary objectives of EABT, including assessing your attachment styles and gaining awareness of your core attachment stressors. Attendees will even experience taking the attachment style quiz for themselves and discussing the relevance to their lives and work.

Oregon Recovery Schools - Legislation, Funding and Alignment to ARS Accreditation

Brenda Martinek, M.S. Education, Kate Pattison**Parish | 1 CE**

Oregon has successfully passed HB 2767 which funds and supports opening up to 9 recovery high schools in the state through the Department of Education.

In this session participants will review the Oregon recovery schools law, our vision and expectations for operating recovery schools. We will spend time discussing braided funding that supports academics, SUD, mental health and individualized student needs that support students in their journey of recovery. Partnering with our community, agencies and school districts is critical to recovery schools' success and we will spend some time discussing how we provided community engagement forums to not only educate communities but also enlist their support. Lastly, we will go over how we aligned our school evaluation document with the ARS accreditation components, so that all of Oregon's recovery schools will be accredited by ARS at the end of the 5th year of operation.

Participants will leave with a renewed passion for youth supports and services in schools and communities, as well as tools, funding ideas, and policy examples so they can help advocate in their state to consider options to open and fund recovery schools.

7:30 PM - 8:30 PM

Recovery Meeting | Bridge

Agenda

June 27, 2025

Friday, June 27, 2025

7:00 AM - 8:00 AMRecovery Meeting | *Bridge*Wellness Activity: Gratitude Gardens | *Steering***Abigail P. Knapton**

A creative workshop incorporating different forms of self-expression. Using the symbolic imagery of a garden, participants will explore the things in life for which they are grateful.

7:30 AM - 5:00 PMRegistration Open | *The District*Exhibit Hall Open | *Jefferson Ballroom*Social Lounge Open | *Commerce*Relaxation and Quiet Lounge Open | *Norwich*Nursing Lounge Open | *Durham***7:30 AM - 8:30 AM**Conference Breakfast | *Jefferson Ballroom***8:30 AM - 10:00 AM****ARHE BREAKOUT SESSIONS**

Young Adults: Trauma and It's Disruption to Connections

Claudia A. Black, PhD*Parish* | 1.5 CEs

Having community is about a sense of belonging, being a part of. This is the antithesis of so many young people struggling with addictions, as substance use disorder is ultimately a disease of disconnection from self and others. Claudia Black, Ph. D., specialist in the field of addictions and family trauma for over 45 years, will discuss the origins of shame-based thinking, and not valuing oneself enough to trust those connections.

She will unpack and address the dynamics that maintain young adults' addictions, including trauma, smartphones, and shame-based beliefs. You'll discover how trauma fuels shame-based thinking, and when trauma is not addressed how it disrupts connection fueling addiction and relapse. You will learn how to help young people grasp that life can be better without substances. Claudia concludes by discussing core elements of a healthy treatment process.

**SESSION
FEEDBACK FORM:**



June 27, 2025

2025 Annual Conference Agenda

Beignets, Booze, and the Beat of Belonging: Reimagining Recovery in the Key of Harm Reduction**Olive Hebert, B.S. Psychology****Magazine | 1.5 CEs**

What if recovery isn't just about abstinence, but about expanding connection, belonging, and self-worth? For many—especially those carrying trauma—belonging begins with disconnection. We call it addiction, but what if addiction is not a failure, but misplaced love—a rhythm thrown off-beat? This session will explore how harm reduction offers a revolutionary framework for recovery, one that meets people where they are, repairs attachment wounds, and creates spaces of radical belonging. Through personal storytelling, evidence-based practices, and cultural reframing, we will challenge outdated recovery narratives and redefine healing as a practice of connection. From naloxone distribution to relationship-centered care, small acts of compassion can rewrite recovery as an act of community, not control. Together, we'll reimagine recovery not as survival alone, but as a space where love is relearned, rhythms are rebuilt, and everyone (and everything) belongs.

Going All In: Incorporating Collegiate Problem Gambling Initiatives into Our Continuum of Services**Cindy Clouser, MPH, LSW, OCPs, James Lange, PhD, Dolores Cimini, PhD, FACHA****Camp | 1.5 CEs**

The explosion of online sports betting has led to an increase in problematic gambling behavior on campus. College students who engage in these behaviors often have co-occurring mental health and substance use concerns. With easy access to gambling, it is critical that campuses understand the potential risks and are prepared to support students in need of help. This session will explore the current gambling landscape, discuss the relationship between problem gambling and other behavioral health concerns, and discuss strategies to integrate problem gambling work into existing efforts on campus.

Grant Proposal Writing 101: How to Submit a Successful Proposal**Cameron Ortega, PhD, LPC-S, LCDC, CRC, Kayi Ntinda, PhD****St. James | 1.5 CEs**

During this lecture presentation, the audience will learn about the basics of external funding proposal writing. This will include a general background, key terminology, types of external funding, how to find funding sources, the grant submission and review process, and common sections of a grant proposal. The presenters have over 40 years of combined experiences as successful grant writers in academic settings and will share some basic concepts they have learned.

Harmonizing Recovery: Coaching Fundamentals for Collegiate Communities**Stacy E. Charpentier, RCP/RCPF/CPRS****Royal | 1.5 CEs**

Recovery coaching is a vital skill for fostering connections and resilience within collegiate recovery communities. In this session, we'll explore CCAR's Recovery Coaching Fundamentals—Actively Listening, Asking Good Questions, Discovering and Managing Your Own Stuff, and Treating the Person as Their Own Best Resource—and their transformative impact on the recovery process. Through interactive exercises and real-world examples, participants will learn how to apply these principles to empower students, strengthen peer relationships, and create a supportive rhythm that enhances recovery within academic settings.

Agenda

June 27, 2025

Harmonizing Recovery and Education: Opening College Doors for Justice-Involved Individuals**Chelsea M. Rushbrook, CPRS-PG, PRS-T, iFPRS-T, LJ J. Powell, EdD, CPRS-T****St. Charles | 1.5 CEs**

This presentation provides guidance for individuals with prior justice involvement who are considering applying to college. It covers critical steps, including gathering necessary documentation, navigating financial aid options, and responding effectively to criminal history questions on applications. Practical advice is offered for obtaining records through platforms like Parchment or Scribonline and leveraging scholarships to reduce financial burden. The presentation emphasizes the importance of personal statements in addressing past convictions, showcasing personal growth, and articulating readiness for academic success. Additionally, it highlights the role of Collegiate Recovery Programs (CRPs) in supporting students in recovery, offering resources to maintain sobriety while achieving educational goals. Showcasing how Rams in Recovery at Virginia Commonwealth University, which extends outreach into the local recovery community, providing one-on-one assistance, and guiding members through the process of applying to and enrolling in higher education. This resource equips justice-involved individuals with tools to confidently pursue academic and personal growth.

Building the Roost: Leveraging Living-Learning Program (LLP) Structures to Implement Recovery-Supportive Housing on Campus**Kaitlin Carter, MS, LPC****Jackson | 1.5 CEs**

As collegiate recovery communities (CRCs) expand, many programs recognize the need for recovery housing but face challenges in determining where to begin and how to secure institutional buy-in for integration into existing residential models. This session explores how living-learning program (LLP) structures can be leveraged to introduce recovery-supportive housing onto college campuses. Participants will gain an overview of commonly used recovery housing models and existing residential living models in higher education. Additionally, the session will examine the benefits of on-campus recovery housing through a case study of Virginia Tech's: The Roost LLP, providing practical considerations for adaptation at other institutions. Attendees will leave with a deeper understanding of recovery housing's role in student success and actionable steps to integrate recovery-supportive housing into their residential communities.

ARS BREAKOUT SESSIONS**Building Bridges: Strengthening Trust Between Recovery and Academic Teams****Andrew J. Warren, LPC, LCDC, David Claunch****Quarterdeck BC | 1.5 CEs**

This workshop highlights the importance of building relationships between recovery staff and the academic team. Effective collaboration between these two groups can significantly enhance morale, buy-in, trust, and passion. Participants will explore strategies for building trust, communicating openly, and aligning goals to create an integrated support system. Through interactive discussions and hands on activities, attendees will gain insights into establishing a culture of collaboration that enhances the entire staff's buy-in. This workshop aims to equip participants with the tools necessary to promote trust and accountability among team members to better handle the unique challenges of students navigating recovery and academics.

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AAPG BREAKOUT SESSIONS

All That JAZZ! Utilizing the APG Model as an Alternative to Suspension to Support Youth with Substance Use Challenges

Heidi Cloutier, MSW

Canal | 1.5 CE

Students who use drugs or alcohol are often subject to harsh and exclusive disciplinary action, rather than interventions that address the substance use. Sadly, some youths are more negatively impacted than others by these policies, with students of color and those that qualify for special education disproportionately experiencing suspensions and expulsions (The Civil Rights Project, 2000). Alternative Peer Groups can effectively collaborate with public schools to include a robust continuum of substance use interventions, including prevention, group supports & more intensive, individualized options for youth and families impacted by substance use while growing support for APGs.

This session will highlight collaborations between alternative peer groups and NH schools to develop a systematic process that includes multiple entry points, comprehensive assessment, & referral to the appropriate level of care. Alternative Peer Groups and systems developed at the state level to support and sustain implementation will be explored. We will share a short video of a young man reflecting on his substance use journey, recovery process, school engagement and what would have helped, case studies demonstrating how NH APGs collaborate to provide a continuum of supports across prevention and recovery services, and facilitate an interactive discussion about school connections.

10:15 AM - 11:45 AM



KEYNOTE SESSION

Guided Imagery & The Healing Power of the Mind

August Boyd, LCSW-BACS

St. Charles | 1.5 CE

This presentation explores the neurophysiological basis and therapeutic applications of guided imagery. We will examine how imagery mimics perceptual experiences in the brain and analyze evidence supporting the use of guided imagery in treating substance-use disorders. We will compare active imagery, involving intentional visualization, with receptive imagery, characterized by passive image reception, discussing their distinct therapeutic impacts. Through experiential practice, you'll learn to use guided imagery to directly affect your physiology and create a place of calm and safety in your body. This overview underscores the potential of guided imagery in both personal development and clinical settings.

11:30 AM - 12:30 PM

Recovery Meeting | Bridge

Wellness Activity: Guided Meditation: A Self-Discovery Journey | Steering

Jason Parete, MSW, Zachary Green, LMSW | RYT

A unique collaborative session led by two yoga teachers who are also registered social workers. Participants will use techniques engaging the body, the breath, and visualization skills to foster a deep connection to themselves and their sense of purpose.

Agenda

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1:15 PM - 2:15 PM**ARHE BREAKOUT SESSIONS****Strengthening Recovery Through Wellness: Building Healthy Collegiate Communities****Travis L. Weisbrod, MS, EP, CSCS****Jackson | 1 CE**

This session explores the transformative role of exercise, team sports, and recreational activities in fostering mental health and building cohesive recovery communities within collegiate recovery programs. By emphasizing the physical, psychological, and social benefits of movement, the session highlights how these activities can strengthen resilience, reduce stress, and promote a sense of belonging among participants. Attendees will learn evidence-based strategies to incorporate fitness and recreation into recovery programming, ensuring accessibility for diverse abilities and fitness levels. Additionally, the session will cover effective methods to improve adherence and increase attendance, making these activities sustainable and impactful. Drawing parallels between teamwork in sports and the collaborative nature of recovery, this session underscores the power of shared experiences in creating supportive, harmonious communities. Participants will leave equipped with actionable tools to integrate these approaches into their programs, helping individuals in recovery find their rhythm and thrive.

Recovery on Campus Alberta: From Support to Success. the Importance of Paid Peer Recovery Navigators in Collegiate Recovery - A Pilot Project**Victoria Burns, PhD. RSW, Chelsie Graham, BSW, RSW, Cole Toscak, BA International Relations, Kat Pisani, MFA, Sandip Khanal****Quarterdeck BC | 1 CE**

The Peer Recovery Navigator program at the University of Calgary Recovery Community, being piloted from September 2024 to March 2025, offers a powerful approach to supporting collegiate recovery. This presentation will highlight the program's development, key learnings, and its impact on campus members. Emphasis will be placed on the value of employing paid recovery navigators who bring lived experience and are active participants in the campus community. We will explore how this dual role as both peers and dedicated staff enhances the effectiveness of collegiate recovery efforts. Additionally, the presentation will detail the methods being used to measure the program's success, providing insights into its outcomes, and potential for broader application.

From Incarceration to Inspiration: Supporting Justice-Involved Students Through Recovery and Opportunity**James B. Golden, Psy.D., Ashley McGowan****Camp | 1 CE**

"From Incarceration to Inspiration" highlights a groundbreaking approach to collegiate recovery that transforms lives and breaks systemic cycles. This session unveils TTC College's innovative model for supporting justice-involved students as they transition from incarceration to education and career success. By integrating behavioral health and substance use disorder (SUD) assessments during incarceration, facilitating parole compliance post-release, and fostering job placement, this program delivers a holistic pathway to recovery and reintegration. Attendees will gain actionable insights into bridging services between correctional facilities and higher education, leveraging community partnerships, and empowering justice-involved students to reclaim their futures. Join us to explore how education, opportunity, and recovery intersect to create transformative change—one student at a time.

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Serving the Whole Student in Recovery: A Trauma-informed Approach**Marbeth H. Holmes, LCSW, LCAS, CCTP****Royal | 1 CE**

Using a trauma-informed lens, we will examine the correlations of student basic needs, mental health, and success capacity for students in recovery at community colleges. This will include a discussion of the social determinates of health as well as research demonstrating the cascading effects of unmet basic needs experienced by community college students and how students in recovery are specifically impacted. To follow is an exploration of the applications of SAMHSA's Eight Dimensions of Wellness in a higher ed setting, which NCC used to create a student-centered culture shift that we call Blue Love. Finally, we will examine the specific trauma-informed approaches that have led to resiliency building and academic success among students in recovery as we built a Success Network, creating an umbrella of centralized student support services for any underserved student including students in recovery

Introducing the Vicious Cycle: How Serving Free Coffee Can Support Collegiate Recovery**Keith Murphy, LPC, LCADC, Kenneth Bae, MSW, CPRS, Marley Doring, Program Coordinator****Canal | 1 CE**

For many years, Rutgers AOD staff have partnered with staff from the Rutgers Center for Communication and Health Issues to enhance our harm reduction and collegiate recovery support efforts. The coffee bike is the latest iteration of this partnership and provides the opportunity for students learning about health communication and social marketing who are not in recovery to learn about the recovery process while serving as message developers. AOD staff serve as the "clients" for the students, describe their priorities for outreach messaging, and provide examples of messaging designed to reduce the stigma that may be associated with young adults in recovery.

The Collegiate Recovery Workforce: Key Findings & Implications for Collegiate Recovery Programs**David McClung, PhD****St. James | 1 CE**

Collegiate Recovery Programs (CRPs) provide essential support for students navigating mental health and substance use challenges. However, little is known about how these programs are structured, staffed, and funded. In collaboration with the Association of Recovery in Higher Education (ARHE), which represents 167 institutions across the U.S., Canada, and the UK, our team conducted the first workforce study to examine these critical factors. With 20% of college students experiencing a mental health disorder and 13.5% facing substance use challenges, universities play a vital role in recovery support. CRPs offer recovery housing, peer mentorship, and substance use services, yet existing workforce data is largely anecdotal. This presentation will highlight key findings from our study, offering new insights into CRP staffing, accreditation, and funding. We will also explore implications for higher education policy, resource allocation, and the role of CRPs in shaping the future of collegiate mental health and recovery support.

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"Drug Addiction: Real People, Real Stories" Exhibit - A Tool for Empowering Dialogue Through Art and Storytelling**Barbara Francois, PhD, Joanne Gillespie****St. Charles | 1 CE**

This interactive and immersive presentation features twenty-five poignant portraits and narratives of individuals from across the U.S. who have died of drug addiction, to focus on how art and storytelling can be powerful tools for prevention and awareness. Participants will be led through a facilitated experience that encourages them to engage with the portraits through "slow viewing" and intentional submersion. Additionally, the presentation will provide practical suggestions for how participants can bring this powerful exhibit to their local communities, fostering important dialogues around drug addiction and ultimately promoting healing and recovery. Join us for a transformative experience that emphasizes the importance of connection and awareness in addressing the drug addiction crisis.

ARS BREAKOUT SESSIONS**Animal Assisted Therapy (AAT) Enhances the Healing Journey of Recovery****Katina T. Adcock, PSS, MHPS, RSPS, CALM Leader, Mary Kate Brown, PSS, MHPS, PRS, RSPS, YMHFA Instructor, LPN-TR, CALM Leader****Parish | 1 CE**

Emotional Support and/or Service Animals can assist people living with disabilities, including Substance Use Disorder (SUD). The positive outcomes of therapy animals on social functioning within the classroom or in the group/ individual setting. The effects of human-animal interactions (HAI) increase oxytocin, serotonin, and dopamine production. Plus, it can reduce cortisol levels, blood pressure, stress, and anxiety (Brelsford et al. 2017).

The main question is how do we get Animal Assisted Therapy (AAT) at our work, schools, and/ or recovery communities? We are here to tell you! Mary Kate and I have nineteen years of recovery combined. In the past four years, we have facilitated peer-based recovery alongside our Service Dogs (Atasi & Smokie). The students benefit from the interaction by gaining education and a safe healing environment (that enhances attention, retention, and trust); plus, it causes them to be more engaged and excited to work with us in the future.

Systematic Evaluation for Adolescent Recovery Services (SEARS) - 2025 Annual Update**Jordan Jurinsky, MEd, PhD, Andrew J. Finch, PhD, Arianna Riccio****Kabacoff | 1 CE**

Presenters will review current findings and future directions from the Systematic Evaluation for Adolescent Recovery Services (SEARS) project, which is an on-going project surveying all recovery high schools and their students. Universal data collection for recovery high schools emerged from the ARS Directors' Meetings along with a Data Subcommittee in 2020. The presentation will share recent findings from both school and student-level data, including disparate survey engagement, wide ranging addiction severity and recovery capital, and heterogeneous school design and composition. Presenters will further discuss the implications of current findings and potential future research pathways, including how SEARS can strengthen recovery communities and empower adolescent recovery. Attendees will receive information on updates to on-going data collection and how individual recovery schools can participate. They will also have the opportunity to share feedback on how the SEARS project can accommodate the needs of recovery high school administrations and researchers.

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AAPG BREAKOUT SESSIONS

Camp Mariposa: Empowering Youth in Breaking Generational Curses

Eden M. Scruggs, Candace Harless, Megan M. Dobbs, PRSS

Parish | 1 CE

Camp Mariposa Southern WV is a free, evidence-based weekend camp for youth aged 9-17 affected by substance use in their families. This session explores how the camp builds resilience, fosters healing, and empowers participants through mentorship, education, and community engagement. Attendees will learn about the unique program design, which combines trauma-informed care with evidence-based prevention-focused activities like "Letters to Addiction," "Art with a Heart", and "Too Good for Drugs" curricula. The presentation will highlight the logistical challenges of serving a rural population and how these were overcome through innovative approaches, including transportation and family engagement strategies. This session will provide actionable insights for practitioners interested in replicating this model, emphasizing the importance of reducing stigma and creating supportive environments for youth impacted by substance use.

AAPG Board Meeting | Windsor

2:15 PM - 2:45 PM

Coffee With Exhibitors | Jefferson Ballroom

SEARS "Office Hours" | Pelican

3:00 PM - 4:00 PM

ARHE BREAKOUT SESSIONS

The Real Talk on Peer Support: Lessons from the Field on Building and Sustaining Capacity Through the Peer Workforce

Frankie Berryman, CPS-AD, Blake Schneider, MA

Magazine | 1 CE

Collegiate Recovery Communities (CRCs) face a consistent challenge meeting students' needs with limited staff, funding, and time. This presentation offers an introduction to implementing peer support on your campus as a tool for building capacity to support students at all stages of their recovery. Peer support workers expand CRCs' ability to offer valuable recovery-informed prevention and intervention services, as well as tools such as recovery coaching to aid students in sustaining their recovery and increasing recovery capital. In addition to providing resources for beginning and growing peer support in higher education settings, we'll discuss practical applications, including challenges and successes from a university with 5+ years of experience employing peer support workers.

Safe at First: Implementing Trauma Informed Practices in College Treatment and Recovery Programs

William L. Mynk, LPCC

Camp | 1 CE

This presentation will focus on the implementation of Trauma Informed Cultures in campus recovery and treatment programs. Nearly half of individuals with substance use disorders in treatment also have experienced a significant traumatic event. Specifically, exposure to childhood trauma has a significant impact on individuals seeking campus recovery and treatment services. Through creating Trauma Informed Cultures (TIC) within our campus recovery and treatment programs we can provide students with a more holistic level of care that addresses not only the substance use disorders, but also the underlying trauma they have experienced. This can be addressed through a four step process of planning, assessment, implementation, and review in order to ensure that our student's in treatment and recovery have a safe space to heal and recover.

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"Recovery Is a Symphony of Support, Not a Solo Performance: Expanding Collegiate Recovery Through AmeriCorps Collaboration"

Jeremy R. Bailey

Jackson | 1 CE

Collegiate recovery programs (CRPs) are vital in supporting students in recovery, yet many struggle with sustainability, leadership development, and access to resources. This session explores the transformative power of AmeriCorps partnerships in strengthening CRPs through volunteerism, mentorship, and community engagement. Participants will learn how AmeriCorps members can enhance recovery programs by providing peer support, academic coaching, and life skills training while fostering a culture of service and inclusion. Attendees will leave with actionable strategies for integrating AmeriCorps into their campus recovery efforts, ensuring long-term program sustainability, and expanding support networks. By leveraging AmeriCorps as a key partner, CRPs can create a more inclusive, resilient, well-resourced recovery community where students thrive.

7 Years, 250 Fellows, Endless Lessons: What the Collegiate Recovery Leadership Academy Fellows Have Taught Us

Sydney Cheifetz, MPH, Dylan Dunn, MS, Nicole Benigno

Parish | 1 CE

Collegiate recovery programs have provided transformative spaces for students to discern, heal, grow, and find community. While university staff and services are critical to the development of these programs, students and their recovery journeys continuously drive our field forward. Through its student-focused fellowship program, SAFE Project has had the privilege of partnering with over 250 students through 7 year-long cohorts to create and expand prevention, harm reduction, and recovery initiatives on over 150 campuses. The 2025 Collegiate Recovery Leadership Academy (CRLA) program evaluation illuminated key insights related to student empowerment, passions, unmet needs, and breakthroughs in fellow's personal and professional journeys through participation in the program. This session will share those findings, themes, and discuss implications for individual campuses as well as the broader field of collegiate recovery.

Preparing to Support Students in Recovery When Campus Operations Are Disrupted: What Can We Learn from the COVID-19 Pandemic?

Mike Broman, PhD, MSW, MBA

Royal | 1 CE

While the COVID-19 pandemic has abated, there remains the potential for rapid spread of other illness and other events (e.g., extreme weather) to disrupt campus operations with little forewarning. Research addressing how students in recovery persisted during the pandemic can help us prepare for such disruptive events. We therefore explored how students in recovery on a campus without a collegiate recovery program experienced barriers to recovery and mobilized strategies to maintain their recovery during the pandemic. Students shared about attrition from their recovery communities, loss of personal connections, and substance use and mental health challenges. To mitigate these hardships, students employed strategies to avoid substance use, applied recovery program principles, utilized new resources for recovery, and found ways to maintain connection with some supports. Campus recovery support professionals can utilize our findings to augment services now so that students in recovery can thrive during future disruptive events.

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Immersion & Transformational Leadership Series and How to Support Students and CRP Employees Part 2

Dominiquie Clemmons-James, PhD, LCMHCS, CRC, LCAS, MAC, BCB, CCS, Ayesha Al-Akhdar, CPS-AD, Keith Murphy, LPC, LCADC, Marbeth H. Holmes, LCSW, LCAS, CCTP

Canal | 1 CE

This will be a 60-minute breakout session, and it will NOT be recorded. The room will be set up with scenarios dispersed around the room. Scenarios will include students of different affinity groups at various types of institutions. Some scenarios will be from the perspective of the student, some from that of a collegiate recovery or student affairs professional. There will be large flip-chart papers by each scenario. Workshop attendees will rotate through the scenarios in small groups, documenting what they would do to problem solve or lead in each scenario. Between rotations, facilitators will provide fresh flip-chart paper. Facilitators will rotate through the room, guiding discussion for each of the small groups.

Therapeutic Potential of Art in Addiction Recovery

Kat Pisani, MFA

St. Charles | 1 CE

This presentation explores a studio practice centered on sculptural installations and performance, investigating the intersection of trauma, recovery, and the therapeutic potential of art. Rooted in experiences of growing up in a household shaped by substance addiction, the work reflects on the traumatic factors often underlying addiction, aiming to foster understanding and promote empathy.

Employing materialist methods, the artist selects objects and processes based on their cultural, personal, and economic significance, using these elements to reconstruct and transform traumatic experiences. This practice functions as a therapeutic outlet, modeling healthy coping mechanisms and self-healing strategies. The work further examines how trauma is embodied in art, utilizing affective responses to cultivate a shared emotional resonance with audiences. By emphasizing empathy and collective connection, the presentation highlights recovery as a communal journey rather than an isolated process. Art becomes a medium for dialogue and understanding, echoing the transformative power of community in fostering recovery.

ARS BREAKOUT SESSIONS

Toward a National Agenda: Recovery High Schools in Every State

Tony Mann, D.Ed., Ann Hightet, JD, Brenda Martinek, M.S. Education,

Magazine | 1 CE

In 2017, Oregon was ranked 47th in the nation considering the frequency of adolescent SUD and the availability of treatment and recovery support. Oregon Recovery High School Initiative opened Harmony Academy in Fall 2019 as a public charter school. In 2024, Harmony became the 10th ARS accredited RHS in the country.

Oregon Recovery High School Initiative (ORHSI) leveraged influence across sectors, resulting in passage of House Bill 2767 (2023). The law establishes statewide governance and funding for regional recovery high schools in Oregon. We believe this can be a model for other states, and we are eager to invite others to join us in our national vision.

ORHSI has now launched a new non-profit called Recovery High School Initiative (RHSI) which is dedicated to the creation of publicly funded recovery high schools in every state. This session will explore this national vision and the action plan developed by RHSI.

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The Importance of Lived Experience in Working at an RHS: A RHS Alumni Perspective

Cooper Miller, Mac Harrison

Compass | 1 CE

You will hear from 2 RHS graduates who have come back into the recovery workplace to share their experiences of strength and hope. They will cover the Peer Support Model through their lens plus, the importance of lived experience, characteristics of an alumni's experience going from a student to a staff member, and the challenges and opportunities in this unique role.

AAPG BREAKOUT SESSIONS

Impact of Family Engagement on the Recovery Process

Mia A. Aguirre, RSPS, Mallory Olfers, PSS MHPS RSPS, Armani J. Balderas, RSPS

Quarterdeck BC | 1 CE

Substance Use Disorder has a way of making one feel completely isolated, which can make recovery difficult. As humans, we crave social connectedness. How can we use this desire for connection when it comes to recovery? It is our belief that when the whole family is plugged into recovery, the recoveree feels more supported and dedicated to their recovery pathway. In this session we will look at how and why family engagement in recovery is so powerful, how the family members can support their loved one, and what role peers can play in family engagement.

Funding Your APG — Models & Money Moves

Kabacoff | 0 CE

Curious how others are funding their Alternative Peer Groups? This session dives deep into the financial side of APG sustainability. We'll explore real-world examples of nonprofit and for-profit models, grants, fee-for-service programs, and creative funding solutions. Bring your questions and ideas for an honest discussion about what works, what doesn't, and how to keep your program funded and thriving.

3:30 PM - 4:30 PM

Wellness Activity: Vibey Vinyasa | *Steering*

Zachary Green, LMSW | RYT

A New Orleans exclusive! This dynamic yoga class combines invigorating poses with music (both upbeat and relaxed) to energize your practice and your spirit. Suitable for all ability levels.

4:15 PM - 5:15 PM

ARHE BREAKOUT SESSIONS

Collegiate Recovery Town Hall

Zachary Green, LMSW | RYT

St. Charles

Broadening Community Care: Innovative Approaches & Unlikely Partnerships to Expand Harm Reduction and Recovery Support

Ana Bess Moyer Bell, MA, RDT, Geoff Capraro, MD, MPH

Parish | 1 CE

The presenters will share insights on how academic, nonprofit, and for-profit approaches can drive innovation. Their work has engaged county and state health departments, students, industrial designers, engineers, actors in recovery, community harm reduction organizations, filmmakers, and even a physics professor. In this interactive session, the presenters aim to energize attendees to:

- Do – Leverage your unique skills and experiences to drive needed innovations.
- Engage – Seek out and embrace collaborations.
- Support – Explore funding and other methods to support your innovation.

June 27, 2025

Social Media Addiction: Strategies to Create a Healthier Campus**Mitch C. Schutte, MA, LADC, Jorja Jamison, LP, PhD****Camp | 1 CE**

Regulatory efforts to combat the negative health impacts ascribed to problematic social media use have intensified within the last year. These include restrictions to social media access for adolescents, a black box warning label by the surgeon general, and a proposed ban on TikTok in the United States. University students may be particularly vulnerable to these risks. Lamba-Blanco et al. (2024) state that increased social media use is correlated with declines in self-esteem and academic performance, along with higher rates of depression and anxiety. Binge drinking and illicit drug use have also been shown to be correlated with social media overuse (Pellegrino et al., 2022). These findings suggest the need for a paradigm shift in the way that social media participation is evaluated by the public. This presentation will provide practical, evidence-based strategies and tools to help concerned faculty and students identify, treat, and/or prevent problematic social media use.

Make Stuff, Feel Better - Expressive Arts in Recovery**Abigail P. Knapton****Canal | 1 CE**

Finding meaningful ways to engage with your community that builds trust, fosters connection and creates impact can be challenging. Using simple, creative activities to help folks open up to one another, share stories and create community is an effective way to do this. Presenters will facilitate an expressive arts workshop and help participants to tell a story using a creative medium. Participants will demonstrate a personal connection between a creative experience and their emotions. They will learn to apply concepts of creative self expression for personal wellness, transformation and healing. Presenters will then discuss the application of expressive arts programming in collegiate recovery settings and how simple it is to incorporate into your organization's offerings.

Living in Tune: One Institutions' Journey of Building Allyship Between Substance-Free Living & Learning Community and Collegiate Recovery Program for Student Success**Callie Kelly, Charlotte Williams****Kabacoff | 1 CE**

At colleges and universities across the country, stereotypes and stigma negatively impact students with Substance Use Disorder (SUD), making it socially and emotionally challenging to establish a sense of belonging. While unique in their approaches, with shared goals of living a substance-free life, Living & Learning Communities (LLC's) and Collegiate Recovery Programs (CRP's) can be harmonious partners for student success. Grounded in the Social Ecological Model (SEM) this session will explore how LLC's and CRP's can join forces to support students in shaping their identity, cultivating belonging, and building community. By building on the commonalities of peer support and community building, the CRP and LLC can each reach their unique goals all while building a recovery-ready campus that values student success. Participants will leave with programming examples and strategies that they can implement in their own campus community.

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ARS BREAKOUT SESSIONS

Do You Want to Be a Lone Wolf or the Leader of the Pack? Discover How Purpose Driven, Intentional Leadership Can Create a Culture and Climate That Fosters Growth and Success

Travita Godfrey, DPH, Nakia Lee Francis, MEd, Kesha S. Hemphill

Magazine | 1 CE

The opportunity to elevate yourself and your team awaits! This session will provide an opportunity to examine your own habits and beliefs, practice new skills or revive dormant ones. Walk away skills and strategies that you can apply immediately with your team to create an environment where staff is motivated, inspired, and empowered.

AAPG BREAKOUT SESSIONS

The Families Role in Recovery: Building a Foundation for Lasting Change

Mariah Fountain, LMSW, Lateef Glivens

Compass | 1 CE

Recovery is a journey that doesn't happen in isolation. Families play an essential role in supporting their loved ones' path to recovery. This session explores how family involvement can foster resilience, healing, and sustainable change. Attendees will learn practical strategies to empower families, enhance communication, and establish a supportive environment for long-term recovery. The presentation aligns with the conference theme by emphasizing the interconnectedness of recovery within family systems and highlighting the transformative impact of collaborative healing.

5:30 PM - 6:30 PM

Poster Sessions

The District

The poster session offers presenters an opportunity to share their research or projects in a visual format and engage in one-on-one discussions with attendees. It fosters informal networking, feedback, and collaborative dialogue in an open, interactive setting. Visit all of the poster sessions and hear short, mini-presentations of the completed research. *See page 64-69 of the program for a list of all posters.*

Sticker and Button Exchange Networking Event

The District

Come attend a fun networking event. We will swap stickers/materials or buttons that show off your program!

Welcome to all those who continue to dedicate time and energy to advancing Collegiate Recovery and harm reduction on campuses nationwide. Bring something to exchange if you would like but not required. We will spend the hour networking and learning about each other and our campuses.

To commemorate our time together, we will get crafty and create a one-of-a-kind ARHE NOLA-2025 button!

- What to Bring: Your favorite stickers, flyers, or any program marketing swag to exchange!
- What we will do: Trade materials, design and press our own custom buttons using our button making station!

ARS Mocktail Hour

Royal

2025 Annual Conference Agenda

June 27, 2025

7:30 PM - 8:30 PM

Recovery Meeting | *Bridge*

8:00 PM - 10:00 PM

Stann Smith Concert | *St. James*

A promotional poster for a live concert by Stann Smith. The poster features a portrait of Stann Smith, a Black man with a goatee, wearing a black leather jacket over a black t-shirt with the letters 'E' and 'K' visible. The background is dark. At the top, it says 'E K E T & ARHE PRESENTS' in white and blue. Below that, 'STANN SMITH' is written in large, bold, red capital letters, and 'LIVE CONCERT' is written in white, stylized, handwritten capital letters. To the right of the portrait, there is a quote: 'GET READY FOR AN UNFORGETTABLE NIGHT FILLED WITH SOBRIETY AND ENERGY!'. Below the quote, the date 'JUNE 27TH 2025' is written in red, stylized, handwritten capital letters. At the bottom right, the venue information is listed: 'DOORS 7:30 PM', 'HILTON RIVERSIDE', and 'TWO POYDRAS ST, NEW ORLEANS, LA 70130'.

Agenda

June 28, 2025

Saturday, June 28, 2025

7:00 AM - 8:00 AM

Recovery Meeting | *Bridge*

Wellness Activity: Recovery Yoga Flow | *Steering*

Zachary Green, LMSW | RYT

A relaxed, recovery-oriented yoga session, designed to support individuals in all pathways of recovery. The session will consist of a 30-minute yoga practice, followed by 30 minutes of All-Recovery style discussion.

7:30 AM - 5:00 PM

Registration Open | *The District*

Exhibit Hall Open | *Jefferson Ballroom*

Social Lounge Open | *Commerce*

Relaxation and Quiet Lounge Open | *Norwich*

Nursing Lounge Open | *Durham*

7:30 AM - 8:30 AM

Conference Breakfast | *Jefferson Ballroom*

**SESSION
FEEDBACK FORM:**



8:30 AM - 10:00 AM

ARHE BREAKOUT SESSIONS

Forging Resilience: Enhancing Recovery Capital for LatinX Students in Higher Education

Liliana G. Spurgeon, CCSS, CHW

Magazine | **1.5 CEs**

This workshop explores the intersection of recovery capital and cultural wealth, emphasizing their vital roles in the recovery journeys of LatinX students in higher education. Applying Tara Yosso's theory of community cultural wealth and the Brief Assessment of Recovery Capital (BARC-10), and Jennifer Matos' work on utilizing Latinx cultural capital for retention and graduation, attendees will explore how cultural strengths—such as familial, linguistic, and aspirational capital—serve as critical resources for overcoming institutional hurdles. Through storytelling, the session will demonstrate how the various forms of capital can be harnessed to foster resilience, build inclusive recovery programs, and empower LatinX students to thrive in academic settings. Participants will leave with actionable strategies for integrating cultural wealth and recovery capital into sustainable collegiate recovery programs.

The Ethical Imperative to Offer Students Choices

Pete Rubinas

Jackson | **1.5 CEs**

Pete Rubinas, Executive Director of SMART Recovery USA, will discuss the various ways that empowerment and autonomy are prioritized in the ethical codes of the various helping professions involved in supporting those who struggle with addictive behaviors, including those who are in treatment for substance use disorder. He will then discuss the ways that our dominant cultural narratives around addiction are often at odds with client empowerment. Finally, he will explain how truly implementing multiple pathways can help clinicians fully align with their ethical requirements. This could be as simple as improvements to informed consent practices, but it could also involve actively seeking to enhance the programmatic offerings in a given program.

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Recovery Identity Development in Action: An Exploration of How Collegiate Recovery Programs Cultivate Growth and Drive Resilience to the Impacts of Trauma

Mer Francis, Ph.D., MSW, Ya-Li Yang, MSW, Declan P. Murphy, PhD

Quarterdeck BC | 1.5 CEs

Recovery capital is well-known to predict stability in recovery, but experiencing trauma negatively impacts recovery capital. Recent findings from the National Longitudinal Collegiate Recovery (CoRe) Study and other studies identify a potential mechanism for Collegiate Recovery Programs (CRPs) to mitigate this impact. They found that having a strong therapeutic alliance with CRP staff and having support from peers in recovery increase your sense of recovery identity, and this stronger recovery identity mitigates the negative impact of trauma on recovery capital. This highlights the power of community support for creating positive growth in recovery for college students, especially those with higher levels of trauma. Attendees will learn about recent research on recovery identity, recovery capital, and peer supports for collegiate recovery, and will identify ways that CRPs can support recovery identity development for their students.

Weed and Wellness: Navigating the Myths, Truths and Questions About Cannabis

Leah Young, LCPC

Parish | 1.5 CEs

Navigating cannabis use in students with depression and anxiety can be challenging. What is its role in mental health? Cannabis brings complexities today that it did not in the past. We need to acknowledge that there is a spectrum of use, and identifying when use becomes problematic for students is paramount. We need to cut through the myths and assumptions about cannabis by exploring its potential consequences and benefits and make certain we are not allowing our own biases interfere with what's best for our students.

Recovery Is Badass: Transforming PowerPoints into Interactive Student Events

Danielle D. Irwin, AA in Psych, Erica R. Jones, MA, LPC

Camp | 1.5 CEs

Participants will learn how to transform standard PowerPoint presentations into dynamic, student-centered events that spark engagement and deeper understanding. We will share how we turned a traditional Recovery Allyship presentation into an interactive tabling fair featuring themed stations, hands-on activities, and real-time discussions. Our session will explore the steps, logistics, and creative strategies needed to cultivate memorable learning opportunities that resonate with diverse audiences. By the end, attendees will be equipped with actionable insights to revolutionize their programs, ensuring students stay engaged and excited about recovery and allyship.

Natural Harmony: An Introduction to Nature Informed Harm Reduction

Leigh Beck, DSW, LCSW-C, CNIT

Canal | 1 CE

Nature Informed Therapy (NIT) integrates the healing power of nature with other therapeutic approaches to improve mental health. Based in Ecopsychology, NIT addresses the impacts of nature disconnection to enhance emotional wellbeing, resilience, and growth. In this presentation, Dr. Leigh applies NIT to Harm Reduction in order to understand how relationship to nature can improve the lives of people experiencing risky substance use. Her integration of these two approaches challenges stigma and provides practical ways to include connection to nature into harm reduction and recovery work. Participants will engage in experiential nature-based activities and discover the recommended "dose" of nature for well-being. Attendees will leave with a foundational knowledge of NIT and Harm Reduction, ready to apply these approaches in their work and personal lives.

Agenda

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"No One Can Whistle a Symphony" Culturally Responsive Tools to Increase Visibility of Substance Use Awareness Across Communities

Heidi Cloutier, MSW

St. James | 1.5 CEs

By elevating the voices of people with lived experience, we can effect real change. This session will highlight two short videos (15 min) that lift & amplifies voices from individuals who have experienced challenges accessing substance use services and explore steps to advance change. The videos and discussion guides will be shared for participants to utilize these resources to educate communities and utilize the National Standards on Culturally and Linguistically Appropriate Services to improve access to substance use treatment and supports. This will be an interactive session to discuss barriers and actions to improve services and participants will be prompted to develop an action plan on how they can utilize the CLAS standards to make improvements individually in their daily lives, within their organization and within their community or state.

Connecting the Dots: Effectively Working with Fraternities and Sororities

Logan O. Davis

Compass | 1.5 CEs

For better or worse, there is nothing like the sorority & fraternity experience or working with fraternities and sororities on the campuses in which they reside. Complex, and often complicated organizations, lead to complex and complicated relationships. The question this session aims to explore is why. Why can working with fraternities & sororities and the professionals and volunteers who work with them be so complicated? Come "connect the dots" and explore barriers and complexities getting in the way of successful working relationships.

ARS BREAKOUT SESSIONS

Salvaging a Teenage Wasteland: Meet the Author

Andrew J. Finch, PhD

Kabacoff | 1.5 CEs

Salvaging a Teenage Wasteland provides the first major historical account of the recovery high school movement from its beginnings in the alternative schools of the 1970s that overlapped with the first adolescent substance use treatment programs. Our understanding of recovery high schools has evolved along with our understanding of addiction and recovery themselves. Participants will meet the author and hear about his research process, which included interviewing dozens of pioneers, early administrators, teachers, and students. Dr. Finch reviewed hundreds of historical artifacts to trace the creation and expansion of recovery high schools. Cultural touchstones such as Woodstock, school desegregation, high school drug raids, and fear of cults and teenage drug use figured prominently in the creation of recovery high schools, all in an effort to create sober school spaces for teenagers. Dr. Finch will take questions from the audience and allow for time to sign copies of the book.

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AAPG BREAKOUT SESSIONS

APG Discussion Meeting

Kabacoff | 0 CE

Details TBD

10:15 AM - 11:45 AM

KEYNOTE SESSION

Start from Strength: Empowering Students Through Trait-Based Recovery and Leadership Development

Jason G. Roop, PhD**St. Charles | 1.5 CEs**

Traditional recovery models often focus on deficits, reinforcing stigma and limiting personal growth. The Trait-Based Model of Recovery (TBMR) offers an innovative, strengths-based approach that empowers individuals by leveraging their inherent traits while also addressing the shadow aspects of those traits. This session will introduce participants to the TBMR framework, demonstrating how it enhances self-awareness, resilience, and leadership in collegiate and adolescent recovery settings. Backed by empirical data, TBMR has shown significant reductions in depression and anxiety while increasing long-term engagement in recovery. Attendees will gain practical tools, including the Trait and Hero of Recovery Archetype Assessment, to help individuals in recovery recognize and harness their strengths. This session is ideal for collegiate recovery staff, peer mentors, recovery high school administrators, and clinicians looking for an evidence-based, transformative model that fosters self-respect, purpose, and sustainable recovery.

11:30 AM - 12:30 PM**Recovery Meeting | Bridge**

Wellness Activity: Band Together: Strength & Resistance Training

Patrick Bibza, LSW

Steering

A full-body physical fitness routine. Participants will incorporate the use of resistance bands into a light-weight, moderate-intensity workout.

1:15 PM - 2:15 PM

ARHE BREAKOUT SESSIONS

Hip-Hope: The Healing Power of Poetry

David Cepeda, PhD**Jackson | 1 CE**

Participants will explore the healing power of poetry and self-expression by engaging with personal narratives, free-writing exercises, and open discussion. Through this workshop, they will develop an appreciation for hip-hop as a form of storytelling, reflect on their own experiences, and practice mindfulness in writing as a tool for self-discovery and emotional well-being.

Agenda

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Mobilizing to End Overdose: A 2025 Campus Initiative

Aaron Kucharski, Jaclyn Brown

Quarterdeck BC | 1 CE

This fall, Mobilize Recovery is partnering with ARHE and End Overdose to harness the energy and passion of student leaders all across the country to combat the overdose & mental health crisis by providing them with the tools, resources, and knowledge necessary to effect change on their campuses and in their communities. By investing in education and community engagement, we aim to create a self-sustaining movement of informed and empowered student leaders dedicated to ending overdose & supporting recovery.

This session will introduce you to Mobilize Recovery successes over the years and inspire ideas you can bring back to your campuses to engage your student populations around the issues they care about most.

Beyond Recovery: Cultivating Leadership, Adventure, and Connection in the StepUP Program

Mya Severson, Matt Martineau, Ritu Boyer Conway, Ben Gutzman, Olivia Harron

Camp | 1 CE

The StepUP Program at Augsburg University empowers students in recovery by creating an environment where they can thrive academically, socially, and personally. This 60-minute workshop will explore how we actively live out our mission to support students in championing lives of recovery, achieving academic success, and thriving in a vibrant, connected community. By centering student leadership, adventure programming, and a deep commitment to service, StepUP provides students with the tools, experiences, and opportunities to transform their lives and make lasting connections.

During the session, we will highlight the pivotal role student leadership plays in fostering a supportive, recovery-oriented culture. Attendees will learn how students take ownership of their journey through leadership roles that empower them to contribute to and shape the program. We will also explore the significant impact of adventure programming in facilitating personal growth, teamwork, and resilience, providing students with the space to challenge themselves and build confidence.

Resilience in Action: A Student in Recovery's Journey with the Bonner Scholars

Megan M. Dobbs, PRSS

Royal | 1 CE

This presentation explores the transformative power of resilience and service, shining spotlight on a personal and professional journey of a student in recovery excelling in higher education while harnessing community support. As a Peer Recovery Support Specialist and Bonner Scholar at Concord University, I share how recovery combined with work in Bonner's has shaped my path, strengthened my commitment to service, and deepened my advocacy for others affected by SUD. With three years of experience working with the Bonners, and two years with the WV Collegiate Recovery Network at two separate universities, I demonstrate how service can heal and empower. Attendees will learn about the intersection of recovery, education, service and how initiatives like the Bonner Scholars provide a platform with individuals in recovery to thrive academically and contribute meaningfully to their communities. I aim to inspire others to view recovery as a foundation for growth, resilience, and impactful leadership.

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What Comes Next?: Developing a Transitional Program to Promote Sustained Recovery Success Post-Graduation

Alexandrea C. Behler, MPH, MSW, CHES, CARES, CPS-AD

Canal | 1 CE

Background: Academic recovery spaces (e.g., Collegiate Recovery Programs or Communities [CRPs, CRCs], Recovery Schools, etc.) have demonstrated benefits to students in recovery (SIR). However, many academic recovery spaces lack a program that prepares SIR for the transition into unfamiliar environments post-graduation. This lack of a transitional curriculum has the potential to disrupt the livelihood and sustained recovery of SIR. Purpose: This article explores the benefits of transitional programming for SIR and seeks to identify domains of sustained recovery that have the greatest positive impact on transitioning SIR. Translation to Practice: Professionals working in academic recovery spaces can utilize this information to develop transitional programming and curriculum that establishes a greater foundation for sustained recovery and improves the livelihood of SIR.

Navigating Recovery: Community College Student Journeys Through Collegiate Recovery Programs

Eric S. Klein, Ph.D. Candidate, LSW

St. James | 1 CE

The purpose of this study is to comprehensively assess the impact of collegiate recovery programs (CRPs) on community college students navigating substance abuse recovery. It aims to explore how participation in a CRP influences students' perceptions of their ability to manage their college experience, their recovery capital scores, and their personal understanding and evolution of the concept of recovery capital. By providing a deeper insight into these areas, the study seeks to inform and enhance the effectiveness of CRPs in community colleges, thereby supporting students in their dual pursuit of academic success and sustainable recovery. Community colleges are uniquely positioned to support students in recovery, and this study is seeking to understand if a CRP can be an essential part of that continuum of support. Measuring the success of a CRP takes nuance to interpret the lived experiences of the individuals and their recovery pathways.

ARS BREAKOUT SESSIONS

Adolescent and Family Comprehensive Care Model: Recovery Services, Clinical Treatment, and Education

Tony Vezina

Parish | 0 CEs

Oregon faces unique challenges serving adolescents and families experiencing teen substance use and mental health disorders. This session will describe the landscape of teen substance use, systemic pitfalls, and 4D Recovery's unique Peer-Led campus model that integrates various clinical services, family support, and a recovery drop-in center in coordination with local recovery high schools.

How to Build a Marketing Plan for Sustainability with Board Support

Rachelle Gardner, MA/LCAC, Ty Spisak

Kabacoff | 1 CE

Participants will learn from Hope Academy staff how they have learned in their 19 years of operation the importance of a strong marketing and public relation plan in daily operations and sustainability.

Agenda

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AAPG BREAKOUT SESSIONS

Emotional De-Escalation Tips When Working with Youth and Young Adults

Mary Kate Brown, PSS, MHPS, PRS, RSPS, YMHA Instructor, LPN-TR, CALM Leader, Ricky Hill, RSPS Kabacoff | 1 CE

An adolescent brain is still developing and often processes information through emotions before logic. In this training we will venture through the adolescent brain and how trauma, mental health, and substance use can contribute to how an individual reacts to activating or stressful situations. Once we understand the mechanics behind behavior, we can better understand how to de-escalate and process these heavy emotions in order to see the situation through the logic side of the brain. We will dive into ten simple but effective tips on how to de-escalate an individual in emotional crisis; "these 10 De-Escalation Tips will help you respond to difficult behavior in the safest, most effective way possible" provided by the Crisis Prevention Institute. To close this workshop, we will all have the opportunity to practice several different but common situations that we might face when supporting youth and young adults.

2:15 PM - 2:45 PM

Coffee with Exhibitors | Jefferson Ballroom

3:00 PM - 4:00 PM

ARHE BREAKOUT SESSIONS

Life's Garden: Flower or Weed, Battlefield Landmines, and the MVP: Offensive Line: Cultivating Growth, Overcoming Obstacles, and Building a Team for Success

Patrick Bibza, LSW

Magazine | 1 CE

This session explores the journey of personal growth through three powerful metaphors: life's garden, battlefield landmines, and the offensive line. Like a garden, success requires nurturing, patience, and removing the weeds of self-doubt. The battlefield represents life's obstacles, where identifying and overcoming hidden challenges is crucial. The offensive line symbolizes the support system needed to protect and advance toward goals. Through guided reflection and discussion, participants will learn strategies to cultivate resilience, navigate setbacks, and build a strong team to support their dreams. This session empowers individuals to take control of their path, recognizing that growth, perseverance, and a solid foundation are key to long-term success.

How Creating an Interdisciplinary Team Across a University Increases Support for Students

Trainor Macrone, M.S.Ed.

Jackson | 1 CE

At the University of Pennsylvania, Wellness at Penn was formed by merging previously separate offices: Counseling and Psychological Services (CAPS), Student Health Services (SHS), Campus Health, and the Office of Alcohol and Other Drugs. In 2018, Wellness reorganized into two pillars: Student Health and Counseling and Public Health and Wellbeing, emphasizing the integration of physical and mental health support. Wellness at Penn's SUPER (Substance Use, Prevention, Education, and Recovery) Initiative focuses on supporting students affected by substance use. SUPER has established an interdisciplinary team that includes doctors, therapists, public health professionals, and student intervention specialists to provide a holistic and collaborative response for students facing substance use challenges. This approach ensures a comprehensive, student-centered network of care across multiple disciplines. In this session, we will explore how this team was created and how it works together weekly to offer continuous, comprehensive support to students in need.

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The Window of Tolerance: A Trauma-Informed Strategy for Navigating Recovery in Collegiate Contexts**Kit Emslie, MFA, Noah Robinson****Camp | 1 CE**

Collegiate recovery professionals, even those in non-clinical roles, are often required to coach students through the challenges of entering and maintaining recovery in a high-stress environment. Psychoeducational interventions may be adapted to equip students with the skills to manage their mental and emotional well-being, adopt protective factors, and increase positive outcomes associated with their recovery. The “window of tolerance” is a trauma-informed approach to helping students recognize and prevent the onset of emotional dysregulation, which in turn mitigates risk factors associated with interpersonal conflict, unstable self-image, and returns to problematic use.

CREW: An Innovative Approach to Creating On-campus Collegiate Recovery Programs**Jessica Miller, MA, LPC, CAADC****Royal | 1 CE**

The Collegiate Recovery, Education, and Wellness (CREW) program represents an innovative, collaborative approach to supporting students in recovery from substance use disorders. This unique model addresses critical support gaps by forging strategic partnerships between Ten16 Recovery Network and multiple higher education institutions, specifically two universities and two community colleges. By creating a comprehensive support ecosystem, CREW extends beyond traditional campus-based services, intentionally bridging institutional boundaries to provide holistic assistance. This session will explore the CREW program's development, delving into its service model, funding strategies, and the collaborative framework that connects campus and community partners.

Respectfully Supporting Collegiate Recovery: Integrating Indigenous Ways of Healing Through a Non-Indigenous Lens**Sandip Khanal****St. Charles | 1 CE**

This session explores the integration of Indigenous healing practices into collegiate recovery programs from the perspective of a non-Indigenous individual committed to learning and cultural humility. Drawing on my experiences as a Peer Recovery Navigator and under the guidance of Dr. Adam Murry, an Indigenous Psychology professor and American Indian (Apache), this presentation highlights how non-Indigenous allies can support recovery initiatives that respect and incorporate Indigenous ways of healing. The session emphasizes the importance of connecting with land, environment, and spiritual traditions while ensuring ethical collaboration with Indigenous Knowledge-Keepers. Attendees will gain insights into creating inclusive recovery environments that celebrate diversity and empower students through culturally responsive approaches.

Agenda

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Immersion & Transformational Leadership Series and How to Support Students and CRP Employees Part 3

Ayesha Al-Akhdar, CPS-AD, Keith Murphy, LPC, LCADC, Marbeth H. Holmes, LCSW, LCAS, CCTP, Dominique Clemmons-James, PhD, LCMHCS, CRC, LCAS, MAC, BCB, CCS

Canal | 1 CE

This will be a 60-minute non-recorded breakout session. A summary of the overlap or variance of the leadership offered for each of the previous sessions scenarios will be discussed. Resources or suggestions for each scenario will be provided to the attendees by the facilitators, in addition to what the small groups generated in the previous session. A wrap-up from the facilitator will highlight transformational leadership skills and coalition building between affinity groups and institutions affected by policy constraints.

Building Recovery Capital in Collegiate Recovery Programs with the Eight Dimensions of Wellness

CJ Bugna, Christina Reardon, Trinity A. Mustico, John A. Metzger, Katherine Higgins, Michael Ketner, Felix Kotler, Brian Newsome

St. James | 1 CE

Spartan Recovery at UNCG integrates the Eight Dimensions of Wellness into its comprehensive collegiate recovery program, supporting students in recovery from substance use disorders and other addictive behaviors. This presentation explores how these dimensions—emotional, environmental, financial, intellectual, occupational, physical, social, and spiritual wellness—address the multifaceted needs of students. By fostering resilience, creating a supportive community, and aligning academic and personal goals, Spartan Recovery empowers its members to achieve academic success, maintain their recovery, and build fulfilling lives. Attendees will gain insight into the program's strategies, including peer support, recovery housing, educational workshops, and inclusive events, designed to nurture holistic well-being and long-term recovery.

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ARS BREAKOUT SESSIONS

Transformative Learning: Merging Academic and Recovery Processes for Student Achievement

Justin Johnston, Bridget Maggard**Quarterdeck BC | 1 CE**

This presentation explores integrating academic standards with addiction recovery processes to create a cohesive educational program, structured around the six phases of inquiry. By aligning educational objectives with recovery principles, we support individuals in achieving academic success and sustained recovery. The program emphasizes a holistic approach, incorporating evidence-based teaching methods and therapeutic practices to address the unique needs of students in recovery.

The presentation highlights successful case studies, demonstrating the positive impact of this integrated approach on student outcomes. Attendees will gain insights into developing and implementing such programs, fostering collaboration among educators, counselors, and recovery specialists. This model empowers students to achieve their full potential academically and personally while maintaining their commitment to recovery.

AAPG BREAKOUT SESSIONS

Community Connections, Connected Community

Sharon Dursi Martin, MAT**Kabacoff | 1 CE**

Recovery high schools are vibrant communities with youth at the center. They are places of love and deep belonging. With growing understanding of ecological models and recovery oriented systems of care, school leaders and community partners can work together to mobilize individual, cultural and community strengths to build recovery capital. We can also challenge power structures to address adolescent needs proactively. Recovery school leaders are uniquely situated to intentionally dial up the power of adolescent recovery, helping young people to survive, to reach personally relevant goals, and to impact the future and direction of the recovery movement.

3:30 PM - 4:30 PM

Wellness Activity: Positive Affirmations: Erasure Poetry Bookmarks | *Steering*

Jason Parete, MSW

A creative workshop exploring the power of positive self-talk. Participants will create poetry on bookmarks by "blacking out" existing texts, focusing on the ideas they value and letting go of maladaptive patterns of thinking.

4:15 PM - 5:15 PM

ARHE BREAKOUT SESSIONS

Oxford House: Promoting Peer Support in Recovery Housing

Jackson Longan, NCRSS**Magazine | 1 CE**

This panel will introduce attendees to the Oxford House model of recovery housing, a peer-led and democratically governed system of self-supporting and drug-free homes. We will explore the core principles of Oxford Houses, including resident responsibility, self-sufficiency, and peer support. The presentation will delve into the unique benefits of this model for college students in recovery, such as fostering a supportive and sober living environment, promoting independent living skills, and facilitating reintegration into academic and social life. Attendees will gain valuable insights into how the Oxford House model can contribute to successful long-term recovery outcomes for college students.

Agenda

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Recovery Advocacy

Randy Anderson, RCPF, LADC

Jackson | 1 CE

The New Recovery Advocacy Movement (NRAM) is a social movement led by people in addiction recovery and their allies aimed at altering public and professional attitudes toward addiction recovery, promulgating recovery-focused policies and programs, and supporting efforts to break intergenerational cycles of addiction and related problems.

The Rhythm of Resilience: Supporting Students Through Building a Healthy Community

Kelly L. Miller, LFMT, Savannah L. Kiesel, M.A., ALC, NCC, Alex Liveoak, ALMFT, M.S.

Quarterdeck BC | 1 CE

Research indicates that psychologically safe environments foster therapeutic success. Therefore, our goal is to help other CRPs be able to identify or modify changes they can make to their CRPs to increase psychologically safety in the community. At the University of Alabama, we have created changes that are increasing our engagement and student satisfaction that we would like to share in hopes it will inspire other programs to think of ways they can also improve.

No "Them", Just "Us": Using Partnership to Implement Campus Harm Reduction and Recovery Programs

Dylan Dunn, MS, Sydney Cheifetz, MPH, Nicole Benigno

Parish | 1 CE

Collegiate substance use and mental health professionals are in a challenging position. As crises emerge, trends call our attention, and priorities repeatedly shift, staff must be nimble as budgets and bandwidth rarely grow alongside rises and evolutions in student need. Especially when considering implementing new programming that touches on stigmatized topics such as substance use, overdose, and recovery, it takes a village to confront our campus and community culture. In this session we will discuss the dynamics of campus silo-ing, resource challenges, and the role of partnerships in unlocking new opportunities. Resources for campus overdose prevention, recovery allyship, and collegiate recovery program development will be shared

Lolla No Booza! Crafting an Inclusive, Alcohol-Free, Halloween Celebration

Tara O'Keefe, MA, LCADC, RDT

Royal | 1 CE

This interactive session will guide participants through the essentials of creating a fun, student driven, alcohol-free Halloween experience that fosters a sense of community and wellness. We will outline the logistics of hosting sober gatherings, including decorations, activities, and entertainment ideas. Participants will gain tools to design and host sober events that prioritize inclusivity and celebrate the transformative power of community. We'll discuss practical strategies for fostering peer involvement, guiding attendees to lead by example and inspire others to join in creating supportive, fun spaces. By focusing on the strengths of peer support networks, we aim to show how community campus engagement can transform social norms and make sober events more appealing and successful while building our collegiate recovery community. By the end of the presentation, you will be equipped with the tools to plan and enjoy a Halloween celebration that prioritizes inclusivity, safety, and fun.

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Prevention and Recovery: Better Together, Like PB&J**Jessica Garza, Emmy Knowles, MSW****Camp | 1 CE**

Just as a symphony relies on collaboration among various instruments to create harmony, prevention, and recovery efforts must work together to transform campus culture. Today's students face a wide range of behavioral health challenges, yet many do not feel that health and well-being are prioritized on their campuses. This disconnect negatively impacts students' overall well-being and creates serious barriers to building a thriving campus community, particularly for those in recovery. That's where a comprehensive behavioral health continuum of care framework comes in, one that acknowledges all parts of the continuum. It serves as a comprehensive guide for delivering services - spanning prevention, treatment, and recovery support - and a powerful tool for fostering collaboration among campus professionals. In this session, we will demonstrate how prevention and recovery support can work together to create campuses that prioritize well-being and allow every student the opportunity to thrive. Building on the behavioral health continuum, we will explore the common goals of fostering belonging, connection, and community for diverse and unique populations - key elements of student success. Attendees will walk away with practical resources, ready-to-use templates, and actionable strategies to strengthen partnerships, break down silos, and build harmony through collaboration as your campus finds a new rhythm across campus. Join us to discover why prevention and recovery aren't just linked - they're each other's greatest allies in transforming campus culture!

Jazz Up Your Collegiate Recovery Program: Creating Harmony Through RCO Partnerships**Susie Mullens, MS, LPC, AADC-S, Licensed Psychologist, Justin Rogers****Canal | 1 CE**

This session will explore the essential role of Recovery Community Organizations (RCOs) in supporting individuals in recovery and how their collaboration with Collegiate Recovery Programs (CRPs) can create comprehensive, multi-layered support systems for students. As the need for effective recovery support in academic settings continues to grow, this discussion will highlight how partnerships between RCOs and CRPs can expand resources, strengthen peer support networks, build connections to the broader recovery community, and foster a culture of recovery on college campuses.

Additionally, this session will introduce the CHIME framework of recovery, emphasizing Connectedness, Hope, Identity, Meaning, and Empowerment as key elements in sustaining recovery efforts.

Supporting Recovery in Academia: Resources for Illinois Public University Employees with Substance Use Disorders**Matthew A. Cooney, PhD, Tyler A. Hartke****St. James | 1 CE**

Despite growing awareness of substance use disorders among higher education professionals, institutional support resources remain understudied. This session presents findings from a comprehensive analysis of support services and policies across Illinois's 12 public universities for employees experiencing substance use disorders or maintaining recovery. Through systematic content analysis of university websites, employee handbooks, and human resource documentation, researchers evaluated existing support mechanisms, gaps in services, and barriers to access. The presentation highlights institutional variations in employee assistance programs, health insurance coverage, workplace accommodations, and leave policies. Attendees will participate in facilitated discussions to share successful support models from their states and collaborate on strategies to enhance institutional resources for this population.

Agenda

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Reimagining the Collegiate Recovery Paradigm for Community College Students via Partnerships and Online Solutions

Eric S. Klein, Ph.D. Candidate, LSW, Kristine De Jesus, Psy.D.

St. Charles | 1 CE

The community college was designed to be an open-enrollment, cost-effective institution which grew productivity neighborhood by neighborhood, while providing direct service to the “public good” specifically defined by an individual community’s needs. Naming a system that helps workforce development, supports the local community and its residents, and strives for academic excellence can potentially describe both community college and collegiate recovery. Often, community colleges are burdened by budgetary restraints and lack of staffing to support CRPs. This presentation offers an alternative solution. By partnering with online recovery community organizations, community colleges can provide students with recovery support services largely unavailable to their students. This session, while focused upon community colleges, can be a supplement to any college or university seeking expanded supports for their students in or seeking recovery.

ARS BREAKOUT SESSIONS

Recovery High School- Serving Students at Different Stages of Development

Roger Oser, MAT, Sharon Dursi Martin, Andrew J. Finch, PhD

Kabacoff | 1 CE

As the recovery high school model has evolved, schools are enrolling a broader spectrum of students not only in the maintenance stage of recovery. Students applying to recovery high schools are now oftentimes in the contemplative, preparation, or taking action stages. This panel discussion will focus on the engagement and enrollment process for students at all different stages and successful strategies to develop and maintain a strong, vibrant recovery community within the school once these students are enrolled.

AAPG BREAKOUT SESSIONS

Talent Based Hiring and Staffing...A CRITICAL Determiner for Success

John C. Cates, MA, LCDC

Compass | 1 CE

Sources discuss "talent based hiring" in the context of staffing for Alternative Peer Groups (APGs). The sources indicate that while most programs agree that hiring talented staff is necessary, in practice, other factors often take precedence such as economics, licensing needs, staff availability, and misunderstandings.

According to the sources, a "talent based hiring" approach means focusing on individuals who have the innate social skills to create and maintain an APG, as opposed to a focus on credentials or personal recovery status. The sources highlight that there are many clinicians with great credentials who may not be able to create and effectively maintain an APG, and likewise, many people in recovery who maintain powerful personal programs for themselves may not be able to create and maintain an APG.

5:00 PM - 7:00 PM

Sponsorship Tear Down

7:30 PM - 8:30 PM

Recovery Meeting | Bridge

June 28, 2025

8:00 PM - 10:00 PM

Movie Screening: Inheritance

St. James



Agenda

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Sunday, June 29, 2025

7:00 AM - 8:00 AM

Recovery Meeting | *Bridge*

7:30 AM - 5:00 PM

Registration Open | *The District*

Social Lounge Open | *Commerce*

Relaxation and Quiet Lounge Open | *Norwich*

Nursing Lounge Open | *Durham*

7:30 AM - 8:30 AM

Conference Breakfast | *Jefferson Ballroom*

8:30 AM - 10:00 AM

ARHE BREAKOUT SESSIONS

Acquiring Identity Capital in Addiction Recovery Through CRP Supported College Education

Declan P. Murphy, PhD

Jackson | 1 CE

A robust body of research demonstrates that successful recovery from addiction requires a change in self-perception and identity. Addiction Recovery requires a departure from an addict identity, and the adoption of an identity based on growth and personal development. Although previous research highlights the important role new pro social networks play in promoting change in identity, there remains a scarcity of research that signals other factors that promote change in self-perception and identity. This research explored if, and how CRP supported Higher Education contributes to change in self-perception and identity. An ethnographic approach was utilized via interviews (N=30) and participant observation. Thematic Analysis generated six broad themes describing a process of change in self-perception occurring among the students. The Themes were, Damaged Identity / Imposter, New skills and Behaviors, Academic Accomplishment & Fulfillment, Social identity, Socially Regarded, CRP, a therapeutic space of process and integration resulting in Identity Capital.

Our Words Matter: Using Trauma Informed Approaches to Connect and Empower Students in Recovery
Lori Anderson, Licensed Prevention Professional, Qualified Mental Health Professional, Trust-Based Relational Intervention Practitioner,

**SESSION
FEEDBACK FORM:**



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Our Words Matter: Using Trauma Informed Approaches to Connect and Empower Students in Recovery **Lori Anderson, Licensed Prevention Professional, Qualified Mental Health Professional, Trust-Based Relational Intervention Practitioner, Tonja Myles, Certified Peer Support Specialist**

Quarterdeck BC | 1 CE

Language is a powerful tool that shapes how individuals perceive themselves and the world around them. In educational and social environments, particularly those supporting students in recovery, trauma-informed communication can foster meaningful connections, promote healing, and empower students on their journey toward personal and academic success. This presentation explores the principles of trauma-informed approaches, emphasizing empathy, inclusivity, and respect. Participants will gain practical strategies to create brave spaces, where the words we choose can validate experiences, foster strength and adaptability, and encourage positive growth. By understanding the transformative role of language, we can help students in recovery thrive both inside and outside the classroom.

Meeting the Needs of Students with Differing Physical and Mental Conditions: Research Review and Best Practice Discussion

Augustine C. Anders**Parish | 1 CE**

Recent studies have shown there is a population of individuals with disabilities who are at higher risk to have a Substance Use Disorder. Previous research has shown there are leading factors and stressors that put those with disability identities at higher risk for developing Substance Use Disorders. Examining these studies allows for a better exploration of the connection between the two identities and the importance of recognizing both identities for a higher quality of recovery.

Is This a Moral Issue?: Navigating Moral Development of Students, Staff, and Programs in Recovery Spaces

Dylan Dunn, MS, Sydney Cheifetz, MPH, Nicole Benigno**Royal | 1 CE**

A critical experience in the development of young and emerging adults is the process of defining for oneself what is right, and what is wrong. A person's concept of good and bad evolves throughout their life with influence from experiences, communities, hardships, and praises. When applied to the use of alcohol and other drugs, theories and frameworks of moral development can be used to reflect on underlying personal assumptions of substance use, the policies an institution enacts, and the education or punishment associated with such behaviors. This session will uncover how students, staff, and institutions of education assign morality to, and navigate the morality of, substance use, and discuss how to move past judgment and punishment, towards understanding and actions based on social constructs and individual principles.

The Power of Connection & Love-Based Recovery: Experience the Recovery Cafe Model

Beth J. Kreitl, LMHC, CAPRC**Canal | 1 CE**

Recovery is possible for everyone! The Recovery Café Model invites a holistic approach focusing not only on substance use, but also mental health, trauma, loss, incarceration, homelessness, systemic oppression, and more. Come learn about the unique Recovery Café Model – a national model focused on love, connection, hospitality and accountability. We embrace all pathways to recovery regardless of what you are recovering from! Added bonus - learn about our youth-adapted version, the Discovery Cafe.

Agenda

June 29, 2025

ARS BREAKOUT SESSIONS

Recovery High School Student Perseverance: Variables Supporting Sustained Enrollment

Tony Mann, D.Ed.

Kabacoff | 1 CE

We know students attending an RHS for 6+ months are more likely to experience abstinence and other school-related success than their non-RHS peers after treatment (Finch et al., 2018).

AAPG BREAKOUT SESSIONS

The Parent/Caregiver's Journey from Pre to Post APG and the 5 Stages of Grief

Ripp R. Motion, LPC-A, LCDC, Robin Bergeron, CRM

Compass | 1 CE

This session explores the intersection of grief stages with the family recovery journey in Alternative Peer Groups (APG). By mapping the five stages of grief onto the pre-APG, during-APG, and post-APG phases, participants will gain insight into the emotional challenges families face during recovery. The presentation emphasizes the importance of understanding these stages to provide effective support and intervention. Drawing from clinical experience and research, we'll examine how proper support through each phase can lead to improved family functioning and sustained recovery outcomes. Special attention will be given to practical strategies for supporting families through their parallel recovery journeys.

9:45 AM - 11:15 AM



KEYNOTE SESSION

Compassion in Action: Finding Harmony in the Helping Professions

Dian Buckley, Keynote Speaker | Owner, Buckley Voice Empowerment Group | Voice Empowerment & Leadership Coach | Performing Artist

St. Charles | 1.5 CEs

Dian Buckley is an international speaker, voice empowerment coach, and performing artist, with a classical background in Opera, Voice, and Public Speaking. She is the founder of Buckley Voice Empowerment Group, where she empowers individuals and leaders to speak, lead, and live with authenticity and confidence. A passionate advocate for self-expression, Dian draws on her unique blend of performing arts expertise and leadership coaching to help people discover the "voice behind the voice."

Her talent has been featured in magazines, radio, and television programs around the world. Originally from the United Kingdom, Dian has made it her life's work to help others recognize their worth and shine through the power of their voice. With a BA (Hons) and Qualified Teacher Status (QTS), she merges academic excellence with real-world experience to deliver transformational programs. Dian's coaching journey began when she noticed that many clients seeking help with singing or speaking were actually struggling with deeper emotional or mental blocks—such as fear, trauma, or limiting beliefs. These same challenges had shaped her own journey as a performer and human being. From this revelation, she created Shine & iShine Workshops, which later evolved into the Buckley Voice Empowerment Group.

Today, Dian delivers customized, holistic coaching, workshops, and retreats designed to unlock human potential and unleash authentic voice and leadership. She has worked with a wide range of clients—from recovery centers and educational institutions, including the National Autistic Society (UK), to entrepreneurs, creatives, professionals in the entertainment sector, including MusiCares, and corporate leaders.

As Morgan Grace, LCSW-S, LCDC, CCTP, EMDR, TCYM, Founder of Alchemy Collective, USA, notes: "I have witnessed clients leave the Shine experience with newfound, life-giving beliefs, replacing former systems that no longer served them. Dian possesses a remarkable gift of attunement, heart-centeredness, and compassion that is palpable throughout all her activities."

**Thank You! Safe
Travels Home!**

INHERITANCE

An 82 min. award-winning documentary film by Amy Toensing and Matt Moyer

IMPACT SCREENING TOUR

AVAILABLE JUNE 2024

Filmed over 11 years, **INHERITANCE** follows Curtis, a 12 years-old boy, as he grows up in rural Appalachia in a family and community surrounded by substance use disorder and poverty. Can Curtis break the cycle of addiction that has plagued his family for generations?



“The documentary is unflinching in depicting the lives that so many Americans face but are so rarely seen.”

IN PERSON SCREENING + CONVERSATION WITH FILMMAKERS AND/OR FILM PARTICIPANTS:

- PROMOTIONAL MATERIALS
- ONE-TIME LINK
- SCREENING TOOLKIT
- TALKBACK WITH FILMMAKERS AND/OR SUBJECT
- \$500 LICENSING FEE
- \$2500 AND UP HONORARIUM
- TRAVEL EXPENSES

STANDALONE SCREENING

- PROMOTIONAL MATERIALS
- SCREENING TOOLKIT
- ONE-TIME LINK
- \$750 FLAT FEE RENTAL

SCREENING + ZOOM Q&A

- INCLUDES TALK WITH FILMMAKER VIA ZOOM, ADDS \$500

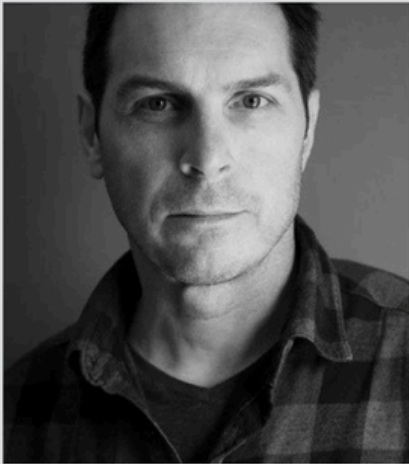


The directors and film participant, Curtis, in Washington, DC during the film premiere

INHERITANCE

BIOS

MORE INFORMATION & TRAILER



MATT MOYER

DIRECTOR • PRODUCER • CINEMATOGRAPHER • WRITER

Matt Moyer is a photographer and filmmaker dedicated to telling stories that raise awareness and work to improve our world. Matt covered 9/11 in NYC, the Iraq war for *The New York Times*, and has photographed multiple feature stories for National Geographic magazine. As a National Geographic Explorer, Matt has photographed the looming water crisis in Egypt. He has directed short documentaries that have been featured by a number of outlets including the National Geographic Society and PBS. Matt was named a Knight Wallace Journalism Fellow at the University of Michigan in 2008 and also received a Knight Fellowship at Ohio University in 2012.



AMY TOENSING

DIRECTOR • PRODUCER • WRITER

Amy Toensing is a visual journalist committed to telling stories with sensitivity and depth. A regular contributor to National Geographic magazine for over twenty years, Toensing has photographed and reported on cultures and topics around the world, including indigenous communities and their connection to land, the impact of drought on communities in Australia and land and social rights for women in Uganda and India. Her recent projects have centered around the human relationship to conservation efforts in the United States.



CURTIS RAMSEY

FILM PARTICIPANT

Curtis Ramsey is the key participant in Matt Moyer and Amy Toensing's award-winning documentary, *Inheritance*. The film follows him and his family over 11 years, exploring the underlying causes of the opioid epidemic in America through the life of one boy and five generations of his extended family. Curtis is currently participating in the film as it screens at festivals across the US and beyond.

June 27, 2025

2025 Annual Conference Poster Sessions

Bringing Recovery High Schools to Light: Showcasing U.S. Practices to Inspire Japanese Implementation **Hana Suzuki, Social Worker, Yojiro Watanabe, Miho Omura, PhD, Hanako Asahi**

Purpose: This study aims to present key findings from two visits to U.S. recovery high schools and gather feedback from Japanese stakeholders.

Methods: In 2023, our team visited Seattle Recovery High School, conducting interviews and recording the visit. These findings were shared at an online symposium. In 2024, we visited again, interviewing teachers, students, and observing a recovery meeting. A report was presented at the Japan Association on Alcohol-Related Problems in 2024, gathering feedback from stakeholders.

Results: Eight key findings emerged: "Small High School Network Supporting Recovery," "Educational Philosophy," "Recovery Meetings," "Accountability," "Diverse Adults and Faculty," "Building Relationships," and "Safe Connection to AA/NA." Feedback highlighted concerns about Japan's lack of addiction support and the need for a culturally adapted approach.

Discussion: Results indicated the importance of adapting American practice to the Japanese local social and cultural context. Further research, including focus group interviews, is needed to explore implementation in Japan.

Disordered Eating Characteristics among Individuals in Long-Term Substance Use Recovery from Collegiate Recovery Programs

Trinity P. Criner, Alex Shrode, MS, RDN, LD, Jennifer Marable, Alisha Campbell, Michelle K. Strong, PhD | SPHR, Declan P. Murphy, BA MA MA Doctoral student, William Gerber, PhD, Melissa A. Munn-Chernoff, PhD, FAED

Eating disorders (EDs) and substance use disorders (SUDs) often co-occur, especially among college students. Collegiate Recovery Programs (CRPs) support addiction recovery, but little research has explored disordered eating within CRPs. This study examined demographic differences in disordered eating, depression, and anxiety among CRP students.

Fifty-one participants from the Collegiate Recovery Wellness Study completed the Eating Pathology Symptoms Inventory (EPSI), PHQ-9 (depression), and GAD-7 (anxiety). Data were analyzed using descriptive statistics, t-tests, and linear regression.

Participants (32 males, 19 females; ages 19–73) were primarily Caucasian and non-Hispanic. Significant sex differences were found in Body Dissatisfaction (BD), Restricting (REST), and Muscle-Building (MB) scores. Females scored higher on BD and REST; males on MB. No significant sex differences emerged for other EPSI subscales, depression, or anxiety. Regression showed depression predicted BD, Binge Eating (BE), and REST; anxiety predicted BD.

Findings highlight sex-specific eating patterns and suggest psychological factors may impact recovery outcomes.

Poster Sessions

June 27, 2025

Applying Schlossberg's Transition Theory: Navigating College-to-Work Transitions for Students in Collegiate Recovery Programs

Michelle K. Strong, PhD | SPHR

This conceptual paper applies Schlossberg's Transition Theory to Collegiate Recovery Programs (CRPs), exploring factors that facilitate and hinder the transition from college to work for students in addiction recovery. The transition to full-time employment is one of the most stressful stages for college graduates, compounded by employers' concerns over gaps in interpersonal skills and lack of understanding of how to adapt to corporate culture. For CRP students, the transition can be exponentially challenging due to pre-recovery experiences, self-efficacy struggles, and stigma. CRPs exist on college campuses to support students in recovery while maintaining academic success, resulting in high GPAs and graduation rates and low relapse rates. However, no research has yet assessed CRPs in their ability to prepare graduates for the college to work life transition nor meet the career-readiness expectations of employers. Schlossberg's framework consists of the 4 S's of self, situation, support, and strategies that guide individuals through life transitions. Integrating career readiness focused programming into CRPs could have a significant impact on graduates' personal and professional outcomes, smoothing the college-to-career journey, and reducing skill gaps. The presentation will outline an agenda to study CRP students' transition from college to work as well as their personal and recovery-based resources, support systems, strategies for career success, and process for integrating their recovery journey into professional identity. The addition of career programming for CRP graduates enhances the value they bring to their employers and fosters greater professional growth within the workplace.

Association Between Spirituality and Suicidal Behaviour, as Mediated by Depression and Psychache Among College Students Who Are Adult Children of Alcoholics

Ashnita S. Maxton, MA

Adult Children of Alcoholics (ACOAs) face significant risks, including depression and suicide attempts, due to adverse parental influences such as inadequate supervision, lack of affection, and hostility. While religiously oriented spirituality is often linked to reduced suicidality, emerging evidence suggests other dimensions of spirituality may influence this relationship. We hypothesized that multiple dimensions of spirituality would be associated with lower levels of depression and psychache, leading to less suicidal behaviour. A serial mediation model among 349 college student ACOAs accounted for 51% of the variance in suicidal behaviour (40% attributed to mediators). Results revealed that ritualistic spirituality was associated with higher depression and psychache, in turn increasing suicidal behavior. Theistic spirituality was associated with reduced depression, psychache, and suicidality, while existential spirituality showed no significant impact. These findings underscore the importance of theistic spirituality in mitigating suicidal tendencies in college student ACOAs. Tailored spirituality-based interventions may benefit college students.

June 27, 2025

2025 Annual Conference

Poster Sessions

LifePaths: A Boardgame Designed to Teach "Pathways to Empathy and Resilience" Through Mental Health Literacy Education and Community Interaction

Brayden Ritter, Sarah Stone, MSW, RSW, BA

LifePaths is an innovative board game designed to reduce the stigma surrounding mental health challenges and recovery from substance use disorders. Through an engaging, interactive format, players navigate life stages by collecting cards for risk factors, warning signs, coping strategies (Toolkit Cards) and community support (Community Cards).

The game incorporates evidence-based content to educate players on recognizing warning signs, understanding mental health dynamics, and promoting resilience. Players can share resources to support others, fostering collaboration and empathy. LifePaths aims to build meaningful connections, raise awareness, and provide players with practical strategies and resources that can be applied beyond the game.

Accessible in print at home and professional formats, LifePaths is a versatile tool for promoting mental health literacy in diverse settings.

Multidimensional Spirituality and Suicidal Behavior in the Context of College Student Problematic Drinking

Alyssa Hill, M.Ed, Ashnita S. Maxton, MA

Suicidal behavior is a public health concern and is highly comorbid with addictive behavior, including among college students. Much previous research shows that religious oriented spirituality is associated with less suicidality; however, recent work also suggests that other aspects of spirituality may play a role. Additionally, forgiveness and psychological pain can impact the spirituality-suicidality association. Results from our cross-sectional study examining such associations suggest a nuanced relationship between spirituality and suicidality. That is, ritualistic spirituality was associated with less forgiveness of uncontrollable situations (FSit), more psychache, and more suicidality; whereas, existential spirituality was associated with more FSit, less psychache, and less suicidality. This study adds to the growing evidence suggesting that different aspects of spirituality, in addition to religiousness, may influence suicidal behavior among college student problematic drinkers, with implications for treatment options.

ONE EASTERN/ ONE RECOVERY: Establishing Peer Support and Advancing a Recovery-Ready Workforce

Greg Sandman, PhD, NCC, LPCC

During the spring of 2024, we started out with a single question: How can we support our students in recovery? Since then, we have received strong university support and have developed a Registered Peer Support Specialist (RPSS) Pathway for university students in recovery. We have also developed CEU opportunities for RPSS continued paraprofessional development and have continued to build a CADC / LCAD professional pathway through our social work and counseling education programs. Our team continues to explore the use of registered peer support specialists (RPPS) on campus. Under university guidance, continued efforts in this direction would require complete buy-in and commitment from ECU's Psychology and Counseling Centers and we have since established a good working relationship with each. We have also become a member of the Association for Recovery in Higher Education (ARHE) and are already receiving technical assistance in building out our college recovery program.

Poster Sessions

June 27, 2025

Family Support Decreases Self-Stigma about Substance Use Problems Among Participants in Collegiate Recovery Programs By Reducing the Stigma They Perceive from Others

Ya-Li Yang, MSW

Substance misuse is often accompanied by stigma, feelings of shame and inferiority shaped by stereotypes. While family support is known to reduce self-stigma, the pathways linking family support, perceived stigma, and self-stigma among emerging adults remain underexplored. This study used data from 221 participants in the National Longitudinal Collegiate Recovery Study, recruited from 58 collegiate recovery programs (CRPs) across the U.S., Canada, and the U.K. Path analysis showed that family support was negatively associated with both perceived stigma ($\beta = -2.27$, $p < .001$) and self-stigma ($\beta = -1.94$, $p = .034$). Perceived stigma was positively associated with self-stigma ($\beta = .49$, $p < .001$) and mediated the relationship between family support and self-stigma ($\beta = -1.11$, $p = .004$).

These findings suggest that family support may shape emerging adults' stigma perceptions and highlight the benefit of incorporating family psychoeducation into CRPs to improve recovery outcomes by addressing stigma's impact.

Gender and sexuality identity support in CRPs lowers depression for LGBTQ+ CRP participants, which is related to increased recovery capital

Kyle R. Hull, CMA, Mer Francis, Ph.D., MSW

Compared to their cis-het peers, LGBTQ+ college students have elevated risk of substance use and mental health challenges. Collegiate recovery programs (CRPs) provide multidimensional support to recovering students, but limited research has examined the unique needs of LGBTQ+ CRP students. We examined the relationship between support for LGBTQ+ identity, identity-related discrimination experiences, depression, and recovery capital in N=113 LGBTQ+ participants from the National Longitudinal Collegiate Recovery Study using two linear regression analyses, and compared the psychosocial and recovery functioning of LGBTQ+ and cis-het CRP students. We found that higher identity support was associated with lower depression and lower discrimination with higher depression. Higher identity support was not significantly associated with recovery capital, but higher depression was. CRPs can better support LGBTQ+ students by using correct names and pronouns, managing incidents of discrimination that occur within recovery spaces, and working with LGBTQ+ campus organizations to identify ways to improve services.

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2025 Annual Conference

Poster Sessions

Peer Disapproval's Paradox: Gendered Norms in Alcohol-Related Academic Risk

Evan Moon, Carlos A.J. Vidales, PhD

Alcohol misuse among college students is reliably linked to poorer academic performance. However, the strength of this association varies according to social and individual factors. In a sample of 381 undergraduates, we tested a moderated moderation model in which peer injunctive norms (perceived approval vs. disapproval of drinking) buffer—or exacerbate—the alcohol-academic problems link, and in which these normative effects differ by gender. Results indicated that when students perceive stronger peer disapproval, the positive association between alcohol misuse and academic problems is attenuated for women but reverses for men: heavier male drinkers reporting high perceived disapproval experienced relatively fewer academic problems. For women, high disapproval strengthened the protective effect of lower alcohol use. Implications include tailoring campus interventions to gender-specific normative processes. Prevention efforts should leverage injunctive norm feedback to reduce misuse among women, while for men incorporate alternative social reinforcements—such as academic peer support—to prevent the paradoxical backfire of disapproval.

Study Habits Over Spirits: How College Students Judge Academic and Career Potential

Afifa Ahmadzai, Joseph Giani, Carlos A.J. Vidales, PhD

This study investigated how college students' alcohol use and study habits affect peer perceptions of their future occupational success. Guided by social norms theory, the research explored whether drinking status and study habits influence perceived achievement and whether stigma toward alcohol mediates this relationship. In a 2x2 experimental design, 128 participants read vignettes describing a fictional student varying by alcohol use (user vs. non-user) and study habits (planner vs. procrastinator), then rated the student's success potential and alcohol-related stigma. Results showed that study habits significantly influenced perceived success, with planners rated more favorably than procrastinators. Alcohol use did not significantly affect perceived success, and stigma did not mediate the relationship. Findings suggest that strong study habits buffer negative judgments, even when drinking is present, and that alcohol-related stigma may be less influential among college-aged peers. These results inform how peer norms and academic behaviors shape student identity and perceived potential.

Utilizing Community Data to Inform and Improve Collegiate Recovery Across NH

Chloe Allen, BA, Heidi Cloutier, MSW, Jack Russo

It has become more challenging to start up and provide collegiate recovery programs (CRP) with ever diminishing resources, siloed supports and services, and a lack of evidence-based practices and staff capacity (Hennessy et. al. 2024). The current climate necessitates a thorough understanding of community data, needs, available resources and creative strategies for starting and sustaining CRP's.

Twenty-five qualitative interviews were conducted with key partners across state, University and Community organizations to inform collegiate recovery programming, ensure understanding of what is already happening in these communities, identify gaps and effectively collaborate across organizations and funding sources. Data gathered on community needs, gaps, concerns, and trends related to alcohol, nicotine, and other drugs was utilized to scale up and partner across State organizations, Universities in New Hampshire, and local organizations.

Poster Sessions

June 27, 2025

Visualization Techniques for Combating Cravings: Harnessing Metaphors for Recovery

Patrick Bibza, LSW

This session explores the power of visualization metaphors in managing cravings, negative self-talk, and addiction recovery. By engaging in structured mental exercises, individuals can shift focus from urges to resilience. The golf course metaphor transforms emotions into a golf ball, guiding participants through each shot until cravings subside. The football field metaphor frames recovery as a strategic game, where preparation and smart plays lead to victory over relapse. Through guided visualization, journaling, and group discussion, participants will learn to harness these techniques to strengthen emotional regulation and reinforce recovery principles. This session empowers individuals to create personalized mental strategies, turning visualization into a powerful tool for overcoming addiction-related challenges.



Have you read it yet?

ARHE, in partnership with the Independence Blue Cross Foundation, published a guide in 2020 to **help you get started with building a CRP on your campus**. This document is intended to help you get started in your planning process.

Since every campus has its own unique culture, this document is not intended to be a step-by-step how-to guide, but rather it is something every school can adapt in its own way in order to meet the needs of students in recovery on that campus.

This guide offers a comprehensive roadmap for building and sustaining collegiate recovery programs (CRPs) across a wide range of campus settings. The guide highlights the critical role of peer support, institutional commitment, and culturally responsive recovery spaces in supporting student success.

In partnership with the Center for Addiction Recovery Support (CARS), **this updated 2025 edition** includes insights, strategies, and a new addendum tailored to the unique needs of community colleges and technical schools—reinforcing our shared vision of recovery-ready campuses nationwide.

ARHE Award Winners



Lori Holleran Steiker - *ARHE Lifetime Achievement Award*

"For Lori, collegiate recovery programs do not simply provide an attractive option for students seeking support in their recovery journey. These programs save lives by facilitating personal growth at a critical moment in young adults' development. She would be honored and humbled by ARHE's recognition of her efforts in this field."



Kristen Harper - *Collegiate Recovery Champion Award*

"Receiving the Collegiate Recovery Champion Award—the highest honor from ARHE—is incredibly humbling and deeply personal. I found recovery at 21, at a time when I truly didn't believe completing a college degree was possible for someone like me. But recovery opened doors I never imagined and showed me that anything is possible. Since 2008, I've dedicated myself to ensuring that students in recovery have the support, community, and opportunities they deserve. This award not only honors that journey—it celebrates the collective power of recovery to transform lives and campuses alike."



Chesley Kennedy - *Access, Belonging, & Connection Award*

"In a year where Equity, Diversity, and Inclusion and Social Justice have faced political challenges, I am deeply honored to receive the ARHE Access, Belonging, and Connection Award. This recognition reaffirms the importance of welcoming individuals into our lives who are different from us and who may not share the same experiences or perspectives. It is always the right thing to do, and it is through these connections that we build a more inclusive and just world."

ARHE Award Winners



John Shiflet - *Collegiate Recovery Staff of the Year Award*

"Receiving the Collegiate Recovery Staff Member of the Year Award at the 16th Annual Collegiate Recovery Conference is an incredible honor. This award is extremely special to me because I am a product of collegiate recovery and would not be where I am today without the guidance and mentorship of the staff at Texas Tech University Center for Students in Addiction Recovery. Also, it reaffirms my belief in the transformative power of collegiate recovery programs and how impactful collegiate recovery can be. Supporting students in their journey to recovery is not just a professional commitment, but a deeply personal mission to foster resilience and hope for students in recovery."



Chelsie Graham - *Collegiate Recovery Staff of the Year Award*

"I support collegiate recovery because I've seen how powerful it is when campus members are supported in both their education, work, and recovery. I know how isolating recovery can be in academic spaces. That's why I'm committed to creating communities where students and staff feel seen, supported, and valued. Receiving this award is meaningful because it reflects the growing recognition of collegiate recovery in Canada and internationally, as well as the strength of the community behind it."



Jessica McDaniel - *Visionary Award for the Advancement of Collegiate Recovery*

"I support collegiate recovery because it transformed my life. I owe so much of who I am today to collegiate recovery and receiving this award reminds me of the giants upon whose shoulders I get to stand."

ARHE Award Winners



Bryan Sadler - *Collegiate Recovery Student of the Year Award*

"I went from being in prison for three years—and in the prison of my addiction for a decade before that—to earning an associate degree, a bachelor's, and now pursuing my master's in counseling. It wasn't until I found Collegiate Recovery that I truly believed I could make it through—and that I was worth it. I'll never forget when I realized I wasn't the only felon on campus, and that through recovery, I wouldn't have to walk alone. Fast forward a few years: now I'm a coordinator with Lion Up Recovery, volunteering with ARHE, and surrounded by students and mentors who have impacted my life immensely. I've learned that I not only deserve to live again, but I can also use my experience to help others believe they do too. I'm not just leaving school with degrees and credentials—I'm leaving with my life back."



Megan Dobbs - *Collegiate Recovery Student of the Year Award*

"Being a part of Collegiate Recovery has been the most life changing experience since beginning my higher education journey. Since connecting with Collegiate Recovery during my first week on campus, it gave me this overwhelming feeling of belonging that I had not had before. Recovery means freedom for me, and I was not sure if being a student in recovery, if I would be welcome on a higher education campus, but Collegiate Recovery shut down all of my fears and the last three years of growth throughout my college journey with their support and guidance has been phenomenal. I am overwhelmingly grateful."

ARHE Award Winners



Annette Baldwin - *Collegiate Recovery Award for Outstanding Service*

"Working in Collegiate Recovery is a great way to give back to those who have supported my recovery."



Onawa LaBelle - *Collegiate Recovery Advocate of the Year Award*

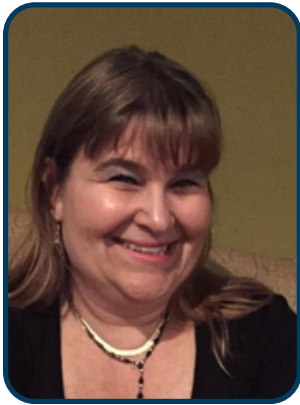
"It is a distinct honour and a privilege to be selected as ARHE's "Recovery Advocate of the Year," especially considering how many incredible people work in the collegiate recovery field. I am humbled by the recognition, and motivated to continue my efforts to make recovery accessible to everyone who wants it. Thank you!"



Blake Schneider - *Cornerstone Award for Student Support*

"Supporting collegiate recovery for me, is about giving back to others what was so freely given to me. I had an awesome experience as a college student in recovery (which I never thought was possible) so having the opportunity to give it back to others is the coolest thing ever."

ARHE Award Winners



Stephanie Lake - *ARHE Community Member of the Year Award*

"As I transition out of the CPR coordinator role this award means so much to me. I've met some wonderful people who I can count on to be there if needed so I don't feel so alone in this field. One person in particular who can't be here is Angie Bryant. Her support and friendship have meant so much to me. Another is Daniel Fried. I honestly wouldn't be here if not for me meeting him and realizing that I can do this on a smaller scale. So THANK YOU"



Imagine Recovery - *ARHE Community Organization of the Year Award*



ARS Award Winners



Ken Simon - *Jim Czarniecki Visionary/Pioneer Award*

"I have always been drawn to the quote *"We make the road by walking"* from Antonio Machado; it is also the title of a powerful book of conversations between Myles Horton and Paulo Freire. I have come to understand that the best schools are led by people that made their own road. What is so heartening, almost forty years after the start of PEASE Academy, is that so many of you, from across the country, made your own road and created an important place for young people to learn and grow."



Patty McCarthy - *Stacie Mathewson Guardian Angel Award*

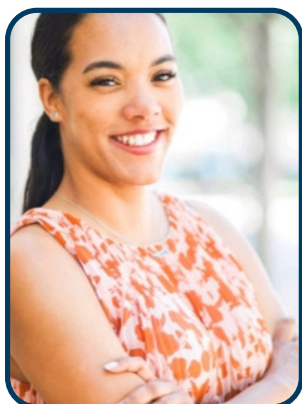
"I am truly honored to receive the Stacey Matthewson Angel Award. This recognition is a testament to the unwavering commitment of everyone working to ensure that young people in recovery have access to education, support, and hope. Together, we are building futures rooted in resilience, compassion, and the belief that recovery is not only possible—it's powerful. Thank you to the Association of Recovery Schools for this incredible honor and for your tireless work in transforming lives through recovery and education."

AAPG Award Winners



Becky Ahlgrim - *Visionary Award for the Advancement of Alternative Peer Groups*

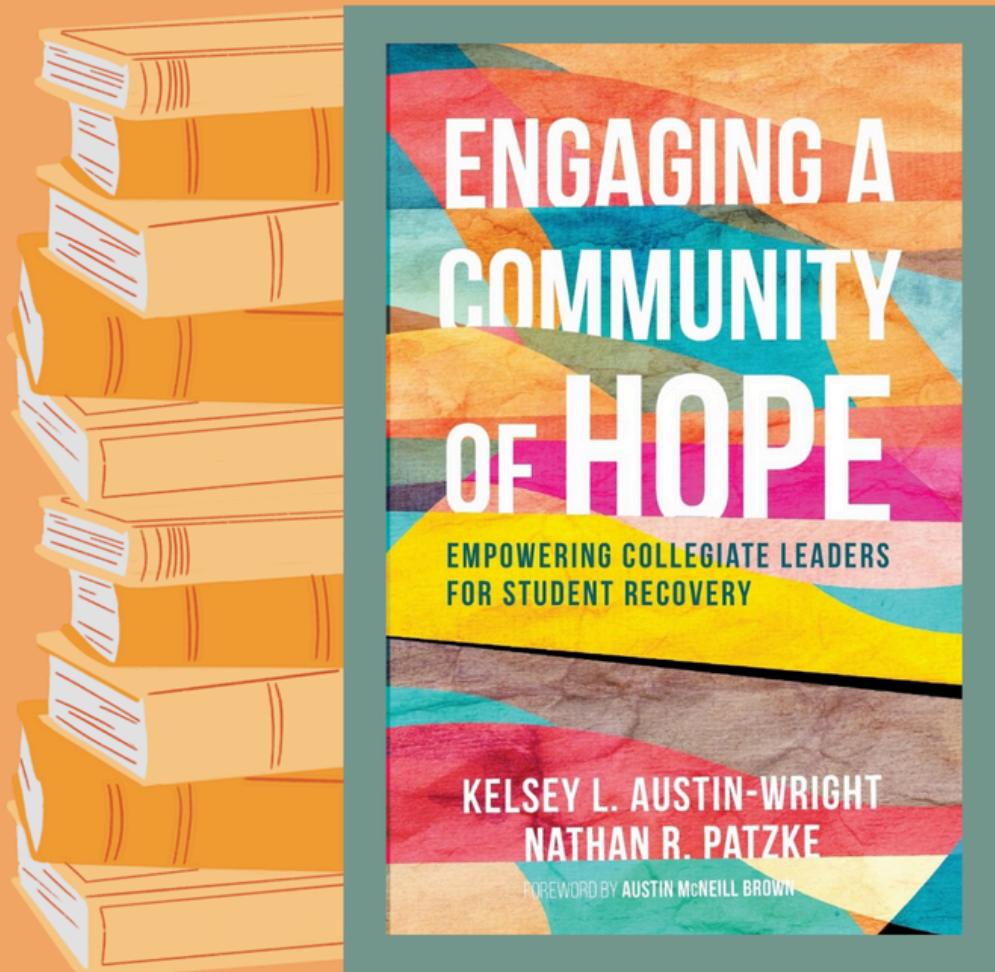
"I can't begin to tell you how much joy and awe I experience seeing family members grow in connection with each other, renewing their understanding and acceptance of themselves and their family members as they explore and use the tools of the different pathways to recovery. Its such a beautiful ongoing miracle! I'm deeply grateful for each sponsor, mentor, director, student, parent, personal family member and my Higher Power who have all taught me how to be present to this wonderful journey together!"



Mariah Fountain - *Visionary Award for the Advancement of Alternative Peer Groups*

"Thank you so much—I'm deeply honored to receive the 2025 AAPG Visionary Award. Being recognized for work that I believe in so wholeheartedly is both humbling and energizing. This award reflects the strength of the entire APG community, and I'm grateful every day to walk alongside such courageous youth and families in their healing journey."

NEW COLLEGIATE RECOVERY RESOURCE AVAILABLE



Kelsey Austin-Wright and Nathan Patzke bring together their collective wisdom and insights from effectively working with students in this must-read book for anyone in the student services and student life domains of higher education. They provide a simple and clear overview of starting and running a CRP.

Now available on Amazon

2025 Annual Conference

Conference Contests

ARHE / ARS / AAPG ANNUAL CONFERENCE CONFERENCE CONTESTS

Conference Scavenger Hunt

Download the conference mobile app and use the in-app camera to scan QR codes located around the conference. The scavenger hunt QR codes will have a small scavenger hunt icon (see to the right) to indicate that these are part of the game. QR codes may be scattered throughout the conference, but you'll find many of them in the exhibit hall! After you scan the code, answer the question prompt and, if correct, gain points! More points = more likely to win.

A \$100 gift card (of your choice) will be awarded the person with the highest points and ever person who participates will be entered into a raffle to win a second \$50 gift card.



Photo Bingo Raffle

Take photos to fill lines on the Bingo Card provided in your registration welcome bag. These photos may be used for future marketing and promotion of the conference. Please do not upload any images that you do not give permission for the conference organizers to use. Be creative in your photos and your interpretations of the bingo card spaces! Scoring: Any one line = 1 ticket; an X = 3 tickets; a square = 5 tickets; full card = 10 tickets.

Upload the photos (<https://bit.ly/photobingo2025>) and then check in with the registration desk to collect your raffle tickets. Tickets must be placed one of the prize bags. Raffle prizes vary.



Resource Hub Upload Raffle

Upload resources that you've created that you don't mind sharing with other programs who may be looking to get started or increase sustainability. These resource will be added to the ARHE resource hub. Please do not upload any resource that you do not give permission for the conference organizers to use. Resources can pertain to any aspect of a program, such as programming, budgeting, staffing/hiring, recruitment and outreach, education, policies, and more!
1 resource = 1 ticket

Upload the photos (<https://bit.ly/2025resource>) and then check in with the registration desk to collect your raffle tickets. Tickets must be placed one of the prize bags. Raffle prizes vary.



Recovery Meetings

ARHE / ARS / AAPG ANNUAL CONFERENCE RECOVERY MEETINGS

Wednesday, June 25, 2025

- SMART Recovery Meeting | 7:30 PM

Thursday, June 26, 2025

- SMART Recovery Meeting | 7:00 AM
- All Recovery Meeting | 11:30 AM
- All Recovery Meeting | 7:30 PM

Friday, June 27, 2025

- All Recovery Meeting | 7:00 AM
- All Recovery Meeting | 11:30 AM
- SMART Recovery Meeting | 7:30 PM

Saturday, June 28, 2025

- All Recovery Meeting | 7:00 AM
- All Recovery Meeting | 11:30 AM
- All Recovery Meeting | 7:30 PM

Sunday, June 29, 2025

- All Recovery Meeting | 7:00 AM

Plus, don't forget to try out some of the local community based meetings!

Scan the QR code for a map of Recovery Dharma, AA, NA, and SMART meetings in the area!



2025 Annual Conference Wellness Activities

ARHE / ARS / AAPG ANNUAL CONFERENCE ENTERTAINMENT SCHEDULE

Wednesday, June 25

- Welcome Event & Awards Recognition | 7:00 PM

Thursday, June 26

- Flex & Flow Fitness Workshop | 7:00 AM
- Painting on Perspectives Creative Activity | 11:30 AM
- Chair Yoga Mindfulness Session | 3:30 PM

Friday, June 27

- Gratitude Gardens Creative Activity | 7:00 AM
- Guided Meditation Mindfulness Session | 11:30 AM
- Vibey Vinyasa Fitness Workshop | 3:30 PM
- Stann Smith Live Music Event | 8:00 PM

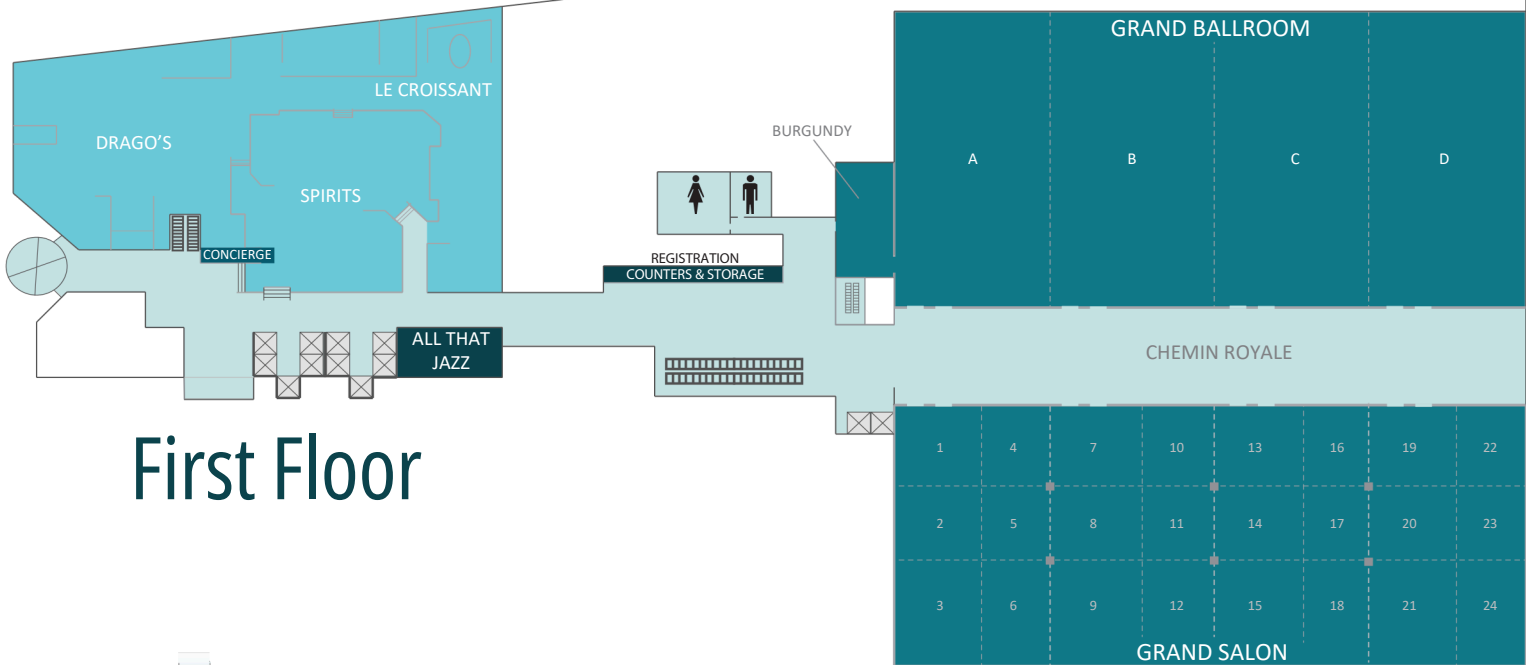
Saturday, June 28

- Recovery Yoga Mindfulness Session | 7:00 AM
- Strength & Resistance Fitness Workshop | 11:30 AM
- Affirming Poetry Bookmarks Creative Activity | 3:30 PM
- *Inheritance* Movie Screening | 8:00 PM

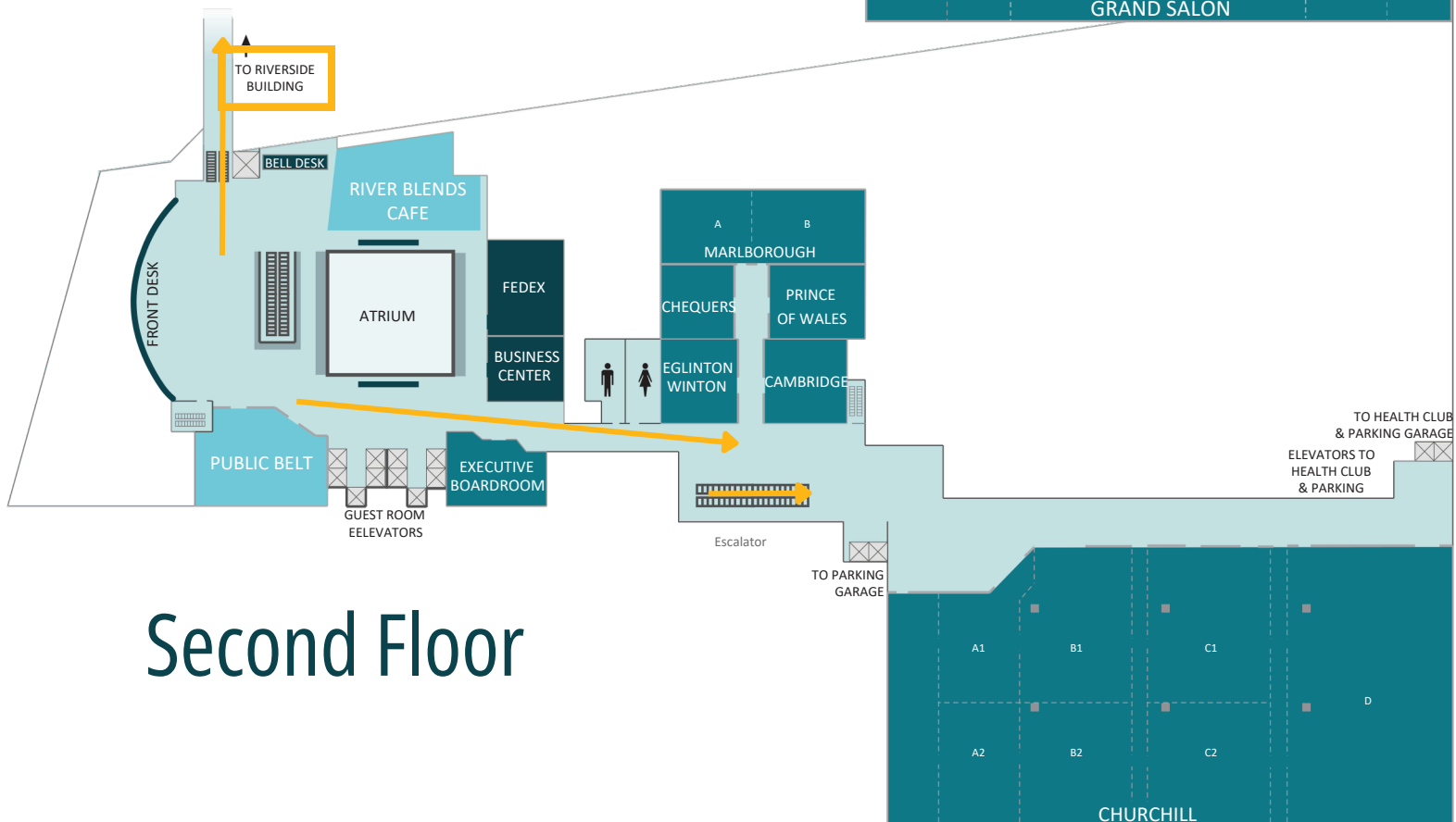
#ARHE2025 #ARS2025 #AAPG 2025



2025 Annual Conference Hotel Map



First Floor



Second Floor

Hotel Map



Third Floor



Riverside Complex

ISSUES REPORTING FORM:

Please scan the QR Code and let us know if any issues arise before, during, or after the conference! *(Can be submitted anonymously)*

