



IMPACT REPORT

2019

collegiaterecovery.org



Mission & Vision

Our mission is to champion, develop, and sustain excellence in collegiate recovery. Our vision is a collegiate culture that embraces recovery.

Purpose Statement: With recovering students at the heart of what we do, ARHE fosters the growth of collegiate recovery through the provision of institutional standards, support, and professional development.

ARHE Responsibilities include:

- Support and advocate for the continued growth, expansion and accessibility of collegiate recovery.
- Act as the accrediting body for collegiate recovery.
- Provide professional community and development opportunities for collegiate recovery leadership and staff.



Goals

Goal 1: Growth and Expansion of Collegiate Recovery

Objectives:

- Advocate for the creation of new collegiate recovery programs.
- Cultivate material and intellectual assets to facilitate start-ups.
- Create a resource toolkit to provide to start up programs.
- Provide educational and development opportunities for all stakeholders.

Goal 2: Develop Accreditation Standards and Process

Objectives:

- Establish universal accreditation standards for CRP's.
- Develop and outline the model of accreditation.
- Establish the process by which ARHE evaluates and determines accreditation requirements are met.

Goal 3: Development of Professional Collegiate Recovery Workforce

Objectives:

- Establish roles and competencies pertinent to collegiate recovery work.
- Provide continuing education opportunities based on established competencies.
- Provide opportunities for collaboration and the sharing of best practices.

Goal 4: Assemble and Disseminate Best Practices and Relevant Recovery Research

Objectives:

- Publish ARHE best practice recommendations.
- Collaborate with key stakeholders regarding advancing, housing and disseminating recovery research.

Goal 5: Develop funding sources and policies that create organizational sustainability

Objectives:

- Develop sustainable and diverse revenue streams from ethical sources that support the guiding principles of our membership.
- Improve financial systems and develop policies that support sustainability.
- Improve operational systems and develop procedures and policy manual.
- Mitigate organizational challenges through the recruitment of board members, amendment of by-laws, and addressing liabilities.

Goal 6: Coordinate Membership and Stakeholder Engagement and Outreach

Objectives:

- Create a consistent brand and communications platform.
- Regularly collect membership feedback, solicit input and needs.
- Expand membership participation through unique and engaging programs and services.
- Ensure the conference contains relevant, timely and dynamic learning opportunities.

CORE VALUES






Values: In support of our mission and responsibilities, the ARHE will model the following values:

Integrity: As individuals and as an Association, we are honest, trustworthy, transparent and responsible. We adhere to the highest professional standards, and we advance the values and ethical obligations associated with our work with students.

Inclusion: As individuals and as an Association, we value diversity and the worth of all people, respecting individual differences that bring richness to the students and constituents we serve.

Student-Centered: As individuals and as an Association, we recognize our role in supporting student success and strive to act in the best interests of the students we serve in all decisions.

Service Excellence: As individuals and as an Association, we utilize our knowledge and skills to improve our programs, services, facilities and activities in ways that demonstrate our commitment to student success.



Board of Directors

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Student Representative: Ashley Riley, Colorado State University

Institutional Member List

Appalachian State University	Gonzaga University
Augsburg University	Greenfield Community College
Auraria Recovery Community	Greenville Technical College
Baylor University	Gustavus Adolphus College
Boston University	Illinois State University
BridgeValley Community & Technical College	Indiana University - Bloomington/College Recovery Community
Brown University	Indiana University-Purdue University Indianapolis
California Polytechnic State University - San Luis Obispo	Iowa State University
California University of Pennsylvania	Jacksonville State University
Cape Cod Community College	Kennesaw State University
Central Michigan Collegiate Recovery	Kent State University
College of Charleston	Longwood University
Colorado State University	Lorain County Community College
Community College of Philadelphia	Loyola Marymount University
DePaul University - HPW	Luzerne County Community College
East Carolina University	Marquette University
Fairfield University	Michigan State University
Fairmont State University	Minneapolis Community and Technical College
Ferris State University	Misericordia University
George Washington University	Mississippi State University
Georgia Institute of Technology	

Monmouth University	Southern Methodist University
Montclair State University	Southern Oregon University
Montgomery County Community College - Power Program	St.Cloud State University
Nash Community College - Student Wellness Center	Syracuse University
North Carolina A&T State University	Texas A&M University
North Carolina State University	Texas Christian University
Northampton Community College	Texas Tech University
Northeast State Community College	The College of New Jersey
Northwest Arkansas Community College	The College of St. Scholastica
Ohio University	The Ohio State University
Oregon State University	The University of Iowa
Our Lady of the Lake University	The University of North Carolina at Greensboro
Penn State University	The University of Texas at Austin
Pratt Institute	The University of Texas at Dallas
Purchase College	The University of Texas at San Antonio
Purdue University	The University of Texas Permian Basin
Radford University	Tompkins Cortland Community College
Ramapo College of New Jersey	Towson University
Rice University	Tufts University
Rowan University	Tulane University
Rutgers - New Brunswick	University of Alabama
Rutgers - Newark	University of Alabama at Birmingham
Sacred Heart University	University of Arkansas
Saint Joseph's University	University of California - Riverside
Sam Houston State University	University of California at Los Angeles
Santa Clara University	University of California at Santa Barbara
Southeastern Louisiana University	University of California at Davis
	University of Central Florida
	University of Colorado at Boulder

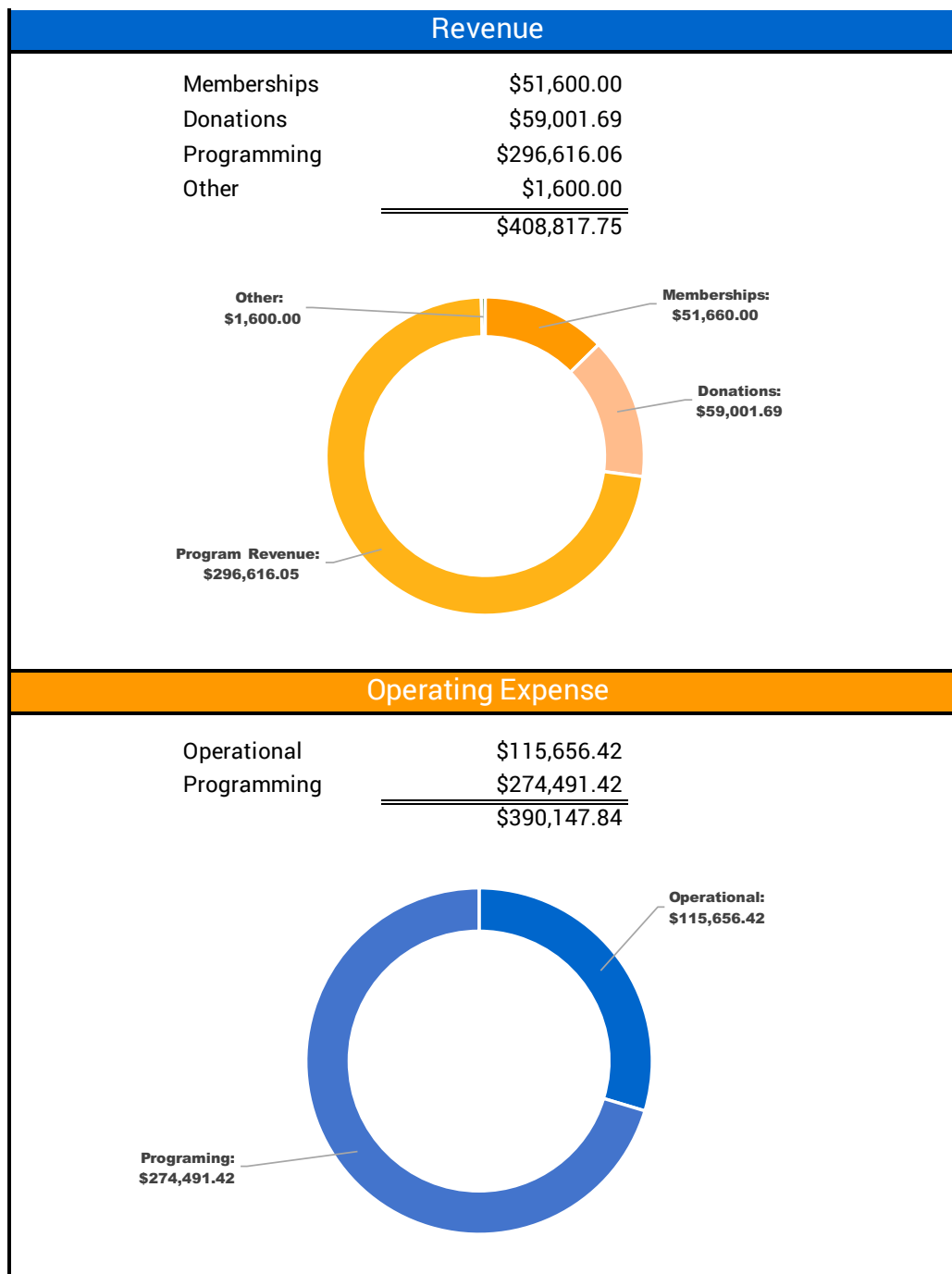
University of Connecticut
University of Delaware
University of Denver - Health & Counseling Center
University of Georgia
University of Houston - Cougars in Recovery
University of Mary Washington
University of Maryland - Health Center
University of Massachusetts
University of Massachusetts Boston
University of Michigan - Univ Hlth Svc Wolverine Wellness
University of Minnesota - ROC
University of Minnesota at Rochester
University of Nebraska at Omaha
University of Nevada at Reno
University of New England
University of North Carolina at Asheville
University of North Carolina at Chapel Hill
University of North Carolina at Charlotte
University of North Carolina at Wilmington
University of North Texas
University of Oregon
University of South Carolina
University of Southern Maine
University of Southern Mississippi
University of Tampa
University of Tennessee at Chattanooga
University of Texas @ Tyler
University of Texas at El Paso

University of Texas RGV
University of Utah - College of Social Work
University of Vermont
University of Virginia
University of Wisconsin at Madison
University at Albany at SUNY
Vanderbilt University
Virginia Commonwealth University Wellness Resource Center
Virginia Tech
Wake Forest University/College Recovery Community
Washington and Lee University
Washington University in St. Louis
West Virginia State University
West Virginia University - WELLWVU

Corporate and Non-Profit:

Cumberland Heights
The Ammon Foundation
Caron Treatment Centers
Pavillon
Women Empowering Women in Recovery, Inc.
Recovery Campus Magazine
Red Oak Recovery
Alpha 180
Origins Behavioral Healthcare
Sandstone Care
Sunrise Detox Millbury
PRN for Families

OUR FINANCIALS



Building Collegiate Recovery

77%

Increase in membership
from 2018 to 2019



Staff Summit

In November of 2019, ARHE hosted its first Collegiate Recovery Staff Summit at UC Santa Barbara. The 2-day summit welcomed dozens of professionals from across the country. The plan is to continue hosting these events starting back up in the fall of 2020.



Annual Conference

From June 29th to July 2nd, ARHE hosted our 10th Annual National Collegiate Recovery Conference. In conjunction with the Association of Recovery Schools and the Association of Alternative Peer Groups, this event brought together hundreds of education and recovery professionals for the country's premier event on the intersection of addiction recovery and educational settings. We look forward to an even better event from June 23rd to 27th out in San Diego!



Collegiate Recovery Leadership Academy

ARHE's idea of a Collegiate Recovery Leadership Academy came to fruition in 2019 thanks to a partnership with SAFE Project. Throughout the 2018-2019 academic year, we supported over 50 students through a fellowship program that focused on mentorship, leadership development, and a collegiate recovery impact project.

2020 Vision Campaign Launch

In the spring, we launched our 2nd ever ARHE campaign: Our 2020 Vision Campaign. On the following page you can read more about where we see ourselves and the collegiate recovery profession headed in 2020.



#OUR2020VISION

BUILDING A FUTURE FOR THE COLLEGIATE RECOVERY PROFESSION

The Association of Recovery in Higher Education (ARHE) is a nonprofit association that represents approximately 130 colleges and universities with support programs for students in recovery, known as collegiate recovery programs (CRPs). With the addiction crisis affecting individuals far and wide, collegiate recovery programs are a critical solution for many communities. One day, we hope to see programs on every campus throughout the country. Our goal is to start by doubling the number of programs by the end of 2020. In order to do so, we'll need your help!

#Our2020Vision Campaign is an engagement initiative to help move the collegiate recovery profession forward. Through awareness, action, and fundraising, our goal is to grow the Association so that we can best support the development and sustainability of the collegiate recovery field. We hope to accomplish that in the following ways:

- Accrediting collegiate recovery programs nationwide
- Offering collegiate recovery competency training to treatment centers and other organizations
- Offering professional development opportunities for students in recovery
- Training the collegiate recovery workforce
- Assisting in the development of new collegiate recovery programs and ensuring their sustainability

Want to get involved? Here are the areas where we need help!

- 1) Awareness: promoting collegiate recovery and the work of ARHE. Spread the message far and wide that recovery works and CRPs belong on every college campus!
- 2) Action: volunteer, mobilize, coordinate outreach, donate, engage online. Read our blog post on all the ways you can take action or sign up below!
- 3) Fundraising: help us reach our \$200,000 goal by the end of 2020. Visit our campaign fundraising page to make a gift or start a fundraiser!

Visit collegiaterecovery.org/2020vision for full information about the #Our2020Vision Campaign

Other Collegiate Recovery Accomplishments

- We presented and spoke on collegiate recovery at over 25 locations including the White House, annual NASPA conferences, various statewide events, and a variety of institutions
- Hosted and distributed a variety of webinars, funding opportunities, and additional recovery resources to our ARHE members
- Saw great strides forward with our advocacy and accreditation committees
- Updated and rebranded our website to best support members
- Over 2 million social media impressions



Chava E.

Intern



Chava E. has been interning with us since the beginning of 2019. Currently, Chava is a junior at Virginia Commonwealth University where he studies political science. Chava's work with ARHE ranges from working on outreach for our conferences to curating social media content.

In college, his collegiate recovery program was the first place he went to a recovery meeting and met other young people who were passionate about sobriety and bettering themselves. It was through them and their support that he has been able to flourish academically while maintaining recovery and thriving personally.

Chava's hopes for the future of collegiate recovery include: all students having the ability to have collegiate recovery programs at their universities and for those universities to actively support those students through adequate funding and resources.

Board Member Spotlight

Anne Thompson-Heller
Board Member



Collegiate recovery changed my life, because of a collegiate recovery program (CRP), I received a high-quality education, my family and I were able to heal, and I developed into a person I am proud to be. It changed the trajectory of my life and I am forever grateful, and I consider it a honor to pay that forward in any way I can. I view the ability to access recovery support in college as a social justice issue. Without recovery support, many students seeking recovery struggle to navigate their recovery and the high-risk environment of a college/university campus.

Professionally, students in recovery are among the smartest, funniest, most resilient, and hardest working students I've had the pleasure to work with. With proper support, students in recovery excel academically, sustain their recovery, and thrive. The benefits of collegiate recovery programs are vast and they are an asset to any college campus.

This last decade we have seen exponential growth of CRPs with considerable variation in program philosophies, organizations, and structures. I believe ARHE will continue to prioritize initiatives that unite, strengthen, and advance the field of collegiate recovery. One such initiative is the accreditation of collegiate recovery programs. Accreditation is an initiative intended to support CRP growth and development through the use of best practices and ensure the quality and integrity of programs and services. Additionally, through accreditation we hope to honor the diversity of CRPs nationally, help programs advocate for the resources and services they need to support their students, and increase public awareness and understanding of CRPs. It is an exciting time in the field of collegiate recovery, and I look forward to all that is to come.

2019 Donors and Fundraisers

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