

#ARHEatVCU | #ARSatVCU | #AAPGatVCU

# ONSITE PROGRAM

**13th ANNUAL**

COLLEGIATE RECOVERY CONFERENCE

**21st ANNUAL**

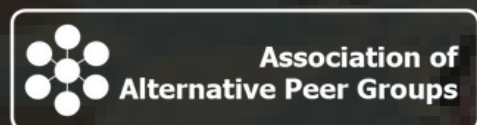
RECOVERY SCHOOLS CONFERENCE

**6th ANNUAL**

ALTERNATIVE PEER GROUPS CONFERENCE

**JUNE 13TH - 15TH, 2022**

**RICHMOND, VA**





## 2022 Conference

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Dear Conference Attendees,

On behalf of the Association of Recovery in Higher Education (ARHE), welcome to Richmond! I sincerely appreciate your attendance, engagement, and contributions to this year's conference. It is hard to believe that it has been three years since we last gathered together in person to celebrate our growing fields. The last three years have been a rollercoaster of the unknown and the effects it has had on our staff and students is not lost on me. I hope you have time this week to connect, learn, and feel the presence of your peers and colleagues as we continue this journey together.



I encourage you to spend your time here connecting with the great variety of conference attendees we have from across the US, UK, and Canada. Whether it's after a dynamic session, in the hustle and bustle of the exhibit hall, or at one of our events, the relationships built here can last a lifetime. Our conference committee put in countless hours of volunteer time in order to provide the optimal event experience for every attendee. I am so grateful to work in a field where I feel so much support from my colleagues who are always willing and ready to lend a hand. The last nine months have been quite the journey and I have been proud to serve ARHE as the Interim Executive Director during this time of transition. Since I attended the very first conference in 2010 at Texas Tech University, I have felt that my purpose in this lifetime is to support the growth of recovery support services on our campuses so that the students who came after me would have access to a peer community that I desperately searched for during my undergraduate years. Watching the growth of collegiate recovery over the last decade+ has been nothing short of amazing.

While this conference and this profession has grown leaps and bounds over the years, we have so much growth ahead of us. We envision a world where strong recovery support services are available to every student throughout the world. Yes, the world. We have come a long way and still have a long road ahead of us. We are so excited to have you all here and a part of this journey.

If you see me throughout your time here at the conference, please don't hesitate to stop me so I can have a moment to connect with you. It is a breath of fresh air to be here in person with you and not on a Zoom screen in my basement!

Sincerely,

A handwritten signature in black ink that reads "Kristina Canfield".

Kristina Canfield, MEd  
Interim Executive Director



Dear ARS Community:

On behalf of the board of Directors of the Association of Recovery Schools (ARS), welcome to the 21st annual Recovery Schools Conference. This year's conference is once again co-hosted by our friends at the Association of Recovery in Higher Education (ARHE) and the Association of Alternative Peer Groups (AAPG). A Special Thank you to Kristina Canfield and the conference planning committee that have built upon the successes of our previous conferences to create another dynamic, valuable experience for all attendees. A special thank you on behalf of the ARS community to Michael Durchslag and Bea Blackmon for representing ARS on the conference planning committee and working tirelessly to make the conference experience as valuable as possible for all participants.

During these continued difficult times, it feels even more important that we sustain the connections and fellowship that forms the foundation of the community that binds us together in our recovery work. We are excited to be able to meet in person once again and are even more excited to be able to provide an online version so we can continue creating spaces for information sharing and support for the recovery high school community

We encourage those who might not have been able to attend in person due to logistics to take advantage of this virtual opportunity to connect with your peers across the country. The exciting growth in the recovery high school movement is due in large part to the strength of the ARS community and we want as many people as possible to participate in this experience so that we can continue this momentum.

Sincerely,  
Roger Oser  
ARS Board President



AAPG letter to the 2022 conference participants,

Welcome to the 2022 Association of Alternative Peer Groups (AAPG) virtual conference! We are honored to be partnered as co-hosts with the Association of Recovery in Higher Education (ARHE) and the Association of Recovery Schools (ARS) organizations again this year. The three organizations together provide an incredible continuum of recovery support and fellowship for teens and young adults and their families. By attending this conference, you join us in our conscious pursuit of excellence and openness to new ideas.

This conference serves as a collaborative effort among organizations and individuals, each with experiences and technologies that promise ongoing improvement in our efforts to serve those adolescents, young adults, and families experiencing the nightmare of addictions.

We are here to share with you our collective experiences over 50 years of developing and honing Alternative Peer Group (APG) treatment and support for many thousands of teens and their families. The APG captures the exuberance of adolescence and transforms self-destructive teens into positive role models for each other. APGs strive to reunite families who had lost hope. Still, the need is growing.

The COVID pandemic has presented obstacles to each of us. Isolation, uncertainty, grief, and catastrophe have driven our world to new possibilities of increased understanding, acceptance, and celebration of individual differences. As we are beginning to meet in person, we are grateful that the technology has been available to maintain our collaborations and programming virtually! Come and check out our presentations! Together we can take one step closer to a healthier world. We look forward to meeting you!

Sincerely,

The AAPG Board of Directors



## 2022 Conference

# Exhibitor / Sponsor List

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See Whova app for exhibit hall map

\*Please note that sponsors with an asterisk will not have an on-site booth in the exhibit hall

All Sober  
Virginia Commonwealth  
University\*  
Aware Recovery Care  
Caron Treatment Centers\*  
Guardian Recovery Network  
Hazelden Betty Ford  
Pavillon  
Summit BHC  
The JHW Foundation, Inc.\*  
UTRGV  
SMART Recovery  
Recovery Unplugged  
HECAOD  
Morehouse School of Medicine:  
African American Behavioral  
Center of Excellence  
Bon Secours\*  
Foundations Recovery  
Network  
The Phoenix  
Ashley Addiction Treatment  
Chess Health

Texas Tech University -  
Addictive Disorders and  
Recovery Studies PhD Program  
Students Recover  
Hikma Community Health  
Newport Academy  
Ram's in Recovery\*  
Spiders in Recovery\*  
Afterglow Coffee Cooperative\*  
Recovery Roast\*  
Ben's Friends\*  
Hamilton Glass\*  
Outdoor Recovery Program\*  
Todd Rose Insurance Agency\*  
Independence Blue Cross  
Foundation\*

## Ruby Sponsor



## Silver Sponsor



**VCU**

Student Affairs

University Counseling Services

## Bronze Sponsor



In-Home Addiction Treatment™



African American  
Behavioral Health  
CENTER OF  
EXCELLENCE



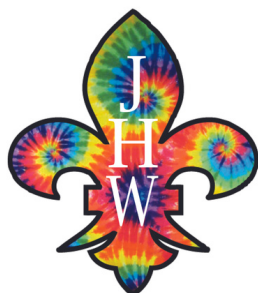
Recovery Network



**THE PHOENIX**  
RISE | RECOVER | LIVE



Substance Use Disorder Treatment Center



THE FOUNDATION FOR YOUNG ADULT RECOVERY



Hazelden Betty Ford



Graduate School  
of Addiction Studies



**Higher Education Center**  
for Alcohol and Drug Misuse Prevention and Recovery



## 2022 Conference

# A Special Thanks To...



**VCU**

Student Affairs

University Counseling Services



## RVA Restaurants



Richmond is known for its fabulous, diverse food culture. Here are a few of the restaurants that will be participating in the Taste of Richmond Booth Walk on Monday, June 13.



**Todd Rose**  
**Insurance Agency,**  
**Franklin, VA**



### TBT El Gallo

2118 W. Cary St.

Elevated, modern Mexican street food interpreted through the perspective of a second generation immigrant. TBT El Gallo highlights traditional Mexican ingredients such as chiles, authentic regional cheeses and cactus.

### Alewife

3120 E. Marshall St.

Mid-atlantic seafood, influenced by the Chesapeake Bay and Virginian culinary heritage. A fresh take on traditional dishes, from things like local oysters with Szechuan peppercorn to duck breast with roasted sunchokes.

### Heritage

1627 W. Main St.

A Richmond classic, Heritage is a stylish yet cozy place for seasonal New American cuisine with a Southern flair. It has won numerous awards since opening in 2012.

### Oak and Apple

1814 E. Main St.

A laid-back spot for barbecue and sandwiches with a dog-friendly patio. Menu includes brisket, pork, chicken, jackfruit, and more!

### Jamaica House

416 W. Broad St.

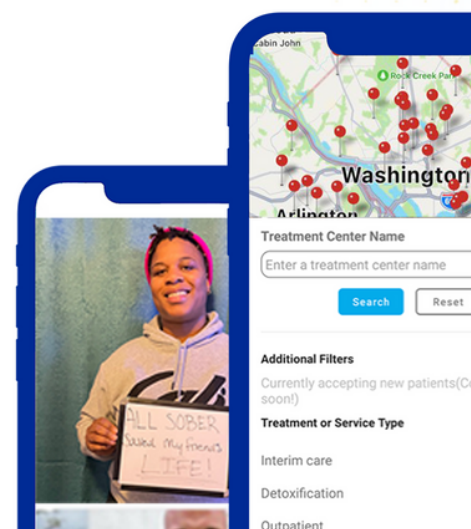
Delicious, authentic, and affordable Jamaican cuisine in a casual, relaxed environment in the heart of VCU. Chicken dishes, seafood, paninis, chickpea bowls, and more.



**GIVE YOUR STUDENTS EVERYTHING  
FOR RECOVERY AND SOBER LIFE - ALL IN ONE PLACE.**



**We're All IN to connect anyone struggling with addiction  
with ALL the connections, resources, and inspiration  
they need for treatment, recovery and a sober life.**



## **JOIN US**

**Visit our booth #36 in the Exhibit Hall to see how  
you can expand your collegiate recovery  
programs with All Sober.**



**ALLSOBER.COM**





VCU's Rams in Recovery, the VA Department of Behavioral Health and Developmental Services, and the JHW Foundation

# Welcomes You to Richmond



## Recovery Meetings

### Sunday

4:30pm - 200% Writing, All Recovery Writing Group, Clubhouse

8:00pm - It Works: How and Why, NA, Hibbs Building 303

### Monday

7:00pm - Grapevine, AA, Clubhouse

10:00pm - RVA Late Nite, AA, 1205 W. Franklin

### Tuesday

6:00pm - SMART Recovery, Clubhouse

8:00pm - Recovery Dharma, Clubhouse

8:00pm - Fan Club/Winners Circle, NA, 1205 W. Franklin St.

10:00pm - RVA Late Nite, AA, 1205 W. Franklin

### Wednesday

9:00am - Simple Basics of Recovery, NA 1205 W. Franklin St.

12:00pm - Hitting the Books, AA, Clubhouse

7:30pm - All Queer No Beer, AA, Clubhouse

\*The VCU Rams in Recovery Clubhouse is located at 1103 W. Marshall St.



## A big shout out to:

Ben's Friends, a recovery group which supports folks in the restaurant industry who helped with the food this week

For more meetings and info on Rams in Recovery visit  
**[recovery.vcu.edu](http://recovery.vcu.edu)**



**VCU**

Student Affairs

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# INDEPENDENCE BLUE CROSS FOUNDATION

Independence 

## SALUTES

### The Association of Recovery in Higher Education

The IBC Foundation is proud to support the Association of Recovery in Higher Education's mission to champion, develop, and sustain excellence in Collegiate Recovery Programs.

Through its Supporting Treatment and Overdose Prevention (STOP) initiative, the IBC Foundation works to end the stigma of addiction and increase equitable access to community-based prevention, treatment, and recovery resources for opioid use disorder.





### **About ARHE**

The Association of Recovery in Higher Education (ARHE) is the only association exclusively representing Collegiate Recovery Programs (CRPs) and Communities (CRCs), the faculty and staff who support them, and the students who represent them. ARHE provides the education, resources, and community connection needed to support the unique educational journeys of recovering students. We are a membership-based network of professionals, administrators, faculty, staff, students, parents, and policy makers, serving as a national support system for propagating and supporting the vision of Collegiate Recovery Programs. ARHE offers time-tested, research- and experience-based methods for fostering and supporting students in Recovery and models for developing and integrating CRPs into institutions in ways that best serve Recovering students.

**Our Mission:** To Champion, Develop, and Sustain Excellence in Collegiate Recovery.

**Our Vision:** A collegiate culture which embraces Recovery.

### **What is Collegiate Recovery?**

Collegiate Recovery refers to college or university-provided Recovery Support Services for students in or seeking Recovery from a Substance Use Disorder. Collegiate Recovery Programs provide on-campus Recovery supports that enable students seeking to create healthier relationships with Substance Use successful tools for pursuing both Recovery and their college degrees.

### **Membership**

With over 150 institutional members and approximately 150 other ARHE members, our organization continues to grow and support the field of Collegiate Recovery. Supporting our members is at the forefront of our work. Through membership, a collective group of individuals lets our communities know that Collegiate Recovery should be present on every college campus in the country, and one day on every college campus across the globe.

To learn more about ARHE membership and to join, please visit [www.collegiaterecovery.org](http://www.collegiaterecovery.org)

13th Annual ARHE / ARS / AAPG Conference  
June 13 - 15, 2022  
Virginia Commonwealth University (VCU)  
Richmond, VA

Facebook - Association of Recovery in Higher Education (ARHE)  
Twitter - @CollegeRecovery  
Instagram - @collegiaterecovery  
Website - [www.collegiaterecovery.org](http://www.collegiaterecovery.org)  
Email - [recovery@collegiaterecovery.org](mailto:recovery@collegiaterecovery.org)



[www.recoveryschools.org](http://www.recoveryschools.org)

## ARS Board of Directors

The Association of Recovery Schools supports and inspires recovery high schools for optimum performance, empowering hope and access to every student in recovery

In Memory of Paul Moberg

Roger Oser, Chair

*William J. Ostoguy High School  
Boston, MA*

Jennifer Belamu, Board Member

*Heartland High School  
Columbus, OH*

Dan Renaud, Board Member

*River Oak High School,  
Jacksonville, FL*

Julie McElrath, Treasurer

*CleanCause  
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Jeanine Jackson, Board Member

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Ahmed Hosni, Board Member

*The Ohio State University  
Columbus, OH*

Matt Clune, Board Member

*SAMHSA  
Rockville, MD*

**BECOME A MEMBER TODAY:**  
**WWW.AAPG-RECOVERY.COM**

Psychosocial  
Education

Case  
Management

Social  
Functions

Family  
Support

**APG**

Community  
Recovery  
Support

Counseling

*Our Mission is to  
develop and sustain  
effective Alternative  
Peer Groups that  
support recovery.*

**AAPG**

*The Association of  
APGs offers FREE  
Traning Sessions  
Every Wednesday!*



Association of Alternative Peer Groups- AAPG



<http://www.aapg-recovery.com/training-videos>



## 2022 Conference

# Staff, Boards, & Committees

### 2022 CONFERENCE PLANNING COMMITTEE

Kristina Canfield, ARHE Interim Executive Director  
Meagan Park, ARHE Conference Fellow  
Morgan Humberger, UCSD  
Robert Shearon, University of Colorado Boulder  
Jen Cervi, University of Virginia  
Jarmichael Harris, ARHE Board of Directors  
Katie Hennen, Hazelden Betty Ford  
Hillary Hardie, The University of Alabama  
Jessica Estok, The University of Delaware  
Kristine DeJesus, Montclair State  
Susie Mullens, West Virginia Collegiate Recovery Network  
Michael Durchslag, P.E.A.S.E. Academy  
Anette Edens, Association of Alternative Peer Groups  
Shantel Lagard, Baylor University  
Dharma Mirza, Oregon State University  
Lauren Powell, Virginia Commonwealth University  
Angela Smith, The Bridge Way School  
Tom Bannard, Virginia Commonwealth University  
Jennifer Hall, Virginia Commonwealth University

### ARHE STAFF & BOARD MEMBERS

#### ARHE STAFF:

Kristina Canfield, ARHE Interim Executive Director  
Louise Irizarry, ARHE Business Manager and Membership Administrator  
Meagan Park, ARHE Conference Fellow  
Maysa Mohmoud, ARHE Media Fellow  
Caleb Knight, ARHE Blog and Webinar Fellow  
Sonali Kuber, ARHE Equity and Justice Fellow

## **ARHE BOARD MEMBERS:**

Jarmichael "Jay" Harris, Co-Chair  
Ahmed Hosni, Co-Chair  
Waltrina Defrantz-Dufor, Board Secretary  
Lindsay Garcia, Northeast Region Representative  
Dominique "CJ" Clemmons James, Mid-Atlantic Region Representative  
Hillary Hardie, Southeast Region Representative  
Valeria Barela, Southwest Region Representative  
Jorge Bru, Pacific Region Representative  
Jordan Baez, Mountain Region Representative  
Jonathan Lofgren, Midwest Region Representative  
Alexander Ronzino, Board Treasurer  
Jessica Boynton, Member-At-Large  
Ali Clements, Student Representative

## **ARHE ADVISORY COUNCIL:**

Kristine DeJesus, Co-Chair  
Jessica Estok, Co-Chair  
Kristina Canfield, Secretary  
Allison Smith, Louisiana Board of Regents  
Anna Trevino, Texas Tech University  
Bret Frazier, Georgia Southern University  
Jason Whitney, Penn State University  
Jennifer Cervi, The University of Virginia  
Lance Crawford, Northeast State Community College  
Lilly Ettinger, Baylor University  
MacKenzie Hogan, The Ohio State University  
Robert Shearon, University of Colorado - Boulder  
Sazha Ramos, Recovery Organization Resources  
Stephanie Lake, UC Davis  
Susie Mullens, West Virginia Collegiate Recovery Network  
sylvia ildsjel, Minneapolis College  
Angie Bryan, UC Santa Barbara  
Willie Thompson, Allen University  
Sara Fudjack, University of British Columbia  
Dot Smith, Recovery Connections  
John Alao, Allen University  
Molly McGinn, Treehouse Learning Community  
Fidencio Mercado, UTRGV

## 2022 Conference

# Staff, Boards, & Committees

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### **AAPG BOARD MEMBERS**

Anette Edens, Chair  
John Shiflett, Treasurer  
Mike Wilkerson, Secretary  
Tonja Carr, Board Member  
John Cates, Board Member  
Steve Marckley, Board Member  
Jacqueline Miller, Board Member  
Hannah Milne, Board Member  
George Youngblood, Board Member

### **ARS BOARD MEMBERS**

Roger Oser, Board Chair  
Michael Durchslag, Board Vice Chair  
Morgan Thompson, Board Secretary  
Julie McElrath, Board Treasurer  
Andy Finch, Senior Advisor & Co-Founder of ARS  
Jennifer Belamu, Board Member  
Bea Blackmon, Board Member  
Rebecca Bonner, Board Member  
Sharon Dursi-Martin, Board Member  
Rachelle Gardner, Board Member  
Ahmed Hosni, Board Member  
Jeanine Jackson, Board Member  
Dan Renaud, Board Member  
Seth Welch, Board Member

## 2022 Conference

# FAQs: Frequently Asked Questions

### WHAT ARE THE CURRENT COVID PROTOCOLS FOR THE CONFERENCE?

While we will not require attendees to wear a mask, we strongly encourage everyone to keep in mind the most vulnerable folks in our population and to respect the choices of one another. We urge you to always practice safety and to respect the boundaries of your peers. Please continue to check the event website and your Whova app for updates. As the COVID-19 Global Pandemic continues to be an evolving situation, these guidelines may be subject to change.

### DO YOU ACCEPT WORKSHOP PROPOSALS?

Yes, but they are closed at this time. Proposal submissions are typically open between mid-November and late-January prior to the conference. Be sure to check our website leading up to the 2023 conference.

### WILL MEALS BE PROVIDED?

We will be providing conference breakfasts, boxed lunches, and coffee stations each day. There is also dinner provided at the Welcome Cookout on Sunday, as well as the Taste of Richmond event on Monday evening. There is a Pizza Night scheduled for Tuesday evening. Be sure to check your schedule in the conference app for details.

### WHERE TO PARK?

The VCU West Main Street Parking Deck is the closest public parking deck to the VCU Student Commons. The Parking Deck is located at 801 W Main St, Richmond, VA 23284. The cost is \$2/hour with a daily maximum rate of \$16/day.

### WHERE TO EAT?

There are plenty of options around campus for delicious food! For recommendations, check out the various options on the conference website or visit the registration desk.

### HOW DO I CONNECT TO THE INTERNET?

VCU Guest Wireless available for all visitors to the VCU campus. The network supports MS Windows, Mac OS X, iOS (iPad, iPhone, iPod touch), and Android devices, including Kindle and Nook ebook readers. When trying to reach the Internet on your computer or mobile device for the first time from a VCU campus, look for the VCU Guest Wireless SSID in the list of networks presented. Select the VCU Guest Wireless network, and a log-in page will display. Read the terms and conditions, accept them by entering your email address, and you are logged in and ready to go. As this is a free service, there are always caveats. This new wireless network requires you to follow the log-in process each time you attach to the network.

### WHEN DOES THE REGISTRATION DESK OPEN?

The registration desk hours are as follows:

Sunday: 12PM-5PM

Monday & Tuesday: 7:30AM-4PM

Wednesday: 7:30AM-2PM

Registration will take place in the VCU Commons Theater Box Office.

## 2022 Conference

# FAQs: Frequently Asked Questions

### WHAT IS THE CONFERENCE DRESS CODE?

The average temperature in Richmond in mid-June is in the mid-80s to lower 90s but can occasionally peak above 100 degrees. Dress is casual/business casual. Most conference activities will take place indoors so a light jacket or sweatshirt might be useful due to the AC! We suggest bringing comfortable shoes to get you from building to building.

### WILL THERE BE RECOVERY MEETINGS ON-SITE?

Yes! There will be four Recovery meetings held each day. Meetings will take place in the VCU Alumni Board Room at 7:30AM, 11:30AM, 3:30PM, and 7:30PM. On Wednesday, the last meeting will be held at 3:30PM. There are also lots of meetings offered in the Rams in Recovery Clubhouse and neighbouring area; see the onsite program for the schedule.

### DO YOU ACCOMMODATE SPECIAL NEEDS?

People with disabilities as defined by the Americans with Disabilities Act (ADA) who require conference access and/or reasonable accommodation and access to learning materials that are prepared specifically for the conference should notify ARHE of this need during their registration process so that accommodations may be met. Please make us aware as soon as possible so that appropriate plans can be made. All service animals are welcome at the conference but must have visible indication/work vest and documentation available.

### WHAT IS THE REFUND/CANCELLATION POLICY?

In the event of such cancellation received up to 60 calendar days prior to conference, ARHE/ARS shall refund 90% of payment. ARHE/ARS shall refund 50% of payment on cancellations received between 30-59 calendar days prior to the conference. No refund will be made on cancellations received within 29 calendar days of conference.

### HOW DO I MAKE A GRIEVANCE, COMPLAINT, OR REPORT A CONCERN?

Every effort has been made to make your conference experience a great one! If you have a concern, please bring it to the registration desk or fill out the confidential reporting form on the conference website or in the conference app. Every effort will be made to resolve your concern. You may also provide feedback on the conference evaluation form.

### WHAT HAPPENS TO PHOTOS AND VIDEOS TAKEN AT THE CONFERENCE?

ARHE/ARS/AAPG will be taking photos and encouraging social media engagement using the hashtags #ARHEatVCU and #ARSatVCU #AAPGatVCU. Some sessions will also be recorded. Photos & videos may be utilized in promotional materials. Unless specific requests are made in writing all conference participants agree to the use of their likeness. Requests should be made in writing to [conference@collegiaterecovery.org](mailto:conference@collegiaterecovery.org).

## 2022 Conference

# CE Information

### Continuing Education (CE) Language

#### Association of Recovery in Higher Education (ARHE)

#### 2022 13th National Collegiate Recovery Conference / 21st National ARS Conference

Live: June 13 – June 15, 2022

Enduring: June 16, 2022 – June 16, 2023

Richmond, VA

### Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Association of Recovery in Higher Education (ARHE). Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Psychologists (APA) Credit Designation



This course is co-sponsored by Amedco and Association of Recovery in Higher Education. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. **15.50 hours. LIVE ONLY.**

**The following state boards accept courses from APA providers for Counselors:** AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK\*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

**MI:** No CE requirements

**The following state boards accept courses from APA providers for MFTs:** AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK\*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

**The following state boards accept courses from APA providers for Addictions Professionals:** AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outstate held), OK\*, OR, SC, UT, WA, WI, WY

**\* OK accepts APA credit for live, in-person activities. For all ethics and/or online courses, an application is required.**

**MA / MFTs:** Participants can self-submit courses not approved by the MAMFT board for review.

**The following state boards accept courses from APA providers for Social Workers:** AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

### Social Workers (ASWB) Credit Designation



As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility

for this course. Social Workers completing this course receive **12.00 CE Live Activity / 51.50 Enduring Material GENERAL** continuing education credits. **LIVE AND ENDURING**

**The following state boards accept courses offering ASWB ACE credit for Social Workers:** AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK\*, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV\*, WY

**\* WV accepts ASWB ACE unless activity is live in West Virginia, an application is required.**

**The following state boards accept courses offering ASWB ACE credit for Counselors:** AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS,

MA, MD, ME, MO, ND, NE, NM, NH, NV, OK\*, OR, PA, TN, TX, UT, VA, WI, WY

**\* AL:** Activities without NBCC approval may be approved upon receipt of documentation prior to the activity BEFORE the event. No approvals afterward by the board.

**\* MI:** No CE requirement

**The following state boards accept courses offering ASWB ACE credit for MFTs:** AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK\*, OR, PA, RI, TN, TX, UT, VA, WI, WY

**\* MA MFTs:** Participants can self-submit courses not approved by the MAMFT board for review.

**\* MI:** No CE requirement

**\* OK accepts ASWB ACE for live, in-person activities. For all ethics and/or online courses, application is required.**

**The following state boards accept courses offering ASWB ACE credit for Addictions Professionals:** AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

### **Licensed Alcohol and Drug Counselors (NAADAC)**

This activity has been submitted for review by NAADAC. 15.50 CE Live Activity / 70.00 CE

Enduring Material. **LIVE AND ENDURING**

### **Objectives - After Attending This Program You Should Be Able To**

1. Demonstrate the continuum of care of recovery support services through the implementation of collegiate recovery programs, recovery high schools, and alternative peer groups.
2. Analyze the latest in addiction and recovery research as it relates to the emerging adult populations.
3. Convene key stakeholders from the collegiate recovery, recovery high school, and alternative peer group communities to share best practices and strategize for further growth.

### **How to Get Your Certificate for Live CEs**

1. Go to <http://arhe.cmecertificateonline.com/>
2. Click on the "2022 13th National Collegiate Recovery Conference / 21st National ARS Conference – LIVE ONLY" OR "2022 13th National Collegiate Recovery Conference / 21st National ARS Conference – ASWB LIVE ONLY" link.
3. Evaluate the meeting and click the hyperlink provided on the last page to claim your credit certificate.
4. Save/Download/Print all pages of your certificate for your records.

### **How to Get Your Certificate for Enduring CEs**

1. Go to <http://arhe.cmecertificateonline.com/>
2. Click on the "2022 13th National Collegiate Recovery Conference / 21st National ARS Conference – ENDURING ONLY" OR "2022 13th National Collegiate Recovery Conference / 21st National ARS Conference – ASWB ENDURING ONLY" link.
3. Evaluate the meeting and click the hyperlink provided on the last page to claim your credit certificate.
4. Save/Download/Print all pages of your certificate for your records.

**Questions? Email [Certificate@AmedcoEmail.com](mailto:Certificate@AmedcoEmail.com)**

## 2022 Conference

# Agenda

### SUNDAY, JUNE 12, 2022

#### 7:30am - 4:00pm ET: Registration Room Open

Conference Support  
*Commons Theater Box Office*

#### 12:30pm - 4:00pm ET: Recovery Ally Training

##### Recovery Ally Training

Pre-Conference Training, Community & Program Development, In-Person Presenter, No Recording, No Live Stream  
*Classroom 1105*

Recovery Ally Programs are trainings that are designed to increase a community's recovery capital, decrease stigma and grow intervention skills. This training is a training developed at Virginia Commonwealth University to train faculty and staff to become Recovery Allies. Individual modules include: Basic Science, What does an Ally Do, Racial Justice and Recovery, Philosophies of Care & Pathways to Recovery, Language, and Collegiate Recovery. This training will include an additional section with tips on delivering this training yourself.

This training is very interactive and is meant to provide a great starting point to supporting people struggling with substance use disorders.

Audience: All are welcome. This training is a very helpful primer as a family member, lay person, friend, employer, health care provider etc. For people with limited exposure to treatment or recovery, it can provide some great starting points. For professionals or people with a great deal of lived experience, it will provide a set of slides, tools and approaches that may be helpful with clients or family members or may provide an easy way to train community members to be part of the solution. Because the training is conversation driven, professionals can often be particularly helpful to other participants during the training.

#### 12:30pm - 5:30pm ET: Entertainment

##### Richmond Flying Squirrels Baseball Game

Entertainment  
*Commons Theater Box Office*

The host committee team has scheduled a group outing to go see the Richmond Flying Squirrels play against the Erie Sea Wolves. We have 40 GA tickets and there will be transportation provided to The Diamond at 3001 North Arthur Ashe Boulevard, Richmond, VA 23230

On Sunday June 12, meet at the main registration table at 12:30pm to pick up your event ticket. We will travel to the Diamond from there. You're also welcome to drive to the venue on your own. Parking usually costs \$5. Please indicate if you need any accommodations. The first 40 people to sign up will be granted a ticket. A sign up form can be found on the Whova app.

**Brought to you by:**

**Todd Rose**  
**Insurance Agency,**  
**Franklin, VA**

**2:00pm - 6:00pm ET: Exhibit Hall Set Up**

Conference Support  
*Richmond Salons*

**6:00pm - 8:00pm ET: Welcome Cook-Out by Ben's Friends**

Dinner  
*Ram's Horns at The Commons (Outdoors)*

Welcome to Richmond! Join us for a relaxed cookout and blues music. The host committee team has scheduled a welcome cook-out to kick off the conference. For those arriving on Sunday, get together for some good food and good company. Music will be provided by Gaye Adegbalola Blues Singer.

Ben's Friends is a community of chefs, bartenders, line cooks, servers, sommeliers, host and hostesses, GMs and owners who have found or are seeking sobriety. Our mission is to offer community, hope and a path forward for those struggling with substance abuse and addiction. At our core, we are hospitality workers who have found connection, and the tools to seek and maintain sobriety while managing our careers and lives in a sane and purposeful way.

Registration will be available outside during this time.

**9:00pm - 12:00am ET: Entertainment**

Entertainment  
*Ram's in Recovery Clubhouse (1103 W. Marshall St.)*

Head over to the Ram's in Recovery Clubhouse for a casual game night. Catan, ping pong, and Mario Kart are all available!

**Pre-Recorded Sessions - Available Throughout the Entire Conference**

**Building a New Path**

*Callie Holloway, A.U.R.I.S.E*

Live/Enduring CEs: No CEs | ASWB Only: No CEs  
Collegiate Recovery, Pre-Recorded Sessions, Research & Technology  
*Whova App*

Over the past two years, Covid-19 can be held responsible for changes in our everyday life and it is an important subject of research. Concerns about the effects and uncertainties of Covid-19 can and has led to an increase in stress and anxiety in individuals. One major interest with research about Covid-19 is the way it has affected college students. An increase in stress can lead to students turning to drugs or alcohol. Putting them on a road to recovery, by making them aware that they might have an addiction and that it is okay to not always be 100% is fine, and that seeking help doesn't make one weak is important. As college students are meant to be the foundation of the future it is important to see to and secure their well-being in all forms, and mental health is a major part of that.

**Brought to you by:**



**Brought to you by:**



**Unlocking Your WHOLE Self in Recovery, and Becoming a Leader**

*Susan Packard*

Live/Enduring CEs: 1.00 | ASWB Only: No CEs

Pre-Recorded Sessions, Community & Program Development, Students

*Whova App*



All over the world today there is so much chaos, aggression and de-humanizing. Those of us with substance use disorders are stigmatized and de-humanized, by those in charge of the narratives of our society. We can change that, by rising up into leadership roles. I argue in this session that we should step up, even if we feel leery, because we're the best equipped through our practices of recovery to lead. The past is my experience, where as a woman with a SUD, I co-founded an enormous media organization. You are the best leaders for tomorrow.

This session offers tools to help you to see your WHOLE self and think with your WHOLE brain, as great leaders do. With these tools, some of which, surprisingly, come from recovery itself, you will see choices as both/and, not either/or, and we can help others to seek out WHOLE solutions that leave no one outside the circle.

**MONDAY, JUNE 13, 2022**

**7:30am - 8:30am ET: Recovery Meeting**

**All-Recovery Meeting**

Hybrid

*Alumni Board Room*

**7:30am - 8:30am ET: Wellness Activity**

**Morning Run w/ The Phoenix**

*Doug Levy*

Wellness Activity

*Ram's Horns at The Commons (Outdoors)*

Meet up with Doug Levy from The Phoenix at the Commons Theater Box Office for a morning run to get your day going!

**7:30am - 4:00pm ET: Registration Room Open**

Conference Support

*Commons Theater Box Office*

**7:30am - 4:00pm ET: Exhibit Hall Open**

Conference Support

*Richmond Salons*

**7:30am - 10:00am ET: Conference Breakfast**

Continental Breakfast

*Richmond Salons*

**Brought to you by:**



**THE PHOENIX**

RISE | RECOVER | LIVE

**Breakfast Sponsored By:**



**9:00am - 11:30am ET: ARHE Annual Meeting & ARHE Regional Meet-ups**

**ARHE Annual Meeting & ARHE Regional Meet-ups**

Collegiate Recovery, No Recording, Live-Streamed  
*Commonwealth Ballroom*

The ARHE Annual Meeting is open to current ARHE members only. Not sure if you are an active member? Email [recovery@collegiaterecovery.org](mailto:recovery@collegiaterecovery.org)! Agenda items include annual elections, financial updates, remarks from the Executive Director and members of the Board of Directors, and what's up next for the Association. Please note that this session is different from the Town Hall meeting which will be more discussion based and led by collegiate recovery staff.

**9:00am - 10:00am ET: ARHE Breakout Sessions**

**Creating a Secondary Culture at Music and Sporting Events**

*Duke Rumely, Sober AF Entertainment*

Live/Enduring CEs: 1.00 | ASWB Only: No CEs  
In-Person Presenter, No Recording, Students, Connecting & Collaborating, No Live Stream  
*Classroom 1105*

In the past 4 years Sober AF Entertainment has hosted 98 sober support events with discounted seats in a sober section. We have had over 4,500 people attend and had over 43,000 people join us virtually. We have partnered with multiple Collegiate Recovery Programs and Communities. We have hosted sober support events and had multiple Collegiate Recovery Programs and Communities partner with us. When we add outreach and education at our sober support events, we have the opportunity to apply for grant funding. Our long-term goal is to be the landing page for the recovery community and sober curious community to find and host their own sober support events nationally.

**Accessibility of Mental Health/Substance Abuse Treatment for College Students**

*Ian Jackson, LPC-MHSP, LMHC, NCC, Recovery Unplugged*

Live/Enduring CEs: No CEs | ASWB Only: No CEs  
Collegiate Recovery, In-Person Presenter, Recording, Prevention & Harm Reduction, Live-Streamed  
*Classroom 1100*

This presentation is meant to speak about the accessibility of Substance Abuse and Mental Health services for college students. Topics that will be addressed will be: Common Substance Abuse/Mental Health Issues among students, Ways to better screen Substance Abuse issues among students, discussing the use of virtual outpatient services for students, harm reduction models for students, and progression of usage from use to abuse to addiction.

**9:00am - 10:00am ET: ARS Breakout Sessions**

**Understanding Cravings & Triggers in a COVID-19 Era: Results of a Feasibility Study in a Recovery High School**

*Victoria Garcia Wilburn, Indiana University Purdue University Indianapolis*

*Devon J. Hensel, MS, PhD, FSAHM, Indiana University Purdue University Indianapolis*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

In-Person Presenter, Recording, Recovery High Schools, Research & Technology, Live-Streamed  
*SGA Senate Chambers*

The adolescent population continues to be one of the most vulnerable at-risk populations for developing a substance use disorder (SUD), however only .3% of adolescents receive the treatment for recovery(National Center for Drug Abuse Statistics, 2019). To date, there is limited literature surrounding the real life barriers to recovery. Accurately understanding recovery in the context of the daily lived experience would assist in person centered evaluation and intervention. By using a daily data collection method, ecological momentary assessment (EMA), we can assess barriers to recovery in a more timely manner. The identified objective is to evaluate how well using EMA as a data collection assessment works in richly understanding the lived experience of adolescents in recovery.

**9:00am - 10:00am ET: AAPG Breakout Sessions**

**Diversity and Inclusion in an Adolescent APG**

*George Youngblood, Teen and Family Services*

*Tonja Carr, LCDR, Teen and Family Services*

*Evelina Kidd, Teen and Family Services*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

In-Person Presenter, No Recording, APGs, Professional Development & Standards, Live-Streamed  
*Commons Theater*

The effectiveness of the APG for all participants is predicated on safety within the fellowship. All staff must be aware of and sensitive to the divisiveness and marginalization of individuals or groups who are not identified as part of a homogeneous core. Teen and Family Services in Houston, TX, has achieved a strong, diverse staff who have been courageous in their willingness to take an honest look at themselves and to hold all program participants to a level of openness and respect for all individuals. The presenters will talk about the process of developing staff self-awareness and recognizing subtle prejudices and marginalizing language and behaviors within the program.

**10:30am - 11:30am ET: ARHE Breakout Sessions**

**Effects of COVID-19 on Alcohol and Substance Misuse**

*John Alao, AURISE*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

In-Person Presenter, No Recording, Students, Connecting & Collaborating, Live-Streamed  
*Classroom 1104*

The weight of unnecessary expectations placed on students by parents, faculty, friends, society, or even themselves which goes against the main idea of being a college student, which is to find self-discovery and unrestrained potential, could create a high level of stress and a force for substance abuse issues. The theme for the conference is "Evolving Recovery: Expanding the Spectrum of Care," to understand how to help people with alcohol and substance use disorder despite Covid-19, first, we have to talk about what it means to be a person with substance and alcohol use disorder, then we understand the effects of coronavirus on people with substance and alcohol use disorder, and finally, how to help people with substance and alcohol use disorder while observing covid 19 protocols to stay safe.

**Recovery Informed Academic Support: Accessing Higher Education in a Continuum of Care**

*Jonathan Saltzburg, Caron Treatment Centers*

*Sarah MacDonald, Maryland Addiction Recovery Center*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, In-Person Presenter, Recording, Connecting & Collaborating, Live-Streamed  
*Classroom 1100*

We firmly believe that every college and university across the nation should offer a comprehensive collegiate recovery community, where students in recovery are able to tap into an on-campus recovery experience. These institution's office of admissions must place an emphasis on recruiting individuals in recovery and educating their admissions officers on the structural barriers that these students may face when applying and how to help them overcome these. This presentation will address the importance of treatment centers and the university professionals to work together to both simultaneously advocate to the university for additional support services for this student population and ensure that the office of admissions at the university is aware of the importance of admitting students in recovery. Through this collaboration, departments in a university can be "recovery informed" so that we can effectively increase the number of students in recovery who are admitted to, attend, progress, and graduate.

**10:30am - 11:30am ET: ARS Breakout Sessions**

**School and Student-Level Data Systems for RHS**

*Andy Finch, PhD, Vanderbilt University*

*Sharon Dursi-Martin, Harmony Academy Recovery High School*

*Jordan Jurinsky, Vanderbilt University*

Live/Enduring CEs: 1.00 | ASWB Only: No CEs

Hybrid, Recording, Recovery High Schools, Research & Technology, Live-Streamed  
*Commons Theater*

Presenters will update the status of a universal data collection system for recovery high schools. The presentation will explain the adoption of instruments, including types of assessments, domains measured, norms, validation, cost of implementation, and time constraints. Data collected from pilot sites in spring 2022 will be presented, and panelists will discuss the difference between universal data collection used at this stage for program evaluation, the creation of a web-based data portal, and potential future research studies. Attendees will receive information on how individual recovery high schools can participate, and the presenters will seek feedback on how the system can best accommodate the needs of recovery high school administrators as well as researchers.

**10:30am - 11:30am ET: AAPG Breakout Sessions**

**Guilt, The Real and the Imagined**

*Edith Lynn Hornik-Beer, Freelance Writer*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Virtual Presenter, Recording, Students/Family, Prevention & Harm Reduction, Live-Streamed  
*Whova App*

Guilt forces us to live in the past. How do we as an individual see guilt? How do we define guilt? Our group will do exercises that will help us get in touch with our guilt and interpret how we view it. We will explore what is circumstantial, what is misinterpreted and how we can feel better about ourselves.

### **The History & Basics of APG's**

*John Cates, Lifeway International*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Community & Program Development, No Recording, Virtual Presenter, APGs, No Live Stream

*Whova App*

APG is the acronym for Alternative Peer Group, in which a controlled, supervised, and intentional fellowship serves to support recovery. The APG is developmentally appropriate with a carefully managed positive culture. While the proliferation of APG's has been fairly recent, the basic model originated in 1970, and has evolved into a proven effective resource for people of all ages to find their home in early recovery.

### **Cultivating Peer Leaders in an APG**

*Roy Reina, Rise Recovery*

*Justin Hewett, Rise Recovery*

*Elizabeth Todd, Rise Recovery*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

In-Person Presenter, No Recording, APGs, Connecting & Collaborating, Live-Streamed

*SGA Senate Chambers*

In this session we will discuss how peer leaders cultivate leadership in an APG. We will discuss the outline and parameters of our youth Peer Advisory Council, PAC. The session will go in depth on responsibilities and expectations of peer leaders. This session will also give insight to how peer leaders are able to help within the organization and why they are so important and effective at creating more leaders within the group. Not only will we talk about how leaders within the group can contribute to a conducive environment for recovery within APG groups and the program will set leaders up for success to work for APG organizations.

#### **11:30am - 1:00pm ET: Lunch**

Grab n' go lunch

*Richmond Salons*

#### **11:30am - 12:30pm ET: Recovery Meeting**

##### **BIPOC All-Recovery Meeting**

Hybrid

*Alumni Board Room*

#### **11:30am - 12:30pm ET: Wellness Activity**

##### **Bodyweight Movement w/ The Phoenix**

*Jason Callis*

Wellness Activity

*Ram's Lounge*

Join Jason Callis for a bodyweight movement session to break up your conference day!

#### **Lunch Sponsored By:**

*Hazelden Betty Ford*



**Graduate School  
of Addiction Studies**

#### **Brought to you by:**



**THE PHOENIX**

RISE | RECOVER | LIVE

**11:30am - 12:30pm ET: Entertainment**

**Climbing Wall Activity**

*Commons Theater Box Office (Meet-up)*

The host committee team has scheduled some activities with VCU's Outdoor Adventure Program (OAP) in case conference attendees want to get outside. On Monday June 13 from 11:30 am-1:00pm, the first 30 people to sign up on this form will be able to do VCU's various climbing walls. All levels welcome. OAP will provide transportation and all gear. A sign up form can be found on the Whova app.

**1:00pm - 2:30pm ET: Keynote**

**Scholastic Recovery: Breaking Barriers & Sustaining Recovery**

*Mary Ferreri, Executive Director - Emerald School of Excellence, Moderator*  
*Dominique M. Clemmons-James, PhD, LCMHC, CRC, LCAS, Clinical Counselor, Collegiate Recovery Community Coordinator - NC A&T State University, Panelist*  
*Bea Blackmon, LMSW, LCDC-I, Program Administrator - Rise Inspire Academy, Panelist*  
*Rocky Locklear, LCMHC, NCC, Clinician - Scotland Counseling Center, Panelist*  
*Rory O'Brien - Drug Policy & Recovery Advocate, Panelist*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50  
Hybrid, Recording, Keynote, Live-Streamed  
*Commons Theater*

With the advent of scholastic recovery, supporting our adolescents and young adults in early recovery has become easier than ever. Scholastic Recovery is rapidly gaining recognition for its robust Collegiate Recovery Communities and the recent arrival of Recovery High Schools and Alternative Peer Groups across the country, but with staggering disparities in serving the most marginalized in our communities more can certainly be done. Join us for a discussion on how we might work together to break the barriers and close the gap in equity to serve those most impacted by the War on Drugs and those living in rural parts of our nation.

**1:00pm - 2:30pm ET: AAPG Members Meeting**

**Development of APG Standards**

*Anette Edens, PhD, AAPG*  
*Hannah Milne, AAPG*

Live/Enduring CEs: No CEs | ASWB Only: No CEs  
APGs, In-Person Presenter, Live-Streamed  
*Commonwealth Ballroom*

"Development of AAPG Standards" is a working meeting for APG's to discuss with the AAPG Board.

**Brought to you by:**



**Keynote Sponsored By:**



**3:00pm - 4:00pm ET: ARHE Breakout Sessions**

**Not Normal and Beyond O.K.: Narratives of Students in Recovery**

*Zarek Bell, The Ohio State University, The Center for the Study of Student Life*

*Ahmed Hosni, The Ohio State University, Student Wellness Center*

*Mackenzie Hogan, The Ohio State University*

*Chrisse Edmunds, PhD, The Ohio State University, The Center for the Study of Student Life*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, Hybrid, Recording, Research & Technology, Live-Streamed  
*Commons Theater*

An extensive body of literature has highlighted the struggles that students in recovery face on college campuses, including an environment often hostile to sobriety. We present a novel technique for understanding the journey of college students in recovery through a research project that collected self-recorded narratives. We discuss the challenges and benefits of allowing students to record their own stories without an interviewer present, including how this project enabled the researchers to highlight areas of resilience. Additionally, we discuss interim findings of the study.

**The Intersection of Harm Reduction Treatment and Trauma Informed Care**

*Sherie Friedrich, PsyD, PursueCare*

*Jordanna Windemiller, PursueCare*

*Regina Kowal, PursueCare*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, In-Person Presenter, Recording, Prevention & Harm Reduction, Live-Streamed  
*Classroom 1102*

Harm Reduction Treatment and Trauma Informed Care are movements that intersect and have synergistic potential to advance the treatment and care of people who experience substance use disorders. This program is designed to explore the intersections of Harm Reduction and Trauma Informed Care as treatment modalities and organizational approaches to substance use disorder treatment. Groundwork is provided to elucidate both perspectives and challenge antiquated models and attitudes towards individuals who experience substance use disorder. Trauma Informed Care is highlighted as a key component to successfully treating members of our community who experience various forms of trauma - impacting their attitudes towards treatment, creating potential distrust of the healthcare system and exacerbating barriers to treatment. Finally, the importance of a Trauma Informed organization, and how that impacts the patients we are entrusted to care for, is emphasized.

**From Tough Love to Loving Well, Engaging Families In Recovery.**

*Shelly Young, The Chris Atwood Foundation*

*Pam Lanhart, Thrive! Family Recovery Resources*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, In-Person Presenter, Recording, Live-Streamed, Coaching & Clinical Support  
*SGA Senate Chambers*

Families are the natural support system but when substance use disorder has impacted the ecosystem, families become fractured, dysregulated and natural bonds and secure attachments break down or become severely damaged. By regulating the family system, deconstructing old and harmful paradigms and beliefs and orienting families to evidence based treatment and recovery, the family ecosystem can be restored to wellness. Helping families understand their role in recovery, providing them with proper care and support and helping them integrate recovery into the ecosystem is integral to collective wellbeing. In this session family members and family support providers will learn how to regulate the family system, and discuss systemic issues impacting families, unhook from behaviors and beliefs that perpetuate harm and orient to recovery.

**Afrolatinidad: Understanding the Needs of Afro-Latinxs College Students in Recovery**

*Rommel Johnson, PhD, University of Texas Rio Grande Valley*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
*Commonwealth Ballroom*

Racial and cultural minority student populations have distinct recovery support needs, as many experience trauma, discrimination, and a lack of access to culturally relevant and supportive services (SAMSHA, 2019). While collegiate recovery programs have increasingly sought to meet the needs of these students, particular subgroups within these populations continue to be neglected. For instance, institutions and educational researchers tend to homogenize all Latinxs into a single monolithic group (Williams & Banerjee, 2021; Pinedo, Zmore, & Rogers, 2018; Mennis, & Stahler, 2016). This generalization has resulted in the overlooking of unique within-group differences such as race (López, Vargas, Juarez, Cacari-Stone, & Bettez, 2017). This is troubling because 24% of all Latinxs in the U.S self-identify as AfroLatinxs (Gonzalez-Barrera, 2016). Because of their intersecting identities (race and Latinidad), AfroLatinxs students face unique challenges that must be considered when providing recovery supports and services.

**3:00pm - 4:00pm ET: ARS Breakout Sessions**

**Recovery High Schools Student's Social Networks: A Qualitative Study**

*Jordan Jurinsky, MEd, Vanderbilt University*

*Emily A. Hennessy, PhD, Recovery Research Institute, Massachusetts General Hospital; Harvard Medical School*

*Kiefer D. Cowie, MA, Wright Institute*

*Sophia H. Blyth, Recovery Research Institute*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Hybrid, Recording, Recovery High Schools, Research & Technology, Live-Streamed  
*Classroom 1100*

Recovery high schools (RHSs) have provided education and recovery supports for youth with substance use disorders since the late 1970s. One overarching aim is to develop recovery-supportive relationships within a recovery-safe environment. Less is known, however, about how youth who attend a RHS perceive and experience their social networks. In the following study, researchers explored experiences and perceptions of networks among nine youth in recovery attending a RHS (aged 17-19) that completed a Social Identity Map (SIM) and a semi-structured interview. Thematic analysis supports a dynamic and multifaceted understanding of youth networks. Three key nuances emerged: network change is dynamic; shared substance use history and non-stigmatizing attitudes help establish connections; and social networks are interconnected with human, financial, and community recovery resources. The study demonstrates how social networks play a complicated yet integral role in youth recovery and illustrate that more socially-oriented research is needed to understand youth recovery.

**3:00pm - 4:00pm ET: AAPG Breakout Sessions**

**How to Provide Peer Services to Queer Youth & Young Adults (When You Might Not Have That Lived Experience)**

Ashley Dickson, Tompkins Cortland Community College  
Ashton Daley, Youth Voices Matter- New York

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

In-Person Presenter, Recording, APGs, Connecting & Collaborating, Live-Streamed  
Classroom 1104

This presentation aims to educate attendees on how to interact and engage LGBT+ identifying youth and young adults in their recovery journey. Utilizing the lived experience from the presenters, we will overview vocabulary used within the LGBT community, the prevalence of LGBT+ identifying people with substance use disorders and/or mental illness, the support they have within treatment settings, and what providers can do to improve care. As a group, we will explore how to engage with people in a LGBT+ affirming way and how to correct non-LGBT affirming actions if/when they happen. Towards the end of the workshop, the presenters will open the conversation so participants can discuss their experiences and ask questions.

**The Identified Client in an Adolescent APG: Family or Teen?**

Anette Edens, PhD, The Association of APG's

Live/Enduring CEs: 1.00 | ASWB Only: No CEs

In-Person Presenter, No Recording, APGs, Live-Streamed, Coaching & Clinical Support  
Classroom 1105

It is common to think of the adolescent as the client when the precipitating event that brings a family to an APG is their adolescent's substance use. Staffing is often focused around the adolescents and adolescent activities, and staff members are typically young and enthusiastic persons in recovery. However, Substance Abuse is a family problem and the family must be involved. Most family members are not in recovery and are likely enabling inappropriate behaviors within the family, and thus need recovery tools as much as do their adolescent children. Dr. Edens will discuss significant challenges to APG's when offering an appropriate level of care for both the parents and the teens.

**3:30am - 4:30pm ET: Recovery Meeting**

**All-Recovery Meeting**

Hybrid  
Alumni Board Room

**3:30am - 4:30pm ET: Wellness Activity**

**Virtual Yoga w/ The Phoenix**

Erika Kim  
Wellness Activity  
Whova App & Ram's Lounge

Join Erika Kim for a relaxing virtual yoga session!

**3:30pm - 4:30pm ET: VCU Recovery Rams Clubhouse Tour**

**Clubhouse Tour**

Commons Theater Box Office

Want to check out the Rams in Recovery space on VCU's campus? Meet at the Commons Theater Box Office to walk over for the tour. Please note: this is about a 10 minute walk.

Brought to you by:



**THE PHOENIX**  
RISE | RECOVER | LIVE

**4:30pm - 5:30pm ET: ARHE Breakout Sessions**

**Supporting Black Students Beyond February: A Brief Qualitative Overview of Support from the Staff Perspective**

*Tonya R. Jenkins, MPH, The University of Alabama*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, No Recording, Virtual Presenter, Connecting & Collaborating, Live-Streamed  
*Commons Theater*

If Substance Use Disorder is the cause of a global epidemic for everyone... Why does the Black population make up such a small percentage of research participant data? This presentation will present an overview of quantitative data collected from a campus CRP and qualitative data from various staff members throughout the field on potential strategies to create a more inclusive environment.

**Engaging Administration and Faculty: Building Programs From the Top Down**

*Monty Burks, Tennessee Department of Mental Health and Substance Abuse Services*

*Nathan Payne, Tennessee Department of Mental Health and Substance Abuse Services*

Live/Enduring CEs: 1.00 | ASWB Only: No CEs

Collegiate Recovery, In-Person Presenter, Recording, Connecting & Collaborating, Live-Streamed  
*Classroom 1102*

The Tennessee Department of Mental Health and Substance Abuse Services has begun implementing a top down approach in engaging Universities to take a more proactive role in combating substance use on campus and promoting recovery for their students. By facilitating "Collegiate Recovery Academies" and bringing administration, faculty, and students together, all under the same roof, the department has been able to facilitate and spark conversations necessary for program growth.

**Creating ROCCS – Recovery Organization for Community College Students**

*Jon Dance, Virginia Tech*

Live/Enduring CEs: No CEs | ASWB Only: No CEs

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
*SGA Senate Chambers*

From needs analysis, creating community college focus groups to launching the first meetings, Jon Dance will present the story and timeline of creating the Virginia South West ROCCS program. Although only nine months old, the ROCCS program offers virtual meetings to students from 5 community colleges: Wytheville, New River Community College, SW Virginia Community College, Virginia Highlands and Mountain Empire. At this early stage, 3-4 community college students are in the network. As part of the outreach Jon has led recovery ally training, revive training, guest lectured in Human Service classes and taken the free hot coffee bike to student orientations. The second half of the presentation will turn to an interactive session on creating similar ROCCS networks in your area and how to overcome the challenges you might face.

### **Addressing Dating Violence & SUD in a Recovery Program**

*Kelly Miller, LMFT, University of Alabama Collegiate Recovery & Intervention Services*

*Morgan Hamrick, LICSW, University of Alabama Collegiate Recovery & Intervention Services*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, In-Person Presenter, Recording, Live-Streamed, Coaching & Clinical Support  
Commonwealth Ballroom

Given the prevalence of domestic violence within our communities, myths regarding the topic are commonly circulated. Working as clinicians with college students (some who are involved in UA's CRC and others who are not), addressing the intersectionality of DV and SUD is often necessary but not discussed. This interactive course will explore the dynamics of domestic violence; its relationship to substance use/disorder; and how to best support individuals who experience domestic violence, including considerations of ethics and boundaries, as well as how it fits into Collegiate Recovery Programs.

### **Be The One, Save Someone with Naloxone: A Multimedia Bystander Intervention for Opioid Overdose Reversal**

*Susie Mullens, Marshall University/WV Collegiate Recovery Network*

*Dr. Susan Bissett, Virginia Drug Intervention Institute*

Live/Enduring CEs: No CEs | ASWB Only: No CEs

Collegiate Recovery, In-Person Presenter, No Recording, Prevention & Harm Reduction, Live-Streamed  
Classroom 1105

NPR reported that overdose deaths are expected to surpass the 1 million mark since the Centers for Disease Control and Prevention (CDC) began measuring them in 1999. According to CDC more than 100,000 individuals died from a drug overdose in the United States during the 12-month period ending in April 2021, the most of any year on record. West Virginia saw an overdose increase of 56% from 2019 to 2020 whereas the national increase was much less, but no less tragic, at 25%. Increasing access to naloxone is a top priority in West Virginia's Substance Use Response Plan and two organizations have teamed up to address overdose prevention and response on West Virginia's college and university campuses with "Be The One, Save Someone" multimedia campaign which was launched in January, 2021. The West Virginia Collegiate Recovery Network (WVCRN) and West Virginia Drug Intervention Institute (WVDII) have created "Be The One, Save Someone" utilizing a bystander intervention approach. The campaign is multifaceted and includes in person and virtual live naloxone training, an asynchronous naloxone training, an ally training and the centerpiece, "One Box." The One Box is a self-contained kit that includes everything needed for a bystander to save a life when an opioid overdose is suspected. The contents include two doses of naloxone, a rescue breathing mask, sterile gloves, and written and video step by step instructions for naloxone administration. Initially, nine colleges and universities joined the initiative resulting in over 50,000 students having access to the resources needed to save a life. The West Virginia Higher Education Policy Commission joined the cause and installed the kits at two locations.

### **Examining the Evidence: A SMART Approach to Recovery.**

*Michael Hooper, SMART Recovery*

*Eboni Jewel Sears, SMART Recovery*

Live/Enduring CEs: No CEs | ASWB Only: No CEs

Collegiate Recovery, In-Person Presenter, Recording, Prevention & Harm Reduction, Live-Streamed  
Classroom 1104

SMART Recovery is the leading evidence and scientific based recovery program in the world. Yet many still do not know who we are and what we are about. Join us for an impactful exploration into the workings of this exciting program that is helping to lead the charge in the modern, recovery community. Hear from two of the organization's leading personnel as they illustrate what makes SMART different. Through this insightful presentation, you will experience how SMART works to help those suffering with substance abuse and problematic behavior, learn to live life beyond addiction, through the discovery and power of CHOICE.

**4:30pm - 5:30pm ET: AAPG Breakout Sessions**

**Attachment Theory and the APG Model**

*Hannah Milne, Austin Recovery Network*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

In-Person Presenter, Recording, APGs, Live-Streamed, Coaching & Clinical Support  
*Classroom 1100*

To explain the theory of attachment in relation to addiction and how the alternative peer group model addresses the youth's unmet needs so that they can thrive in recovery.

**7:00pm - 9:00pm ET: Dinner**

**Taste of Richmond: Restaurant Booth Walk**

*The Commons (Outdoors)*

Richmond is known for its fabulous, diverse food culture. In the Taste of Richmond Walk, several local restaurants will be participating to provide a variety of cuisine options to conference attendees.

**7:30pm - 8:30pm ET: Recovery Meeting**

**Harm Reduction Works**

Hybrid

*Alumni Board Room*

**7:30pm - 8:30pm ET: Wellness Activity**

**Sound Healing Meditation w/ The Phoenix**

*Paul Lee*

Wellness Activity

*Ram's Lounge*

Join Paul Lee for a relaxing sound healing meditation session to wrap up your conference day.

**9:00pm - 10:00pm ET: Entertainment**

**Talent Show**

Entertainment

*Ram's Lounge*

The host committee team has scheduled some night time events more geared toward students. Staff are welcome to participate too though! On Monday June 13, meet in the Rams Lounge at 9pm (VCU Commons) to showcase anything that's meaningful to you. You absolutely do not need to be "good" at something to enjoy it, so come as you are and be you. A sign up form can be found on the Whova app.

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## TUESDAY, JUNE 14, 2022

### 7:30am - 8:30am ET: Recovery Meeting

#### **SMART Recovery**

Hybrid

*Alumni Board Room*

### 7:30am - 8:30am ET: Wellness Activity

#### **Morning Run w/ The Phoenix**

*Doug Levy*

Wellness Activity

*Ram's Horns at The Commons (Outdoors)*

Meet up with Doug Levy from The Phoenix at the Commons Theater Box Office for a morning run to get your day going!

### 7:30am - 4:00pm ET: Registration Room Open

Conference Support

*Commons Theater Box Office*

### 7:30am - 4:00pm ET: Exhibit Hall Open

Conference Support

*Richmond Salons*

### 7:30am - 10:00am ET: Conference Breakfast

Continental Breakfast

*Richmond Salons*

### 8:30am - 9:30am ET: ARHE Breakout Sessions

#### **A Course in Allyship**

*Olivia Dale Pape, West Virginia University Collegiate Recovery Program*

Live/Enduring CEs: 1.00 | ASWB Only: No CEs

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
*Classroom 1105*

In this session, Olivia Dale Pape, director of the WVU Collegiate Recovery Program, will share about efforts to design, develop, and implement a one-credit class based off the one-hour recovery ally training offered by the program. This course, "Recovery Allyship and Advocacy", was offered at West Virginia University for the first time in Spring 2022, and covers a range of topics, including social justice issues within the field of addiction and recovery, explorations of special populations impacted by eating disorders, a historical look at advocacy and policy development and more. Participants will learn about the intentionality of this course and its usefulness as not only an educational tool, but as a recruitment avenue to find, train and empower recovery allies on campus, in turn making WVU a more recovery-friendly university.

Brought to you by:



Breakfast Sponsored By:



**Forgiveness, Psychological Distress, Suicidal Behavior, and Alcohol Problems among African American College Students in West Texas and East Tennessee**

*Jon Webb, PhD, Texas Tech University - Addictive Disorders and Recovery Studies PhD Program*

*Alyssa Hill, All Sober*

*Kennedy Tamas, Texas Tech University*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, In-Person Presenter, No Recording, Live-Streamed, Coaching & Clinical Support  
*Commonwealth Ballroom*

The role of forgiveness in recovery from addictive behavior - including in the context of substances and suicidal behavior - has been recognized, albeit in an anecdotal fashion, for many years; beginning in the 1930s with the Twelve-Step Model of addiction and recovery. Empirical support is beginning to support the relevance of forgiveness to addiction recovery as over 80 research articles explicitly focused on forgiveness and addiction suggest a robust and largely beneficial association. However, much of this work has been conducted in the context of white samples. In this presentation, both theory and the evidence-base supporting the role of forgiveness in recovery will be reviewed. And, two new data-driven studies will be presented focusing on the association of forgiveness with each of substance use and suicidal behavior as mediated by psychological distress among African American college students.

**Building a More Culturally Competent/Inclusive Recovery Environment: CRPs on Historically Black College and University (HBCU) Campuses**

*Dr. Dawn Tyus, Morehouse School of Medicine*

*Katie Brabham, Morehouse School of Medicine/Opioid Response Network*

Live/Enduring CEs: 1.00 | ASWB Only: No CEs

Collegiate Recovery, In-Person Presenter, Recording, Connecting & Collaborating, Live-Streamed  
*Commons Theater*

What makes a university campus recovery friendly? Some schools have collegiate recovery programs, or CRPs, on their campus to give students in active recovery a safe environment as well as educational opportunities about substance use for the campus. The schools that don't have such a program might still have some resources for students to access through a counseling department or something similar. But what about schools that don't appear to have either of those things? It's been observed that numerous historically black colleges or universities (HBCUs) don't have a CRP on their campus as well as limited resources for students to access when it comes to substance use and recovery, but why is that? In this session, we will look at the basics of bringing a CRP to a campus and how it can be successful while being tailored to the culture on HBCU campuses across the country.

**How Word Choice Influences Collegiate Recovery: Pilot Research and Discussion**

*Morgan Humberger, University of California San Diego*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, In-Person Presenter, Recording, Research & Technology, Live-Streamed  
*Classroom 1100*

Whether you prefer person-first language or follow the terminologies used by different recovery pathways, the words chosen to define your recovery have an impact on how you view yourself and the world around you. This workshop aims to shed light on the understudied but essential topic of word choice in supporting students in recovery. During the workshop, research from a pilot study conducted by University of Texas at Arlington MSW candidate Morgan Humberger will be shared to facilitate conversation about how to best support students regardless of their pathway by utilizing the language that increases their self-compassion and recovery capital while decreasing the stigma around substance use and recovery in higher education.

**8:30am - 9:30am ET: ARS Breakout Sessions**

**Expanding Services Within a Recovery High School Setting**

*Libbey Sanford, LCDCI, Austin Recovery Network - University High School*

Live/Enduring CEs: 1.00 | ASWB Only: No CEs

In-Person Presenter, Recording, Recovery High Schools, Connecting & Collaborating, Live-Streamed  
*SGA Senate Chambers*

We will discuss the trends we see within our student population and how we adapt to those changes. We will discuss incorporating 8th-grade students within our high school framework while also discussing the need for recovery support services for our new GED program. In addition, we will discuss incorporating a psychiatrist consult within our team to help support all the students within our program. We work closely with community partners and grant writers to make these programs happen.

**8:30am - 9:30am ET: AAPG Breakout Sessions**

**From Illusion to Mastery: Overcoming Codependency**

*Anette Edens, PhD, The Association of APG's*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

In-Person Presenter, No Recording, APGs, Live-Streamed, Coaching & Clinical Support  
*Classroom 1102*

Codependency is an elusive term that many have difficulty understanding. Those with codependent relationships find their behavior rational, appropriate, and selfless. As with all behavior change, it is very difficult to change what one does not perceive as "broken." Dr. Edens will discuss the nature and development of codependency, how it invades and causes dysfunction in relationships, and ways to overcome it.

**The Opposite of Addiction is Not Sobriety...but Human Connection**

*Jay Pee, CPRS, AS, ADC-T, Minnesota Hope Dealerz Organization/Minneapolis College/Metropolitan State University/Phi Theta Kappa*

Live/Enduring CEs: No CEs | ASWB Only: No CEs

In-Person Presenter, No Recording, APGs, Connecting & Collaborating, Live-Streamed  
*Classroom 1104*

This presentation will explore the how and why The Opposite of Addiction is not being abstinent from substance use, but it's being apart of humanity, to the point where living a life of purpose to where the use of substance is no longer needed to survive.

**9:00am - 10:00am ET: Entertainment**

**Hamilton Glass Mending Walls Tour**

*Commons Theater Box Office*

Hamilton Glass is a painter and public artist living in Richmond, Virginia. His work focuses around using public art to build up communities, and create spaces in which the community members feel they have a stake in their surroundings. Mending Walls is his public art project that brings together public artists from different cultures and backgrounds to create murals that address where we are now in society and how we can move forward through understanding and collaboration, and healing through connection. Meet up at the registration table at 8:45am.



**10:00am - 11:30am ET: Keynote**

**Measuring the Impact of Collegiate Recovery Programs: Data from the National Longitudinal Collegiate Recovery Survey**

*Dr. Danielle Dick, Virginia Commonwealth University*

*Rebecca Smith, Virginia Commonwealth University*

*Thomas Bannard, Virginia Commonwealth University*

Live/Enduring CEs: 1.50 | ASWB Only: No CEs

Collegiate Recovery, In-Person Presenter, Recording, Keynote, Live-Streamed  
*Commons Theater*

Collegiate Recovery Programs (CRPs) are intended to benefit students, staff, and the university by increasing access to recovery-related services and preventing relapse among college students. However, to date, there have been no national longitudinal studies to examine the effectiveness of CRPs. Here, we present a new longitudinal cohort study characterizing CRP students and measuring the impact of CRPs on student outcomes. We also discuss ways that these data can be applied to practice. Launched in fall 2020, four-year universities and community colleges with CRPs were invited to be partners on this project. Schools were recruited through the Association of Recovery in Higher Education (ARHE) listserv and by word-of-mouth. Schools across US states and Ontario, Canada served as recruitment sites. The number of participants per site varied, ranging from 0 to 60. Thirty-eight recruitment sites had at least one participant who completed the baseline survey. In total, 334 students from three cohorts completed the baseline survey, 138 eligible students completed the first follow-up survey (59.0% retention rate), and 92 eligible students completed the second follow-up survey (48.2% retention rate). Surveys included measures characterizing students' past problem severity, current psychosocial functioning, and CRP engagement. Generally, CRP students have overcome significant adversity, including academic disruptions, involvement with the criminal justice system, comorbid mental health disorders, and severe alcohol and substance use problems. Despite this, CRP students exhibit high levels of psychosocial functioning and CRP engagement. CRP students evidenced high levels of recovery capital, high quality of life, and a strong sense of belonging and therapeutic alliance with CRP staff. Students also maintained consistent engagement with their CRPs and low likelihoods of relapse. Findings from this study demonstrate that CRP students are functioning well despite challenging backgrounds. Further, findings suggest that CRPs play key roles in improving students' recovery, academic, and social lives. This study represents the first national longitudinal study of CRP students and can be used to inform and improve CRP programming and effectiveness.

**10:00am - 11:30am ET: ARS Extended Breakout Sessions**

**ARS Accreditation: A Model for Emerging Schools and Existing Schools**

*Roger Oser*

Live/Enduring CEs: No CEs | ASWB Only: No CEs

Virtual Presenter, Recording, Recovery High Schools, Professional Development & Standards, Live-Streamed  
*Commonwealth Ballroom*

Recovery High Schools are built on a foundation of a unified education model of academics and recovery. During this session participants will learn about the framework used to successfully develop, implement, and improve upon this model through the lens of the accreditation process which consists of four major components: 1. School Organization 2. School Community 3. Recovery Practices 4. Education Practices. Participants in this interactive session will be provided with best practices, strategies, and specific guidance on how to use the Accreditation process to frame your school's continuous improvement process. This session will be equally useful for groups looking to start schools, newly established schools, or longstanding recovery high schools.

**10:00am - 11:30am ET: AAPG Extended Breakout Sessions**

**LGBTQIA+ Informed Care: Cultural Humility in Addiction Treatment**

*Ryan Delaney, MS, LGPC, Ashley Addiction Treatment*

*Cierra Walker, Ashley Addiction Treatment*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

In-Person Presenter, No Recording, APGs, Professional Development & Standards, Live-Streamed  
*Classroom 1100*

Participants will be guided through an educational and self-reflective process to better understand the unique needs of those who identify as LGBTQIA+ and struggle with substance use disorders. The concept of cultural humility will be explored, along with relevant research regarding the disproportionate impact of SUD on LGBTQ populations. Putting this knowledge into action will be the key focus, specifically for utilizing peer support alongside staff training and development in adolescent and emerging adult populations.

**Progress Monitoring Tools to Define and Advance APG Practice**

*Ginger Ross, Choices Recovery Trainings*

*Heidi Cloutier, MSW*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

In-Person Presenter, Recording, APGs, Professional Development & Standards, Live-Streamed  
*SGA Senate Chambers*

Creating Connections NH defined the essential elements for facilitating APGs that promote inclusion and responsive supports for all youth in recovery. These "essential elements" were utilized to create training, programmatic supports and newly revised progress monitoring tools for implementing high quality APGs in a way that can be replicable & scaled up. This session will share resources developed, and facilitate interactive activities to help participants explore how to incorporate these tools into their practice.

**11:30am - 1:00pm ET: Lunch**

Grab n' go lunch

*Richmond Salons*

**11:30am - 12:30pm ET: Recovery Meeting**

**Latine All-Recovery Meeting**

Hybrid

*Alumni Board Room*

**11:30am - 12:30pm ET: Wellness Activity**

**Strength & Conditioning w/ The Phoenix**

*Jason Callis*

Wellness Activity

*Ram's Lounge*

Join Jason Callis for a strength and conditioning session to break up your conference day!

**Lunch Sponsored By:**



**Brought to you by:**



**12:30pm - 1:30pm ET: Networking Sessions**

**Stickers: Show Us Who You Are**

Live/Enduring CEs: No CEs | ASWB Only: No CEs  
Networking Sessions  
*Virginia A/B*

Come collect, trade and swap stories over stickers with your colleagues. A fun way to get to know the person behind the professional.

**Stickers: Debates and Discussion**

Live/Enduring CEs: No CEs | ASWB Only: No CEs  
Networking Sessions  
*Virginia C/D*

Join us for conversation around topics collected from conference attendees upon check-in.

**12:30pm - 1:30pm ET: ARHE Breakout Sessions**

**Recovery Lifestyle: The Missing Link That Sustains Outcomes**

*Eve Goldberg, BIGVISION*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
*SGA Senate Chambers*

The goal is to provide an objective, measurable and evidence-based model for Recovery Lifestyle (RL) that can be standardized and scalable to integrate into clinical curriculum. This is accomplished by modeling RL into core elements: Fitness (health/wellness, nutrition, movement, training), Social (relationships, cohorts, identity, context, culture), Recreational (fun, passions, creativity, fulfillment, joy factor) and Connectedness (spiritual, purpose, meaning). These elements will each be broken down using the same format- overview of the role each element plays in sustaining recovery, common misconceptions, and pitfalls, evidence based effective strategies and recovery-centric innovations with specific examples providing the overall framework for this new model of integrated recovery ecosystems.

**Bridging the Gap: Partnering to Create Recovery-Oriented Systems of Care**

*Tripp Johnson, Advaita Integrated Medicine*  
*Joanna Lilley, Lilley Consulting*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

Collegiate Recovery, In-Person Presenter, Recording, Connecting & Collaborating, Live-Streamed  
*Commons Theater*

This presentation will take a candid, behind-the-scenes look at how various stakeholders can work together to promote collegiate well-being by building recovery-oriented systems of care. Presenters will discuss the theoretical framework of a recovery-oriented system of care (ROSC) and how increasing collaboration between parties will lead to increased quality, access, and affordability for collegiate mental health and substance use resources. Joanna and Tripp have extensive experience with higher education, the healthcare system, and supporting students throughout the recovery process both on and off-campus. "Bridging the Gap" will address two needs: (1) fostering collaboration between various stakeholders and (2) marrying theoretical frameworks with practical solutions.

**Networking Sessions Sponsored by:**



**An update on Collegiate Recovery Students and Programs: A Systematic Literature Review from 2017-2021**

*Chelsea Shore, Florida State University*

*Mia Gomez, LIFT, Collegiate Recovery Program*

*Alexis McIntosh, Florida State University*

*Dailizza Arocha, Florida State University*

Live/Enduring CEs: No CEs | ASWB Only: No CEs

Collegiate Recovery, Hybrid, Recording, Research & Technology, Live-Streamed  
*Classroom 1100*

It is common practice in the social sciences to pursue literature reviews around every decade to synthesize for the field relevant updates and trends. Given the rapid growth of Collegiate Recovery Programs (CRPs) and research on them in the past five years, a systematic review of literature was conducted to build on the work of Brown et al. (2018) and Reed et al. (2020). Unlike reviews of literature which seek to synthesize findings, systematic reviews seek to answer pertinent questions underlying the evolution of a research topic. To this end, we sought to answer whether the field of Collegiate Recovery is expanding and if so, how? Special attention was given to paradigms of inquiry, intersectionality of topics, journal outlets and their disciplines. Findings from studies that were missed or published after publication of previous reviews are reported.

**12:30pm - 1:30pm ET: ARS Breakout Sessions**

**Northstar Document Revisited**

*Ahmed Hosni, The Ohio State University, Student Wellness Center*

*Roger Oser, Action for Boston Community Development*

*Morgan Thompson, Prevention Links*

Live/Enduring CEs: No CEs | ASWB Only: No CEs

Hybrid, Recording, Recovery High Schools, Live-Streamed  
*Commonwealth Ballroom*

The Association of Recovery Schools has been working for the past several years to address and take specific action in regards to equity and inclusion. In the wake of the murder of George Floyd and Breanna Taylor, ARS partnered with Faces and Voices of Recovery, and other national organizations, to begin drafting a document to help guide the Associations and organizations they serve. The culmination of this work was the North Star Document. In May, the Association of Recovery Schools hosted a Town Hall meeting, where leaders from across the country came together to begin discussing the document and how to roll it out in our respective schools. This session, North Star Document Revisited, picks up the conversation from the Town Hall to continue to move it forward in a positive way and support our schools in this very important and necessary work.

**12:30pm - 1:30pm ET: AAPG Breakout Sessions**

**Suicide Prevention and Intervention in Peer Support Organizations**

*Beth Eversole, LCSW-S, LCDC, AAPG Member - Palmer Drug Abuse Program Houston*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

In-Person Presenter, No Recording, APGs, Live-Streamed, Coaching & Clinical Support  
*Classroom 1104*

Attendees will learn about risk factors, warning signs, and protective factors related to suicide prevention. This session will teach ways to intervene with someone who is suicidal as well as ways to create safety in peer support organizations.

**2:00pm - 3:30pm ET: Collegiate Recovery Town Hall**

**Collegiate Recovery Town Hall**

Live/Enduring CEs: No CEs | ASWB Only: No CEs  
Collegiate Recovery, No Recording, Live-Streamed  
*Commonwealth Ballroom*

The Collegiate Recovery Town Hall is open to all attendees. This is a time we gather to discuss current events and issues and work to come together for solutions.

**2:00pm - 3:30pm ET: ARHE Extended Breakout Sessions**

**Pathways of Recovery**

*David Chastain, Brevard College*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50  
Collegiate Recovery, In-Person Presenter, Recording, Live-Streamed, Coaching & Clinical Support  
*Classroom 1105*

This presentation focuses on how mutual help support groups differ, and how individuals might align more closely with each group. It is not the intention of the presentation to weigh any of the groups discussed as more valuable than the others. As individuals can experience recovery in different ways and with different needs, one group may provide a better match at a specific time than the other groups. They each have value.

The groups to be discussed include: 12 Step groups; SMART Recovery; The 16 Steps for Discovery and Empowerment; Rational Recovery; Women for Sobriety; Life Ring; Secular Organizations for Sobriety; Wellbriety; Refuge Recovery; and All Recovery. This list is not meant to be all encompassing. There are additional approaches and may be more going forward.

Recovery itself is all encompassing and requires a broad range of resources. Principles of recovery that are consistent across the groups are also presented.

**Myth Busters: Using New Research to Combat Stigma and Bad Science**

*Lindsey Starr, University of Alabama, Department of Biological Sciences*

Live/Enduring CEs: No CEs | ASWB Only: No CEs  
Collegiate Recovery, In-Person Presenter, Recording, Research & Technology, Live-Streamed  
*Classroom 1102*

For nearly a century, physicians and scientists have sought to uncover factors that contribute to drug addiction. However, considerable research on the neurobiological and genetic mechanisms underlying drug addiction has not taken place until recent years. This talk outlines the motives in elucidating these mechanisms and model systems used in modern addiction research. This talk will also discuss the future of the field in neurobiology. Knowledge of the pathways associated with addiction can lead to the development of better strategies to treat and prevent addiction.

**Evolving Recovery: The Role of the Community**

*Alison Webb, Author*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

Collegiate Recovery, Virtual Presenter, Recording, Connecting & Collaborating, Live-Streamed  
*Whova App*

Family members, friends, neighbors, professionals, and other community members outside the addiction and recovery support services field play a critical role in supporting recovery. Research shows that creating a meaningful life in recovery requires access to healthcare, safe and affordable housing, educational opportunities that may have been missed during periods of drug use, and employment that allows people in recovery to support themselves and their families and contribute to society. The session will begin with a presentation on the recovery ecosystem, recovery capital and SAMHSA's pillars of recovery (home, health, purpose, and community) and will then identify real world examples of ways individuals in communities have supported recovery changing the community environment and creating opportunities to boost recovery capital. The session will include time for participants to consider their own skills, talents, and spheres of influence. Together the group will generate specific next steps for building recovery-friendly communities.

**Bridging Prevention and Recovery Efforts on College Campuses**

*Kimberly Boulden, SAFE Project*

*M. Dolores Cimini, University at Albany*

*Diane Fedorchak, UMass Amherst*

*Ahmed Hosni, The Ohio State University, Student Wellness Center*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

Collegiate Recovery, In-Person Presenter, No Recording, Prevention & Harm Reduction, Live-Streamed  
*Commons Theater*

While the collegiate recovery movement continues to grow, less than 5% of schools have recovery programs. Every school, however, must have prevention programming on campus in order to comply with the Drug Free Schools and Communities Act of 1989. Prevention work has evolved from the ineffective "Just Say No" campaigns of the 80s to an interdisciplinary field founded in lifespan developmental science, developmental psychopathology, and intervention science. How might collegiate recovery professionals leverage their prevention-focused peers on campus to amplify each other's work? What would recovery-informed prevention look like on campus? How might campuses with no recovery support use their prevention programs as an inroad to recovery resources? Join us in this panel discussion on full-spectrum student wellness and the bridge between prevention and recovery.

**2:00pm - 3:30pm ET: ARS Extended Breakout Sessions**

**Creating an Affirming Environment for Trans Youth**

*Beck Gee Cohen, Visions Teen*

*Jordan Held, Visions Teen Treatment Center*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

No Recording, Virtual Presenter, Recovery High Schools, Professional Development & Standards, Live-Streamed  
*Classroom 1100*

Fifty percent of transgender young people will attempt suicide at least once before their twentieth birthday. Addiction amongst trans and non-binary youth are not easily assessed, however amongst LGBTQ young people it is known that rates of addiction are significantly higher than that of their straight and cisgender peers. Minority stress, stigma, and bullying are main causes for higher rates of addiction, anxiety, and depression. As clinicians, teachers and allies, we need to create a space for understanding and safety within the walls of our facilities for these young people. This workshop will help clinicians grasp terms, ideas, and situations that trans & non-binary youth are experiencing today. Participants will be able to assess their own schools & practices as it relates to transgender young people and be able to take with them an overarching understanding of the working to better serve trans young people. Discussions will include policy & paperwork, talking to parents, creating thriving environments, and how to effectively be an ally to trans and non-binary youth.

**2:00pm - 3:30pm ET: AAPG Extended Breakout Sessions**

**Teaching the NeuroWhereAbouts**

*Dr. Crystal Collier, BrainAbouts*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

Virtual Presenter, Recording, APGs, Coaching & Clinical Support, No Live Stream

*Whova App*

Teaching the NeuroWhereAbouts empowers staff, parents, and families to learn and educate young people about the neurodevelopmental effects of substances and other high-risk behavior. Dr. Crystal Collier, author of The NeuroWhereAbouts Guide, trains staff and families on the effects of 18 different high-risk behaviors as well as tools to use in a clinical or home setting to prevent or treat engagement. In this presentation, Dr. Collier will share how to teach the neuroscience and genetics of addiction in an easy-to-understand way utilizing tools from her book. Emphasis will be placed on protecting and unarresting executive functioning skills, empowering parents, and equipping youth staff with brain-based programming and sound program policy.

**Defining Essential Supports for the APG**

*Heidi Cloutier, MSW, University of New Hampshire Institute on Disability*

*Robin Bergeron, Collective Roots APG*

*Sierra Riley, LEND Trainee University of New Hampshire*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

In-Person Presenter, Recording, APGs, Professional Development & Standards, Live-Streamed  
*Classroom 1104*

Youth recovery is rarely sustained without adequate family support and yet organizations struggle to build consistent, well-defined services that promote connection and healing within the family. This presentation will highlight how stakeholders were convened to develop & define essential features of family support within an APG setting serving youth and young adults. Resources will be shared on how to grow family support facilitators, create family programming, and collect and utilize outcome & data measures to progress monitor and make improvements.

**2:30pm - 5:30pm ET: Entertainment**

**White Water Rafting w/ VCU Outdoor Adventure Program**

Entertainment

*Commons Theater Box Office*

The host committee team has scheduled some activities with VCU's Outdoor Adventure Program (OAP) in case conference attendees want to get outside. On June 14 from 2:30-5:30, the first 20 people to sign up will be able to go white water rafting on the James River. OAP will provide transportation and all gear. The James River offers Class I-IV whitewater adventures. A sign up form can be found on the Whova app.

**Brought to you by:**



**3:30pm - 4:30pm ET: Recovery Meeting**

**All-Recovery Meeting**

Hybrid

*Alumni Board Room*

**3:30am - 4:30pm ET: Wellness Activity**

**Virtual Yoga w/ The Phoenix**

*Erika Kim*

Wellness Activity

*Whova App & Ram's Lounge*

Join Erika Kim for a relaxing virtual yoga session!

**Brought to you by:**



**4:00pm - 4:00pm ET: VCU Recovery Rams Clubhouse Tour**

**Clubhouse Tour**

*Commons Theater Box Office*

Want to check out the Rams in Recovery space on VCU's campus? Meet at the Commons Theater Box Office to walk over for the tour. Please note: this is about a 10 minute walk.

**4:00pm - 5:30pm ET: Keynote**

**Supporting Justice Involved and System Impacted Students**

*Armando Tellez, Bruin Underground Scholars*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

In-Person Presenter, Recording, Keynote, Live-Streamed

*Commons Theater*



Though a fairly prominent population in collegiate recovery, justice involved and system impacted students have historically been underserved in institutions of higher education. This session will focus on programs that are bringing these issues to light in higher education and how they are serving this student population.

**6:00pm - 7:00pm ET: Entertainment**

**Pizza Night in Ram's Lounge**

Entertainment

*Ram's Lounge*

Grab Pizza in the Ram's in Recovery Lounge, or venture on your own for dinner tonight.

See the host committee's recommended restaurants, places to go and things to do: <https://qr.page/g/48V45Ze6Zw0>

**Entertainment Sponsored By:**



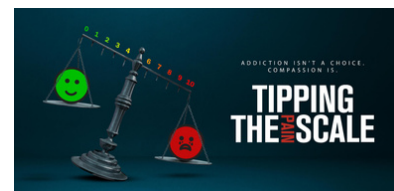
THE FOUNDATION FOR YOUNG ADULT RECOVERY

**7:00pm - 10:00pm ET: Entertainment**

**Tipping the Pain Scale: Documentary Screening & Panel**

Entertainment

*Commons Theater*



The addiction crisis in America has reached a new boiling point, and courageous people – at all levels, from all walks of life – are rising to answer the call. Tipping The Pain Scale is a feature documentary film following individuals grappling with the current systemic failures of how we have dealt with addiction in communities and their journey to develop and employ new, innovative, and often controversial solutions to the problem. It is a quasi-anthology, weaving characters through their own stories as they connect to the issues plaguing all communities and the country in an urgent fight to save lives.

**7:30pm - 8:30pm ET: Recovery Meeting**

**2SLGBTQIA Recovery Meeting**

Hybrid

*Alumni Board Room*

**7:30pm - 8:30pm ET: Wellness Activity**

**Sound Healing Meditation w/ The Phoenix**

*Paul Lee*

Wellness Activity

*Ram's Lounge*

**Brought to you by:**



**THE PHOENIX**

RISE | RECOVER | LIVE

Join Paul Lee for a relaxing sound healing meditation session to wrap up your conference day.

#ARHEatVCU #ARSatVCU #AAPGatVCU

**9:30pm -10:30pm ET: Entertainment**

**Improv Night**

Entertainment

*Ram's Lounge*

Join Dr. Elizabeth Byland from the VCU Theater Department for a fun evening of improv activities!

**10:30pm -11:55pm ET: Entertainment**

**Late Night Game Night**

Entertainment

*Ram's in Recovery Clubhouse (1103 W. Marshall St.)*

Head over to the Rams in Recovery Clubhouse at 1103 W. Marshall Street for a late night game night!

**WEDNESDAY, JUNE 15, 2022**

**7:30am - 8:30am ET: Recovery Meeting**

**All-Recovery Meeting**

Hybrid

*Alumni Board Room*

**7:30am - 8:30am ET: Wellness Activity**

**Morning Run w/ The Phoenix**

*Doug Levy*

Wellness Activity

*Ram's Horns at The Commons (Outdoors)*

Meet up with Doug Levy from The Phoenix at the Commons Theater Box Office for a morning run to get your day going!

**7:30am - 4:00pm ET: Registration Room Open**

Conference Support

*Commons Theater Box Office*

**7:30am - 4:00pm ET: Exhibit Hall Open**

Conference Support

*Richmond Salons*

**7:30am - 10:00am ET: Conference Breakfast**

Continental Breakfast

*Richmond Salons*

**Brought to you by:**



**VCU**

Student Affairs

University Counseling Services

**Entertainment Sponsored By:**



**UT Health**

Rio Grande Valley

College of Health Professions

**Brought to you by:**



**THE PHOENIX**

RISE | RECOVER | LIVE

**Breakfast Sponsored By:**

**Higher Education Center**

for Alcohol and Drug Misuse Prevention and Recovery

**8:30am - 10:00am ET: ARHE Extended Breakout Sessions**

**No Judgment Zone - Integrating Harm Reduction Principles into Collegiate Recovery Programs**

*Angie Tozier Bryan, MFT, UC Santa Barbara*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

Collegiate Recovery, In-Person Presenter, Recording, Prevention & Harm Reduction, Live-Streamed  
*Classroom 1105*

This session will focus on understanding the principles of harm reduction, and exploring why these principles are essential in serving students within collegiate recovery, especially those populations that are disproportionately affected by drug use and drug policy, and those left out of recovery narratives. Through small group discussions, participants will be challenged to examine their own beliefs around harm reduction and identify personal and institutional barriers that may have prevented the implementation of these principles. Participants will explore the reimagining of these concepts in order to better integrate them into collegiate recovery programs. Participants will learn about harm reduction strategies being implemented within different CRPs, and will identify practical steps for integrating HR principles into their own CRPs post-conference.

**Appreciative Recovery Model: Engaging and Retaining Students**

*Waltrina DeFrantz-Dufor, PhD, ARHE E-Board Member*

*Jessica Medovich, University of Denver*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
*Commonwealth Ballroom*

Have you ever wondered why students join the CRC and stop attending recovery meetings and events? Do you wonder what program or event will keep a student engaged in the CRC? We will explore important aspects to engage students and build a sense of community through the application of a model of appreciative recovery. Let's explore how this engagement approach might expand the spectrum of care to be inclusive and equitable.

**Bridging the Gap: Perceptions and Concerns on the Transition to College Among High School Students in Recovery from Substance Use Disorder**

*Ian L. Wong, MSPH, Tufts University*

Live/Enduring CEs: 1.50 | ASWB Only: No CEs

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
*SGA Senate Chambers*

High school students in recovery from substance use disorder who wish to pursue a college education can face unique challenges. Tufts University conducted a study to understand how Institutions of Higher Education (IHE) create programming to support students in their recovery, address perceived barriers, and potentially reduce stigma. Tufts collected qualitative data via small group interviews with students at three Massachusetts-based recovery high schools to understand their perceived barriers and facilitators to postsecondary education. A deductive qualitative content analytic technique was used to review and analyze the data. Four main themes emerged: 1) financial concerns; 2) stigma related to addiction; 3) the fragility of sobriety, and 4) the importance of social support. The findings are framed within the context of the Recovery Capital Model and considerations and recommendations for higher education institutions to welcome more students in recovery into their IHE are discussed.

**The Need for Self-Assessment Prior to Embarking in a DEI Strategy: Why Supporting Affinity Groups May Be a Recovery Protective First Step**

*Kristine De Jesus, PsyD, Students Recover*

*Shauntelle Hammonds, CSAC-A CPRS*

Live/Enduring CEs: 1.50 | ASWB Only: 1.50

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
*Commons Theater*

This session is intended to engage participants in a discussion about the role of self-assessment and why it is critical in the process of organizational change in developing recovery programs that support diversity, equity and inclusion. The session will provide participants the opportunity to gain a greater understanding of how centering the needs of the most privileged causes harm and supporting the work of affinity groups can be pivotal in creating change based on self-determination, liberation and justice.

**Using Qualitative Research to Design Inclusive Collegiate Recovery Programming**

*Kit Emslie, The University of Alabama at Birmingham*

*Ayesha Al-Akhdar, The University of Alabama*

Live/Enduring CEs: 1.50 | ASWB Only: No CEs

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
*Classroom 1104*

Scholarship on collegiate recovery programs has historically described specific CRPs and their potential to impact campus climates. Much of the existing research is quantitative and broad, and does little to illuminate the experiences of students in recovery. We propose adopting qualitative research methods to assess the needs of increasingly diverse student bodies. We will suggest strategies for collecting qualitative data in CRP contexts, and outline their potential for designing inclusive, pluralist student programming. Implications for research and practice in collegiate recovery settings will be discussed.

**8:30am - 10:00am ET: ARS Extended Breakout Sessions**

**Social Emotional Learning: A Recovery High Schools Approach to Emotional Sobriety**

*Ian Boarnet, Rise Inspire Academy*

*Jasmine Idrogo, Rise Recovery*

Live/Enduring CEs: 1.50 | ASWB Only: No CEs

Community & Program Development, In-Person Presenter, Recording, Recovery High Schools, Live-Streamed  
*Classroom 1100*

Rise Inspire Academy Recovery Program staff will share their story on Introducing, implementing and cultivating Social Emotional Learning (SEL) into their community. They will discuss how SEL has become an integral part of a student's emotional sobriety and for fostering a nurturing school environment. Presenters will share how other schools may benefit from lessons learned from their experience. Attendees will be provided with detailed examples of how the SEL curriculum was administered through academic learning, assessments, and recovery programming. First year SEL qualitative outcomes will be examined.

**8:30am - 10:00am ET: AAPG Extended Breakout Sessions**

**APG Partnerships with Schools**

*Heidi Cloutier, MSW, University of New Hampshire Institute on Disability  
Bob Faghan, Live Free Recovery Consultants*

Live/Enduring CEs: 1.50 | ASWB Only: No CEs

Hybrid, Virtual Presenter, Recording, APGs, Connecting & Collaborating, Live-Streamed  
Classroom 1102

This session will highlight the benefits of Alternative Peer Groups developing formal collaborations with schools, such as reductions in harsh exclusionary discipline and juvenile justice involvement for youth, building supportive peer relationships where youth spend a majority of their day, and combating the stigma of not using substances that many high schools perpetuate. We will share strategies for getting started & sustaining these partnerships to benefit youth, families and their community.

**9:00am - 10:00am ET: VCU Recovery Rams Clubhouse Tour**

**Clubhouse Tour**

*Commons Theater Box Office*

Want to check out the Rams in Recovery space on VCU's campus? Meet at the Commons Theater Box Office to walk over for the tour. Please note: this is about a 10 minute walk.

**10:30am - 11:30am ET: ARHE Breakout Sessions**

**Utilizing Binge Drinking Data as an Entry Point for Recovery Conversations**

*Logan Davis, Higher Education Center - The Ohio State University  
Gentry McCreary, Dyad Strategies, LLC*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, In-Person Presenter, No Recording, Connecting & Collaborating, No Live Stream  
Virginia AVB

In 1994 Wechsler and colleagues wrote, "The biggest predictor in binge drinking in college is fraternity membership". Rightfully so, alcohol education has been a large focus of fraternity and sorority communities and organizations throughout the last 24 years. As a result many professionals have limited themselves and their information about alcohol consumption, which has created a gap in knowledge about the Alcohol Use Continuum for professionals who work with traditionally at-risk groups. Instead of viewing the gap as a deficiency, this presentation wants to highlight how it can be an opportunity for increased education and partnership. This requires focusing on alcohol use across the entire spectrum, looking at the entire picture data can share. The presenters in this session invite participants to engage in a conversation about how a sole focus on binge drinking can create the opportunity for increased conversations about recovery.

**Beyond Recovery: Using a Peer Education Model to Address Social Issues Surrounding Alcohol and Drug Use**

*Hillary Hardie, The University of Alabama  
Ayesha Al-Akhdar, The University of Alabama*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
Classroom 1104

Social issues such as stigma, sexual assault, and gender differences in drinking culture intersect with drug and alcohol use on college campuses. At the University of Alabama, both staff and students have taken initiative to integrate education on their campus surrounding these social issues into the UA Alcohol and Other Drug (AOD) Peer Education Program. Presenters will provide a comprehensive overview of their AOD Peer Education Program, provide outcome data, and explain both why and how these particular issues of social justice were addressed. Future directions of the project will be discussed and suggestions on how to implement an AOD Peer Education Program on your campus will be provided.

**From Student to Staff: Navigating the Transition into the Collegiate Recovery Field**

*Meagan Park, University of Windsor*

*Morgan Humberger, University of California San Diego*

*Lilly Ettinger, Baylor University*

*Demetrius Smith, The University of Alabama at Birmingham*

*Becca Gardner, University of California Berkeley*

Live/Enduring CEs: 1.00 | ASWB Only: No CEs

Collegiate Recovery, In-Person Presenter, Recording, Professional Development & Standards, Live-Streamed

*Commonwealth Ballroom*

Collegiate recovery professionals are diverse in educational backgrounds, experiences, and recovery ideologies. As the collegiate recovery movement expands and matures, increasingly more collegiate recovery program alumni are joining the field in career staff positions. This session will explore the role transition from student to professional, with a panel of CRP alumni who currently serve as professional staff at institutions. The panel discussion will highlight how recovery identity & student experience can shape one's lens of practice and offer a unique perspective. This presentation is particularly aimed for students who are considering a career in the collegiate recovery field and staff who want to learn how to better support students in their professional pursuits in the collegiate recovery field. Panelists will share strategies for professional development and leadership opportunities which contribute to personal and community recovery capital. Topics include navigating professional expectations and boundaries, the benefits and challenges of peerhood, the utilization of lived experience, and imposter syndrome.

**A Recovery Capital Perspective to Advance the Science of Evaluating Collegiate Recovery Programs**

*Emily A. Hennessy, PhD, Recovery Research Institute, Massachusetts General Hospital; Harvard Medical School*

*Lindsey M. Nichols, MS, University of Oregon*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, In-Person Presenter, Recording, Research & Technology, Live-Streamed

*Commons Theater*

Many CRP planners and administrators want to understand the various ecological influences of recovery-oriented systems of care in CRPs for emerging adults: these findings could help inform their programming to best meet their student needs and lend strong evidence to provide to college administrators and external potential funders. Recovery capital theory suggests there are a variety of factors at multiple ecological levels that could influence students' recovery experience and their engagement and success in community programs like CRPs. To address this complexity in research and evaluation work on CRPs, we will describe a recovery capital-oriented theory of change and logic model for CRP evaluations, and demonstrate how this model could be used with an exemplar case. This will be followed by time for group discussion and the interactive demonstration of a free and standardized recovery capital-oriented data collection toolkit that can be used by CRP stakeholders.

**Building a Collegiate Community for Students in Mental Health Recovery.**

*Alex Mata Shrode, Texas Tech University*

*Nikki Hune, Texas Tech University*

*Emma Hightower, Texas Tech University*

*Thomas Kimball, PhD, LMFT, Texas Tech University*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
*Classroom 1100*

Although college can be an exciting and meaningful transition for many students, it is also a common place for the development of pervasive mental health symptoms. However, mental health conditions should not be a barrier to academic success, personal achievements, or life accomplishments. Creating a mental health recovery community through a collegiate recovery environment can serve as a bridge in helping students to better establish, sustain, and maintain their mental health recovery.

**10:30am - 11:30am ET: ARS Breakout Sessions**

**Partnering with Public Schools for Adolescent Recovery: The Story of Fortis Academy Vol. III**

*Jonathan Parker, Harris County Department of Education*

*James Colbert, Harris County Department of Education*

*Dr. Charles Ned, Harris County Department of Education*

*Travita Godfrey, Harris County Department of Education*

Live/Enduring CEs: No CEs | ASWB Only: No CEs

In-Person Presenter, No Recording, Recovery High Schools, Connecting & Collaborating, Live-Streamed  
SGA Senate Chambers

Participants will engage with presenters from the Harris County Department of Education (HCDE), an organization that supports public school districts in the 3rd most populous county in the United States. The presenters will share the triumphs and challenges of Fortis Academy, the first public recovery high school in Harris County. Additionally, participants will understand how HCDE partners with local school districts to provide adolescents with a high-quality education in a loving and sober environment.

**10:30am - 11:30am ET: AAPG Breakout Sessions**

**Suicide Postvention in Peer Support Organizations**

*Beth Eversole, LCSW-S, LCDC, AAPG Member - Palmer Drug Abuse Program Houston*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Community & Program Development, In-Person Presenter, No Recording, APGs, No Live Stream  
Virginia C/D

Suicide Postvention is an organized response in the aftermath of a suicide to promote healing and mitigate the negative effects of exposure to suicide. It is a crisis intervention strategy designed to reduce the risk of suicide contagion, provide the support needed to help survivors cope with a suicide death, address the social stigma associated with suicide, and disseminate factual information. This program's goal is to provide a comprehensive overview of postvention guidance to assist peer support organizations in developing policies and procedures related to suicide loss. Attendees will learn immediate, short term, and longer term action steps for postvention implementation in the workplace. They will learn to create a decision making flow chart for their organization to assist with policy and planning their postvention. Additionally, attendees will receive information about ways to support suicide loss survivors as well as ways to reduce risk for other vulnerable individuals.

**11:30am - 1:00pm ET: Lunch**

Grab n' go lunch

*Richmond Salons*

**11:30am - 12:30pm ET: Recovery Meeting**

**System-Impacted All-Recovery Meeting**

Hybrid

*Alumni Board Room*

**11:30am - 12:30pm ET: Wellness Activity**

**High Intensity Interval Training (HIIT) Class w/ The Phoenix**

*Jason Callis*

Wellness Activity

*Ram's Lounge*

Join Jason Callis for a high intensity interval training (HIIT) class to break up your conference day!

**Lunch Sponsored By:**



**Brought to you by:**



**11:30am - 12:30pm ET: Entertainment**

**Recovery Roast Coffee Cupping at the Institute for Contemporary Art**

Entertainment

601 W Broad St, Richmond, VA 23220

Join artist John Freyer and VCU's Rams in Recovery for a special coffee tasting event at the Institute for Contemporary Art at VCU. Participants will taste a variety of coffees from Afterglow Coffee Cooperative to finalize the latest edition of Recovery Roast Coffee. This coffee "cupping" event will introduce participants to the rich history of coffee and the complexities of roasting, tasting and enjoyment. We will also taste editions of Recovery Roast from our project partners in the UK and across the country.

**Brought to you by:**



**1:00pm - 2:00pm ET: ARHE Breakout Sessions**

**Recovery Communities & Sober Living on Campus: How Colleges and Universities Can Best Support Their Students' Recovery Journeys**

Rory Pullens, All Sober

Mitzi Averette, Methodist University

Tom Bannard, Virginia Commonwealth University

Alyssa Lynn Hill, All Sober

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
*Commonwealth Ballroom*

Navigating recovery while in college is no easy task. Students face constant pressures both academically and socially, and maintaining sobriety without adequate resources can be a real challenge. So what can Colleges and Universities do to ensure that their students in recovery are best set up for success? Join Rory Pullens, Chief Education and Inspiration Officer of All Sober (an unprecedented new online platform that provides anyone impacted by substance use disorder with all the resources and support necessary for recovery and sober life - all in one place) in conversation with Tom Bannard, CADC, MBA, the Program Coordinator of Recovery at VCU, Mitzi Averette, MSN, Coordinator at Methodist University Dept of Nursing, and Alyssa Hill, Addiction & Recovery Coordinator at All Sober, as they discuss how best to support the thousands of students in recovery across campuses nationwide.

**SUITT: A Model for Collegiate Substance Use Interventions**

Angela M. Stowe, PhD, The University of Alabama at Birmingham

Kit Emslie, The University of Alabama at Birmingham

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, Hybrid, Recording, Connecting & Collaborating, Live-Streamed  
*Classroom 1104*

In 2021, student affairs professionals and recovery service providers in Birmingham, AL conceptualized a model for coordinating clinical and non-clinical interventions into problematic substance use among college students at the University of Alabama at Birmingham (UAB). The Substance Use Intervention and Transition Team (SUITT) represents a multi-disciplinary and multi-departmental collaboration, not only among UAB stakeholders but also with the wider community. SUITT's primary goal is to facilitate student access to a continuum of recovery services, and - where necessary - to ease student transitions back into (co)curricular environments after receiving substance use disorder treatment. We propose an overview of the SUITT model, with a view to discussing strategies for implementation and programmatic interventions.

**Dismantling the Effects of Systemic Racism by Creating Inclusive Spaces for Recovery**

*Jarmichael Harris, MS, LCAS, Addiction Professionals of North Carolina*

*Kristine De Jesus, PsyD, Princeton University*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
*Commons Theater*

This presentation will focus on actionable steps to mitigate and reverse the effects of systemic racism. Through an exercise of understanding one's privileged and marginalized identities, participants will allow for participants to recognize who has been excluded and begin to understand the role that systemic racism and oppression have played in creating intentional spaces. To create inclusive recovery community participants must be willing to recognize the role they play in upholding systems of oppression and center the experiences of those who are most marginalized on campus to create opportunities for healing, wellness, and recovery.

**Participant Experiences Within Student Recovery in Canada**

*Meagan Park, University of Windsor*

*Onawa LaBelle, PhD, University of Windsor*

Live/Enduring CEs: 1.00 | ASWB Only: No CEs

Collegiate Recovery, In-Person Presenter, Recording, Research & Technology, Live-Streamed  
*SGA Senate Chambers*

Student recovery programs are a new and emerging trend across university campuses in Canada. Students participating in student recovery programs within Canadian institutions were asked to participate in a qualitative interview to examine student experiences within these programs. The study examined information about the participants' personal recovery, their level of participation in the program, their experiences on campus relating to stigma and recovery barriers, how the program has impacted various areas of their lives, as well as structural information about the program. Session attendees will learn about the methodology used, the data analysis process, and the key results that arose, which can help inform future program development

**Domains of Wellbeing: A Model for Collegiate Recovery Programming**

*Jessica McDaniel, Kennesaw State University*

*Sam Rathvon, Center For Young Adult Addiction Recovery*

Live/Enduring CEs: 1.00 | ASWB Only: 1.00

Collegiate Recovery, Community & Program Development, In-Person Presenter, Recording, Live-Streamed  
*Classroom 1105*

Recovery is a transformative experience, as is the pursuit of higher education. As such, collegiate recovery programs (CRPs) can play a central role in the revolution of an individual's life. The joy of watching the recovery+education transformation for CRP professionals is matched with the responsibility to contribute to these students' continued growth. This presentation will set forth a model to organize our understanding of the ways students grow in CRPs. Furthermore, the presentation will elucidate specific practices CRPs can implement to foster student development and overall wellbeing. Initial data, student, and professional experiences will be shared to contextualize the model and to discuss future considerations.

**1:00pm - 2:00pm ET: ARS Breakout Sessions**

**ARS Closing Session**

*Facilitated by Michael Durchslag, ARS Vice-Chair*

Live/Enduring CEs: No CEs | ASWB Only: No CEs

In-Person Presenter, No Recording, Recovery High Schools, Live-Streamed  
*Classroom 1100*

Recovery High schools are a unique phenomenon in the adolescent world. We, as leaders, don't always find our people in traditional educational conferences, nor do we find our place in traditional substance use disorder and recovery conferences. The closing session will be an opportunity for everyone to gather together one last time to make those lasting connections which we can lean on to sustain us through the upcoming year. Participants will be able to share their takeaways from the conference as well as what supports they need from ARS moving forward. As a community, we will leave inspired to continue to provide the education and recovery supports that our students need.

**1:00pm - 2:00pm ET: AAPG Breakout Sessions**

**The Pitfalls & Roadblocks in APG Startups**

*George Youngblood, Teen and Family Services*

Live/Enduring CEs: 1.00 | ASWB Only: No CEs

Community & Program Development, In-Person Presenter, No Recording, APGs, Live-Streamed  
*Classroom 1102*

While the APG seems like a relatively simple organization, many of the startups find it difficult to develop and also to sustain. Mr. Youngblood has managed, consulted, and developed APG's and is familiar with many of the difficulties facing startups. Components that must be mastered along the way will be discussed: such as where to start, what staff are essential, dealing with budgets, maintaining boundaries and others.

**2:30pm - 4:00pm ET: Keynote**

**Narrative Disruption: How I Became the Primary Author of My Character**

*Joseph Green, LMSvoice*

Live/Enduring CEs: No CEs | ASWB Only: No CEs

In-Person Presenter Keynote Live-Streamed  
*Commons Theater*

Narrative Disruption is the craft of personal, organizational, and societal transformation through stories of lived experience. Joseph Green is a professional storyteller, educator, artistic activist, award-winning poet, entrepreneur, father, and person in sustained recovery. He firmly believes that his ability to disrupt and ultimately re-write the harmful narratives of his past is mainly responsible for his success in recovery, which has become his success in life. In this keynote, Joseph will share stories from his journey and a few ways you can disrupt harmful narratives around recovery and your own life.



Tipping the Pain Scale Trailer- [https://www.youtube.com/watch?v=6tnoz616ex0&feature=emb\\_title](https://www.youtube.com/watch?v=6tnoz616ex0&feature=emb_title)

**3:30pm - 4:30pm ET: Recovery Meeting**

**All-Recovery Meeting**

Hybrid

*Alumni Board Room*

## 2022 Conference

## ARHE Schedule At-A-Glance

ARHE Schedule At-A-Glance			
	Pre-Recorded	Building a New Path	Whova App
	Pre-Recorded	Unlocking Your WHOLE Self in Recovery, and Becoming a Leader	Whova App
Monday, June 13, 2022	9:00AM-11:30AM	ARHE Annual Meeting & ARHE Regional Meet-ups	Commonwealth Ballroom
	9:00AM-10:00AM	Creating a Secondary Culture at Music and Sporting Events	Ram's Lounge
	9:00AM-10:00AM	Accessibility of Mental Health/Substance Abuse Treatment for College Students	Classroom 1100
	10:30AM-11:30AM	Recovery Informed Academic Support: Accessing Higher Education in a Continuum of Care	Classroom 1100
	10:30AM-11:30AM	Effects of COVID-19 on Alcohol and Substance Misuse	Classroom 1104
	1:00PM-2:30PM	Scholastic Recovery: Breaking Barriers & Sustaining Recovery	Commons Theater
	3:00PM-4:00PM	Not Normal and Beyond O.K.: Narratives of Students in Recovery	Commons Theater
	3:00PM-4:00PM	The Intersection of Harm Reduction Treatment and Trauma Informed Care	Classroom 1102
	3:00PM-4:00PM	From Tough Love to Loving Well, Harm Reduction & Recovery for Families	SGA Senate Chambers
	3:00PM-4:00PM	Afrolatinidad: Understanding the Needs of Afro-Latinxs College Students in Recovery	Commonwealth Ballroom
	4:30PM-5:30PM	Supporting Black Students Beyond February: A Brief Qualitative Overview of Support from the Staff Perspective	Commons Theater
	4:30PM-5:30PM	Engaging Administration and Faculty: Building Programs From the Top Down	Classroom 1102
	4:30PM-5:30PM	Creating ROCCS – Recovery Organization for Community College Students	SGA Senate Chambers
	4:30PM-5:30PM	Addressing Domestic Violence & SUD in a Recovery Program	Commonwealth Ballroom
	4:30PM-5:30PM	Be The One, Save Someone with Naloxone: A Multimedia Bystander Intervention for Opioid Overdose Reversal	Classroom 1105
	4:30PM-5:30PM	Examining the Evidence: A SMART Approach to Recovery	Classroom 1104
Tuesday, June 14, 2022	8:30AM-9:30AM	A Course in Allyship	Classroom 1105
	8:30AM-9:30AM	Forgiveness, Psychological Distress, Suicidal Behavior, and Alcohol Problems among African American College Students in West Texas and East Tennessee	Commonwealth Ballroom
	8:30AM-9:30AM	Building a More Culturally Competent/Inclusive Recovery Environment: CRPs on Historically Black College and University (HBCU) Campuses	Commons Theater
	8:30AM-9:30AM	How Word Choice Influences Collegiate Recovery: Pilot Research and Discussion	Classroom 1100
	10:00AM-11:30AM	Measuring the Impact of Collegiate Recovery Programs: Data from the National Longitudinal Collegiate Recovery Survey	Commons Theater
	12:30PM-1:30PM	Networking Sessions – Stickers: Show Us Who You Are	Virginia A/B
	12:30PM-1:30PM	Networking Sessions – Spectrum of Care: Debates and Discussion	Virginia C/D
	12:30PM-1:30PM	Recovery Lifestyle: The Missing Link That Sustains Outcomes	SGA Senate Chambers
	12:30PM-1:30PM	Bridging the Gap: Partnering to Create Recovery-Oriented Systems of Care	Commons Theater
	12:30PM-1:30PM	An Update on Collegiate Recovery Students and Programs: A Systematic Literature Review from 2017-2021	Classroom 1100
	2:00PM-3:30PM	Collegiate Recovery Town Hall	Commonwealth Ballroom
	2:30PM-3:30PM	Pathways of Recovery	Classroom 1105
	2:30PM-3:30PM	Myth Busters: Using New Research to Combat Stigma and Bad Science	Classroom 1102

## 2022 Conference

# ARHE Schedule At-A-Glance

Wednesday, June 15, 2022	2:30PM-3:30PM	Evolving Recovery: The Role of the Community	Whova App
	2:30PM-3:30PM	Bridging Prevention and Recovery Efforts on College Campuses	Commons Theater
	4:00PM-5:30PM	Supporting Justice Involved and System Impacted Students	Commons Theater
	8:30AM-10:00AM	No Judgment Zone - Integrating Harm Reduction Principles into Collegiate Recovery Programs	Classroom 1105
	8:30AM-10:00AM	Appreciative Recovery Model: Engaging and Retaining Students	Commonwealth Ballroom
	8:30AM-10:00AM	Bridging the Gap: Perceptions and Concerns on the Transition to College Among High School Students in Recovery from Substance Use Disorder	SGA Senate Chambers
	8:30AM-10:00AM	The Need for Self-Assessment Prior to Embarking in a DEI Strategy: Why Supporting Affinity Groups May Be a Recovery Protective First Step	Commons Theater
	8:30AM-10:00AM	Using Qualitative Research to Design Inclusive Collegiate Recovery Programming	Classroom 1104
	10:30AM-11:30AM	Utilizing Binge Drinking Data as an Entry Point for Recovery Conversations	Virginia A/B
	10:30AM-11:30AM	Beyond Recovery: Using a Peer Education Model to Address Social Issues Surrounding Alcohol and Drug Use	Classroom 1104
	10:30AM-11:30AM	From Student to Staff: Navigating the Transition Into the Collegiate Recovery Field	Commonwealth Ballroom
	10:30AM-11:30AM	A Recovery Capital Perspective to Advance the Science of Evaluating Collegiate Recovery Programs	Commons Theater
	10:30AM-11:30AM	Building a Collegiate Community for Students in Mental Health Recovery	Classroom 1100
	1:00PM-2:00PM	Recovery Communities & Sober Living on Campus: How Colleges and Universities can best support their students' recovery journeys	Commonwealth Ballroom
	1:00PM-2:00PM	SUITT: A Model for Collegiate Substance Use Interventions	Classroom 1104
	1:00PM-2:00PM	Dismantling the Effects of Systemic Racism by Creating Inclusive Spaces for Recovery	Commons Theater
	1:00PM-2:00PM	Participant Experiences Within Student Recovery in Canada	SGA Senate Chambers
	1:00PM-2:00PM	Domains of Wellbeing: A Model for Collegiate Recovery Programming	Classroom 1105
	2:30PM-4:00PM	Narrative Disruption: How I Became the Primary Author of My Character	Commons Theater

## 2022 Conference

# ARS Schedule At-A-Glance

ARS Schedule At-A-Glance			
Monday, June 13, 2022	9:00AM-10:00AM	Understanding Cravings & Triggers in a COVID-19 Era: Results of a Feasibility Study in a Recovery High School	SGA Senate Chambers
	10:30AM-11:30AM	School and Student-Level Data Systems for RHS	Commons Theater
	3:00PM-4:00PM	Recovery High Schools Student's Social Networks: A Qualitative Study	Classroom 1100
Tuesday, June 14, 2022	8:30AM-9:30AM	Expanding Services Within a Recovery High School Setting	SGA Senate Chambers
	10:00AM-11:30AM	ARS Accreditation: A Model for Emerging Schools and Existing Schools	Commonwealth Ballroom
	12:30PM-1:30PM	Northstar Document Revisited	Commonwealth Ballroom
	2:30PM-3:30PM	Creating an Affirming Environment for Trans Youth	Classroom 1100
Wednesday, June 15, 2022	8:30AM-10:00AM	Social Emotional Learning: A Recovery High Schools Approach to Emotional Sobriety	Classroom 1100
	10:30AM-11:30AM	Partnering with Public Schools for Adolescent Recovery: The Story of Fortis Academy Vol. III	SGA Senate Chambers
	1:00PM-2:00PM	ARS Closing Session	Classroom 1100

## 2022 Conference

# AAPG Schedule At-A-Glance

AAPG Schedule At-A-Glance			
Monday, June 13, 2022	9:00AM-10:00AM	Diversity and Inclusion in an Adolescent APG	Commons Theater
	10:30AM-11:30AM	The History & Basics of APG's	Whova App
	10:30AM-11:30AM	Guilt, The Real and the Imagined	Whova App
	10:30AM-11:30AM	Cultivating Peer Leaders in an APG	SGA Senate Chambers
	1:00PM-2:30PM	Development of APG Standards	Commonwealth Ballroom
	3:00PM-4:00PM	How to Provide Peer Services to Queer Youth & Young Adults (When You Might Not Have That Lived Experience)	Classroom 1104
	3:00PM-4:00PM	The Identified Client in an Adolescent APG: Family or Teen?	Classroom 1105
	4:30PM-5:30PM	Attachment Theory and the APG Model	Classroom 1100
Tuesday, June 14, 2022	8:30AM-9:30AM	From Illusion to Mastery: Overcoming Codependency	Classroom 1102
	8:30AM-9:30AM	The Opposite of Addiction is Not Sobriety... but Human Connection	Classroom 1104
	10:00AM-11:30AM	LGBTQIA+ Informed Care: Cultural Humility in Addiction Treatment	Classroom 1100
	10:00AM-11:30AM	Progress Monitoring Tools to Define and Advance APG Practice	SGA Senate Chambers
	12:30PM-1:30PM	Suicide Prevention and Intervention in Peer Support Organizations	Classroom 1104
	2:30PM-3:30PM	Teaching the NeuroWhereAbouts	Whova App
	2:30PM-3:30PM	Defining Essential Supports for the APG	Classroom 1104
Wednesday, June 15, 2022	8:30AM-10:00AM	APG Partnerships with Schools	Classroom 1102
	10:30AM-11:30AM	Suicide Postvention in Peer Support Organizations	Virginia C/D
	1:00PM-2:00PM	The Pitfalls & Roadblocks in APG Startups	Classroom 1102

## 2022 Conference

# Entertainment At-A-Glance

Entertainment and Wellness At-A-Glance			
Sunday, June 12, 2022	12:30 PM – 4:30 PM	Recovery Ally Training	In Classroom 1105
	12:30 PM – 4:00 PM	Richmond Flying Squirrels Baseball Game	Meet at Registration table; Max. 40; Transportation provided
	6:00 PM – 8:00 PM	Welcome Cook-Out by Ben's Friends	Meet at Ram's Horns at the Commons (Outdoors)
	9:00 PM – 12:00 AM	Game Night at the Ram's in Recovery Clubhouse	Meet at Ram's in Recovery Clubhouse (1103 W. Marshall St.)
Monday, June 13, 2022	7:30 AM – 8:30 AM	Morning Run w/ The Phoenix	Meet at Ram's Horns at the Commons (Outdoors)
	11:30 AM – 12:30 PM	Bodyweight Movement w/ The Phoenix	Meet in Ram's Lounge
	11:30 AM – 1:00 PM	Climbing Wall Activity	Meet at Registration table; Max. 30; Transportation provided
	3:30 PM – 4:30 PM	Tour of the Ram's in Recovery Clubhouse	Meet at Registration table; RiR Clubhouse is a 10 minute walk
	3:30 PM – 4:30 PM	Virtual Yoga w/ The Phoenix	Meet in the Ram's Lounge or log in to the Whova App
	7:00 PM – 8:00 PM	Taste of Richmond: Restaurant Booths	In the Commons (Outdoors)
	7:30 PM – 8:30 PM	Sound Healing Meditation w/ The Phoenix	Meet in Ram's Lounge
	9:30 PM – 11:30 PM	Talent Show	Meet in Ram's Lounge; Sign up to participate
Tuesday, June 14, 2022	7:30 AM – 8:30 AM	Morning Run w/ The Phoenix	Meet at Ram's Horns at the Commons (Outdoors)
	9:00 AM – 10:00 AM	Hamilton Glass Mending Walls Tour	Meet at Registration table
	11:30 AM – 12:30 PM	Strength & Conditioning w/ The Phoenix	Meet in Ram's Lounge
	2:30 PM – 5:30 PM	White Water Rafting w/ VCU Outdoor Adventure Program	Meet at Registration table; Max. 20; Transportation provided
	3:30 PM – 4:30 PM	Virtual Yoga w/ The Phoenix	Meet in the Ram's Lounge or log in to the Whova App
	4:00 PM – 5:00 PM	Tour of the Ram's in Recovery Clubhouse	Meet at Registration table; RiR Clubhouse is a 10 minute walk
	6:00 PM – 7:00 PM	Pizza Night	Meet in Ram's Lounge
	7:00 PM – 10:00 PM	Tipping the Pain Scale: Documentary Screening & Panel Discussion	In the Commons Theater
	7:30 PM – 8:30 PM	Sound Healing Meditation w/ The Phoenix	Meet in Ram's Lounge
	9:30 PM – 10:30 PM	Improv Night!	Meet in Ram's Lounge
	10:30 PM – 12:00 AM	Late Night Game Night	Meet at Ram's in Recovery Clubhouse (1103 W. Marshall St.)
Wednesday, June 15, 2022	7:30 AM – 8:30 AM	Morning Run w/ The Phoenix	Meet at Ram's Horns at the Commons (Outdoors)
	9:00 AM – 10:00 AM	Tour of the Ram's in Recovery Clubhouse	Meet at Registration table; RiR Clubhouse is a 10 minute walk
	11:30 AM – 12:30 PM	High Intensity Interval Training (HIIT) Class w/ The Phoenix	Meet in Ram's Lounge
	11:30 AM – 12:30 PM	Coffee Cupping Event at the ICA Meet Up	At the Institute for Contemporary Art at the Markel Center (601 W Broad St, Richmond, VA 23220)

## 2022 Conference

# Recovery Meetings At-A-Glance

Recovery Meetings At-A-Glance			
Sunday, June 12, 2022	4:00 PM - 6:00 PM	Hybrid	Rams in Recovery Writing Meeting – <b>All Recovery</b> Zoom ID 531-774-014 or Recovery Clubhouse 1103 W. Marshall St.
	8:00 PM – 9:00 PM	In-person	Late Night RVA AA Meeting – 1205 W. Franklin St.
	8:00 PM – 9:00 PM	In-person	8:00pm - It Works: How and Why, <b>NA Meeting</b> , Hibbs Building 303
Monday, June 13, 2022	7:30 AM – 8:30 AM	Hybrid	Conference Recovery Meeting – <b>All Recovery</b> **Hybrid Details in Whova or come to Alumni Board Room
	9:00 AM – 10:00 AM	In-person	<b>NA Meeting</b> – 1103 W Marshall Street
	11:30 AM – 12:30 PM	Hybrid	Conference Recovery Meeting – <b>BIPOC All Recovery</b> **Hybrid Details in Whova or come to Alumni Board Room
	3:30 PM – 4:30 PM	Hybrid	Conference Recovery Meeting – <b>All Recovery</b> **Hybrid Details in Whova or come to Alumni Board Room
	7:00 PM – 8:00 PM	Hybrid	Grapevine AA meeting Zoom ID 595-645-870 or Recovery Clubhouse 1103 W. Marshall St.
	7:30 PM – 8:30 PM	Hybrid	Conference Recovery Meeting – <b>Harm Reduction Works Meeting</b> **Hybrid Details in Whova or come to Alumni Board Room
	10:00 PM – 11:00 PM	In-person	RVA Late Night AA Meeting – 1205 W. Franklin St.
Tuesday, June 14, 2022	7:30 AM – 8:30 AM	Hybrid	Conference Recovery Meeting – <b>SMART Recovery</b> **Hybrid Details in Whova or come to Alumni Board Room
	11:30 AM – 12:30 PM	Hybrid	Conference Recovery Meeting – <b>Latine All Recovery</b> **Hybrid Details in Whova or come to Alumni Board Room
	3:30 PM – 4:30 PM	Hybrid	Conference Recovery Meeting – <b>All Recovery</b> **Hybrid Details in Whova or come to Alumni Board Room
	6:00 PM – 7:00 PM	In-person	<b>SMART Recovery Meeting</b> – 1103 W. Marshall St.
	7:30 PM – 8:30 PM	Hybrid	Conference Recovery Meeting – <b>2SLGBTQIA+ All Recovery</b> **Hybrid Details in Whova or come to Alumni Board Room
	8:00 PM – 9:00 PM	Hybrid	<b>Recovery Dharma Meeting</b> – Recovery Clubhouse 1103 W. Marshall St. Zoom ID 958-363-051 pw: recover830
	8:00 PM – 9:00 PM	In-person	Fan Club / Winners Circle, <b>NA Meeting</b> – 1205 W. Franklin St.
	10:00 PM – 11:00 PM	In-person	Late Night RVA AA Meeting – 1205 W. Franklin St.
Wednesday, June 15, 2022	7:30 AM – 8:30 AM	Hybrid	Conference Recovery Meeting – <b>All Recovery</b> **Hybrid Details in Whova or come to Alumni Board Room
	9:00 AM – 10:00 AM	In-person	Simple Basics of Recovery, <b>NA Meeting</b> – 1205 W. Franklin St.
	11:30 AM – 12:30 PM	Hybrid	Conference Recovery Meeting – <b>System Impacted All Recovery</b> **Hybrid Details in Whova or come to Alumni Board Room
	12:00 PM – 1:00 PM	In-person	Hitting the Books, AA Meeting Zoom ID 379-096-170 or Recovery Clubhouse 1103 W. Marshall St.
	3:30 PM – 4:30 PM	Hybrid	Conference Recovery Meeting – <b>All Recovery</b> **Hybrid Details in Whova or come to Alumni Board Room
	5:45 PM – 6:45 PM	Virtual	<b>MA Meeting</b> – Zoom ID: 926-965-229
	7:30 PM – 8:30 PM	Hybrid	All Queer No Beer AA Meeting Zoom ID 992-4344-5110 or Recovery Clubhouse 1103 W. Marshall St.

2022 Conference

## Things To Do / Places To Eat

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<https://qr.page/g/3CmCKITptbG>

Scan the QR Code or click on the above link to view a PDF of things to do, places to eat, and local activities sign up guide.

## 2022 Conference Contests

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### Sponsor/Exhibitor Passport Contest

Using the Whova app, attendees can have exhibitors scan their personalized QR code to check in at the exhibitor's booth. All (in-person) attendees who check in at 80% of all exhibitor booths will be entered to win a \$50 gift card.

**Sponsored by:**



### In-App Community Leader Contest

Using the Whova app, attendees can earn points the more that they engage with material and participate in all of the app's features. The attendee (in-person or virtual) who has the highest amount of points at the end of the conference will win a \$50 gift card.

**Sponsored by:**



### In-App Photo Contest

Using the Whova app, attendees can post photos to the event. The photo which has the highest amount of 'likes' at the end of the conference wins, and the attendee who posted it will win a \$50 gift card.

**Sponsored by:**



## 2022 Conference

# Award Winners



### **Dharmakrishna Mirza**

#### Equity, Diversity, & Inclusion Award

Dharmakrishna “Dharma” Mirza is an artist, activist, and community educator located in Corvallis, OR. Dharma is pursuing a MA in Interdisciplinary Studies focused on Women, Gender, and Sexuality Studies & Ethnic Studies at Oregon State University. Dharma’s research and activism focus on feminist, anti-racist, and anti-colonial pedagogy, health justice, the war on drugs, and South Asian feminisms. Dharma works with various institutions, care providers, and community organizations speaking on inclusive care BIPOC and QTI+ communities and speaks from lived her experience as a queer, Muslim, disabled, HIV-positive, trans woman of color in recovery and a former IV drug user/survival sex worker. Dharma is a collegiate recovery member at the Joan & Tom Skoro Collegiate Recovery Community at OSU and serve as the 21-22 ARHE Equity and Justice Fellow. Dharma is passionate about making recovery communities and programs more inclusive for those most impacted by the war on drugs and advocates strongly on behalf of harm reduction and feminist recovery modalities.



### **Sandy Valentine**

#### ARHE Lifetime Achievement Award

Sandy Valentine is Health Promotion Manager for the University of Connecticut. In her role, she leads UConn’s collegiate recovery program, and provides project management support to the campuses’ Wellness Coalition. A person in long term recovery, Sandy is passionate about bringing recovery tools and practices to those seeking or maintaining their recovery pathway. Sandy is a certified Recovery Coach Professional, CCAR Recovery Coach Academy Facilitator, co-chair of the Recovery and Health Management sub-committee of the CT Alcohol and Drug Policy Council, and co-host of the Recovery Matters podcast. Sandy brings over three decades of experience leading learning and professional development teams at a large corporation. A graduate of Eastern Connecticut State University, she is currently pursuing her Master’s degree at UConn’s School of Social Work.

## 2022 Conference

# Award Winners



### **Jodi Link**

#### **Collegiate Recovery Student of the Year**

Jodi Link is a West Virginia native, a first-generation college graduate, and is currently pursuing her Master of Social Work degree at West Virginia University. In 2021, she graduated Magna Cum Laude with a Bachelor's in Social Work and a minor in addiction studies. Currently, she's a Graduate Assistant at the West Virginia University Collegiate Recovery Program where she provides peer support and facilitates outreach efforts and wellness-oriented programming. She enjoys being outdoors with her Golden Retriever, Millie, and traveling to new places. Upon graduation, she hopes to continue the work of advocating for vulnerable populations and work toward the betterment of West Virginia so that it may be a place of inclusivity, acceptance, and well-being for future generations.

Like many children in West Virginia, she experienced addiction from an early age. This remained constant through her teenage years into adulthood. It wasn't until she took an Introduction to Addiction Studies course in the Fall 2019 semester, as the first course in her addiction studies minor, that she truly began to understand addiction as a family disease and became inspired to work toward reducing the stigma and advocate for all who become affected. It was through her addiction studies that she was able to build meaningful connections with people in the recovery community and develop a sense of purpose in the field. The recovery community is nothing short of authentic, inspiring, and composed of truly beautiful human beings. Jodi is a strong believer that where there is life, there is hope.

## 2022 Conference

# Award Winners



### **Shawn Rostker**

#### **Collegiate Recovery Student of the Year**

A graduating senior at the University of California, San Diego majoring in Political Science-International Relations, and an active member of the recovery community for multiple years, Shawn is both honored and humbled to be named the Collegiate Recovery Student of the Year. Shawn accepts this distinction with the heart-felt understanding that it was only made possible through the efforts and service of others who showed him the way. It has been his greatest personal honor to be a part of the amazing group of fellow students and faculty at UCSD who have persevered to build a Collegiate Recovery resource available to all students, and founded upon the spiritual principles of love, forgiveness, and acceptance that saved his life and showed him a new way to live.



### **Nathan Payne**

#### **Collegiate Recovery Advocate of the Year**

Nathan Payne is a person in long term recovery and currently serves as the Director of Collegiate Recovery with Tennessee Department of Mental Health and Substance Abuse Services. Prior to this, Nathan had worked with the Department doing community outreach for those struggling with substance use and, I'm so doing ,developed the Tennessee Collegiate Recovery Initiative. He is a soon to be graduate of the Mental Health Counseling program at Tennessee Tech University, an apprentice with the American Bladesmith Society and a lover of all things outdoors.

## 2022 Conference

# Award Winners



### **Morgan Humberger**

Collegiate Recovery Staff Member of the Year

Morgan Humberger is the Collegiate Recovery Coordinator for University of California San Diego's Tritons in Recovery. As an undergraduate, they were an active member of Baylor University's collegiate recovery program having founded the Peer Ally Coalition while advocating for recovery support and stigma reduction on campus. Morgan was the 2019 recipient of the Collegiate Recovery Student of the Year award. That same year, they graduated from Baylor University with a B.A. in Professional Writing and Rhetoric. This August Morgan will complete their Master's in Social Work with a concentration in Community and Administrative Practice from the University of Texas at Arlington.

Morgan took on the role of Collegiate Recovery Coordinator for Tritons in Recovery in 2021 where they were met with an amazing group of ambitious, intelligent, and caring students who helped grow the collegiate recovery community on UC San Diego's campus. Morgan is forever grateful for Tritons in Recovery and all of the students who work tirelessly to make recovery happen in San Diego. In life off campus, they sit on multiple boards at the national level that promote the voices of those with lived experience with substance use disorders in order to decrease stigma and create evidence-based support for those seeking to live a recovery lifestyle. Morgan's mission in life is to create recovery friendly environments that foster empowerment, connectedness, and growth for people in recovery.

## 2022 Conference

# Award Winners



### **The Phoenix - Doug Levy** **ARHE Community Member of the Year**

Doug Levy is a National Partnerships Manager with The Phoenix. As a person in long term recovery, Doug has been drawn to finding ways to use his own experiences in recovery to help others. He is a volunteer outpatient peer counselor with the Community Service Board (CSB) of Fairfax, Virginia. He serves on the Board of the Unity Club in Falls Church, Virginia and is a Certified Peer Recovery Coach. Doug's journey towards recovery has not been a completely smooth ride. He has spent time in jail, worn an ankle bracelet and lost his driving privileges for nearly five years. He was on probation for 3 plus years and spent that time in outpatient therapy in addition to becoming a regular member of the recovery community.

In 2017 as the result of a serious health scare, Doug got a new clarity and perspective for his life. Following his passion for recovery and finding pathways to make recovery happy, joyous and free for all, Doug started and served as the Executive Director of the R1 Foundation – whose mission was to provide tools, training, and resources to underserved recovery communities.

The bulk of Doug's career was spent in the private club industry. Doug graduated from James Madison University with a BBA in Business Management and Hospitality, and throughout his career has been recognized as an accomplished and energetic director and a motivated leader with strong organizational and prioritization abilities. His areas of expertise include people, processes and communication. Doug serves on the advisory board for his alma mater, the Hart School of Hospitality, Sport and Recreation Management at James Madison University. In 2015, he was recognized with the Dolley Madison Award by the Hart School for his contributions to the program.

Doug is a native of Los Angeles and now resides in Falls Church, Virginia – just outside of Washington D.C.

## 2022 Conference

# Award Winners



### **Monica Piercy**

#### **ARHE Cornerstone Award for Student Support**

Monica Piercy is the Virginia Tech Recovery Community Coordinator and is passionate about helping students begin and maintain their recovery journey. She hopes that by being able to be vulnerable and sharing her lived experience, she can help others to know that they are not alone, they are understood and be and feel welcomed. Originally from London, she received her BA in Contemporary East European Studies from University of London and her Masters in Nations, Ethnicity and Identity Politics from University College London. She used to be a keen cyclist when living in London where everything was flat, since moving to the New River Valley she has taken up goats as a pastime instead.



### **Dominique "CJ" Clemmons-James**

#### **Collegiate Recovery Champion Award**

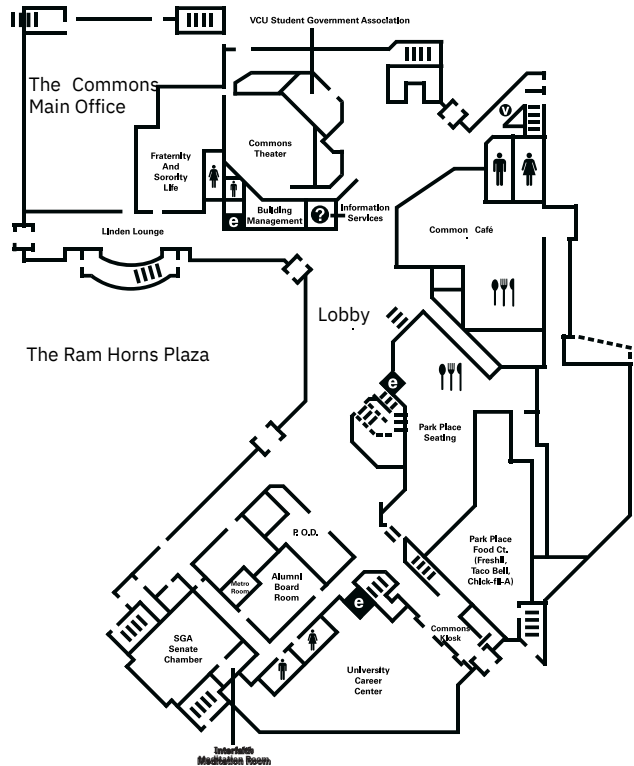
Dominique "CJ" Clemmons-James, Ph.D., LCMHC, CRC, LCAS, CCS She/Her/Hers Dr. CJ holds a PhD in Rehabilitation Counseling and Administration. She is also a Licensed Clinical Mental Health Counselor, Certified Rehabilitation Counselor, Licensed Clinical Addictions Specialist, a Certified Clinical Supervisor, and the Coordinator of Aggies for Recovery, the collegiate recovery community at North Carolina Agricultural and Technical State University. There, she provides innovative programming relevant to her campus culture. As a recovery advocate on a Historically Black College campus, Dr. CJ is passionate about exploring the areas of addiction and recovery among people of color. Her other professional interests are working with veterans, identity development, biofeedback training, relaxation techniques, life-long recovery, and wellness.

### **Dr. Tommy Lauer**

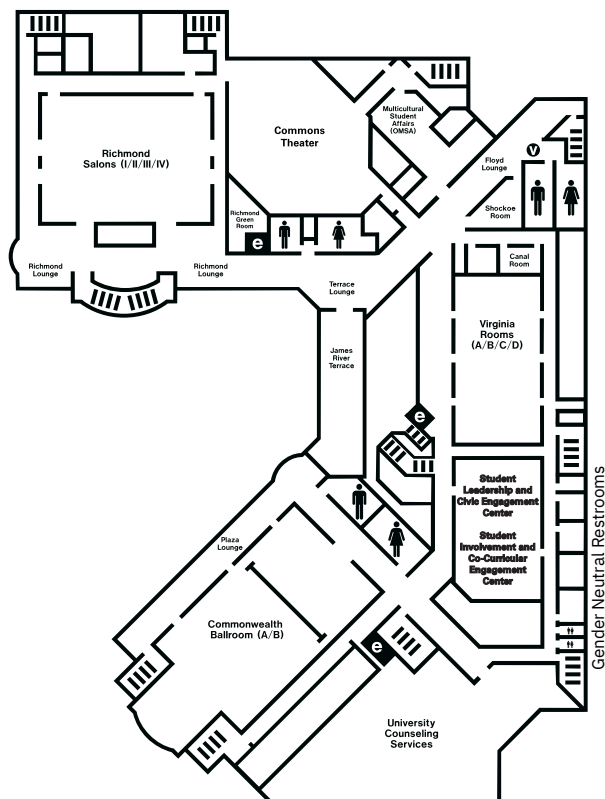
#### **Collegiate Recovery Philanthropist of the Year**

## 2022 Conference

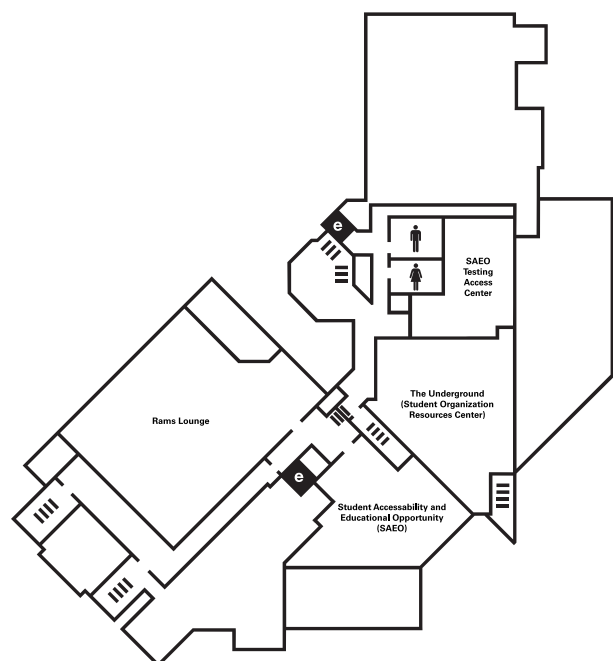
# Map of The Commons at VCU



First Level



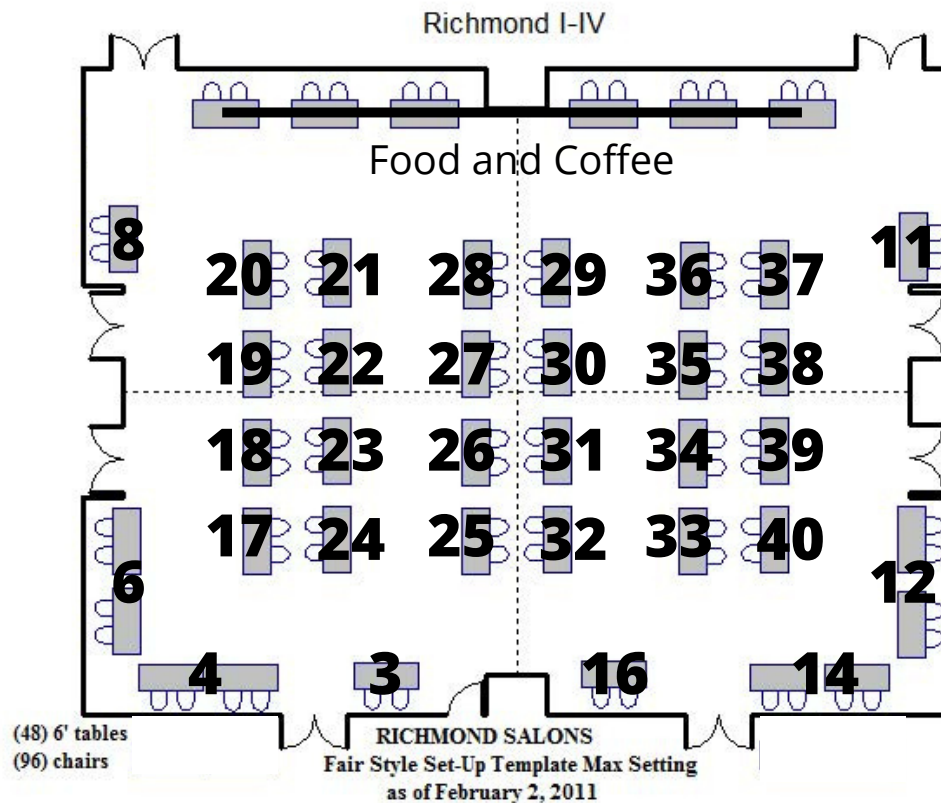
Second Level



Lower Level

## 2022 Conference

# Exhibitor Hall Layout



- 3 - North Carolina Central University
- 4 - TBD
- 6 - SAFE Project
- 8 - Al-Anon Family Groups Headquarters
- 11 - University of Richmond
- 12 - SMART Recovery
- 14 - West Virginia University
- 16 - University of California Santa Barbara
- 17 - The Phoenix
- 18 - Saint Joseph's University
- 19 - University of California San Diego
- 20 - Texas Tech University Center for Collegiate Recovery Communities
- 21 - Students Recover
- 22 - Pavillon
- 23 - Chess Health
- 24 - Guardian Recovery Network
- 25 - Summit BHC

- 26 - Texas Tech University - Addictive Disorders and Recovery Studies PhD Program
- 27 - Hikma Community Health
- 28 - Foundations Recovery Network
- 29 - Recovery Unplugged
- 30 - African American Behavioral Health Center of Excellence
- 31 - Hazelden Betty Ford
- 32 - Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery
- 33 - Aware Recovery Care
- 34 - Ashley Addiction Treatment
- 35 - UTRGV
- 36 - All Sober
- 37 - Kennesaw State University
- 38 - AURISE
- 39 - Concord University
- 40 - Newport Academy

## 2022 Conference

# Notes

This image shows a full page of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There is a solid blue header bar at the top edge. The paper appears to be from a notebook or a standard ruled sheet.

# In Memory of Paul Moberg

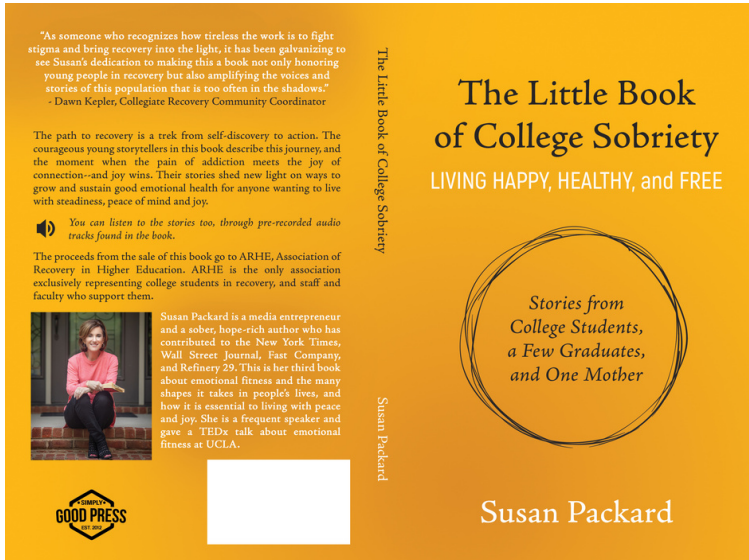


Paul was a mentor to me, and in many ways a father-figure. He took me under his wing during the last stage of his career, helping develop research in a very niche field. I had no idea the impact he had had in much larger areas until later. I was in my early 30s, running a small, private recovery school in Nashville, having recently completed my Ph.D., when I received a package in the mail from him in the early 2000s. I had never met nor heard of Paul Moberg, but somehow, he had found my name and work address. He had done an evaluation of a school in Albuquerque in the mid-1990s, funded by a Robert Wood Johnson Foundation Grant – just one of many projects in his portfolio. The school was called “Recovery High School”, and it was the first externally funded study of recovery high schools. He was cleaning out his office, and instead of throwing out the final reports, he thought I might want a few copies. I had not requested these reports, and did not even know they existed.

But I immediately contacted him to offer my gratitude, and that conversation began a friendship that lasted until he passed away last week. As a first-generation college student with a freshly-minted Ph.D., I had little understanding of the grant world, the federal bureaucracy, or even academia, and Paul took it upon himself to teach me all of it and to introduce me to his network of researchers. What emerged was the first federal grant to study recovery high schools in 2004, and then a second one (the first comparative outcomes study of RHSs) in 2011. We traveled the U.S. visiting schools in 10 states. With Paul, I saw the redwoods in Northern California, hiked in Arizona, and dined at local restaurants all over the country. I spent the coldest day in my memory with him in White Bear Lake, MN, and almost drove a car onto an iced-over lake until Paul suggested it wouldn't be a good idea. We literally drew up a recovery high school concept map on the back of a napkin in a Chinese restaurant. I could go on-and-on about his influence on me, how to raise a family as an academic, and how to build a research agenda. Without Paul Moberg, there would be no recovery high school research, and who knows if I would even be a college professor. His influence on a field – and on me personally – has been profound. I am deeply saddened by his passing, but his legacy will always live in me and the hundreds of people he touched.

In loving memory,  
--Dr. Andy Finch, Phd.

# The Little Book of College Sobriety



The path to recovery is a trek from self-discovery to action. The courageous young storytellers in this book describe this journey, and the moment when the pain of addiction meets the joy of connection--and joy wins. Their stories shed new light on ways to grow and sustain good emotional health for anyone wanting to live with steadiness, peace of mind and joy.

*You can listen to the stories too, through pre-recorded audio tracks found in the book.*

***The proceeds from the sale of this book go to ARHE, Association of Recovery in Higher Education.***



## About the Author

Susan Packard is a media entrepreneur and a sober, hope-rich author who has contributed to the New York Times, Wall Street Journal, Fast Company, and Refinery 29. This is her third book about emotional fitness and the many shapes it takes in people's lives, and how it is essential to living with peace and joy. She is a frequent speaker and gave a TEDx talk about emotional fitness at UCLA.

## Your Trek to Recovery:

*As I listened to each of the storytellers, a shape came together for this book. Their words show the trek that we all take as we journey from actively using into recovery. The stories here, including my own, lay out three parts to our recovery trek:*

**First**, recognizing how we're made, and how our growing-up years have formed us.

**Second**, offering tools to gain and grow your sobriety – like sober friends, honesty, openness to spirituality, and starting and ending each day believing in yourself.

**Third**, living your recovery as you stride out into the world, so that you're ready to embrace life, fully alert to its gifts—waiting just for you.

